

Heather 'n Von[®]

April, 2020

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The Official Newsmagazine for HG
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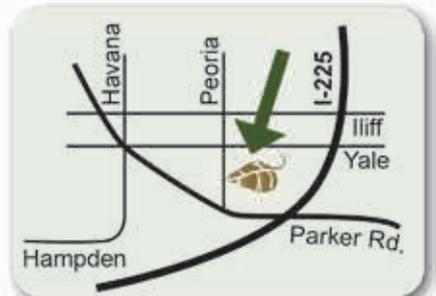
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Publisher: Donaldsons, Inc.

Editor: Lynn Donaldson, 303/766-8649, (LynnNeu@comcast.net)

Advertising: Tammy Sillstrop, 303/862-4125,
(Tammy.Belew@Sillstrop.com)

Writers: Mary Hafka (mhafka@comcast.net)
Dala Giffin, 303/690-0492 (DalaGiffin@gmail.com)

Photographers: Anne Hummel-Gillis (anne@hummelgillis898.com)
Janis Farrell (jcfarrell225@gmail.com)

Classified Advertising: Mary Hafka, 303/368-7559,
(mhafka@comcast.net)

Distribution: Rich Richardson, 303/368-5747,
(ar.richardson@comcast.net)

TO HG RESIDENTS:

It is the intent of the Editors to provide information of interest to its readers, to afford persons with varying and differing views opportunity to air responsible opinions on matters of community interest and to promote community and enjoyable life pursuits.

Heather 'n Yon welcomes letters and other articles concerned with community issues. Letters must be signed, dated and include the writer's address and phone number. Letters may be edited for reasons of space and clarity.

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Heather Gardens Chapel



Holy Week Services
canceled at the
Heather Gardens Clubhouse.

Peace I leave with you; my peace I give you. I do
not give to you as the world gives. Do not let your
hearts be troubled and do not be afraid.

John 14:27

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but gives us power, love and self-discipline.

2 Timothy 1:7

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Director resignations add to community upheaval

On Wednesday, March 4, the HGA Board of Directors held a special meeting to fill the board vacancy created by the resignation of Director Susan Lambert, B223. Two candidates submitted applications, to be appointed to the position. Lambert had a change of heart and reapplied to the position she had won in an election last October. Former HGA Board Member Dave Archer, B234, had also submitted an application.

Lambert addressed the board, apologizing for resigning in the first place. She stated she wished to withdraw her resignation and continue her work on the board.

Lambert noted she has served on the Budget & Finance (B&F) Committee and chaired the Insurance Subcommittee of B&F. She was the board's liaison to B217, as work was performed following a devastating fire, during an earlier tenure on the board.

Archer is a 13-year resident of HG, who served on the HGA Board 2015–2018 and was chair of the Architectural Control Committee. He was president of the Seville Recreational Association and served on the ad hoc Campus Technology Committee and the Roads & Grounds Committee, before being elected to the board.

The board voted by paper ballot. Lambert was returned to her former spot on the board.

President Jill Bacon thanked Archer for his application and invited his future participation on the board when another vacancy occurs. The HGA Board elects one-third

of its membership (three of nine directors) every autumn. Lambert was re-elected vice president of the board. She was reassigned to chairmanship of the Communications Committee.

• • •

On March 15, Bacon announced she was canceling the regular meeting of the HGA Board of Directors, which would have been March 17, due to concerns about the effects of public gatherings on exposure to the coronavirus. Shortly thereafter, Bacon reported in an email blast that Director Rex Engel, B233, had resigned from the board, effective April 7. Engel's apparent reason was poor health.

Eligible homeowners who are interested in being appointed to the vacancy are encouraged to apply. Applications can be obtained from the website (under Resources: Forms) and returned electronically or via hard copy to the HG mailbox in the Clubhouse parking lot, opposite the main entrance.

The deadline to apply for the vacancy is 4 pm Tuesday, April 7. The board will fill the vacancy by appointment at its April meeting — should the board be holding a public meeting in April. If there is not a public meeting, the board can vote via email.

"It is a challenging time," Bacon commented, "but we are doing all that we can to cover the bases, so that our residents are protected."

COVID-19: a data source you can trust

It is unfortunate that after each major cultural event, there are scams and misinformation propagated throughout social media. Coronavirus and the pandemic it has caused is no exception. One of the best locations for up-to-date information worldwide and by U.S. states can be found at the Johns Hopkins University of Medicine, Coronavirus Resource Center (<https://coronavirus.jhu.edu/map.html>). For instance, on March 23, the map said that there had been 41,511 confirmed cases of coronavirus

infection in the United States. There were 573 deaths and 187 had recovered. (Data on the number of people who had recovered from coronavirus was fluid. On March 23, JHU reported no data for many locales.)

By states, Colorado, which has had 7 deaths, was 11th (behind New York, Washington, California, New Jersey, Michigan, Georgia, Louisiana, Florida, Illinois and Texas). