



# Heather 'n Von<sup>®</sup>

April, 2021

Vol. 35, No. 2

The Official Newsmagazine for HG  
[www.heathergardens.org](http://www.heathergardens.org)

**If the spring tulips, scattered around Heather Gardens, survive the variable Colorado weather in March (right), they are colorful reminders that spring is here!**

Photos by Anne Hummel-Gillis and Al Lindeman, CP5



# ASPENWOOD DENTAL ASSOCIATES COLORADO DENTAL IMPLANT CENTER



Providing Comprehensive General  
and Implant Dentistry *for a Lifetime*

## Dental Services

- General Dentistry
- Implant Dentistry
- Dentures *Full or Partial*
- Sedation Dentistry
- Cosmetic Dentistry
- Veneering and Bonding

## Technology

We are proud to offer the latest in proven technologies to make your appointment the best experience possible. By maintaining the most advanced procedures and equipment we ensure that every patient can achieve a beautiful and healthy smile.



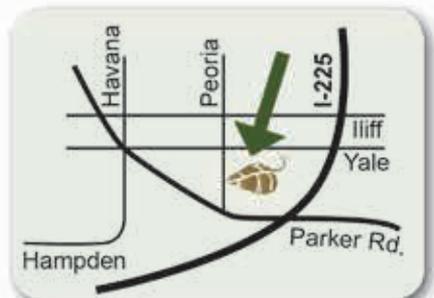
Daniel Zeppelin DDS, Aaron Sun DDS, Lisa M. Augustine DDS, Ronald M. Yaros DDS

## Payment Options Available



# 303-751-3321

Call Now For  
**Free Consultation**  
Financial Options Available



2900 S. Peoria, Bldg. C  
Located in the  
ASPENS DENTAL PARK

# www.AspenwoodDental.com



Fuzzy PJs water aerobics...see page 17



Stonehenge...see page 19



Beer Spa...see page 43

# contents

Discussions removed concerns from last month  
**5 HGA Approves Starry Plan**  
Board still undecided on Parking Structures

Public notice in *The Aurora Sentinel*  
**6 Seeking Garage Owners**  
HG's last attempt before legally taking ownership

A 2-day blizzard was well covered for critical needs  
**7 HG Employees Worked**  
Even First Responders were shoveling snow

In collaboration with Colorado Primary Care Clinic  
**25 HG COVID-19 Vaccine Clinic**  
Held on March 20 at The Stampede

31 *LETTERS*

34 *CLUBS/ORGANIZATIONS*

38 *SPORTS/RECREATION*

43 *HGMD FOUNDATION*

46 *CLUBHOUSE EVENTS*

50 *CLASSIFIEDS*



*Heather 'n Yon*™ is published monthly  
for the residents of HG

Trademark Owner: HG Association  
2888 S. Heather Gardens Way  
Aurora, CO 80014 [303/755-0652]

Publisher: Donaldsons, Inc.

Editor: Lynn Donaldson, 303/766-8649, ([LynnNeu@comcast.net](mailto:LynnNeu@comcast.net))

Advertising: Tammy Sillstrop, 303/862-4125,  
([Tammy.Belew@Sillstrop.com](mailto:Tammy.Belew@Sillstrop.com))

Writers: Mary Hafka ([mhafka@comcast.net](mailto:mhafka@comcast.net))  
Dala Giffin, 303/690-0492 ([DalaGiffin@gmail.com](mailto:DalaGiffin@gmail.com))

Photographers: Anne Hummel-Gillis ([anne@hummelgillis898.com](mailto:anne@hummelgillis898.com))  
Janis Farrell ([jcfarrell225@gmail.com](mailto:jcfarrell225@gmail.com))

Classified Advertising: Mary Hafka, 303/368-7559,  
([mhafka@comcast.net](mailto:mhafka@comcast.net))

Distribution: Dave and Debbie Madril, 303/755-9990,  
([maddava@msn.com](mailto:maddava@msn.com))

## TO HG RESIDENTS:

It is the intent of the Editors to provide information of interest to its readers, to afford persons with varying and differing views opportunity to air responsible opinions on matters of community interest and to promote community and enjoyable life pursuits.

*Heather 'n Yon* welcomes letters and other articles concerned with community issues. Letters must be signed, dated and include the writer's address and phone number. Letters may be edited for reasons of space and clarity.

©2021, Donaldsons, Inc. All rights reserved. Reproduction in whole or in part without written permission is prohibited.

The Publishers do not necessarily endorse the companies, products or services advertised in *Heather 'n Yon*. Printed by Publication Printers corp., 2001 S. Platte River Dr.

# Heather Gardens Chapel



## Celebrate Easter

*He is not here;*

*He has risen!*

**Sunday, April 4th**

**9 am & 11 am**

**Special Music & Communion**

Celebrate new life, new beginnings  
with family and friends.

Sunday services are in-person & on  
ZOOM at 11 am. For the link to ZOOM,  
email [motoringmorris@gmail.com](mailto:motoringmorris@gmail.com)

**NON-DENOMINATIONAL – INSPIRATIONAL**  
*Pastor Bill Cheyne*

## Listing of Advertisers

### Accounting/Taxes-

James Moore & Assoc.....18

### Attorneys-

Karnopp,Radosevich,Preston .37

Kirch, Rounds, Bowman,

Deffenbaugh .....28

Meurer Law Office .....18

### Auto Service-

Johnson Automotive .....49

Ken's Auto Service.....37

### Dentist-

Aspenwood .....2

D'Amico, Mauck, Ricci.....29

Dr. Nelson Joo .....40

Glenn Smile Center .....49

### Financial Services-

Edward Jones -P.Pogue .....21

Mutual of Omaha .....44

### Funerals & Cemeteries

Abbott Funeral Services .....44

### Health Services-

Aging at 5280.....32

Bayer Ear Clinic Inc. ....55

Heart2Heart4Seniors .....36

InnovAge.....21

iPlace Seniors.....43

### Home Improvements-

Applewood Plumbing .....40

Bath Fitters .....13

Bell Plumbing & Heating.....49

Colorado Sunroom, Windows...8

Denver Doors and Closets ....48

Dun-Rite Home Improve.....47

Expressions in Flooring .....36

Kitchen Tune Up .....41

Renaissance Dome Lighting...26

Renewal by Andersen.....45

### Home Moving Services-

Gate City Moving .....18

### Home Care-

All the Comfort of Home .....49

Hope Home Care.....37

### Insurance-

American Family Insurance ....21

Scott Bagwin Ins.....36

### Miscellaneous-

Chambers Wine and Liquors ..46

Heather Gardens Chapel.....4

Mark Anthony Flowers .....9

Starry Internet.....12

The Buy Out Company .....42

The Green Team.....9

### Realtors-

Affinity Realty -Pamala Carter 21

Colorado Real Est -R.Lindahl .22

Encore Brokers -Elle Pope ....21

Home Smart -A.Antoinette.....23

Keller Williams -Cathy Ford ....16

Heather Gardens Brokers.....56

Re/Max Masters -Fred Smith .20

Your Castle -Carol Guzman....18

Your Castle -C.Ingebritson.....44

### Retirement-

Cherry Creek .....8

Garden Plaza.....32

Harvard Square .....37

V-Esprit .....42

### Travel-

4 Hemispheres Travel.....32

**Service Directory**.....51,52,53

**Classified Ads**.....50-51

# President Jill Bacon: mid-March snowstorm strains HG work force

Eight directors attended the March 16 meeting of the HGA Board of Directors via Zoom. The board still is one member short; however, no mention was made of recruiting efforts during the regular meeting.

President Jill Bacon reported, "We had a full team (of employees) here throughout the blizzard. They worked extreme amounts of hours, and have really risen to the occasion. I know some stayed in hotels all weekend, to be near here. We thank them."

SEC Committee Chair Bev Havens added, "One of our Security guards worked 18 hours straight," because his replacement couldn't get in to work. Resident demand for employee services was heavy during the snowy weekend.

The board approved Starry Internet's testing plan, allowing Starry to move into Phase 2 of its service-implementation process, while continuing radio-frequency testing (Phase 1) on transmitter and receiver sites located atop multistory buildings: B213, B223, B243, B244 and B203. Testing is to be completed within 30 days. Starry had agreed to indemnify HG from liability, and satisfied other concerns raised at the February board meeting.

## Starry Internet

The board also ratified an earlier email vote, which approved Starry replacing an electrical box in B213, at no cost to HG. Upgrading electrical panels was necessary to complete work on the buildings, said Interim General Manager Jon Rea. He announced 100 people had signed up for the Starry Internet service.

The board ratified an email vote to approve a contract with Norris Design (\$29,400), to prepare plans for Parking Structures (PS) 1-4 that will enhance security. HG and other local communities have had an increase in vehicle theft, break-ins to recover valuables or just vandalized, according to HG Security reports. The security measures HG wishes to add to the structures require city approval and alterations to the site map.

## Parking Structures

The board approved a contract with Restruction Corporation for miscellaneous concrete repairs (\$49,777) to PS1 and PS2. The board elected to table a second motion for a contract with Restruction Corporation for repairs to damaged post-tension cables on PS3. Because PS3 has the worst concrete condition of the four parking structures, it has been tagged as the one to be addressed first for extensive repairs. The board decided to take another 30 days to review the best way to address PS3 issues, citing the ongoing discussion about replacing the PS or putting a roof on it.

The board continues to hold study sessions on solutions and financing on renovating all PS, including a session held the day before the board meeting. A motion to authorize the PS work group to work with Walker Design — developing a design to replace the upper level of PS3 during 2022, including cost estimates and a basis for soliciting bids — failed on a 4-2 vote.

Long Range Planning Committee Chair Al Lindeman explained that provisions in the Declaration of Condominium prohibit HG from reassigning parking spaces without the consent of the owner. Where people will park during construction is just one of the problems associated with the project, Lindeman noted.

One audience member urged the board to take "a deeper dive" on researching alternatives to current options being discussed. He noted some good alternatives

*See HGA...page 6*



*Above: Three residents from B224 couldn't resist the temptation to build a snowman in their parking lot after finding more than two feet of fresh building material.*

## HGMD Board cancels meeting

The HGMD Board of Directors cancelled its regular meeting in March, due to lack of agenda items. Speaking at the March 16 HGA Board meeting, HGMD President David Funk noted that his board still has one vacancy for a director.

Several HGMD Committees also have a need of additional members. HGMD oversees the Clubhouse/Restaurant, Golf and the Foundation Committees. Applications for any of these positions are available on the website, [www.heathergardens.org](http://www.heathergardens.org), or request an application from the Management Office, 303-755-0652.

# Extra! Extra! Information for you –

## Final step: Recover unclaimed parking

The following legal notice was published in *The Aurora Sentinel*, starting on March 11, 2021 and continuing through April 8. This publication lays the foundation for submitting a quit claim petition to the district court, asking that the court officially declare the named parking spaces abandoned. Then they become the property of the Heather Gardens Association (HGA) unless proof of the right to use one or more of the spaces is provided to HG by April 23.

### Public Notice

“The Heather Gardens Association, 2888 S. Heather Gardens Way, Aurora, CO 80014, hereby gives notice that it is unable to identify an individual or entity having the right to use the following limited common element parking spaces, otherwise known as garages, on the upper level of parking structures 2, 3 and 4. These parking structures are located between South Wheeling Way and South Heather Gardens Way. The parking spaces in question are numbered:

#### Parking Structure 2

Spaces 191, 192, 212, 214-223, and 230

#### Parking Structure 3

Spaces 127, 129, 131-133, 139, and 141-144

#### Parking Structure 4

Spaces 204, 209, 210, 220, and 224

“Persons or entities with proof of the right to

use these spaces must provide such proof to the Association by April 23, 2021, or the spaces will be considered to be abandoned and the Association will take all necessary action to eliminate any legal or equitable claim. You may contact the Association if you have a claim to one or more of these parking spaces or if you have questions by calling the Association office receptionist at 303-755-0652, option 6, or by email at [michelle.audet@HeatherGardensMail.com](mailto:michelle.audet@HeatherGardensMail.com), or by postage paid first-class mail, 2888 S. Heather Gardens Way, Aurora, CO 80014.”

Efforts have been made since the late winter of 2020 to identify persons or entities having the right to use these spaces. These efforts have included posting notices on the doors of garages, surveys of residents of the Alpha buildings, reviewing information from Pitera system sign-ups and from the biannual census last fall, and reviewing data from HG Security Department records.

Before the garages can be removed and replaced, HG must be able to negotiate with owners having the right to use them. Costs to HG would ensue if not all of the current garages need to be replaced. If you know of anyone who might have the right to use any of these garages, please contact Michelle Audet, in the HGA office, 303-755-0652.

**Allen Lindeman, Secretary  
Heather Gardens Association**

## HGA...from page 5

had been entertained the day before and suggested that the work group should go to the homeowner members to solicit input.

The board ratified the email approval for a contract with Expressions In Flooring (\$22,430) to mitigate damage from a leak in a CP5 patio home. The house was unoccupied when a pipe in the wall burst. The unanticipated 2021 capital expenditure was covered by HOA insurance.

Rea took questions from the board on his monthly report. He explained that, for several years, moving the Clubhouse Reception Desk to the opposite wall of the lobby has been discussed. The new location could allow those working at the desk to see down the hallway to the restaurant.

Architectural Control Committee Chair Mark Nading reported a resident had installed a power-charging station for his electric car. The data yielded by this project could prove informative for HG. Bacon re-

### Electric cars in HG

marked that Director David Baxter, B217, is in the process of installing a second charging station.

After the regular meeting, the board adjourned into executive session, to discuss personnel issues.

Other actions approved by the board:

... purchasing a Chevrolet Silverado 1500 truck, with lift gate and other accessories, from Bozart Chevrolet (\$43,866). The 2008 utility truck it replaces will transfer to the Paint Department to replace its 2008 truck, which needs a new transmission.

...2021-2023 contract with Waste Management, to remove trash and recyclables from HG property, at a cost increase of approximately 4-5 percent, per year.

...an email vote that certified the sale of 13962 E. Linnvale Pl. (CP4), for \$489,500.

...authorized the updating the signers on the Key Bank account, including removing the former employees, such as the outgoing general manager and outgoing controller.

...extended, by one year, the terms on the SEC Committee of Bob Filter, B232, and Eileen Hogan, B203.

## Extra effort by HG employees

On the weekend of March 13–14, Colorado had one of the largest snowstorms on record! Denver International Airport recorded 27.1 inches. It was the fourth largest snowstorm on record since 1881. In the lifetime of most HG residents, it was second to a blizzard in 2003.

With that amount of snow falling over two days, it was difficult for even the city to keep up with snow removal, let alone the crew at Heather Gardens (HG). Give a “shout out” to the dedicated employees in several HG departments: Roads and Grounds, Security and Maintenance for working around the clock during the weekend.

Many employees spent the weekend onsite — away from their families. Some removed snow and cleared the grounds. Others ensured that residents were safe and warm.



Above: HG Roads and Grounds team on Mach 18. Photo by Judy Kim.



Photos by Security Officer Joe Willequer

# COMMITTED TO *Community*



Enjoy the comforts of home in a community that cares. Get to know our friendly residents and experienced staff who will treat you like family. We take care of the details so you can enjoy the fulfilling, carefree and safe lifestyle you deserve.

  
**CHERRY CREEK**  
 RETIREMENT VILLAGE  
 A CENTURY PARK COMMUNITY

**303.693.0200**  
 14555 East Hampden Avenue  
 Aurora, CO 80014  
 CherryCreekRetirement.com

**LUXURIOUS LIVING  
 EXCITING ACTIVITIES  
 GOURMET DINING**

**CALL TO SCHEDULE A  
 PERSONAL TOUR TODAY!**

145316

## NOW IS THE TIME TO EXPAND YOUR LIVING SPACE!

with an *Affordable Enclosed LANAI*

### WHY CHOOSE US

- ▶ Heather Gardens Approved and **many HG REFERENCES**
- ▶ 40 Years Experience
- ▶ Extensively Trained Installers  
 All employees-*no contractors*

 **FOUR SEASONS\***  
 SUNROOMS & WINDOWS.  
INDEPENDENTLY OWNED AND OPERATED

- ▶ Lifetime Warranty



E-mail us with questions regarding your project: [designsteam@coloradosunroom.com](mailto:designsteam@coloradosunroom.com)

**Upgrade to Energy Efficient**

### WE DO WINDOWS AND DOORS

- ▶ Weather tight to dramatically reduce your energy usage.
- ▶ We service what we sell.
- ▶ Special Financing Available

**FREE ESTIMATES**

[ColoradoSunroomAndWindow.com](http://ColoradoSunroomAndWindow.com)

**303-715-0777**



Your *Project* Is Our *Pride*

Heather Gardens

# PAPER SHREDDING EVENT



(Drop-off) Shred 3 standard file boxes for only \$5.00

*PLEASE wear a mask, remove binder clips, metal/plastic spirals. Do NOT bring in plastic bags.*

Saturday, May 8th - 9:00 to 10:45 a.m.

Location: Golf Parking Lot  
just North of the Heather Gardens Clubhouse  
2868 South Heather Gardens Way 80014

Sponsored by The Green Team and...

ST. ANDREW'S  
**VILLAGE**  
REAL CHOICE. Real freedom.



**PARKER**  
INTEGRATIVE HEALTH

**HEATHER GARDENS**  
BROKERS

# Difficulty Wiping?



Regain Your Independence  
with our  
remote  
control

## LuxyLoo Bidet Attachment

Modern toilet attachment that washes and dries you, hands free, eliminating the need to wipe!



immobility or pain?

### 5 levels of comfort:

- seat temperature
  - water temperature
  - air dryer temperature
  - water pressure
- unlimited hot water**

Electrical outlet and installation service available.

Locally owned company.

find comfort here



# \$100 OFF!!

Use Promo Code Heather 100

Visit [MyLuxyLoo.com](http://MyLuxyLoo.com) for more info.

Celebrate with us! Owner Mark Nading  
HG Resident, HGA Board Member



Voted in the **TOP 100**  
FTD Flowers Shops in the  
United States for 2019!



**MARK ANTHONY**  
FLOWERS

Heather Gardens Discount  
**15% OFF** any order over \$40



4134 S. Parker Road Aurora CO 80014  
(720) 645-1990 We Deliver!

**March 14 snow challenged  
HG residents and staff —  
photographers recorded it**



Thanks to HG photographers who shared: Janis Farrell, B201; Anne Hummel-Gillis, CP1; Al Lindeman, CP5; Carolyn and Rudy Morris, B217; Bonnie Williams, B232. The buried cars show how deep the snow was.





## HGA Board President Reports

By Jill Bacon

I know that many of you are wondering what is happening in our efforts to secure a new General Manager for HG. I would like to give you an update as to where we are with that project.

We had to put our search on the back burner for a few weeks as we were pressed into searching for a Chief Financial Officer in a short period of time. Now that Jerry Counts is here, that problem is solved and our finances are in excellent hands.

Holly Shearer, HG Human Resources director, has posted the information on a wide variety of search engines so that HG can get candidates from as many parts of the country as possible. The position has been post-

ed on the Community Associations Institute website, as it is used by general managers and others from across the country. I am hoping that this outreach finds as many people as possible who might be interested in a position in this great community.

As I stated before, this is not a quick process. The board wants to do its due diligence in the search to find the right person for the position.

We will be gathering a team of people who have been involved with HG organizations for some time to evaluate the resumés that are received. These people will help narrow down the candidates to a short list. The Board of Directors will make the final decision after they conduct interviews with the final candidates.

While I am on the subject of “people for positions”, I would like to state that the HGA Board is still missing one board member. Several HGA committees have positions that need to be filled. If you want to become an active member of the community, please feel free to get an application either on the website ([www.heathergardens.org](http://www.heathergardens.org)) or request one from the Management Office. It is an interesting and challenging opportunity to become involved in Heather Gardens in these committees, or its two boards.

## Boulder shooting at King Soopers March 22 Community Foundation Announces Boulder County Crisis Fund

Beloved Community,

We are utterly heartbroken. We have experienced a horrific tragedy. We have lost ten friends and neighbors. We have lost a member of our police force. We have lost a sense of safety and a piece of our hearts.

We think of the families who received phone calls regarding loved ones, and our stomachs turn.

We listen to the stories of survivors who experienced this tragedy first-hand, and our hearts ache.

While many of us are in a state of shock and grief, we also know our community needs our help.

Community Foundation Boulder County has established a fund to support the victims, their families, and our community in dealing with and processing these events. We do this in partnership with the City of Boulder, The Colorado Healing Fund, Community First Foundation, The Denver Foundation, Longmont Community Foundation, Rose Community Foundation, Boulder Mennonite Church, Community Church of Lyons, Congregation Bonai Shalom, Congregation Har Hashem, First Congregational Church, First UMC of

Lafayette, Islamic Center of Boulder and Westview Church.

The Boulder County Crisis Fund will support the needs of those directly affected and the needs of our community to heal from this horrendous event.

To support please visit:

[www.commfound.org/crisisfund](http://www.commfound.org/crisisfund)  
[Community Foundation Boulder County; 1123 Spruce Street, Boulder, CO 80302. 303-442-0436]

Any funds raised in excess of need will go towards a general fund for future local crises.

In our grief, let us also remember our resilience. We will get through this together.

...

Other ways to support victims:

• Our partnership with the Colorado Healing Fund ensures that funds will go directly to victims and their families. If you would like your support to go solely to the victims and families that were physically affected by the attack, please visit: [www.coloradogives.org/index.php?section=organizations&action=new-Donation&fwID=40167](http://www.coloradogives.org/index.php?section=organizations&action=new-Donation&fwID=40167)

• If you would like to support memorial services and the family of Officer Eric Talley, please direct your support to the Colorado Fallen Hero Foundation at: [www.flipcause.com/secure/cause\\_pdetails/NTU5ODY=](http://www.flipcause.com/secure/cause_pdetails/NTU5ODY=)

– Community Foundation Boulder

([www.commfound.org/blog/community-foundation-announces-boulder-county-crisis-fund?fbclid=IwAR2cVO72yz5gFTXD-MkQBkblpCtoZAKSx6G5u8G-zl9RTMXY4Kp4owduADIok](http://www.commfound.org/blog/community-foundation-announces-boulder-county-crisis-fund?fbclid=IwAR2cVO72yz5gFTXD-MkQBkblpCtoZAKSx6G5u8G-zl9RTMXY4Kp4owduADIok))

### IN MEMORIAM

Jean Bradley (218)  
Virginia Fleischer (former CP1)  
John Garrett (203)  
Bob Hoffmaster (233)  
Mickey Kavanagh (CP1)  
Lorane Nuessel (223)  
Kathy Tirone (215)  
Nora Tracy (217)  
Tom Vetter (217)



## HERE'S WHAT YOU GET WITH STARRY INTERNET

**\$50/MO**

Speeds up to 200 Mbps

Stream, browse and work from home easily

Fast speeds for video calling and downloads

Great for 10+ devices



**No hidden fees  
or price increases**



**Free, fast  
installation**



**Free WiFi router**



**We'll pay your  
cancellation fees**  
(up to \$200)

**NEED HELP SIGNING UP?  
OUR STARRY EXPERTS ARE STANDING BY.**

Call us at **866-915-5172** or  
visit **[starry.com/HEATHERGARDENS](https://starry.com/HEATHERGARDENS)** to switch today

Starry, the Starry logo and Happy Interneting are registered trademarks of Starry, Inc.

Ready for a change?

Transform your bath into a new shower



Bath Fitter can transform any bath in your home into a spacious new shower. We can install a luxurious new shower quickly, safely, and beautifully with minimal demo and a lifetime warranty. Over 35 years' experience and two million satisfied customers make us the bath and shower experts.

SAVE 10%  
UP TO \$500\*

on a complete Bath Fitter system



Call for your **FREE** virtual or in-home **CONSULTATION**

**303-788-0200**

1500 W HAMPDEN AVE SUITE 3E,  
ENGLEWOOD, CO 80113

\*Registered trademark of Bath Fitter-Francois Inc. \*Save 10% up to \$500. Special offer good on the purchase of a bathtub, wall and faucet kit. One offer per customer. May not be combined with any other offer. Offer must be presented at the time of estimate. Previous orders and estimates excluded. Offer valid only at the above location. † Subject to certain limitations. Offer expires 10-31-2020.

**BATH  
FITTER®**

BATHFITTER.COM



## Publisher's Corner

### Home cooking versus restaurants; U.S. census facts on women

by Lynn Donaldson, Editor of Heather 'n Yon

As I started work on this issue of *Heather 'n Yon*, I had a corned beef cooking in the slow cooker. Once a year, I think about a traditional dish for St. Patrick's Day — corned beef and cabbage —yum! The recipe I was using created a fragrant smell throughout the house. Using a slow cooker kept that going most of the day. I was reminded that creating these "homey" fragrances with home-cooked meals is a treat.

After a year of being largely relegated to staying at home, I probably am not alone — many more meals were cooked at home. The only other time that my home had frequent smells of something cooking was when my sister and her husband were living with us while they relocated from Massachusetts and looked for their new home. I had two other potential cooks to help prepare dinner because it was simpler (and less expensive) than going out to eat.

During the pandemic lock-down, even visiting the grocery store was a challenge. Thank goodness for senior hours, which many stores have continued (King Soopers and Costco).

As restaurants re-opened for carryout, my husband and I felt somewhat obligated to collect carryout, although as Bob has repeatedly told me, "It's often cold by the time we get it home." We took pity on the servers we knew well — tipping more generously than before.

Despite trying to continue supporting restaurants we liked, some favorites closed.

Fresh Fish in Tamarac Square: this restaurant was known for its birthday discount. If you were a member of their diner's club, they sent you a card to use on your birthday (or within a few weeks). What made it special? You got the discount equal to your age for that birthday. *Heather 'n Yon* once ran a story on Martha Nelson, CP4, Bev Nelson's mother, who dined at Fresh Fish on

her birthday (August 2015) and got \$1 back from the restaurant. She was 101 that year.

Another favorite that is gone — Bent Noodle. We started dining there when they opened. We had a 25th Wedding Anniversary dinner there with friends. Italian food is a favorite with my husband. This restaurant was close by, making it an easy choice when neither of us felt like cooking. I even sent Bob there one evening when I was working diligently on the next issue of *Heather 'n Yon*. The bartender, who knew us, poured him a glass of wine while he waited for his carryout dinner.

Bent Fork, in the shopping center on the northeast corner of Liff Avenue and Peoria Street, is gone. Likewise, Sweet Tomatoes is gone. You could get a healthy salad, picking what you liked from their buffet. I liked their soups, muffins (including chocolate), flatbreads (like pizza), and soft serve ice cream. In fact all buffet restaurants are closed — will they return eventually? Public health guidelines don't recommend letting patrons handle the same utensil over and over to serve food to their plate. Too risky for passing on a virus. And, even if there is a sneeze guard, the coronavirus carried in breath droplets could be passed to the food. Oh well...

*The Denver Post* has often listed the restaurants in the area that have closed. The one that stood out to me was Racine's (6th Avenue and Speer Boulevard). We did not eat there often, but it was enjoyable.

You can probably name some more restaurants that were favorites of your family or friends that did not survive 2020. Have a moment of sorrow for the passing of these eateries. Then, be adventurous — try a new one that just opened. It seems to be a never-ending cycle.

...

### Did You Know?

National Women's History Month

traces its roots to March 8, 1857, when women from various New York City factories staged a protest over poor working conditions. The first Women's Day celebration in the United States was in 1909, in New York City. Congress in 1981 established National Women's History Week to be commemorated annually the second week of March. In 1987, Congress expanded the week to a month, and every year since has passed a resolution (and the president has issued a proclamation) designating March as Women's History Month.

In recognition of Women's History Month (March), the U.S. Census Bureau published the following data.

#### • 166.6 million

The number of females in the United States as of July 2019. There were 161.7 million males. In 2010, there were 157 million females and 151.8 million males.

#### • 2 to 1

The approximate ratio by which women ages 85 and older outnumbered men in 2019 (4.2 million to 2.4 million) in the United States. In 2010, there were 3.7 million women and 1.8 million men ages 85 and older.

#### • 33.9 percent

In 2019, the percentage of women 25 and older who had earned bachelor's degrees or higher compared with 32.3 percent of men. In 2010, 28.5 percent of men 25 and older had a bachelor's degree or higher while 27.9 percent of women had completed this level of education.

#### • 79.2 million

The number of females ages 16 and older who participated in the civilian labor force in 2019. This comprises 58.6 percent of females ages 16 and older. In 2010, 74.1 million or 59.1 percent of females ages 16 and older participated in the civilian labor force.

#### • 81.6 percent

The percentage of female full-time, year-round workers over 16 years' median earnings compared to men in 2019. In 2010, women earned 78.6 percent of what men made.

(Source: [www.census.gov](http://www.census.gov) —Vintage 2019 Population Estimates; Participation in Presidential Elections by Sex Since 1980; 2019 and 2010 American Community Survey, and others)



**Management**  
**My proposed objectives for HG**

**By Jon Rea**  
*Interim General Manager*

As March ends, it marks a quarter of the way through the year. Time has sure flown, and I am excited for Spring and the warmer weather! Especially after the record snowstorm in March! I am also eager to see the progress HG shall continue to make as a community for the remainder of 2021.

In the last two months since I have been Interim General Manager, I can certainly see areas of opportunity to continue to improve, enhance and grow, both internally and throughout HG. I would like to share a few ideas — an endeavor that I will continue to focus on while I work in this position.

As HG moves forward, each person plays an integral role in the success of the community and the service that employees provide to the residents. To provide exemplary service, it will be necessary that all association team members have a clear vision of the goals, expectations and accountabilities that are required within their posi-

tions. In addition, it will be imperative that HG employees understand how their role impacts others within HGA and throughout the community.

How do I propose to do this?

- In the coming weeks, my goal is to have team meetings to ensure that a vision, mission and goals are communicated in a clear, concise manner to all employees. To succeed, everyone must be on the same page.
- Promote a positive culture by celebrating the wins, take time to provide constructive feedback, praise jobs well done; seek continual improvement and growth.
- Deliver great customer service to each other and, as a team, to residents while maintaining/increasing property values.
- Leverage teams and leaders to make the best decisions for HGA and the community.
- Communicate with honesty, integrity and transparency.
- Review process and controls to streamline efficiencies
- Develop a succession plan and conduct cross training withing all departments

These ideas and goals may seem simple. However, change takes time. I am committed to continuing the growth of employees, departments, and leaders of HG. I look forward to impacting growth and changes within the HGA and community as the Interim General Manager.

**Meet & Greet with Interim General Manager Jon Rea:**  
 Wednesday, April 7, 8–9:30 am, Zoom Meeting — Join Jon Rea for a roundtable discussion on a variety of topics. This is your opportunity to ask your burning questions.



**More photos of HG after mid-March snowstorm.**  
*Photographers: Janis Farell, Rudy Morris, Al Lindeman and Madeline Hughes, B244*



**'Stormy' the Snowman**



*Left to right: Did the snow plow inadvertently build a snowman? One resident put a ruler on top of a patio table to measure the snow depth. B217 did build a traditional snowman but added a non-traditional face mask. Two views of the HG landscape in different lighting — dusk and daylight.*



# A HEATHER GARDENS ASSOCIATION PREFERRED REALTOR®

Heather Gardens Resident And Real Estate Specialist for 16 years! [CatherineFordProperties.com](http://CatherineFordProperties.com)

## HOT HG MARKET-VERY LOW INVENTORY-DON'T SELL LOW!

**U/C- Rare Atrium Exec 3 Bed /3 Bath \$425,000**  
Newly Updtd 2310 Sq Ft Penthouse unit w/ large open split flr plan, 3 bd 3 ba, new crpt/plank flrs/SS kit appl/pt, lrg eat-in Kit, gl encl lanai, Indry rm, w/d, 2 strg lkrs, 2 parkg spaces.

**U/C- Somerset A Golf Course View \$277,900**  
Beutifully remod 2 bd 2 ba w/updtd cabs, granite, plank flrs, remod baths, wht doors, gl encl lanai, w/d, gar prkg.

**U/C - Townhome Lone Tree Beauty \$528,000\***  
Gorgeous remodeled 4 bedroom Tuscan style townhome in the heart of Lonetree. Fin bsmt guest bed/ba, 2 car gar

**Active- Somerset A Gorgeous SW Mt Views \$277,000**  
Beautifully updated 2 bd 2 ba, 1200 sq ft, remod kit, updtd baths, new crpt/pt, full gl encl lanai, grt gar prkg space.

**Active- Ranch Villa With In-Law Suite \$615,000**  
Looks and feels like a model. Stunning 3 Bd 2 ba in Parker. Elegant grey tone theme. Gourmet kit, fin bsmt, 2 car gar.

**KNOWN FOR EXPERIENCE, HONESTY AND INTEGRITY**

### EXPERTISE:

- Working with Trusts and Estates
- #1 Office in the State- Keller Williams Realty DTC
- Top Producing Team
- Diamond Award REALTOR® - South Metro Denver REALTOR® Association
- Ranked among America's Best Agents by Real Trends
- Certified Real Estate Specialist; Staging Specialist
- Senior Residential Specialist (SRES)

*Known for having sold 100's of  
Heather Gardens Properties*



**Sold- Atrium K Golf Course Views \$255,000**  
Newly Updtd w/ updated kitchen & baths, new carpet/paint /plank flrs, w/d, SS appl, 2 lanais, 2 elevators & garage prkg.

**SOLD- Somerset A Mountain Views \$270,000**  
Remod 1200 sq ft 2 bd 2 ba, gl encl lanai, updtd kit/bths, Mt view, nwr cabs, granite, plank flrs, SS appl, w/d/, gar prkg.

**SOLD- Somerset A Glass Enclosed Lanai \$269,900**  
Beautiful 2 bd 2 ba 1200 sq ft w/ remod kit, new neutral crpt/pt, updtd baths, full glass encl lanai, w/d & gar prkg.

**SOLD- 52 Showings- 9 Contracts \$426,000**  
Newly Updtd 2600+ sq ft Ranch 5 Bed (1Non-conform) 3 ba, new crpt/pt/plank flrs, fin bsmt, lrg lot & 2 car att gar.

**Sold- Atrium M Rare 1 Bedroom \$190,000**  
Newly Updtd 1 bd 1 ba. new crpt/pt /plank/flrs/appl/ cntrs, white drs, encl lanai, Mt views, 2 elevators & gar pkg.

**SOLD- Shenandoah Custom Ranch \$550,000**  
Gorgeous Custom Ranch on .4 acre lot in the premier gated Shenandoah Community in Aurora. 3 Bd 3 Ba w/ fin bsmt.  
\* Agent brought Buyer

**KNOWN FOR GETTING HIGHER PRICES**

### PROFESSIONAL SERVICES

- Free Detailed Market Analysis of your Home
- State of the Art-Real Estate and Website Marketing
- Staging Consultation and Design
- Downsizing and Planning Consultation
- Estate Liquidation: Sale, Donation and Disposal
- Organization Experts, Cleaning Pre/Post
- Maintenance/Repairs, Painting, Flooring and More.

**16 Year Heather Gardens  
Resident Specialist. Call me today  
for your Personal Tour  
303-525-8885**



**CATHERINE A. FORD**

Keller Williams Realty DTC | 6300 S Syracuse Way, #150  
(303) 771-7500 Office | (303) 525-8885 Cell  
[Catherineford@kw.com](mailto:Catherineford@kw.com) | [Catherinefordproperties.com](http://Catherinefordproperties.com)

# Fuzzy PJs water aerobics class: fun, fitness and friendship

What is one of the greatest benefits of taking a class at Heather Gardens (HG)?

Ask the women from the Fuzzy PJs water aerobics class. They'll tell you it's the encouraging and supportive friendships you build that extend well past the actual exercise time.

When Instructor Kay Wallace floated the idea of an evening class, her students in the pool during the day welcomed the concept.

In October 2016, she launched Fuzzy PJs, 7–8 pm, Tuesdays and Thursdays (with time out during 2020 for COVID restrictions). It's a fun workout in the pool at the end of the day, followed by time in the hot tub, shower and jumping into warm pajamas. Then participants relax around the fireplace in the Clubhouse Lobby with hot chocolate, tea or cider and conversation before heading home for a good night's sleep.

"Halloween was approaching, so there were fabulous choices of character-themed flannel costumes and pajamas, such as purple dragons, big puppy dogs, and minions," noted Kay, Certified Aqua Fitness and Older Adult Fitness instructor.

As friendships formed, the vibrant Fuzzy PJs women began meeting after the evening aqua classes for happy hours and, on weekends, for movies with dinner. The women have provided comfort and support to each other in times of spouses' illness and dying, death of a child, and the joy of births of grandchildren and great-grandchildren.

Did COVID stop them? No way! Even during the height of the lockdown, the Fuzzy PJ women continued to keep in touch — safely, of course — with one-on-one lunches and just "good old," long talks on the phone.

"My swim buds are a tremendous support system," said Luanne Lown, B215, a member of the inau-

gural class in 2016 and a continuing participant in every Fuzzy PJs class since then.

"We are friends for life."

Luanne was looking for an evening exercise class, because she was still working full-time.

Highlights of Fuzzy PJs outings include Luanne's Annual New Year's Eve Dinner out and Thirsty Thursdays at nearby restaurants after class. And yes, everyone does wear their pajamas.

"Rest assured, we are all well



*Left and below: Fuzzy PJs water aerobics class is a night-time class that meets in either the indoor or outdoor pool, led by Kay Wallace.*

*Women in the class (from left above): Leta Pierson, Edith Holden, B213; Carol Smith, B231; Luanne Lown, B215; and Kay Smith, B223. Right (from left, back): Vicki Eveland, B224; Luanne Lown, B215; and Dianne Robbins. (from left, front): Leta Pierson, B206; Edith Holden, B213; Jan Bole and Carol Smith, B231. Right: Instructor Kay Wallace*



"I had not been in the pool for years and approached it with a bit of trepidation. Everyone was so welcoming. We are all 55 plus, with some into their 80s. We bonded quickly."

When she had knee surgery, various members of Fuzzy PJs brought dinners and even took her to therapy sessions.

covered. Active wear works fine for anyone not comfortable in PJs," explained Leta Pierson, B206. Yet, they did attract some good-natured curiosity one particular evening from wait staff and even a local government official.

Denver Mayor Michael B. Hancock was dining with his family when the Fuzzy PJs posed for a photo. The mayor asked if he could join them.

"That added to the fun. We welcomed him," said Leta.

"When the class first began, my husband was still alive. I could get him settled for the evening and then

*See Fuzzy PJs...page 27*

Heather  
Gardens  
Real Estate  
Expert



# Heather Gardens Property Tours

## Tours Provided Upon Request

Call Carol Guzman TODAY at 303-929-3157  
or email [cj.guzman@comcast.net](mailto:cj.guzman@comcast.net)  
[www.carolguzmanhomes.com](http://www.carolguzmanhomes.com)

Join me for 1 to 2 hour Informative Tour  
and get your questions answered!

Receive information on HOA, AMENITIES & MORE!



Helping  
people right size  
in 55 PLUS  
Communities  
in Colorado.



*Carol Guzman*

"Exceptional Service - Superior Results"



See all of my ★★★★★ 5 Star Reviews at:  
[www.55places.com/agent/carol-guzman](http://www.55places.com/agent/carol-guzman)

March 2020  
Forbes Magazine's  
Top 500 Agent

Vice-President's  
Club 2020  
President's Club  
2019

## GATE CITY MOVING

Reliable, Responsible Movers

A BBB Goldstar Company

Heather Gardens Discount  
Heather Gardens References

303-744-8692



AMES  
JMOORE & ASSOCIATES P.C.  
**ACCOUNTING**  
CERTIFIED PUBLIC ACCOUNTANTS

## Tax Preparation

Bookkeeping and Accounting Services

3131 S. Vaughn Way, Suite 120, Aurora, CO 80014  
Cherry Creek Place I – across from Heather Gardens  
303.752.4500 • [www.jmaccounting.com](http://www.jmaccounting.com)  
For frequent updates • [facebook.com/jmaccounting120](https://facebook.com/jmaccounting120)

Give your family a priceless gift . . .  
your estate plan **at 10% off.**

Call us at (303) 991-3544 to schedule a free, 1-hour consultation  
at our office. Mention this ad and you will receive 10% off all our  
services. [www.meurerlawoffices.com](http://www.meurerlawoffices.com)

MEURER  
LAW OFFICES, P.C.



Michael Meurer

WILLS • LIVING TRUSTS • DURABLE MEDICAL POWER OF ATTORNEY • DURABLE FINANCIAL POWER OF ATTORNEY • DISPOSITION OF LAST REMAINS

# Theories about how Stonehenge was built are changing

*Stonehenge: Ancient Mysteries and Modern Discoveries* is a new exhibit at the Denver Museum of Natural History and Science. It updates visitors about recent findings regarding prehistoric populations that once gathered on Britain's Salisbury Plain to feast, form alliances, resolve differences, exchange goods, celebrate winter solstice, honor their living, and bury their dead. Opened on March 12, the exhibit will continue through Sept. 6, 2021.

Using 21st century technology to unravel 10,000 years of human activity around Stonehenge, scientists are revising theories about how the site was created. That Druids erected the monoliths for spiritual worship are challenged by today's tools that more accurately date artifacts according to period, diet, migration, and techniques ancient peoples used over millennia — not just centuries — before christian era (BCE).

Dispelled are any notions that aliens from outer space dug the henges and placed the monoliths. Even a cartoon anthropologist in a kid's video scoffs, "That's silly." Nor do the teams of scientists examine New-Age beliefs of mystical forces, ley lines, or healing powers.

Scientists have established that the Salisbury Plain was the site of significant human activity around 8000 BC, when humans crossed a land bridge between Britain and the continent during the retreat of the ice sheets. These Mesolithic Age (Middle Stone Age) hunter-gatherers erected tree-sized wooden posts close to where Stonehenge would be built 5,000 years later.

Analysis of hunter-gatherers' DNA suggests the population died out, although some of their genes did merge with farmers who crossed the English Channel in boats, about 4000 BC. These farmers brought with them crops and livestock that ushered in the Neolithic Age (New Stone Age).

Evidence shows Neolithic farmers held a large feast for 1,000 people

on the Salisbury Plain around 3700 BC. In 3000 BC, Stonehenge began emerging as an enclosure for gatherings and barrows for burying the dead. It evolved in stages as part of a larger complex initially composed of wooden posts and smaller blue-

Evidence supports the notion that some structural components were placed in astronomical alignments. Emerging theories posit the primary purpose of Stonehenge is symbolic: temporary wooden structures symbolized ephemeral life, while lasting



*Left: A photograph of Stonehenge in Great Britain at sunrise.*

*Below: The Stonehenge Exhibit at the Denver Museum of Natural History and Science. Bottom photo: An illustration of what a gathering of people might have looked like in 3000 BC.*



stone structures symbolized eternal afterlife.

Another wave of immigrants arrived from the continent about 2200 BC. These people gradually replaced the neolithic farmers. The Beaker

stones transported overland from Wales, 150 miles away. The blue-stones may represent a neutral area between territories of two distinct peoples — one living west and one living east of Stonehenge. People may have gathered at this "axis of the world" to talk, form alliances, and resolve conflicts.

Stonehenge took the form that can be seen today around 2500 BC, when large sarsen monoliths, transported 20 miles, were placed and topped with lintels.

People introduced metallurgy: copper, gold, tin, bronze. They maintained similar cultural traditions to the farmers' traditions, but their ruling power shifted away from labor forces and toward people who were accumulating personal wealth. With proximity to tin mines in Wales and enabled by sea transport, the Salisbury Plains Beaker people had avenues of trade and wealth.

Beaker people did not erect monuments to the size of Stonehenge.

*See Stonehenge...page 26*



## Fred Smith

Certified Residential Specialist

303-930-5132

[www.Fred-Smith.net](http://www.Fred-Smith.net)

[FredSmith@Remax.net](mailto:FredSmith@Remax.net)

Heather Gardens Specialist Since 1997

**RE/MAX** Masters  
MILLENNIUM



**The spring is always a great time to sell, so contact me for a market analysis and let me help get your home sold too!**

### Homes for Sale in Heather Gardens



#### **13991 E. Marina Dr. # 609 - \$345,000**

2br /2ba – 1560 sq.ft. Atrium E – perfect for a top floor end unit w/stunning location on golf course views & mountain views. New carpet. Remodeled kitchen w/granite counters, tile floors & pantry. Granite counters in both baths. 2 lanais.

**Under Contract**

**SOLD – 13901 E. Marina Dr. #308**

**SOLD – 13961 E. Marina Dr. #112**

**SOLD – 14000 E. Linvale Pl. #203**

**SOLD – 14091 E. Marina Dr. #601**

**SOLD – 14152 E. Linvale Pl. #304**



**LOOKING TO BUY? Let me show you some homes! Contact me for an appointment.**



Visit [www.Fred-Smith.net](http://www.Fred-Smith.net) for a complete inventory of Heather Gardens or call me for honesty, integrity and service excellence.

RE/MAX Hall of Fame Award, RE/MAX Lifetime Achievement Award, Top 100 sales producer in the 5-State RE/MAX Mountain Region and ranked among America's Best Real Estate Agents by REAL Trends!





**Guardians of all-inclusive care each day.  
Ava's own home each night.**

Like Ava, we are strong, resilient - and we are an alternative to nursing homes. Delivering comprehensive care to meet each individual's needs. From health and nutrition to medication management and more. Giving seniors independence. And caregivers - peace of mind.



Call 844-223-6690 to learn more  
Visit [InnovAge.com](http://InnovAge.com)

PACE All-Inclusive Care for Seniors

**New beginnings?  
What's in your future?  
Time for change?**  
We have an expert team to guide you!  
<https://www.rightsizing-yourhome.com/>

**Feeling like you paid too much in taxes this year?**

Contact your financial advisor today to learn about investing strategies that could benefit you.



**Patrick E Pogue, AAMS®**  
Financial Advisor  
3131 S Vaughn Way  
Suite 131  
Aurora, CO 80014  
303-745-1600

[www.edwardjones.com](http://www.edwardjones.com)  
Member SIPC



**Edward Jones**  
MAKING SENSE OF INVESTING

**INSURANCE BUILT FOR THE FUTURE.**

Whether it's a new minivan that fits your growing family or a downtown condo that matches your cosmopolitan dreams, I'm here with advice and resources to help you in your journey.



**Let's talk about your insurance needs today.**

**Litta Plant-Schaper, Agent**

Bus: (720) 361-0155  
Cell: (303) 810-0457  
[lplant@amfam.com](mailto:lplant@amfam.com)



American Family Mutual Insurance Company, S.I. & Its Operating Companies, American Family Insurance Company, 6000 American Parkway, Madison, WI 53783 ©2016 011780 - Rev. 4/20 - 13074211



*Encore*  
**Brokers**



**Elle Pope**  
303-794-2441 Office  
303-912-5650 Cell

**Encore Brokers Real Estate**  
25 years of experience  
HG Resident  
Different than the competition  
Elle owns and manages this Company  
Call for a free consultation

# The Month (March)

Most of HG was closed for business, during Colorado's fourth-largest blizzard/snowstorm, March 13-15; however, the Budget & Finance (B&F) Committee met as usual, on March 15, although it struggled at first to get a quorum of members on Zoom. The committee introduced HG's new Controller Jerry Counts.

Counts explained to the committee he had spent the last two weeks at HG, "trying to get his arms around" work that had been left incomplete, prior to his taking up the job. He added, "It will take some time to restore the quality of care" to the department, but noted he was happy with the accounting staff at HG, and felt his last two weeks on the job had been very productive.

In response to a question, Counts suggested he had not found any financial improprieties — money missing — but said he still needed to contact the bank to clear up expenditures that lacked supporting documentation. He said he was optimistic that discrepancies could be cleared up, with further research.

Counts said he had identified about \$250,000 of expenses booked in January 2021 that "belonged" in December 2020.

"I think we're going to find more costs that need to be moved into 2020."

He told the committee, "I've gotten deeply into this (HG financial systems). The advantage has been, I can see how it all works."

Committee Member Rita Effler complimented the team that had hired Counts for finding someone who actually seemed to understand the relationship between HG's two entities: HGA and HGMD.

...

The Golf Committee held its first meeting since November, on March 9. Course supervisor Brian Benko reported his crew had done "lots of tree removal" in December, and installed electrical components for the lake fountain in January. Since February, the focus was snow removal.

Golf Pro Greg Kohr reported, "2021 has been absolutely phenomenal" from a financial standpoint. Rounds played continue to book significant increases over the same months of 2020 — up 52 percent in January, 80 percent in February.

"We're absolutely slammed," Kohr said, on the days that weather allowed the course to open. "And our season really hasn't started yet."

Kohr added, "Tri-County Health Dept. is allowing courses to self regulate on sharing golf carts." Tri-County recommends people from not more than two households share a cart. As HG carts only hold two people, no impediments should exist.

The committee agreed that golfers should be allowed to share carts again. "Sharing carts really helps us financially," Kohr said. Several committee members agreed

HEATHER GARDENS REALTOR® SINCE 1997

RICHARD LINDAHL

*"I've personally sold hundreds of Heather Gardens properties"*

COMING  
SOON

• **3 BED 3 BATH SEVILLE EXEC.**

Completely Remodeled, Mtn. Views.

• **2 BED 2 BATH SOMERSET A**

1200 SQ. FT. Beautifully Remolded

CALL FOR A COMPLETE INVENTORY  
OF HOMES FOR SALE.

CHR COLORADO  
HOME  
REALTY

Richard@ColoradoHomeRealty.com

303.907.9281

Go to [HeatherGardensRealEstate.com](http://HeatherGardensRealEstate.com) or call me  
for a complete list of properties for sale and rent.

# That Was...

that most HG golfers have been vaccinated.

...

United States deaths in past conflicts or pandemics, compared to COVID-19 (as of March 23, 2021).

No. Died	Year	Event	Source
543,196	2020-21	COVID-19	Johns Hopkins U.
675,000	1918	H1N1 virus	<i>cdc.gov</i>
~655,000	1865	Civil War	<i>wikipedia.org</i>
117,466	1918	WW1	<i>wikipedia.org</i>
419,400	1945	WW2	<i>wikipedia.org</i>
58,209	1975	Vietnam	<i>wikipedia.org</i>

{Editor's note: Wikipedia does break out the number of combat deaths and deaths from "other" causes for each war. For a simpler comparison, these numbers represent the total deaths during the conflict.}

...

For those who miss Rick Crandall's sonorous voice and his morning show on KEZW, he is doing a daily video on Facebook, "Breakfast Club at Shady Acres." There is no music played, but he comments on daily happenings. On March 23, it was the violent shootings in Boulder at a King Soopers grocery store. He was evidently sad about the event. He said, "I can't imagine being in a grocery store and seeing people falling around me...take care of yourself and others."

He wishes several people, "Happy Birthday," friends of the Breakfast Club and famous actors or musicians. Then he reviews what happened on this date in history. If you have a facebook account, go to films, put Rick Crandall in the search block. You'll find all of his films posted. You can also choose to follow him, or notifications about when new videos are posted. Videos are 5-10 minutes long. [www.facebook.com/rick.crandall/videos/813107092889361](http://www.facebook.com/rick.crandall/videos/813107092889361)

...

With two HG residents installing their own charging stations for an electric vehicle, the Architectural Control Committee has decided to review community interest in such plugins at HG: how to individually bill residents, location of a charging station and other issues. At the HGA Board meeting, Chair Mark Nading was offered the report and decision of the HGMD Property Policy committee from 2019 when it was decided not to install a public device on HG property.

**Subscriptions:** To accommodate owners, who wish to receive *Heather 'n Yon* while away, the publisher has a subscription policy. Provide a forwarding address, plus a check for \$3 (payable to *Heather 'n Yon*) for each issue desired. Annual subscription is \$36. You may drop off your check with address information and what month the subscription should start at the HG Management Office. Alternatively, mail to *Heather 'n Yon*, c/o Lynn Donaldson, 13731 East Hamilton Dr, Aurora, CO 80014. Past issues (2008-20) are available on [www.heathergardens.org/Resource.Center](http://www.heathergardens.org/Resource.Center).



**Homes that Give**  
...giving back to the community,  
one home sold at a time!



**Aleta Antoinette, Realtor**  
Broker Associate  
Aleta@HomesThatGive.com



Certified Senior Housing Professional Designation

**Heather Gardens Resident and Realtor since 2002.**  
**Let me show you our amenities and lifestyle.**

◆ **Buyer SEEKING ATRIUM** 1 bed 1 bath enclosed lanai or **SEVILLE K** unit 2 bed 1 bath.



"I am thrilled that Tattered Cover has chosen me as local book author and will feature my book in their store."

**Imagine Peace: A Year of Gifting,**  
to be released in April for poetry month and Earth Day. Proceeds support local charities.

**Special Earth Day Event, Thurs, April 22, 6-7pm**

Special Speakers:  
**Wendy Pfaffhausen, HG Green Team**  
Offering tips to save our planet!  
**Bill Toone, EcoLife Conservation**  
Mission to protect wildlife, natural resources



**RSVP 303.229.9210 for the Zoom link**



**TOP1%** In the midst of this pandemic, Aleta received the 2020 Diamond Club Top 1% Award.

**Call 303.229.9210 for a Private Tour**

**Presenting Jayne L. Bail**  
**Senior Loan Originator**

**Specializing in all aspects of mortgage products:**

◆ **RESIDENTIAL LOANS** ◆

- FHA • VA • Conventional
- Home Equity Conversion Mortgages (aka) Reverse Mortgage
- Conforming High Balance

**36 yrs of experience**

**Call Jayne at 303-549-6205**  
*for all your home loan needs.*







**2020 FIVE STAR**  
LENDING INTEGRITY

**Jayne L. Bail, Senior Loan Originator,**  
Cell: 303-549-6205 • Fax: 866-723-5122  
jayne@platterivermortgage.com  
NMLS #265749 • COMLO 100009591  
[www.platterivermortgage.com](http://www.platterivermortgage.com)



# Classes have returned to HG



Anything Goes  
Painting, Creative  
Clay, Quilting,  
Chair Yoga



Stained  
and Fusion Glass,



Line  
Dancing,  
Knitting  
and  
Crochet



Fit Crew



Not photographed: Spanish and Tap Dancing.

Photos by Janis Farrell

# HG COVID-19 Vaccine Clinic – March 20

*HG had a vaccine clinic that residents could reserve a spot to have their first of two shots, a vaccine against the coronavirus. In collaboration with Colorado Primary Care Clinic, there were 400 Moderna shots available; a booster shot is required 28 days later, April 17. It was held at The Stampede, which has been closed for the past year,*



Photos by Anne Hummel-Gillis



# Stonehenge...from page 19

They did, twice, rearrange the smaller bluestones within Stonehenge.

By 1600 BC–1500 BC, the wealth and power of the Beaker people had diminished. The age of Stonehenge ended when an agrarian era began with a new wave of migrating farmers who needed large parcels of land for crops and livestock.

Stories from the prehistoric Beakers, farmers and hunter-gatherers who had lived on the Salisbury Plain and built Stonehenge did not survive.

The Denver exhibit guides visitors in a circular pattern through kiosks, panoramas, paneled drawings, videos, models, tableaux, and artifacts. The information is presented in categories that cycle repeatedly through lineal eras. This repetition of years becomes a jumble of numbers for the visitor, especially when times are expressed in “numbers of years ago” or in BC. Knowing how the exhibit is organized helps visitors keep track of the information. The timeline at the entrance helps.

Audio levels of the videos and kiosks range from overpowering to too soft to hear without standing close to the speakers. Some of the kiosks were not operational on opening day.

A five-minute re-enactment video about Woodhenge, near the village of Durrington Walls, seemed insipid in comparison to the integrity of the rest of the exhibit. It does provide visitors with a chance to rest before continuing with the second half.

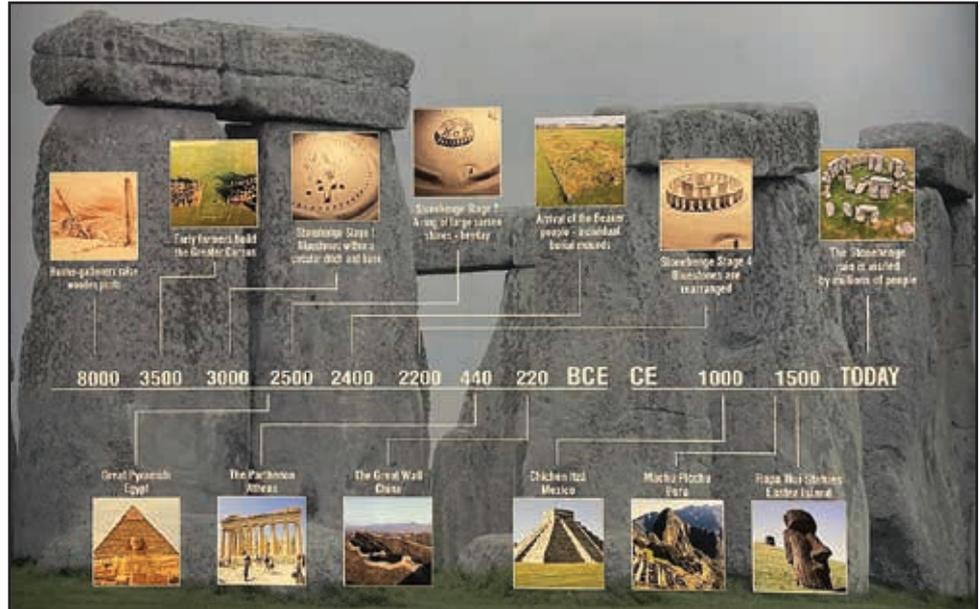
The Stonehenge exhibit targets high school students and adults, with a nod to younger children. The best explanation for how monoliths were leveraged upright and how the lintels were placed is depicted in one of the cartoon kiosks.

If you do bring younger children, you may want to give them an overview about Stonehenge before attending. The museum offers “Stonehenge Challenge” for children.

The challenge moves participants out of the Stonehenge exhibit to other locations in the museum. It might be fun to do some “Challenge” activities before seeing the exhibit.

This is an information intense exhibit. Visitors tend to linger longer at the kiosks which keeps incoming visitors waiting longer outside the doors. You may want to plan your visit for early morning.

– Dala Giffin



Above: Timeline that details changes in Stonehenge (top) with the building of other world wonders, e.g., Egyptian Pyramids, Athenian Parthenon (below).

Right: Exhibit at the Denver Natural History and Science Museum includes wax figures depicting what the people might have looked like, including clothes they wore.



## It's Spring - Time of Renewal

GOOD START - replace dingy yellow plastic and upgrade your fixtures/bulbs with ballast by-pass LEDs that last 50,000 hours!

**Renaissance Dome Lighting**

Since 1986!

**303.229.3506**

**5% Discount**  
to all my fellow VETERANS!

Steve Campbell owner and proud Air Force vet 1973-77

**Only \$150**

Replace old cracked yellow lens with new white ones

**Only \$200**

Modify & upgrade your fixtures to LED ballast bypass lamps rated to last 50000 hours

**Save \$299**  
**\$50** package for both

## Fuzzy PJs...from page 17

go decompress in the pool with my friends," she continued. "They are such a supportive group."

During COVID restrictions this summer, the lawn outside Leta's first floor condo was the Friday dinner designation, with everyone ordering from a restaurant and bringing fold up chairs to sit outside — social distanced, of course.

Another favorite get away was the weekend at Jan Bole's cabin in Grand Lake. The women brought food for potlucks and yes, they headed out to the nearby swimming pool to keep up their exercise.

When it comes to poignant memories, nothing can top that moment when a parent is reunited with a child who has been deployed by the U.S. military. In May 2019, Carol Smith, B231, and her Fuzzy PJs buddies were out for dinner when Carol's daughter, Kelly Smith, a Naval Reservist back from serving in Bahrain, surprised them all by walking into the restaurant and giving her mom a big hug.

"Everyone at our table was crying happy tears," Carol remembers.

In 2016, Carol was exploring the Clubhouse when she ran into Kay Smith in the locker room.

"Kay reached out to show me the class, and everyone in the pool waved and shouted hellos. I signed up right away," Carol added. "I'm what I call a friendly introvert, and Fuzzy PJs has given me such a sense of community. I was a Physical Education major in college. While I do a lot of walking, there is nothing for me like being in the pool with my friends. They are so motivating."

Kay Smith, B223, began water aerobics classes three times a week when she moved to HG in 2016 and jumped at the idea of adding Tuesday and Thursday evening classes.

An avid bike rider and walker,

Kay explained, "My philosophy is that if I don't keep moving, I won't be able to move. The people in the class are there to keep their bodies functioning and to have fun. We have developed trusting and caring



*Hancock, who joined the photo. From left: Kay Wallace, Luanne Lown, B215; Mayor Hancock, Leta Pierson, B206; Kay Smith, B223; Carol Smith, B231; and, Dianne Robbins.*



*Above (from left): Carol Smith, B231; Luanne Lown, B215; Kay Smith, B223; Edith Holden, B213; and, Leta Pierson, B206, gather around the HG Lobby fireplace for post-exercise conversation.*

*Left: On an outing for Thirsty Thursdays, the group encountered Denver Mayor Michael*

relationships that last. While a core group of about a dozen of us have stayed together over these years, we also welcome new Fuzzy PJs."

In tandem with the friendships, the health benefits are remarkable. Jane Farrell, CP3, noted, "I know I need exercise, and if it weren't for pool classes, I would be glued to my chair all day." While she has shoulder problems, Jane can skip the steroid shots when she is in the pool consistently.

"All of us appreciate Kay Wallace so much. She encourages us to work hard but safely with an emphasis on balance, strength and cardio and according to what our bodies allow."

Edith Holden, B213, puts a strong focus on working out because of a family history of heart issues. Before COVID, she was putting in eight hours a week in the HG pool, including those hours in the Fuzzy PJs classes.

"I'm constantly monitoring my heart and have undergone every cardiac test available," Edith explained. "My doctors can't believe how healthy my heart is. They are very supportive of my hours in aqua exercise.

"I think the Clubhouse activities are some of the biggest draws for

living at HG," she added. Amenities include indoor pool, outdoor pool, fitness center, and a myriad of exercise classes, such as pilates, chair yoga and others.

"For anyone new to HG, I advise them to get involved. Find your passion. Find your niche. The pool is my thing, but explore what appeals to you for keeping your mind active and building some unbeatable friendships."

Instructor Kay Wallace commented, "When class members come back after a break, they tell me how their knees hurt, their backs ache, they are stiff and sore without that time in the pool. A key to aqua exercise is that it protects the joints, which is so much better than jumping up high and then landing on a concrete floor.

"It's been a blessing to see the strong support group the Fuzzy PJs have built with each other. It's a wonderful combination of fitness and friendship."

For information on classes resuming as COVID regulations relax, contact the HG Clubhouse, 303-751-1811, x5; or [www.HeatherGardens.org/Clubhouse](http://www.HeatherGardens.org/Clubhouse).

**Patricia McLaughlin  
B215**

# APRIL CALENDAR

Limited activities have resumed, requiring reservations.  
Where the schedule and venue for an activity are known, it is shown here.

Thu	1	TOPS (every Thursday) Pickleball (every Thursday) HG Writers Club Tennis Club (every day, weather permitting) Ping Pong (every Thursday)	Blue Spruce Room Tennis Courts Skyview Room Tennis Courts Game Room	8:30–9:30 am 11 am–2 pm 1–4 pm 1–3 pm 2–3 pm
Fri	2	Men with a Purpose HG Indivisible	Mountainview Room Zoom	10 am 1–2 pm
Sat	3	Pickleball (every Saturday) Ping Pong (every Saturday)	Tennis Courts Game Room	11 am–2 pm 2–3 pm
Sun	4	HG Chapel (by reservation, every Sunday) HG Chapel (by reservation, every Sunday)	Sandberg Auditorium Sandberg Auditorium	9 am 11 am
Mon	5	<i>Indoor Pool Closes</i> Bayer Ear Clinic (every Monday, by appointment) VNA Senior Wellness Clinics	Arts & Crafts Room Blue Spruce Room	9 am–noon 9 am–12:30 pm
Tue	6	Pickleball (every Tuesday) Ping Pong (every Tuesday)	Tennis Courts Game Room	11 am–2 pm 2–3 pm
Wed	7	<i>Meet with Interim General Manager Jon Rea</i> CP1 Happy Hour	Zoom Zoom	8–9:30 am 4 pm
Thu	8	Mobile Food Pantry Green Team <i>Clubhouse Event: Data Breaches, ID Theft, and You</i> NoteAbles Mixed Chorus (every Thursday)	B250 parking lot Zoom Sandberg Auditorium Sandberg Auditorium	10 am–noon noon–2 pm 1 pm 4:45–6 pm
Fri	9	Birding Nature Club	Zoom	1 pm
Wed	14	<i>Clubhouse Event: Harriet Tubman</i>	Zoom	2 pm
Thu	15	<i>Clubhouse Event: Thailand</i>	Sandberg Auditorium	1 pm
Fri	16	Men with a Purpose HG Indivisible	Mountainview Room Zoom	10 am 1–2 pm
Mon	19	VNA Senior Wellness Clinics HG Photo Club	Blue Spruce Room Zoom	9 am–12:30 pm 3 pm
Wed	21	<i>Resident Open Forum</i> CP1 Happy Hour	Zoom meeting Zoom	3 pm 4 pm
Fri	23	<i>Clubhouse Event: Craft Fair Inside &amp; Outside</i>	Sandberg Auditorium and Clubhouse Parking lot	9 am–2 pm
Sat	24	<i>Clubhouse Event: Craft Fair Inside &amp; Outside</i>	Sandberg Auditorium and Clubhouse Parking lot	9 am–2 pm

## KIRCH ROUNDS BOWMAN & DEFFENBAUGH PC

ATTORNEYS AT LAW

Specializing in the following practices of law:

- Wills
- Trusts
- Elder Law
- Financial & Medical Powers of Attorney
- Medicaid Planning
- Estate Planning
- Estate Administration
- Real Estate

Home Visits Available

Marketplace Tower II ■ 303.671.7726 ■ www.DWKPC.net  
New address: 3025 S. Parker Road, Suite 820, Aurora, CO 80014  
Just north of E. Dartmouth Ave on S. Parker Rd



<b>Mon 26</b>	Low Vision Support Group	Conference Call	1:30–2:30 pm
<b>Tue 27</b>	HG Republican Club HG Democratic Club	Sandberg Auditorium; Zoom Zoom meeting	1–2:30 pm 4–5 pm
<b>Wed 28</b>	<b>Resident Orientation</b>	Zoom meeting	10 am

**Note: If your organization has arranged alternative meeting locations or is using Zoom, and you want an announcement to appear in Heather 'n Yon, send your information to the editor, LynnNeu@comcast.net.**



Rendezvous had a special dinner for National Women's Day on March 6. These diners replicated the pose made famous in World War 2 posters, "Rosie the Riveter." Dining was once again allowed indoors for March, although there were many days warm enough for outdoor dining.

## Rendezvous in March



Photos by Anne Hummert-Gillis



**WELCOME TO D'Amico ♦ Mauck ♦ Ricci, DDS**  
**Your Neighborhood Dentists** Our promise — Integrity and Quality Care

Emergency care available ♦ Over 30 years at HG

Now is the time to consider the comfort and reasonable cost of dental treatment.

**303.745.1400** **3131 South Vaughn Way**  
 Just a short walk from HG Clubhouse

♦ **Senior Discount Offered!** ♦

Dr. Andrew Ricci    Dr. Matt Mauck    Dr. Nick D'Amico

**Bible Study** (Interdenominational) for more information, call Joyce Smith, 918-586-2954.

**Six Stone Jars Catholic Bible Study.** For information, call Eric Cline, 720-839-4289, or email [clinecellars57@yahoo.com](mailto:clinecellars57@yahoo.com).

**Bible Study (women)**, call Carolyn Morris, 303-885-7807, B217/103.

**Catholic Mass** - You need to sign-up for Saturday and Sunday public Masses. If you have not contacted the parish office to be scheduled for a Mass, please do so. It is very important for you to understand that we cannot allow "drop-ins" at limited attendance public Masses. We continue to provide livestream daily Mass, Monday through Friday at 9 am, and on Saturday, 5 pm. Here's the livestream link: <https://tinyurl.com/yciog7o3>.

**Chapel** (Interdenominational Church Service) - 9 am and 11 am, Sunday, Sandberg Auditorium. Reverend Bill Cheyne. Masks must be worn at all times. Attendance is limited to 50 people per worship service, 9 am and 11 am. Front doors will open 25 minutes before each service. Temperature checks will be taken. Social distancing will be enforced. Reservations can be made by calling Jane King, 720-535-7238, for the 9 am service and Beverly Nelson, 303-750-6632 for the 11 am service.

## FYI

### St Michael's Catholic Mass

St Michael's Catholic Mass will not be resuming Saturday mass at HG until May of 2021. Residents will be notified when they begin.

### HG Chapel

Sunday services are in-person and on Zoom. Please send an email to Carolyn Morris at [motoringmorris@gmail.com](mailto:motoringmorris@gmail.com) with your name and telephone number requesting Zoom links.

### VNA Senior Wellness Clinics

Charges: Toenail Cutting (includes blood pressure) \$45 (1st visit, 1 hour), \$40 (returning client); Fingernail trim \$15; Blood Pressures \$3; B-12 Shots (serum supplied by client) \$15; Glucose \$5. *If you cannot keep your appointment, please cancel or you will be charged \$5.* Have exact cash amount or checks, made out to "VNA." The clinic has no change. Call VNA, 845-418-4006

#### Schedule:

- Monday, April 5, 9 am–12:30 pm, Blue Spruce Room
- Monday, April 19, 9 am–12:30 pm, Blue Spruce Room

### Aurora Senior Golf Clinic

Golf Aurora is hosting a senior clinic on 3–5:30 pm Saturday, May 1, at Aurora Hills golf course. It is never too late to learn to play golf or just sharpen your skills before the season starts! Cost is \$30 per person, age 50 and above. Registration will open in early April 1. It is limited to 24 participants. 303-739-1550. Registration form: [www.auroragov.org/cms/One.aspx?portalId=16242704&pageId=16594334](http://www.auroragov.org/cms/One.aspx?portalId=16242704&pageId=16594334)

### Technology Support

Karen Gold and Tech Hope are offering free, individual sessions for anyone needing help in learning or fixing issues with technology. Bring your questions, concerns, issues and any devices with you. We'll try to get things resolved. This is a great environment to learn how to navigate the internet safely, guard

## Heather 'n Yon Deadline - 4/17

### • Monthly Meetings • Boards and Committees *Listed meetings will be via Zoom until further notice*

Property Policy – 9:30 am Mon, April 5

SEC – 1 pm Mon, April 5

Public Relations – 10 am Tue, April 6

Personnel Policy – 10 am Fri, April 9

Campus Tech – 9:30 am Tue, April 13

Golf – 1 pm Tue, April 13

~~Clubhouse/Restaurant – 3 pm Tue, April 13~~ Canceled

Foundation – 1 pm Wed, April 14

**HGMD Board – 1 pm Thu, April 15**

ACC – 3 pm Thu, April 15

Budget & Finance – 10 am Mon, April 19

**HGA Board – 1 pm Tue, April 20**

Resident Open Forum – 3 pm Wed, April 21

Maintenance – 10 am Tue, April 27

Resident Orientation – 10 am Wed, April 28

against scams, use all those apps you've been wondering about and anything more you can think of.

Mondays at Heather Gardens and various days at Colorado Community Church. Appointments needed. Call or text Karen, 712-301-2284

### Colonial Williamsburg Foundation

Join the Colonial Williamsburg (CW) Foundation for **US: Past, Present, Future**, an online national conversation that explores the vital intersections of current events, our shared history, and the enduring promises of America.

**US: Past, Present, Future** will be led by diverse, high-profile speakers. Cornerstone Events will address timely and relevant topics such as the roles of religion, citizenship, and equality in our nationwide community — topics with roots in our past that inform our present and shape our future.

**US: Past, Present, Future** additionally features 10 CW Conversations, discussions that allow for more in-depth examinations of critical topics facing our country. These conversations highlight the relevance of our 18th-century story to today's world and emphasize the importance of history and civic engagement in our shared community.

**US: Past, Present, Future** supports the Foundation's educational mission by presenting relevant, inclusive, and compelling educational experiences that engage audiences in thought-provoking dialogue. By participating, audiences will be inspired to become thoughtful and active participants in their own communities.

A full list of US: Past, Present, Future events  
See FYI...page 51

# Letters

## Heather 'n Yon

We would like to thank Al Lindeman [HGA Board secretary and Long Range Planning Chair] and his team of Mike Pula [HGA Board director and chair, Maintenance Committee], [Maintenance Facilities Engineer] Jon Howell and [Contracts Manager] Don O'Gorman for the time and effort over the past 18 plus months. They have tried to create the best solution to the parking structure issues for the community. It appears all this time has been spent due to the many restrictions and regulations they must consider. The current best solution replaces the Alpha parking in nearly its current, difficult to use configuration. It is the path of least resistance. The cost has escalated from \$4 million to over \$18 million during the study.

Some owners in HG believe that we can create a much better solution to the current parking garages than what is being pursued. A group of owners, with insight and knowledge, was formed to look at Parking Structure replacement options. The group has two primary goals: First, to get the board to be open to new ideas, and second, to collectively come up with alternatives that will serve the residents at far less cost.

The group has a particular need for persons with skills in architecture, engineering, construction, property maintenance, design, solar, electrical, legal, communications and vision for the transportation needs that will come in the next 5, 10 and 20 years. The group will not design structures but will aid in envisioning future needs.

*Heather 'n Yon welcomes letters concerned with community issues. Letters must be signed, dated and include the writer's address and phone number. Letters may be edited for clarity. The HGA Board requires that letters do not exceed 300 words. Letters will not be run from the same individual in successive months. Writers may publish only 4 letters per year, but not in consecutive months.*

Your participation and expertise will be most welcome! Please email: [HGParking2021@gmail.com](mailto:HGParking2021@gmail.com). Sign up to join Zoom meetings that bring thinking "outside the box" together. The group will be opening a Discussion Group on "Parking Structures — New Ideas" that will appear on the HGA website. Please join us there.

[Cebaldwin103@gmail.com](mailto:Cebaldwin103@gmail.com) for additional information.

**Craig Baldwin, B242**  
**John Wallace, CP1**

## Heather 'n Yon

The subject of replacing existing garage structures is at the forefront of your agenda. HGA has certainly spent enough money studying the problem. So far, the engineering consultant recommends serious money for repairs that will not solve the problem for any lengthy period of time.

This brings me to the bigger problem of what will the HGA board decide to do? With what you have been told and revealed to residents, there is no other way, but to consider Walker Engineering's recommendations. Their proposal is one-sided, without considering other options.

There are other options that should be considered before going ahead. The HGA Board needs to hear these options in order to evaluate their economic feasibility. What I have heard is that there could be considerable savings with a totally different construction solution.

I know that numerous intelligent resident volunteers are looking at these options and other considerations. They say that we don't need 900 parking spaces. The total is much closer to 700. Keep this in mind because it will save a large amount of money in any new proposal.

Why is the board under restrictions to comply solely with the Walker suggestions? The HGA board should be active and innovative (out of the box) in their search for what other possibilities could be the answer to HG garage issue.

I am wondering — do I need to get a petition started to encourage the board to listen to its residents?

**B.W. Wilson**  
**B210**

## Heather 'n Yon

Thank you HGA Board for your recent 4 to 2 vote to reject passing

the Parking Structure solution presented at the March 16 board meeting. This owner/resident is pleased to see that you acknowledge more input from knowledgeable persons is required before you ask for approval of this project and commit all owners to a very high financial burden.

Current estimates range \$12–\$20+ million (just for parking?) with payback for the next 15 to 20 years.

Please know that you are not alone. I agree and support that you want to decide, keeping owner's interests as the primary concern.

It is a welcomed change in direction. Many owners and residents with helpful ideas, alternatives in design, requirements and budget, have recently reached out to all board directors, asking to help identify what HGA truly needs to remedy the Parking Structures situation.

This current pause in the project is an opportunity to welcome more input, and possibly include their formal participation. The scale and complexity of this project requires the input of more than just a few people.

I believe the larger input from the HG community is needed to succeed. I believe that no one wants to let HG property fall into or remain in disrepair.

I will support maintaining the quality of the community and take care of problems without bankrupting HGA or owners. I urge all board directors to openly embrace the assistance offered by community members. I urge all owner/residents to actively participate.

**Art Mendoza**  
**B222**

## Heather 'n Yon

We must change the HG Declaration. A change can save at least \$4 million dollars on parking structure costs. If we redo the parking structures under a new Declaration, at least 200 spaces can be eliminated. Walker Consultants recommends reducing the number. Aurora codes do not require 900 spaces! The city requires one for each unit (544) plus one for each five units for guests.

It is unclear if on-street parking can be counted as guest parking. That could reduce the numbers more. At peak time, a study showed 50 percent usage. Why would we

*See Letters...page 33*



As a resident of Heather Gardens, I care about my neighbors. We help families simplify a hard decision when it's time to move a loved one into their next home.

Independent Living, Assisted Living, Memory Care, Skilled Nursing, Real Estate Services



*Cindy Koch*

EMAIL [cindy@agingat5280.com](mailto:cindy@agingat5280.com)  
 CALL 720.390.1383  
 VISIT [agingat5280.com](http://agingat5280.com)



Connect Today for a Complimentary Consultation

## You need a Golf Adventure this Summer!



Call me to help you plan your travel.

.....  
 2 Day or 20 Days  
 .....

.....  
 Domestic or International  
 .....

Call me, chances are I've been there!

## Travel Questions? Plan Now for your 2022 Travel!



4 HEMISPHERES TRAVEL

NEED Affordable Travel Insurance?



720.370.7409

Contact Jane Henninger to learn about special offers.

[Jane@4hemistravel.com](mailto:Jane@4hemistravel.com)  
 Like us on Facebook!

Providing personal service to Heather Garden clients for Domestic and International TRAVEL

## Are Retirement Communities SAFER THAN IN-HOME CARE?

Garden Plaza of Aurora

In-Home Care

### PEACE OF MIND

Our team adheres to screening protocol and follows all CDC guidelines.



Residents do not have venture into grocery stores, etc. risking exposure. Residents are observed several times during the day, and if needed, medical expertise is available to offer preventative interventions.

For seniors sheltering in place, it is difficult for family members or friends to access them without risking exposure.

They also do not have a quick access to medical professionals who can ensure preventative and direct medical interventions are utilized effectively.



### ISOLATION

Garden Plaza of Aurora offers a variety of exciting activities that engage the body, mind and spirit.



Residents enjoy being with others, and positive peer pressure encourages people to try new activities. Laughing often and consistent movement enable our residents to live their best life with us.

Loneliness and isolation can increase the risk of physical and emotional health challenges in older adults.

Research shows that isolation can cause feelings of distress and loneliness, which in turn can lead to physical and cognitive declines, as well as depression.



We are able to accept MOVE-INS



GARDEN PLAZA OF AURORA  
 A SENIOR LIVING COMMUNITY

303.750.0820  
 14221 EAST EVANS AVE.  
[GardenPlazaAurora.COM](http://GardenPlazaAurora.COM)

# Letters...from page 31

build something we do not use?

There are 544 units in the 12 Alpha buildings that use the parking structures. There are 614 deeded spaces. Ninety-Nine deeded spaces could be eliminated with the demolition of PS3. There are several enclosed garages being used by HGA, not allowed by City code, and 11 that have been acquired by "users" who do not live in HG.

Currently the Declaration does not allow HGA to reassign spaces. There would be 99 owners who would have to get a new space. I believe those 99 owners would, without a question, waive their right to use a space in Parking Structure 3 to save themselves and all owners in HG *four million dollars* (\$4,000,000, which is \$10 every month for 20 years at 4 percent for every condo owner).

The Declaration must be amended to make this possible. It takes a large vote. Less than 100 people will be inconvenienced with this change.

We can go a whole different direction with the restoration of the structures. Please, please let the board know you think this is a good idea. Eliminate 200 spaces that are not needed. It seems like a no brainer. Board directors' email addresses are on the HG website.

**Rita Effler  
B232**

## Heather 'n Yon

I find myself once again writing to *Heather 'n Yon* to thank the maintenance crew for their prompt and excellent work.

We recently had a most unpleasant sewer backup in our basement. I'm sure you can imagine the scene, with the backup occurring both in the basement toilet and the drain.

We called maintenance for help, and they arrived almost immediately. Rather than a runaround, they went to work immediately to solve the problem. They handled the whole thing from soup to nuts, clearing the blockage, viewing it with a camera, cleaning up the mess and disinfecting as well.

Charles came by the following day to repair, replace and paint the damaged drywall. Now everything will be back to normal.

What more can I ask for than the way HG Maintenance addressed my problems? Excellent in every respect. They went above and beyond. Hats off to the maintenance crew: Dan, Crew Chief Rob, Marcus, Randy/Andy, Charles and the "big Boss" Mannie. To this we can add the Deseret crew and Charles who did the drywall repair.

Attached is a photo of some of the guys at work. Thanks again!

**Joe and Dianne Foss  
CP3**

## Heather 'n Yon

To the person who came very, very close to hitting me on East Marina Drive on March 12, 4:52 pm:

When you turn south on Marina Drive from Yale Avenue, did you happen to notice that the street curves? Do you know the difference between a straight road and a curved road?

Do you see double yellow lines down the middle of East Marina Drive? Do you know what double yellow lines mean? If you answer "no" to these questions, stop driving. Stop driving now. Give your car keys to a responsible adult before you hurt or kill someone.

**Marilynn Miciek  
B221**

## Heather 'n Yon

I have written my autobiography, *Planet Earth — One Day In School*. It is available on Amazon and has received five "Five Star" reviews on that website. A friend, who lives in an Atrium building, just sent me the most amazing and thought provoking review in that group. In it, the writer said she was touched and emotional, and from now on, she will be looking at her problems differently. That made me stop and realize — she got it!

My publisher had also shared that "the book is powerful and inspiring, and they were honored."

I turned 85 last month and enjoy good health. In the process of marketing the book, it has come to my attention that "good things can happen in our own back yard."



Above: HG Maintenance crew solve a sewer backup in the Foss's CP3 home. Photo by Joe Foss, a grateful homeowner.

When I first moved to HG, around 2005, *Heather 'n Yon* wrote an article about my volunteering with Victim's Service. At that time, I also had a business, Ceremonies by Design. As the principal in that company, I performed weddings and ceremonies of life, as an Ordained Metaphysical Minister.

**Rosemarie Cavalucci  
B233**

## Heather 'n Yon

Members of the Aurora Potters' Guild are excited to announce a Spring 2021 Sale. Due to health restrictions, there was no Fall or Winter Sale last year.

On Saturday, May 1, 9 am–4 pm, there will be a one-day outdoor sale at Community College of Aurora (16000 East CentreTech Parkway Aurora, CO 80011). The sale will be in the parking lot.

The Aurora Potters' Guild is comprised of clay artists from Aurora Parks & Recreation facilities as well as a variety of private local studios. Please join us for unique, hand-made functional pottery, garden art, sculptures, jewelry and gifts with prices starting at \$5. Free admission; Free parking.



**Mary Axtell  
Assistant, HG  
Creative Clay class  
artistaxtell@aol.com**



# Clubs and Organizations

Please Contact your club representative directly to learn whether your organization has resumed meeting in the Clubhouse or are gathering in an alternative fashion (Zoom meetings). If you want to resume in-person meetings, Clubhouse Manager Linda Aluise has requested that you submit a new request for the room and time of your meeting, recognizing that the pandemic guidelines require decontamination of a room after it is used. Rooms may hold no more than 10 people who maintain social distancing. (See page 46.)

## TOPS

Coronavirus 19, have you heard of it? It is the weight gain during the shutdown. Maybe you decided to put away those comfortable clothes, and get ready to fit into your dress-up clothes again. Thinking of saving pajamas for bedtime only? Or just want a new beginning of healthy eating and losing weight?

TOPS (Take Off Pounds Sensibly) is back meeting in the Clubhouse. Every Thursday morning, we meet in the Blue Spruce Room, 8:30–9:30 am.

With a sense of teamwork, we encourage each other to eat healthy, lose the unwanted pounds, and have fun along the way. Both men and women are welcome. For information, contact Bernie Radakovits, 720-397-1388.

## HG Breakfast Optimist Club

This club is a service organization that has been part of HG since 1978. The focus of the group is to make a difference in the lives of youth in the local community.

Our current projects include 6th Avenue Elementary School, Pillowcases for Kids, Salvation Army, Optimist International Oratorical Contest, and Type 1 Diabetes camp. If interested, contact Nikki Tennant, [tennantnikki@yahoo.com](mailto:tennantnikki@yahoo.com).

## HG Writers Club

Whether you're just beginning to put pen to paper or you are a published author, we invite you to join us for a time of education, fellowship and inspiration. New members are always welcome.

We meet 1–4 pm every Thursday in a Clubhouse room. Contact Joanne Brand, 303-750-9722, for further information. We look forward to meeting you.

## CP4

In-person socials have been postponed during this Pandemic. We may consider Zoom meetings.

Please check your emails and the Bulletin Board for any updates for CP4. Keep safe and wear your mask. – AR Beverly Nelson

## Kiwanis Club of Aurora

Kids need Kiwanis, and Kiwanis needs you. The Kiwanis Club of Aurora is part of a community-based international service organization whose main focus is making the lives of children in Aurora better.

We have meetings on the first and third Thursday of the month, 6 pm, in the Skyview Room. Optional dinner begins at 5:30 pm in Rendezvous. The fourth Thursday is a service project.

For more information, email us at [Kiwanis.auroraco@gmail.com](mailto:Kiwanis.auroraco@gmail.com), or call James Martin, president, 720-297-3282. We also are on the web: [Aurora-co.kiwanisone.org](http://Aurora-co.kiwanisone.org). Membership is open to all HG and Aurora residents.

## American Legion Post 2012

This post meets in HG, 6:30 pm on the first Thursday of the month in the Mountainview Room. We would love to have you join us, and talk with the leadership, helping us help your community grow stronger.

The American Legion is about you, and how we can be of service to you. What ideas do you have to bring to your community? If you are interested in learning more about The American Legion, please contact Post Commander Steve Stratton, B204, 720-519-3955.

## Men with Purpose

A group of men, with diversified backgrounds, gather to discuss timely topics regarding healthy aging and purposeful retirement. Books and articles relating to these topics are discussed by group members.

Leadership is shared. Men With Purpose meets the first and third Fri-

days of each month, 10–11 am, in the Skyview Room. For further information, contact Gene Dawson, 720-535-9672.

## Heather Gardens Indivisible

The purpose of HG Indivisible is to protect and preserve our democracy by empowering active citizens in taking actions that will impact public policy. We are nonpartisan and inclusive, more issue-oriented rather than candidate-oriented.

Currently, we meet via Zoom on the first and third Fridays of each month at 1 pm, to discuss issues, actions to take and share articles, books, thoughts. In April, our meetings will be on the 2nd and 16th.

Be sure you are on the email list to get notifications of meetings. You don't have to live in HG to join. Call or email Linda Champ at 720-252-7324, [lindachamp91@gmail.com](mailto:lindachamp91@gmail.com). – Linda Champ

## Uke Crew

Are you interested in playing a fun instrument — the ukulele — and having a great time singing? The HG Uke Crew is an up-and-coming club. Members get together on the first and third Friday afternoon, 4–5 pm, B218, #407. New members are always welcomed.

All you need is a ukulele, and to be willing to learn and practice the music. Darlene Park, 303-798-5088.

## Joppa Daylight Lodge AF & AM

All Master Masons living in HG are invited to attend Joppa Daylight Lodge. We meet the first and third Tuesdays of the month at Radiant Temple, 225 Acoma St., Denver. Lunch is at 11:30 am; Lodge is 12:15 pm.

We are the only lodge that meets during the day in the Denver metro area. For information, call Bill Rapp, 303-953-1021.

## The NoteAbles Mixed Chorus

Is there a light at the end of the tunnel? As the vaccine is received by more people of all ages, we hope our distancing and mask-wearing protocols will become more relaxed. So what is that light? It's the "sunnyside of life" that has kept us hopeful and braced with optimism throughout this past year.

On April 8, the NoteAbles will start up again, after a year's hiatus because of the pandemic. Our re-

hearsals are 4:45 pm Thursdays, in Sandberg Auditorium. At that time, we may still rehearse under the old protocols with 6-foot distancing and masks, or new relaxed standards as determined by HG staff.

*Blest Be The Tie That Binds* is a familiar hymn. We would like to share the text while taking obvious liberties with the lyrics.

*Blest Be The Tie That Binds*

Lyrics: John Fawcett

Music: Hans Nageli

In Heather Gardens we share  
Our singers are friendly and kind  
The fellowship of members we  
have found  
With good music to which we are  
bound.

(Did you hum or try to sing-along?)

We will celebrate the "sunnyside of life" when the NoteAbles resume rehearsals, and are singing together once again. We invite you to put the tunnel behind you, and join us on that sunny day.

#### **CP1**

CP1 continues its Zoom happy hours. Virtual get-togethers are at 4 pm on the first and third Wednesdays of the month.

#### **OPOCS Singles Club**

Do you need to meet new friends and find new activities? Call JoAnn Cunningham, HG resident, 303-751-5195, and ask to receive the monthly newsletter of A Circle of Friends, the original Ports of Call Singles (OPOCS) club, 60+.

Dues are \$30 yearly. You can attend three events, if you wish, before joining. Believe me: seniors can have fun, too! – JoAnn Cunningham

#### **The Green Team**

If you are part of our Puppy Poop Project, please make note the final month for direct delivery of your waste bags is April. We will set up in the Picnic Pavilion beginning May 21. Come pick up your packages there.

Usually, distribution is the last Friday of the month. Since that is the start of Memorial Day weekend, we changed the date to the third Friday.

Another special event to remember is our Shred Event on May 8, 9–10:45 am in B250 Parking Lot. Bring all old, private papers in boxes (not plastic bags) for shredding. You can leave them or watch the truck securely shred them.

We meet the second Thursday at noon on Zoom. Contact Wendy, 303-306-0066, for information. – Wendy Pfaffhausen

#### **RV Lot Club**

Our club is open to all who RV, not just those who rent space in the HG RV lot. At our meetings, we share information and experience about RV-ing. We lobby to improve conditions in the RV storage lot. We also anticipate having social, travel and camping activities.

We meet the second Thursday of each month, 5–6 pm, the Arts & Craft Room. For additional information, please contact Forrest McClure, 720-979-4707, or Paul Spoutz, 303-564 1877. Happy trails and safe travels!

#### **Birding Nature Club**

The club meets at 1 pm on the second Friday, via Zoom. To join this meeting, send email to Tom Reeber, [treeber48@gmail.com](mailto:treeber48@gmail.com).

#### **Karaoke Club**

During COVID, the Karaoke Club gatherings are TBA. For information, call Paul Spoutz, 303-564-1877, or email [pspoutz@aol.com](mailto:pspoutz@aol.com).

#### **Women with Dreams**

We meet on the second Saturday of each month, 2–4 pm, in the Mountainview Room. – Charlotte Haymore

#### **Parkinson Support Group**

This group meets on the second Tuesday of each month, 1–3 pm in the Aspen Room. Please contact Meredith, 303-731-4620, with questions.

#### **B203, B204, B205 and B206**

The four buildings have combined to do a joint happy hour for drinks and dinner, at 5 pm on the second Tuesday of each month, Rendezvous. We meet in the Banquet Room. Contact: Laurel McClaren, 303-337-2685.

#### **HG Aviation Club**

The club is not having in-person meetings due to COVID-19, but we are emailing stories, photos, and links to videos on interesting aviation topics. If you would like to join in the fun, give me a call. – Rudy Morris, 303-506-8070

#### **Wine & Cheese Social Club**

We meet on the third Saturday, 3–5 pm, in the Aspen/Blue Spruce

Room. Everyone is welcome.

Bring a bottle of wine and a snack. Enjoy socializing with other HG neighbors. Entertainment is provided. If you have a talent you want to share, we invite you to join in. – Debbie Brooks, 303-923-3809.

#### **Photo Club**

The club meets 3 pm on the third Monday, via Zoom. Anne Hummel-Gillis will send out the email invitation to attend the meeting.

All are welcome to join us, to discuss our photos, and how we can improve our techniques with our photography. If you want to sit in and join our club, send your request to [anne@hummelgillis898.com](mailto:anne@hummelgillis898.com) for an email invitation.

#### **B201 and B202**

B201 and B202 hold a combined social at Rendezvous on the third Tuesday of each month, 4–6 pm, for drinks and/or dinner – Nancy Grossman, 714-470-5660.

#### **CP3**

The CP3 Social is held the third Wednesday each month, 5:30 pm, in the Rendezvous. We order off the menu. – Robin O'Meara

#### **SRA**

The Seville Recreational Association meets the fourth Monday of every month, 10 am, in a different Seville building each month. For information: Vicki Wolfe, 360-589-9502.

#### **HG Republicans**

We support any choice that does not take away a person's choice. Join a growing group of concerned Americans who are working in Colorado to bring about change! We are excited, motivated and looking for more motivated Seniors.

Freedom of choice is what America is all about, not control. Choices cover life, liberty and the pursuit of happiness. Choice covers freedom of speech, and freedom to peacefully assemble, bear arms, travel, gather to worship, and much more.

Our next meeting in HG will be a general meeting for all residents.

Date: Tuesday, April 27

Speaker: John Andrews

Topic: GOP – History, Stories and Hope plus Q & A

Time: 1- 2:30 pm

Location: Sandberg Auditorium

See Clubs...page 42

HELPING YOU...

# FIND YOUR PATH HOME

Our local experienced Senior Transition Specialists are here to serve you with one call for all your needs:

- Senior Housing Choices
- Medicaid Applications
- Traveling Notary
- VA Aid & Attendance
- Home Care Services
- Senior Real Estate Specialist
- Elderlaw Attorneys

We specialize in sorting out the issues of senior living.

Locally owned company serving seniors for over 10 years, with years of experience in the medical field, social services, senior real estate, and senior housing.

Call 303-371-4100



Your guidance, your professional experience, your clear communication and calm demeanor made this whole process a success... **Lorna**



Visit our website at [h2h4seniors.com](http://h2h4seniors.com)  
9725 E Hampden Ave  
Suite 100  
Denver, CO 80231

HG References

Need guidance with understanding your Medicare options?



Fidelis consultants

Let me help you navigate through your Medicare questions.

Call Scotty Today!

Schedule your consultation with no obligation.



Scotty Bagwin

Bagwin Insurance Inc. a member of TAG  
303-907-9959 TTY 711  
[www.avalancheinsurance.com](http://www.avalancheinsurance.com)

\*This is an advertisement. Not connected with or endorsed by the U.S. Government or CMS. Call 303-907-9959 to speak with a licensed insurance agent today.

# Expressions In Flooring

We make your remodeling dreams a reality. Call 303.366.7997 and schedule an appointment.

## Remodel Living - Kitchen - Bathroom



BEFORE

Now!  
Open  
Living  
Spaces



Now!



BEFORE

### We know Heather Gardens

Proud to serve your community for over 25 years. Our hands-on approach ensures a quality experience as we guide you to your perfect concept, layout, and material selections.

We are a full service flooring contractor that also specializes in comprehensive design and remodeling services.

1050 South Joliet Street, Aurora, CO 80012

Visit our fully furnished showroom to view our updated photo gallery. [www.ExpressionsInFlooring.com](http://www.ExpressionsInFlooring.com)

We have worked with many HG homeowners and we understand the process.

Carpet - Hardwood - Porcelain - Stone - Luxury Vinyl - Laminate - Cabinetry - Counter Tops

**HOPE HOME CARE**  
 Hope at Every Turn  
 Call Today 720.432.9339

References Available ■ Competitive Pricing

- Homemaker \$25/hour
- Companion/Sitter \$25/hour
- Personal Care \$29/hour
- Respite Care \$25/hour
- Live-in \$25/hour
- 12 Hour Day \$25/hour
- 12 Hour Overnight \$25/hour
- Insured - Caregivers Vetted

Dedicated to Providing the Best In-Home Care.

**Karnopp, Radosevich & Preston, LLC**  
*Attorneys at Law*

Martha J. Karnopp  
 Kristi M. Radosevich  
 Theodore C. Preston

Wills  
 Trusts  
 Living Wills  
 Probate Estates  
 Guardianships & Conservatorships

Consultations in the privacy of your home.  
**303.646.2763**

**Heather Gardens DISCOUNT**  
**10% OFF LABOR**  
 (Up To \$50)

**Ken's AUTO SERVICE**

BBB ACCREDITED BUSINESS  
 AAA Approved Auto Repair



**NATIONWIDE WARRANTY**  
 3 Year or 36,000 Miles Parts & Labor



**FREE SHUTTLE**  
 To and From Heather Gardens



**FAMILY OWNED**  
 in Aurora Since 1996



**FULL SERVICE**  
 Hours: Mon - Fri 8am - 5:30pm

**303.743.9800**  
**15293 E. Mississippi Avenue**  
 NW Corner of Chambers and Mississippi (across the street from McDonalds)

**BEHIND the SCENES**  
*True Stories of Senior Living*

**A Resident's Perspective**

"Sociability is very important, especially when you are a senior citizen. At our age, we don't have friends that we've had for years and years and years. I have one friend left. All the rest are gone. So, we cultivate new friendships to go forward."

Watch Dee's full video story on why senior living is the **best and safest choice** for her wants and needs at [watermarkcommunities.com/BTS/DEE](http://watermarkcommunities.com/BTS/DEE) or [#watermarkBTS](https://twitter.com/watermarkBTS).

Call 303-696-0622 for availability of either virtual or in-person private consultations and tours.

Dee Levin, a Watermark resident for seven years

**HARVARD SQUARE**  
 A WATERMARK RETIREMENT COMMUNITY

10200 East Harvard Avenue • Denver, CO 80231 • 303-696-0622  
[harvardsquare.watermarkcommunities.com](http://harvardsquare.watermarkcommunities.com)  
**INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE**

A WATERMARK RETIREMENT COMMUNITY

BTS

# Sports and Recreation

*The Clubhouse continues reopening, with some recreational areas again in use. A number of Sports and Recreational groups have resumed meeting, often outdoors, with strict limits on number of participants, and [often] by reservation only. With specific questions, please call the representative for each sport or activity.*

## **Bunko**

Bunko is played 1–3:30 pm on the first and third Thursdays of each month in the Blue Spruce Room. For information: Debbie Brooks, 303-923-3809.

## **Thursday Open Bridge Club**

The club will not be meeting until social distancing is no longer required, to protect us from spreading COVID-19. A new leader is needed. Please call Freddie Schroeder, 303-437-4255, to volunteer.

## **Tennis Club**

We are back on the courts, when weather allows. Call Wendy, 303-306-0066, for information.

## **Men's Golf Club**

The start of golf season is upon us. We will play through the end of October.

Men's Golf is using a new software package, and after its second preliminary meeting, the club had 75 members signed up — close to the software's 100-member limit. There is a standby program for this season.

After COVID de-railed some regular activities last season, the club is trying to get some tournaments, such as one against Windsor Gardens, reinstated. The tournament chair is pursuing several venues.

## **500 Club**

We want you! Do you like to play cards with a fun, easy-going group of people? Then you must join us for 500. We play at 1 pm every Friday in the Skyview Room. Don't know the game? It's easy to learn, and we are happy to teach. See you Friday! Linda Serio, 303-368-8123.

## **Mexican Train Dominoes**

We play noon–4 pm every Saturday, Arts & Crafts Room. Games start at noon and at 2 pm. — Donna Hudziak, 303-833-3115.

## **Men's Bridge**

This group meets every Monday, 11:30 am–2:30 pm, in the Skyview Room. Call Maris Kuga, 720-748-0590.

## **Men's Poker**

We welcome all interested men poker players to join us at our regular poker sessions. On Monday and Wednesday of each week, we play Texas Hold 'em in the Blue Spruce Room. Ladies are invited to join us at the Wednesday sessions.

On Fridays, we play friendly, small-stakes poker, in the Skyview Room, usually including a variety of "dealers choice" games. All play is 5–9 pm. Please call Larry Hill, 720-272-7765, or Milt Merrick, 303-829-7188.

## **Mah Jongg**

We meet 12:30–4 pm every Monday, Blue Spruce Room, except the third Monday of each month, when the VNA has Blue Spruce. Then we meet in the Arts & Crafts Room, where three card tables are set up.

You must have the latest Mah Jongg League card. We play for a maximum of \$3 — bring your nickels, dimes and quarters. All HG players are welcome. For information: Bobbie Klapp, 520-743-6849.

## **Ping Pong**

Fun and free, great exercise. Come join us in playing ping-pong doubles, 2 pm Mondays, Tuesdays, Thursdays and Saturdays in the Game Room. Beginners may meet on Fridays at 2 pm, but you must call Bob Schlageter, 303-751-2205, to make arrangements, and you will need to bring someone to play with. See you there. — B. Schlageter

## **Pinochle**

Evening Pinochle meets 6:30–9:30 pm Monday nights in the Mountainview Room. For information, call Ann Gagliardi, 303-332-2163.

Afternoon Pinochle meets Wednesdays, 1:30–3:30 pm, Mountainview Room. We only play for fun and entertainment. With questions, call Diane, 707-799-6449.

## **Pickleball**

Please Note: this is very important. Right now, the Clubhouse is

slowly opening, and some activities are beginning. Even though Covid-19 affects most activities, and there is a vaccine, Pickleball is taking place with new strict rules that will need to be followed.

There now is a new online reservation system to make a reservation for Pickleball, called Court Reserve. You will need to create an account.

Before playing, you also need to have signed the HG COVID Release form. This is in the event we ever have to do contact tracing in case someone tests positive for COVID.

To find out the April times to play Pickleball outdoors on the HG Tennis Courts, get on Phil Hughes' email list at [phdenver@comcast.net](mailto:phdenver@comcast.net). He sends out an email a few times a week with the days and times the group will be playing, based on the weather.

All courts are available and reservations must be made per the Clubhouse policy. We will also play indoors when there is available time and the clubhouse allows it.

Since we have Pickleball players at all skill levels of play, our players have been able to choose playing "gentle" Pickleball with players of a similar skill level on one court, and those more advanced can play with the "competitive" Pickleball players. Of course, everyone is welcomed to play on any of the courts where they feel comfortable.

We hope to have Pickleball lessons again this spring. For more info on Pickleball, visit our web page at: <https://plaidflannel.com/pickleball/lessons.html>.

If you want to learn more about Pickleball, or get on the roster, call Rosalie, 303-751-1226, or contact Phil Hughes by email, [phdenver@comcast.net](mailto:phdenver@comcast.net).

## **Fun (Gals) Golf**

Fun Golf @ Heather Gardens resumes Tuesday, April 6, and repeats every Tuesday and Thursday into October. Fun Gals Golf is not a league, so has no dues, no pressure, no handicaps, and no judgments — just golfing for fun with other casual golfers.

Fun Golf tee times are at 9, 9:12 and 9:24 am on Tuesday and Thursday mornings (weather permitting). Our start times will move earlier as the golf season progresses.

Call the HG Pro Shop, 303-751-

2390. When the message starts, press 1; when they answer, specify you would like to play "Fun Golf, and make your reservations. We can look forward to "socially distancing" after golfing on the Rendezvous patio, weather and COVID-19 restrictions permitting. Remember to MASK up! If you have any questions, please contact Linda Hileman, via email at [Lshileman1958@gmail.com](mailto:Lshileman1958@gmail.com), or call 303-514-5379. Please send a text or leave a voice mail.

### Hand and Foot

Hand and Foot is a card game that is fun, and easy to learn. We meet every Tuesday, 12:30–4 pm, Mountainview. With questions, call Phyllis Lann, 720-535-8531.

### Mah Jongg

We meet 1–4 pm every Tuesday, Blue Spruce Room, except the second Tuesday, when we play in the lobby (behind fireplace).

All players welcome, including beginners. You must have the latest Mah Jongg League card. Social game: we do not play for money, only glory. Never played Mah Jongg? Come and observe, to see if you wish to learn. Call Carol, 720-628-4051, or Pat, 720-535-4603, for information.

### Billiard Club

The members of the HG Billiard Club will continue with tournaments as soon as the Clubhouse opens again for play. We will play Co-ed 8-Ball on Tuesdays at 7 pm. A Men's group plays 9-Ball on Thursdays at 7 pm. Please contact Rita Cusack, 720-535-8637, or Connie Burns, 303-695-0766.

### Ladies Golf Club

April 7 may not be a national holiday, but it is a date that the members of the HG Ladies Golf Club will be celebrating. Why? Because it marks the beginning of the 2021 golf season. After a truncated and challenging 2020, everyone is looking forward to a more normal year.

April is considered the club's "preseason." There are no payouts. Everyone can shake off the cobwebs of a long winter and establish handicaps if needed.

May 5 will be the first day of flighted tournament play, with payouts awarded each week through the end of August. Much to everyone's delight, we are returning to paper

sign-up sheets this year. Members are allowed to sign up themselves and one other person.

In April, play will begin at 8:30 am. In May, that time will move to 8 am. During the heat of June–August, play will begin at 6:30 am.

There will be play during September, but no payouts will be awarded. Due to scorecard-handling restrictions, it has not been determined if the club will play games each week or only use low net to determine weekly payouts. Watch for more information on this topic in future articles.

The club is happy to announce that we have five new members, and anticipates a total 2021 membership of 106. We ask all current members to welcome new players, and to help them learn the club's processes for signing up, scoring, and "ready golf."

As of this writing, it has not been determined if the club will have any outside tournaments. When there is a definitive decision about that matter, club members will be notified. The club has bulletin board space outside the Pro Shop and that space is being updated and painted. Be sure to check it out for club news.

All women who are interested in league play are invited to join HGLGC, regardless of skill level. Detailed information and membership applications are available at the HG Pro Shop and on our website, [www.heathergardensladiesgolfclub.com](http://www.heathergardensladiesgolfclub.com).

### Golf Simulator

If a lack of playing time over the winter has impacted your game, you might want to try the Pro Shop's golf simulator. The cost is \$20 an hour for residents; \$30 an hour for non-residents. To make a reservation, call the Pro Shop, 303-751-2390.

The next HGLGC board meeting is Wednesday, April 28, beginning at 1 p.m. in the scoring room.

### Golf Trivia

The 2021 Masters Golf Tournament is scheduled for April 8–11. Unlike other golf events, this tournament is always held at the same location – Augusta National Golf Club, Augusta, Georgia. This event was first played in 1934, and the winner received \$1,500.

The tradition of the Green Jacket was added in 1949. Jack Nicklaus holds the record for the most Masters' wins with six, followed by Tiger Woods with five, and Arnold Palmer with four. The 2020 Masters, which was played in the fall due to COVID, was won by Dustin Johnson, who set a course record of 20 under par, and took home a purse of \$2 million.

– Suzi Stolte, Publicity Chair

### HG ACBL Duplicate Bridge

This club plays 1 pm Wednesdays in the Blue Spruce Room. Help setting up is appreciated, so come early. For more information, call Merrily VanZevern, 720-282-3199, or John Osterberg, 720-535-1038. For partnership information, call Linda Harder, 303-369-2032.

### Square Dancing

All Square Dancing has been postponed during this pandemic. We hope to start again sometime in 2021. If you have any questions, feel free to call Beverly Nelson, 303-750-6632.

### HG Bowling League

Unfortunately, due to COVID-19, the bowling season for this year was unsuccessful. Thanks for those who gave it a try. We were able to get a few weeks in before getting shut down. We recently were offered another time slot for 3 pm on Tuesdays. Since we normally finish our season by the end of March, however, we chose to pass.

Refunds will be issued soon for the little bit of money that went in the prize fund and/or for those who pre-paid future weeks. Be watching here for updates as we approach the fall season. We hope we can get back to smacking those pins around again by September.



Above: A bench on the Golf Course was colorfully decorated for St. Patrick's Day.



# APPLEWOOD

## PLUMBING HEATING & ELECTRIC

SINCE 1973

**Repair Services for the Homeowner**

### Why Applewood?

- EVERY Applewood technician is licensed, background checked & drug tested.
- An email with a picture of the technician will be sent before your appointment.
- We'll fix your problem RIGHT, the first time, at an approved, up-front price.
- We'll follow up with a phone call to make sure your appointment went just as you expected.



**OPEN 6AM to 10PM, 7 DAYS A WEEK**  
to serve you at your convenience with NO OVERTIME CHARGES

**303-232-6611**  
**ApplewoodFixIt.com**

**"The Only Electrician I Personally Endorse." - Dave Logan**



# Orchid Dental

- Compliant to COVID-19 Protocol
- 5% Discount for HG Residents All Year Round!
- Gentle and affordable dental care for seniors and their families
- Emergency calls taken after hours
- Comprehensive care: crowns, surgery, implants, cosmetic care
- Practicing in Aurora since 1987



**Nelson S. Joo, DMD**

2222 South Fraser Street #3, Aurora, Colorado 80014  
www.yourorchiddental.com

**303.671.0305**

# WE SPECIALIZE IN STUNNING



0% FINANCING AVAILABLE (WAC).

## kitchentune·up<sup>®</sup>



**Joel & Jessica Winters**  
*Local Owners*

**303.495.2450**  
**kitchentuneup.com**

 Kitchen Tune-Up Castle Rock, CO

*Each franchise is locally owned & operated.*

**1-5 DAY  
KITCHEN  
UPDATES**

Refacing • Redooring

Cabinet Painting

Custom Cabinets

1 Day Tune-Up • More

## Clubs...from page 35

(25 max - call today to reserve),  
or Zoom link (see below)

Senator John Andrews' mission is to "rally Americans for the good fight of defending liberty and reviving responsibility in a nation under God." Andrews has led five think tanks, most recently the Centennial Institute at Colorado Christian University.

Come and be encouraged, motivated. Find out where you can participate. We look forward to seeing you.

Want to join the movement? You can for only \$15/year. We have a membership packet waiting for you. Would you like to enjoy our speakers without being a member? We invite you to come, then donate \$5 at the door to help with advertising costs.

For information or Zoom link: send email to: [hgrclub@gmail.com](mailto:hgrclub@gmail.com) or call 720-500-4047 – Janet Yoder

### HG Democratic Club

The HG Democratic Club meets the fourth Tuesday of every month. Our next meeting will be April 27, 4–5 pm, via Zoom.

A link will be sent in the newsletter

ter prior to the meeting. Please check your spam folder if you don't receive my email. We have interesting speakers, including candidates and elected officials, who keep us updated on local, state and federal issues. You don't have to live in HG to join in. – Marty Karnopp, Chair, 303-353-9640, [mjkarnopp@gmail.com](mailto:mjkarnopp@gmail.com).

### Caregivers Support Group

This group meets on the last Tuesday of the month, 7–8:30 pm, in the Aspen Room; however, as long as the Clubhouse is closed, we will not be meeting. Online resources are available at [Alz.org](http://Alz.org). For more information, call Nancy Fuhr, 303-337-4890.

### Sevillians

The Sevillians monthly social is held the fourth Wednesday of the month, at 5 pm Wednesday, in the Banquet Room. Meet other Seville residents, and hear the latest Seville happenings from a member of the SRA Board. A sign-up sheet is posted in the mailroom of each building. – Patt Clark

### HG Grief Support

Our support group is here to help those who have lost a loved one. We offer eight-week structured sessions in the spring and in the fall. We combine an educational and supportive approach with the focus on healthy grieving and coping with your loss.

Normally, we would meet from 4–6 pm for eight weeks on Tuesdays at the Clubhouse. If we continue to have the COVID virus restrictions, we will meet virtually and still be able to give the support you need.

Contact either Joanne Brand, 303-750-9722, or Marcie Jordon, 303-805-1881, for more information. Please leave a message if we are unable to answer. We are there to help you. – Joanne Brand

### Low Vision Support Group

Until we can gather in person, we are meeting on the fourth Monday of each month 1:30–2:30 pm, via Free Conference call. Call Marsha Bengen, 720-535-5224, for the meeting access number.

**Live a Vibrant Lifestyle!**  
**V-Esprit Active Adult Community**

Ask about our **Move-In Incentive!**

**Spacious & Affordable!**

**1 & 2 bedroom Apartments & Patio Homes**

All inclusive - Maintenance free living - Flexible lease options  
**Starting at \$1,950/mo** Pet friendly  
Wellness Center \* Bistro \* Activities \* Events

Call today for more information  
303.400.2399

**V-Esprit**  
Active Adult Community

[www.V-Esprit.com](http://www.V-Esprit.com)  
5240 S. Shalom Park Circle, Aurora, CO 80015



**We Buy Houses for Cash,**  
**As-Is, Any Condition, Flexible Closing**

**THE BUY-OUT COMPANY**

We Buy Houses - Incredibly Fast & Incredibly Easy

**"DENVER'S #1 Home Buyer"**  
over **\$493 MILLION** purchased in  
Denver area real estate

- We pay Cash
- You pick the closing date
- No commissions or costs
- Sell As-Is, No need to clean
- Leave unwanted items behind

**303-801-9883**  
[www.TheBuyOutCompany.com](http://www.TheBuyOutCompany.com)

Call us today for a cash offer **within 24 hours!**



## HGMD Foundation

Due to staff changes in the Management Office, donation information was delayed in getting to the Foundation Committee. This committee needs new members. If interested in serving, you may obtain an application on the HG website, [www.heathergardens.org](http://www.heathergardens.org).

### Donations to the General Fund: January–March 2021

- Billie Day, Holly Hileman, Anita Huddleston, Carol Wasteneys and Vicki Ziarek in memory of Lorane Nuessel

- Billie Day, Anita Huddleston in memory of George Nuessel
- Nemhauser family in memory of Norma Rachlin
- B215 in memory of Kathy Tirone
- Linvale Place Association in memory of Nora Tracy
- B220 in memory of Dottie Gravning and Grace Morris
- B213 in memory of Wayne Brogden
- B217 in memory of Tom Vetter
- JoAnn and Russel Fitch

– Eloise Laubach, HGMD Board Director  
Chair, Foundation Committee

## Beer Spa: an experience to remember and repeat

After reading *The Denver Post* article (March 5) about a new experience called “The Beer Spa” located on North Downing Street and East 30th Avenue, I decided it would be the perfect way to celebrate my birthday!

Located in a renovated 1904 building, it is delightfully decorated for fun and comfort. My husband Jim and I were greeted at the door by the managers, a young couple, who explained how our visit would proceed. They gave us a wrist band with a card attached to use at the tap wall. We were also given an insulated mug to keep our drinks cold. Besides beer, they have sparkling wine, non alcoholic drinks, snacks and lots of cold water available. The photo (right) was taken in the tap room where we relaxed for a while.

The next stop was our private spa room, which was decorated for my birthday with a banner, and a tray with a handwritten note and four truffles. Entering the private spa room where wearing a swimsuit is optional, we warmed up for 20 minutes in an infrared spa, then took a cooling rain shower.

Next on the agenda was the hot tub that filled automatically. It had a giant teabag filled with hops, malt, and barley, which worked as a skin softener. I did not detect any odor from it. I was concerned that we might have trouble getting in or out of the tub, but it is set up with sturdy grab bars. We didn’t have any problems. Plus, there was a “panic button” within easy reach if we needed help.

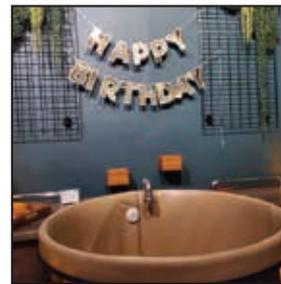
The water began to drain itself after 30 minutes — our signal to get out. The rooms and tubs are thoroughly

cleaned between clients. A nice warm shower followed using their beer infused products.

We were escorted back to the tap room for refills, then on to the “Relaxation Room.” We sat in anti-gravity massage chairs, room lights were dimmed, and spa music played. When the chairs were tilted back, the ceiling was covered in tiny, twinkling star lights and floating clouds. I was tempted to close my eyes and nap. I really did feel like I was floating for 30 minutes! Jim, and I managed to make our way slowly back to the tap room for — you guessed it — more beer.

It was an experience that I will not forget. We are definitely going back for more. Now I am not much of a beer drinker but the tastes that I had were quite enjoyable!

– Anne Hummel-Gillis, CP1



### Senior Living Expert • all levels of care

#### • Independent Living with services

(meals, transportation, activities, some oversight)

#### • Assisted Living

#### • Memory Care

#### • Skilled

Save time  
and money.

Connecting the ... for Senior Living

## iPlace Seniors

“I am here to help you and your family find the best fit in community living based on budget, location, and care needs.”

**Melissa Clifford** Owner | Senior Living Advisor  
[melissa@iPlaceSeniors.com](mailto:melissa@iPlaceSeniors.com) • [www.iPlaceSeniors.com](http://www.iPlaceSeniors.com)

Trusted transitional specialist helping you find the right answers.



Questions? Give me a call! 303.906.2359 Thank you for your referrals!



**55PLACES.COM**  
**Carolyn Ingebritson**  
 Heather Gardens and  
 55Places Expert Realtor®

**Carolyn is one of our top Realtors out of 700 agents nationwide!**

- Senior-focused agent that will create a customized plan to market and sell your home or your mother or fathers home.
- Her goal is to simplify your home sale process.
- Ensures a smooth transition to senior living.

**Call Carolyn about her home tours!**

To RSVP, for your personal tour, please call or text:

**303.594.7696**

**Carolyn@theprecpairhome.com**

**55places.com/agent/carolyn-ingebritson**

**YOUR CASTLE REAL ESTATE** 303.594.7696

Please disregard this notice if you are currently working with another agent. It is not our intention to solicit other agents listings.



**Carolyn Ingebritson**

Heather Gardens  
 Preferred Realtor®

**THEN LIFE CHANGES  
 Is it time to downsize?**

Or, are you overwhelmed with selling mom or dad's home?  
 Are you trying to sell a home in a different location without any local connections?

**If you're facing this situation,** you need the help of an experienced probate real estate agent who understands how selling property during probate proceedings differs from a traditional home sale.

- Carolyn has helped many clients through probate and death of a family member.
- She is a preferred Realtor with Elder Life.

**55places.com/agent/carolyn-ingebritson**

**YOUR CASTLE REAL ESTATE** 303.594.7696

Please disregard this notice if you are currently working with another agent. It is not our intention to solicit other agents listings.



**Donaldsons Inc.**

*"Publishing is a business. Writing may be art, but publishing, when all is said and done, comes down to dollars." – Nicholas Sparks*

**For more than 30 years, this company has published Heather 'n Yon for Heather Gardens without being subsidized by homeowners fees. Support the advertisers, who make it all work for you.**

**ABBOTT  
 FUNERAL SERVICES**

**YOUR LOCAL VETERAN OWNED & OPERATED FUNERAL SERVICE**

**\$895.00** Direct Cremation  
 (includes pick-up, temporary urn, 5 days of storage, preparation, cremation, & (1) Death Certificate)

**303-204-5685**

- Military Discount for Veterans, First Responders and Their Spouses- Here to Serve You as You Have Served Us (call for discount price)
- Your local funeral directors located right here in Aurora, Colorado
- Proud to be family owned and operated
- We are fully certified through the Colorado Funeral Directors Association and licensed through the Department of Regulatory Agencies

**Abbottfuneralservices.com**

**Abbottfuneralservices@yahoo.com**

**PRE-NEEDS AVAILABLE**

**We Answer Our Own Phones 24 hours a day**



You'll Love  
 the Current  
 Reverse Mortgage



Let's Talk

Shana Judd  
 NMLS: 250580  
 Reverse Mortgage Planner  
 Phone (303) 918-7013  
 sjudd@mutualmortgage.com

Shana is your Heather Gardens Reverse Mortgage Specialist.  
 -Cindy, Heather Gardens resident

MOOREHEAD

Reverse mortgage loans are subject to underwriting and approval. Reverse mortgage loans are subject to the state of loan rules and are not FDIC insured. The lending fee, origination fee, title insurance, NMLS, and other fees may vary. Please contact your lender for more information. ©2021 Mutual of Omaha. All rights reserved. www.mutualofomahamortgage.com



# RENEWAL by ANDERSEN

FULL-SERVICE WINDOW & DOOR REPLACEMENT

**Brad C.**

a week ago-

Renewal by Anderson is truly a top-shelf company. From the first consultation at our house, through the installation, everything was done in a very professional way. After looking at several options, their windows are by far superior to the competitions.



**Pam R.**

a month ago-

Exceptional windows. You close them and you hear nothing from outside. Andersen's customer service is also superior, from their sales team to the office staff to the installer. My house was as clean after installation as it was before. This is the second time I have replaced windows with Andersen windows. They are well worth the investment and the experience is seamless from beginning to end. I highly recommend them!



**Allison L.**

a month ago-

We needed new windows, ours were over 30 years old, you could feel the cold and hear the traffic. So thankful we called Renewal by Anderson and that they assigned the BEST installers to our home!! From the salesman, to the guy that measured our windows, the scheduler, to the installers, we have beautiful new windows and the entire process was seamless!



**Darren O.**

3 weeks ago

The installers were very professional, very polite and integrity. They arrived almost to the minute they promised to star work. When they left the cleaned up like there was never anyone there. I would highly recommend.



**We are open.**

We work one-on-one in homes, by invitation of the homeowner only. We are strictly following CDC Guidelines to help provide both our homeowners and our employees a safe working environment.



**2,089 Reviews ..... 4.8**  
**Reviews from our customers**



**Limited appointments available.**  
**Please call today to book your visit.**

**Call Krista Trujillo about replacing your**  
**Windows and Patio Doors**  
**970-690-6750**



# HG Clubhouse Events

Phone 303-751-1811, x5  
Clubhouse Manager Linda Aluise

**From HG Clubhouse Manager Linda Aluise:** The Clubhouse is offering a handful of classes: Spanish, Creative Clay, Line Dance, Tap Dance, Glass Fusion, Knitting & Crochet, Quilting, and Anything Goes Painting. Additional classes will be added as things progress. Class size is limited. Registration is required. Classes are scheduled for one month, with registration beginning the 15th of the preceding month.

The Clubhouse is open to enjoy a cup of coffee. Computers are now available in the lobby for residents to use. Watch for more openings during April.

**Clubs!** As the Clubhouse starts to open, you may schedule meeting space and time for your club. Please do not *assume* that you have the same space and time for your meeting that you had previously. **All clubs** need to contact the Clubhouse Manager to submit a Clubhouse room request form. Due to additional cleaning/disinfecting requirement, times that can be scheduled may change. Restrictions remain at 10 people or less, with six feet distancing between participants. All clubs will need to present a plan on how their group will handle COVID restrictions. Please bring hand sanitizer and disinfectant wipes for your group.

**Indoor Pool Closed** for yearly maintenance and cleaning, **April 5-18**. It will re-open on Monday, April 19. Upon opening, additional times in the pool will be added for lap lane swimming. I am looking forward to the outdoor pool opening on Memorial Day weekend, May 29-31. Aqua exercise classes will be added in June.

## Mobile Food Pantry

Thursday, April 8, 10 am-noon, Parking Lot B250

In response to COVID-19, the city of Aurora, in partnership with SECORCares, is working to launch a mobile food pantry for seniors. *There is no cost for the food.* Sample food may include but is not limited to: rice, beans or pasta, cereal /oatmeal, various canned non perishable items, fresh produce, dairy, eggs, and protein. \*Food will

be modified to accommodate senior needs as best as possible, i.e., low sodium, low fat, softer foods. Questions? Call 303 739-7281

## Data Breaches, ID Theft, and You

Thursday April 8, 1 pm, Sandberg Auditorium  
FREE: Reservation requested, 303-751-1811, x 5.  
Seating is limited

It Happens. Fraud does not discriminate. Cyber attacks and fraudulent events (95 percent) are the result of human error and behavioral weakness. Understand and be aware of the human behavioral side of falling victim to fraud. This presentation will cover social engineering, current scams, ID theft and a little on data breaches. Prevention and protection are controlled by you and your actions. Simple steps can position you towards safety and empowerment. Presented by James (Jamie) E. Sorrells, Director of Consumer Fraud Protection, Office of the District Attorney, 18th Judicial District.

## Active Minds: Harriet Tubman

Wednesday, April 14, 2 pm, via Zoom

Born a slave in Maryland around 1820, Harriet Tubman escaped to freedom in 1849. She became the most famous "conductor" of the Underground Railroad that led slaves to freedom through a complex system of secret places with owners and others assisting. Nicknamed "Moses" for her efforts, Tubman made more than 19 trips that helped free hundreds. Join Active Minds in this review of her life and legacy, including her efforts fighting in the Civil War and later for Women's Suffrage. This program is brought to you by Heather Gardens, Garden Plaza of Aurora, Cherry Creek Retirement Village, Springbrooke Senior Living, Five Star Residences of Dayton Place, and Active Minds®.

To connect via the Internet:

1. Go to [www.zoom.com](http://www.zoom.com), click "Join a meeting"
  - Enter this Meeting ID: 871 0626 8280 and click "Join"
  - Click OK if it asks to launch Zoom
  - Enter meeting Password: 550869
  - Follow the prompts to join the meeting. Join audio by selecting computer or internet audio (do not select dial-in)
2. Connect by phone: dial this number (audio only):
  - 720-707-2699

When prompted, enter the Meeting ID: 871 0626 8280



**Chambers**  
WINE LIQUOR

**Aurora's Largest Liquor Store - Low Prices**  
**Wine :: Beer :: Liquor** **8,000**  
**BIG SALES EVERY WEEK**  
Different Products

Save even more with our **BUYER'S CLUB**  
**Delivery Available!**  
Call 303.751.6935 for details.

Store Hours: Monday:: Thursday 9am-10pm  
Friday - Saturday:: 9am-11pm Sunday:: 10am-6pm

15260 East Iliff Ave  
Aurora • 303.751.6935

**SPECIALS AND COUPONS ONLINE: [www.ChambersWineAndLiquor.com](http://www.ChambersWineAndLiquor.com)**

# (spaces are for easy reading)

Then press # again. When it asks for participant number, enter the password: 550869 #

You will be connected to the meeting.

**The Amazing Land of Thailand** with Kathleen Arnold

Thursday, April 15, 1 pm, Sandberg Auditorium  
FREE: Reservation required, 303-751-1811, x 5.

Seating is limited

Thailand's New Year in April is the hottest time of the year. It is celebrated with the world's largest water festival. This beautiful country has a rich history, culture and traditions. Sponsored by Cherry Creek Retirement Village.

**Craft Fair: Inside and Outside**

Friday, April 23, 9 am–2 pm

Saturday, April 24, 9 am–2 pm

Join HG crafters for this first ever Indoor and Outdoor Craft Fair. Crafters will have tables set up in the Clubhouse parking lot and in Sandberg Auditorium. We will make it as safe as possible by providing one way entrance and exit. Tables will be spaced such that participants can follow social distancing. Rain date will be April 30 and May 1.

**St. Michaels** delivers *Word & Song* books for the Catholic mass services every week. The church has decided to not resume services at HG until early May 2021. *Word & Song* books are available in the Clubhouse front entrance.



Marge Bunkers, B210, sent this photo to Heather 'n Yon to note that just a year ago, March 2020, HG had a St. Patrick's Day theme to the first Saturday dance, scheduled monthly. From left: Bernice, Earlene, Judy, Marge, Gladys, John, Bev and Barb enjoyed the event without masks or social distancing. Residents at HG will return to dancing and socializing freely!

**VNA Senior Wellness Clinics**

The Visiting Nurse Association (VNA) has resumed appointments at the Clubhouse on the first and third Monday of the month, 9 am–12:30 pm. You must make an appointment by calling, 845-418-4006. Arrive 10 minutes prior to your appointment. A mask must be worn at all times.

"You Have Our Word... We'll Treat You Right at Dun-Rite"<sup>SM</sup> - Don, Susan & Family

As Heard on Radio

**DUN-RITE**  
Kitchens - Baths - Windows - Doors  
Home Improvements Inc.

**Nearly 3 Decades of Excellence!**

Free In-Home Estimates  
**303-722-2295**  
**drhi.com**

**Kitchens:**  
Cabinet Resurfacing,  
Custom Cabinets & More!

**Bathrooms:**  
Tub to Shower Conversions,  
Heated Tile Floors,  
Walk-In Tubs & More!

**Countertops:**  
Granite, Solid Surface,  
Laminate, Tile & More!

**Professional Window & Door Replacements**

**SCHEDULING INCENTIVES!**  
**SAVE 8%**  
On All Services for Select Install Dates  
With coupon only. Not valid with any other offer or discount.

We Guarantee Our Work and Your Satisfaction!

New!

# INTERIOR DOORS

*Make a Big Difference!*

## QUICK

Installed in 4-hours or less

## EASY

No messy construction

## AFFORDABLE

For 1/2 the price with our Buy One Get One sale



Many styles to select from



SALES EVENT!  
**BUY ONE  
GET ONE  
FREE**  
WITH PURCHASE OF 12+  
OR MORE INTERIOR OR  
CLOSET DOORS\*

One Day - One Simple Solution

Revolutionary 3D Measuring Technology • Precision-Cut Robotic Automation • Durable, Thermally-Fused Paint • Professional Installation

As Featured On  
**Extreme  
MAKEOVER  
HOME EDITION**

**3D TECHNOLOGY**  
with accuracy down to 1/1000 of an inch, your doors are custom made to fit and professionally painted and installed.

SALE  
**6 FREE  
INTERIOR DOORS**  
WITH PURCHASE OF  
6 SETS OF CLOSET  
DOORS\*

**CLOSET DOORS**  
BY-PASS | BIFOLD | BARN DOOR SYSTEMS  
AVAILABLE IN MANY STYLES

AN AUTHORIZED DEALER OF



Schedule a Free Remote  
Consultation/In-Showroom  
**(303) 422-5064**

[www.onedaycolorado.com/promo22](http://www.onedaycolorado.com/promo22)  
DENVER DOORS & CLOSETS

\*BOGO promotion is good for selected styles when purchasing 6 or more doors and exchange of hardware, installation, and paint. Estimate by showroom appointment only. Must present ad at time of estimate. May not be combined with other offers or discounts. Other restrictions apply, call store for details. This is an independently owned and operated retailer of One Day Doors & Closets. Offer expires 4/30/2021





# ALL THE COMFORT OF HOME INCORPORATED

COLORADO'S HOMECARE PROFESSIONALS

CELEBRATING OVER 10 YEARS  
Serving Seniors In The Denver Metro Area

## CUSTOMIZED SERVICES:

### PERSONAL CARE

- Bathing, Toileting, Hygiene
- Dressing, Grooming
- Medication reminders & More...

### COMPANIONSHIP CARE

- Meal Preparation
- Dementia Care
- Transportation & More...



**CALL TODAY**  
For our FREE  
Care Needs Assessment

— 303-346-1292 —  
Available 24 hours a day, 7 days a week.  
allthecomfortofhome.net



## GLENN SMILE CENTER

Dental Care for the Entire Family

Dr. Gerald Glenn • Dr. Falona Glenn

Dental Implants • Cosmetic Dentistry  
Dentures • Tooth Whitening

Just across from  
St. Andrew's  
Village

2675 S. Abilene St. #135



Call Today! 303.751.6916



## Johnson's Automotive Repair, Inc.

All Your Automotive Needs  
Scott Johnson - Family Owned Since 1986

In Aurora, west of Airport RD at 6th & Olathe

**303.360.6111**



**10% Senior Discount**  
Excluding other specials.



## Plumbing, Heating, Cooling, Electrical and Remodeling Services

**\$50 OFF**

ANY SERVICE  
Plumbing, Heating,  
Cooling, Electrical

**FREE Air Purifier**

WITH PURCHASE  
of Furnace or  
Air Conditioner

**\$500 OFF Bathroom Remodel**

**\$1,000 OFF Kitchen Remodel**

\*Please present coupon at time of appointment.  
FREE ESTIMATES ON REPLACEMENTS AND REMODEL CONSULTATIONS.  
MANY Heather Gardens REFERENCES.



100% Satisfaction Guarantee  
Serving Denver Families Since 1926  
Ready to serve you from our  
NEW LOCATION  
BellPlumbing.com



**We do it all! 303.872.5357**

# CLASSIFIED ADVERTISING

## FOR RENT

**6 Story Seville Condo.** 1,092 sq. ft. 2 bedroom, 2 bath. Second-floor condo. Refrigerator, microwave, self-cleaning oven, dishwasher, washer/dryer. Underground parking. New carpet, new paint. Screened-in lanai. Long-term lease available. Rent includes water, trash, HOA dues. \$1,450/month. 303-913-6862.

**2 Bedroom, 2 Bath.** Dining area, new paint, screened/glassed lanai. Ground-floor parking. No smoking, no pets, \$1,500/month Available April 1. 303-905-4259.

## FOR SALE

**Help! Do You Know Anyone** selling a truck, or SUV? Original owner preferred. I will pay book value, cash, and I wear a mask. Rick, 720-333-2120.

**Adult Liberty Trike.** Great condition. Less than 75 miles. Outstanding way for mobility-challenged to get around. Extra accessories available. \$975. Call Dennis, 303-366-8622.

**Need An AVON Lady?** Call to receive current catalog: Makeup, fragrances, skin care, jewelry! Stephanie Iken, 719-243-6855. [YourAvon.com/siken](http://YourAvon.com/siken).

## SERVICES

**Massage Therapy In Your Home.** For seniors. Massage can help improve circulation, promote relaxation, aid in joint mobility, and reduce stress and tension. HG references available. Call Cheryl Raney, CMT, 303-589-8902.

**Licensed Massage Therapist** In-home Visits. Pain? Stress? Massage therapy can help with an integrative session tailored to your needs! 23+ years experience LMT and CNA. Comfort touch, Swedish, deep tissue, neuromuscular, reflexology are some modalities offered. Theresa Conde, LMT, 720-690-5016. \$20 off first visit!

**In Home Manicures & Pedicures.** Specializing in seniors. State license. 29 years experience. No credit cards. Call or text Jeanine, 303-886-4028.

**Professional Hair Care.** In your home, men and women. Shampoo, sets, colors, perms, cuts men/women. State licensed 30 years. Joy Scott, 303-755-1097.

**In Home Haircuts.** Women's haircuts, Perms and Roller Sets. Men's haircuts and beard trims. Specializing in haircuts for 15 years. State licensed and practicing sanitation for 28 years. Other services also available. Call or text Jennifer Cope, 720-940-8092.

**Dog Walker, Overnight Pet Care.** Also companion, light housekeeping, grocery shopping. Reasonable! Janet, 303-987-2661.

**Just Call Jill.** I'm here to help. Any task, just ask. Airport drop off and pick up. Dependable rides. HG resident senior concierge. Last-minute appointments OK. 303-929-6351.

**My Natural Calling Senior Services.** 37 years experience. Skilled and non-skilled long-term care, palliative and hospice care. References available. University educated in Aging Studies, Culture, Humanities. Available most nights and occasionally days. Cynthia Hardiman, 720-403-6697, [mynaturalcallingseniorservices@gmail.com](mailto:mynaturalcallingseniorservices@gmail.com).

**Companionship, CNA, Caregiver, Cleaning.** Dependable, 10 years experience. Doctor, hair appointments, grocery shopping, laundry. Affordable rates. HG

references. Available Monday 3:30-5 pm, Tuesday-Friday 9 am-noon/3:30-5 pm. Cirue Kumahn, 303-328-8176; Mary Zulu, 720-206-7332.

**CNA and Caregiver Dependent, Reliable.** 25 years experience. Work short or long hours, days or overnights. I am CNA, CPR, licensed, bonded, insured. Run errands, take you to doctor appointments, help you around the house. And the most important thing: honest, and I have very good references. Jenny, 720-620-0055, [im2091@gmail.com](mailto:im2091@gmail.com).

**Experienced, Loving Caregiver Available.** Housecleaning, light cooking, grocery shopping with you or can deliver. Transportation for doctor appointments or errands. Any day of the week. References available. Call Cindy, 303-910-7405.

**Cleaning.** Many years cleaning at HG. Trustworthy, friendly and dependable. Free estimate. Susan, 303-537-5785.

**Elena's Cleaning.** Dependable and thorough. 20-plus years of work with HG residents. References available. For a free estimate, call Elena, 303-341-1937.

**Celine Spotless Cleaning.** Affordable and reliable cleaning service for your needs. We guarantee your satisfaction. Please call Laura with your cleaning needs, 720-975-5602.

**Two Maids of Aurora.** Hello Heather Gardens! We would like to serve you with all your cleaning needs. Please reach out to us at 720-458-8988, [aurora@ineed-amaid.com](mailto:aurora@ineed-amaid.com) or [twomaidssofarora.com](mailto:twomaidssofarora.com). We look forward to serv-

ing you with the highest quality cleaning in the USA.

**Cut Rate Hauling.** Junk and trash removal. All phases of rubbish removal. 720-434-8042, 720-519-5559. Call today.

**Hauling - Estate Cleanout Service.** General furniture removal, estate dispersal. Remove unwanted junk or appliances, or complete unit cleanout. David, 720-879-7173.

**Lanai Windows Washed** and other odd Jobs. Flexible pricing. Call Brian Bergner, 720-429-6329, son of HG residents.

**Window Cleaning.** Former owners Chris and Mike, same number: 303-756-8408. Call now to schedule a cleaning. We are fully insured and bonded. Meticulous workers. BBB A+ Rating. Serving the Front Range since 2004. New owner: Nick Rallo [www.ralloswindows.com](http://www.ralloswindows.com)

**Need Your Antique Lamps** or any other electrical lamps repaired? Call John, 720-319-3664. HG resident, free pickup and delivery.

Cabinet Refinishing. 15% off your project, February and March 2021. Licensed and insured. (A) Rating with the BBB. Call for free estimate: 720-982-3698. [www.absolutedesignwithstyle.com](http://www.absolutedesignwithstyle.com).

**Free Legal Coaching.** Retired attorney. Estate planning. Business law, family law. Call 303-367-1980.

**Tax Return Preparer.** Located close to HG. Several years' experience. Favorable rates. Pickup and delivery. Paul, 303-263-9122.

## WANTED

**Electric Scooters.** Wanted to buy. Alan, 303-232-1212. HG resident, serving HG 16 years.

**Wanted: Knives and Military Items.** Alan, 303-232-1212. HG resident, serving HG 16 years.

**CLASSIFIED ADVERTISING:** Deadline is the 17th of each month. Rate is 50¢ per word with a \$10 minimum. Write your ad and deliver or mail with a check payable to *Heather 'n Yon*, c/o Mary Hafka, 14311 E Marina Dr, Aurora, CO 80014. Keep ads short (50 word maximum). Publication does not imply endorsement. Call Mary Hafka, 303-368-7559; e-mail: [mhafka@comcast.net](mailto:mhafka@comcast.net)

**Wanted to Buy.** I am searching for old coins and coin collections, silver and gold jewelry, tea sets, flatware, antiques from China and Japan. Old watches, more. A collector and dealer of fine antiques. Can't have estate sale? I also purchase entire estate contents. Please call Ted, HG resident, 720-327-7867.



Above: A coyote was photographed in CP4 in late February by Bonnie Williams, B232.

## FYI...from page 30

is below. Additional information and background reading can be found at: <https://www.colonialwilliamsburg.org/learn/us-series/>

- **April 17, 4 pm – Cornerstone Event:**  
*What Does Citizenship Mean as an American?*
- **May 15, 4 pm – CW Conversation:**  
*United Colonies*
- **June 19 at 4 pm – CW Conversation:**  
*Juneteenth*
- **July 17 at 4 pm – CW Conversation:**  
*Nation Builders*
- **Aug. 21 at 4 pm – CW Conversation:**  
*Business and Politics*
- **Sept. 18 at 4 pm – CW Conversation:**  
*Education*
- **Oct. 16 at 4 pm – Cornerstone Event:**  
*Are Our Founding Ideals Achievable?*

- **Nov. 20 at 4 pm – CW Conversation:**  
*American Indian Heritage Month*
- **Dec. 18 at 4 pm – CW Conversation:**  
*Preservation*

## Denver Museum of Nature and Science

**Stonehenge:** learn the when, how and why behind the millenia-old stones standing on Salisbury Plain, England. Open 9 am–5 pm daily; 9 am–9 pm Fridays. 2001 Colorado Blvd., Denver. Adult tickets are \$20. Additional tickets to view the Stonehenge exhibit are \$9 for adults. Reserved time slots are required for both museum and exhibit entry. Visit [dmns.org](http://dmns.org) for more information. 303-370-6000.

## Aurora Fox

*Gala 2021*

*Streaming April 9,10,11*

A special virtual concert event featuring some of your favorite songs and performers from the Fox's

past 10 years. *Celebrate the past. Look to the Future.*

No ticket required, just return on the dates listed to view. <https://one.bidpal.net/aurorafox/custom/custom1>

Online auction begins on April 1. Bidding begins April 9–11. Items include African Safari, Mountain Getaways, Memorabilia, Artwork, Jewelry, Virtual Experiences, Photography, Electronics, Self Care, Entertainment, Cultural Experiences, Hotel Stays, Housewares and more.

## Timber Dan Spring Antique & Collectible Toy Show

*Saturday, April 10*

Loveland, 970-663-9392, [lovelandlionsclub.org](http://lovelandlionsclub.org). Features thousands of antique and collectible toys. Legacy of founder, "Timber Dan," aka Dale VanderLinden. Fundraiser for Loveland Lions Club.

# SERVICE DIRECTORY

**Larry Agan 720-357-2330**

**Home Repairs and More**

Quality work at a reasonable price  
25+ years experience

Heather Gardens References



When you need help... and the grandkids are not around...

THE SAME GREAT SERVICE - JUST A NEW AD

**Graywin Tech Services LLC**

Computers - Printers - Cameras - Phones - Internet  
TVs - CD, DVD & Blu-ray players - Stereo equipment  
Purchasing - Training - Trouble-shooting - and more...

Scott or Mike

In-Home Assistance

720-244-4166

**Affordable Home Repairs**

Former HG Maintenance Man - 6 years

Window Cleaning • Screen Replacement

Painting • Ceiling Fans

Plumbing • Electrical

Call Jason 719.271.1941



**DIRTY DAWGS DONE DIRT CHEAP**

Premier Mobile Dog Groomer

**SMALL DOGS under 25 lbs start at \$25**

**10% off Your First Wash & Dry**



Wash & Dry • Haircut-Nails extra Mike Sachs owner

Call today for your onsite appointment. 720.215.7279

## A PANE IN THE GLASS

Full Service glass, screen and window replacement  
Lanai, Patio Door, Window and Closet Door Repairs  
Prompt • Courteous • Professional • Reliable Service

7% Discount for HG Residents

**Michael Garcia 303-478-6768**

**COLORS GROUP**  
Interior and Exterior Painting  
Apartment Repainting  
Drywall Patching and Texture  
Cleaning Services and Solutions  
HG References Available

**SERGIO C.**  
720.434.3657

ColorsGroupLLC@gmail.com  
Your Home Project to a Beautiful Image

FREE ESTIMATES

# SERVICE DIRECTORY



**AMY & SCOTT GROSSMAN**  
Broker Associate, SRES  
REAL ESTATE TRANSITION SPECIALISTS®  
CALL NOW for a FREE, Private Consultation  
to Talk About Your Options: 303-941-9436  
Madison & Company Properties  
Visit our Website: [TourHeatherGardens.com](http://TourHeatherGardens.com)

**Lanais & Screens • Repairs • Parts**  
Patio Door & Glass Repair, Roll Down Shades  
63 years in business - Reasonable prices  
**S&H Home Improvement**  
Ralph Sokol 303-232-7447

**Looking Glass Window Cleaning**  
We clean windows, doors, screens  
and tracks with every service.  
Screen repair available!  
Call Waylon Today 303.263.9408



**GET CONNECTED!** Technology Made Easy!  
Call Jamie 720-515-1388  
Cell Phones ■ Laptops ■ Tablets  
Email ■ Text Messages ■ Social Media  
Calendar Alerts ■ Driving Directions  
Video Chat - **ZOOM** - Competitive Rates  
jamie@premierseniorsupport.com



**Ready and Willing to Help**  
Administrative/Typing needs, Bill Pay/Personal  
Bookkeeping, Home/Office Organization,  
Transportation, Meal Prep, Med tracking,  
Pet Sitting, and so much more! Call for a brochure.  
**Holly Emick 303-349-6631**



**Air Conditioners**  
Replacement sales, service & cleaning  
High Efficiency-12,000 BTU \$853  
installed  
• 33 years working in HG •  
**Tom Grace 303.755.2111**




**SMOKY HILL TAX SERVICE**  
**RHONDA BROWN**  
ENROLLED AGENT, MASTER TAX ADVISOR, NOTARY  
CALL FOR AN APPOINTMENT **303.680.6794**  
PICKUP AND DELIVER AVAILABLE



Heather Gardens residents  
receive \$20 off any service!  
Not valid with any other offer or diagnostic fee.  
Limited time offer. Participating locations only.

**303.218.2255**  
**MrAppliance.com**  
Locally Owned & Operated Franchise



**MR. APPLIANCE.**  
SPEEDY EXPERT SERVICE  
a Neighborly company

**Creative Touch Painting**  
formerly  
Painting by Gerry/Gerry's Custom Painting  
Painting • Wallpaper Removal • Wall Repair  
Serving HG for over 20 years.  
Shane - FREE ESTIMATES 720.842.4511



**Norma's  
Cleaning  
Service**  
720.628.6506

- Heather Gardens References
- Monthly - Weekly Affordable Rate



**Retirement Home Movers**  
720-975-3966 • Specializing in Senior Local Moves  
• Internal Moves: \$80 per hour •  
• 2 Men: \$100 per hour • 3 Men: \$140 per hour •  
**Open 7 days a week 8 am-8 pm**

**ALL Home Improvements**  
**No Job too Small • 20 Years Experience**  
Plumbing • Electric • Carpentry  
Kitchens • Baths • Remodels/Repairs • Painting  
**Call Steve 720-987-0292**

**Computer Tutor**  
PC • Mac • iPad • Lessons in your Home  
All things electronic - set-up and training  
Over 25 years experience  
**Gerri Woody 303.845.2465**

**BLINDS BY TOMORROW**  
Cellular, 2" Wood-Poly and Vertical  
We Repair and Clean Blinds! [www.alfablinds.com](http://www.alfablinds.com)  
Visit our store: 60 S. Havana St, Ste 612  
**Alfa Blinds 303-366-9266**

# SERVICE DIRECTORY

**\$\$ Fair Market Value for your Vehicle \$\$**



**Bernard Alonso, Auto Broker**  
First Choice Automotive  
720-327-2566  
35 Years Experience  
Vehicle Sales, Leasing & Financing



**I pay for the vehicle on the spot!**

Shades • Blinds • Shutters • Soft Treatments

*Design Craft*

**Blinds & Floors**

20 Years of Happy Heather Gardens Clients

**30% OFF** with this ad  
excludes shutters

**FREE In-Home Consultation**

Lisa Huth • DCBlindsandFloors.com • 303.683.7200



**Yellowtail Window Cleaning**

Full Window Cleaning and Screen Mesh Replacement

YellowTail WINDOW CLEANING HG Discount

**Bernie 720-232-4779**

**SCOOTERS POWER WHEELCHAIRS**

**Mobility Plus™**

**SERVICE SALES RENTAL**

Full-Service Repairs and Battery Replacements

• WE WILL COME TO YOUR HOME OR OFFICE! •

• 303-993-3010 FOR ALL YOUR MOBILITY NEEDS •



**Master Blinds Services, LLC**

**WE BEAT ANY PRICE!**

FREE in-home Estimates  
All Blinds All Shades  
Repairs and Sales

Jose 303.518.4307 Servicing Aurora for 26 YEARS

Ask about our Discounts & Heather Gardens References

HG References: We are at Heather Gardens 3 times a week for the last 34 years!

▲ Carpet Cleaning ▲ Repairs ▲ Stretching

TRI-R CARPET CARE, INC.

**Kevin Stewart 303.898.1329**

**A+ Plumbing**

Licensed • Insured • Senior Citizen Discount  
New Installations • Repair • Remodel  
All Plumbing Problems • Drain Cleaning

**Oleg 303-332-8462**

Bring this coupon for **1/2 OFF 1st TWO Months**

Clean Facility • 24/7 Gate Access  
Competitive Rates • Resident Manager  
Packing Supplies • Camera Surveillance

**Iliff & Peoria SELF STORAGE**

2445 S. Peoria St. Aurora • 303.368.1118 • Military/Senior Credit

**RENEWable Carpet Cleaning**

720.503.5282

Fast Dry • Stretch & Repair



Free Estimates  
20 Years Experience  
Cleaning your Carpets in HG

Rene Owner

Call 303.699.1600

Complete Veterinary Services  
**Emergency Services 24/7**  
**Senior Discounts**

www.7hillsvet.com

18325 E Girard Ave • Aurora • Hampden & Tower behind Kohl's

**Light Handyman Services**



• Plumbing, Electrical, Cabinet, and Furniture Repair •  
• Moving Assistance, Packing, Unpacking, Lifting...etc! •

HG Resident References  
GMRLTDLLC@gmail.com

**Greg 303.249.4881**

**Full Restorative Cleaning**

• Pet Stains and Odor Removed  
• Fast Drying • Upholstery  
• Tile Grout Cleaning

**SKY RISE ADAM 720-251-5194**

CARPET CLEANING, LLC™ Owner Operated

"Top Floor... Any Floor" Residue-FREE Cleaning • HG References

**Painting and Wallpapering by Nathan**

Quality Work at Reasonable Rates.  
Crown Molding • Baseboard • Chair Rail Installation  
Drywall • Texturing • Faux Paint • Cabinets • Handyman  
Honest and Reliable

**Nathan Cordova 303-341-5542**

**Harmonious HANDYMAN**

- Home Repairs
- Senior Discount
- Home Improvements
- House Painting

**303.514.7500**  
**Steve Harmening**

**Mature Aurora Veteran**

Over 20 Years Experience  
Quality Handyman Services  
References provided



## Overheard @ HG

### TKO: Mother Nature delivers right cross, followed by uppercut

by Mary Hafka

I'm nearly done digging out from Big 4 — the fourth largest snowstorm in Colorado's history. That blizzard took our already well-developed hermit-inflicted paranoia — generated by a year of COVID-19 quarantining — then issued an uppercut to our collective glass jaw, by adding more stay-in-your-house restrictions.

If I were a more philosophical individual, I would accuse Mother Nature of being mad at Coloradoans: first the pandemic, then Big 4. What have we ever done to you, Mother Nature? Okay, upon deeper reflection, never mind.

Dog owners like me had it especially hard — and so did our pooches. I suppose the neighborhood Labradors and Saint Bernards had a good time, judging by the canine snow angels I saw pressed into the fresh, flaky banks.

Those of us who cohabitate with shorter dogs had a different experience. Our time-honored practices for getting Old Shortstuff through the usual snowdrifts failed during Big 4. Other snowy times, for example, my dog can walk in the tire ruts made by the early-morning run from *The Denver Post* deliverer.

Unfortunately, there was no newspaper delivery. I had three days of newspapers backlogged to read, as — after a couple of days of nothing — they all came in one neat package.

I thought it was swell of me to don my stoutest pair of boots and stamp down some snow, so that my height-challenged puppy could find a spot to crouch. I even manned the snow shovel, to clear a small path in the driveway. Normally, this would be strictly against my core-belief system, since I live in HG.

Miss Morticia, the pampered pug, was unimpressed by my efforts, in any case. Surrounded by walls of white, she ran back into the garage,

and pounded on the door to be let back into the house. Who she thought was going to admit her is unclear (the cat?), as I was stuck outside, thigh deep in a snowdrift. Intolerable conditions undoubtedly had her a bit unhinged.

There was a lot of that unhegiment going around in recent months. Only a few weeks earlier, the portion of Texas where I used to own a house, North Dallas, suffered an ice storm that led to power losses, leaving residents with rolling blackouts or no power at all, and often no water.

Texas is no stranger to ice storms. I drove in one, by myself, during a trip down south in February 2011. Between Amarillo and Dallas, the only time my car's tires touched un-iced ground was when I finally rolled into my garage. After that experience, I declared no Colorado driving conditions would ever frighten me.

The Ice Storm of 2021 was clearly a different bird. People in Texas died. Others had close calls. Inhabitants of other southern states suffered terribly.

One Texas acquaintance, only months earlier, had been persona non grata in her daughter's home, due to COVID quarantining and the daughter nursing a new baby. Conditions changed when my friend lost power in her home. She had to move in with that daughter, who had at least some power, sometimes.

The stories of burst pipes and flooded homes made me grateful that I'd sold that Texas house a few years back — shortly after my own ice-storm experience. It was too far away for me to keep a proper eye on it. I nearly broke my arm patting myself on the back over how wise I had been to let it go.

But Big 4 came along, and put an end to my gloating. Being locked up (locked down, actually) with a

miffed pug and a smirky Siamese wasn't much different from the past (COVID) year, unless one counts the-snow's-too-high-for-the-dog element.

The cat found it all very funny, as he would. He had no need to go outside. Tytus sat in the window, and laughed at us, as I strode through the more-than-two-feet-of-snow, like Good King Wenceslas, clearing a path for Mortie.

"She Who Must Be Accommodated" continued to exhibit an astonishing lack of gratitude. If the cat didn't have to go outside, the dog didn't see why she should. There's just no reasoning with a wet, angry prima-donna pug.

In the end, we were saved by our neighbor-pooch, Hannah, the canine bulldozer. A big, stout Bernedoodle (mix of poodle and Bernese Mountain dog), Hannah loves the snow. She made the trenches that *The Denver Post* carrier failed to deliver. Hannah cleared, in record time, what it had taken me huffs and puffs, and heart palpitations, to create. She did it better. Wider. Deeper. Straighter. For Big 5, I plan to retain Hannah's services much earlier in the affair.

It was typical that I found the only other pedestrians out in that ridiculous weather were fellow dog walkers. There's a code among us that, if you see booted feet sticking out of a high snow drift — with an indignant dog pacing along side — you don't have to stop. Having lost momentum, you might never get going again. You should, however, call HG Security and report it, once you get home.

Soon after, the HG snowplows came, and equilibrium was restored to the ruffled feathers of the furry denizens of my household. The cat stopped smirking. The dog stopped whining. I stopped huffing and puffing.

Don't you love Springtime in the Rockies? In the immortal words of my favorite teeshirt: "Bah, Hum-Pug."



Serving Residents at Heather Gardens for 30+ Years



*Bayer Ear Clinic*

Bringing Clarity To Your Home

**HG Resident!**

**FREE House Visits  
and Evaluations**  
Call to Learn More



**Sylvia Bayer** | B.S., B.C.  
HIS

**Brittney Bayer** | M.A. Ed.  
HIS

Speech & Hearing  
Therapy

**Weekly Clinic | Every Monday | 9 am - 12 pm**  
**Heather Gardens Clubhouse**

*Clinical Services:*

- Hearing Testing and Demos
- Consulting & Education
- Earwax Management
- Hearing Aid & Ear Mold Sales
- 8-pack Batteries for \$4
- Hear Aid Cleaning
- Hearing Aid Repairs



Personal and Professional  
Service Always the Best in  
Price, Technology and Service

*Appointments Welcome!*

**Call Us Today:**

**Sylvia Bayer at  
720-937-9919**

**Brittney Bayer at  
720-296-4155**



**"Walk In"  
for a FREE  
Battery Pack**

# HEATHER GARDENS BROKERS

Trusted. Family. Brokers.



Nancy & Bruce Henson



Melinda Cary Leigh Kullas

## HG Real Estate Market is Hot!

Let us help you  
spring to action to sell your home.  
We have **BUYERS** looking for your home.

### Active Listings



■ **13691 E. Marina Drive #410 Somerset A/dinette**  
2BR/2BA 1200 sq. ft. .... **\$243,900**

Lovely open view from 4th floor, looking Southwest over mature trees and green. Light and bright. Convenient dining area separate from living room!

*Priced to add your own touches to the property.*



■ **14390 E Marina Drive #105 Somerset A**  
2BR/2BA 1200 sq.ft. .... **\$247,500**

Lovely sunny south-facing glass-enclosed lanai. Custom hickory cabinetry with easy access pull-out drawers and pantry, hard surface flooring and new carpet, stainless steel appliances. French doors open into den. Contemporary lighting. Easy parking access near elevator.



■ **3144 S Wheeling Way #410 Alpha Executive**  
3BR/3BA 2145 sq.ft. .... **\$315,900**

Panoramic golf course views of 8th tee box, bridge & pond. Vaulted ceilings and spacious corner bedroom/study with cross ventilation. Remodeled kitchen features Corian countertops and stainless microwave and oven/range. Plenty of space to share with family and guests.

### Coming Soon! Atrium K-2 2 BR/1BA 1080 sq.ft.

Fresh paint and carpet throughout! 2 fully glass enclosed lanais with great golf course views. Updated kitchen with hardwood floors, granite countertops, and stainless-steel appliances.

Call us for available Lease properties in Heather Gardens

**For Lease**

■ **3022 S Wheeling Way #411 Alpha E** 2 BR/1BA 940 sq. ft. .... **\$1,295/mo.**

Freshly painted corner unit on the top floor with open floor plan, vinyl plank flooring and vaulted ceilings. Fully glass enclosed lanai surrounded by mature trees.

■ **13800 E Marina Dr #509 Seville A** 2BR/2BA 1059 sq.ft. .... **\$1,500/mo.**

Light and bright, the unit has fresh paint, new flooring in kitchen, bathrooms and laundry. New quartz countertops, 2 separate bedrooms for privacy for a 2nd bedroom or office.

■ **3144 S Wheeling Way #410 Alpha Executive** 3BR/3BA 2145 sq.ft. .... **\$2,300/mo.**

For sale, lease or lease option. Contact our brokers for details. Top floor overlooking golf course. Updated throughout. Plus, 2 parking spaces.



## SOLD! in the last 30 days!

■ **13961 E Marina Dr #112 Atrium K**  
2BR/1BA 1077 sq. ft. .... **\$198,000\***

■ **13902 E Marina Dr #311 Seville K**  
2BR/1BA 929 sq. ft. .... **\$205,000**

■ **13626 E. Bates Ave. #310 Alpha A**  
2BR/2BA 1200 sq. ft. .... **\$222,500**

■ **2868 S Heather Gardens Wy #211 Omega A**  
2BR/2BA 1200 sq. ft. .... **\$272,400**

■ **2752 S Heather Gardens Way North Townhome**  
3BR/3BA 2374 sq. ft. .... **\$343,500**

\* Not listed by HGB, sold by HGB



## UNDER CONTRACT in the LAST 30 DAYS!

■ **13991 E Marina Drive #308 Atrium A**  
2BR/2BA 1228 sq.ft. .... **\$264,900**  
Beautiful golf course view overlooking 3rd and 4th fairways. Hard surface flooring, updated kitchen with tile counters and backsplash, updated stainless appliances, Oversized walk-in closet in master.

■ **13601 E Marina Dr #402 Somerset J**  
3BR/2BA 1400 sq.ft. .... **\$297,000**  
Rare Somerset J condo located in Heather Gardens. This 4th-floor corner unit has great views of both the Heather Gardens golf course and the mountains! parquet flooring in kitchen, halls, bath.

■ **14102 E Linvale Pl. #612 Somerset C**  
2BR/2BA 1400 sq.ft. .... **\$324,900**  
Beautifully remodeled (Expressions in Flooring) condo. Corner unit features an updated kitchen with white cabinetry, granite countertops, mosaic backsplash, under cabinet lighting and so much more!

■ **13962 E. Linvale Place Patio Home**  
3BR/3BA 1172 sq.ft. .... **\$489,500**  
Totally new property from foundation to roof with vaulted ceilings, LTP flooring, new cabinets, quartz counters, finished basements with egress windows and walk-in shower, fully finished bsmt.

■ **3164 S Wheeling Way Unit #211**  
2BR/2BA 1200 sq.ft. .... **\$209,900\***  
Completely remodeled and features: granite countertops, life proof vinyl flooring, stainless steel appliances, a massive master suite with a spacious walk-in closet.

LOCATED: In the 3300 Building, Suite 330— next to the HG Community Garden.



HeatherGardens.com 720.641.9800

Since 1987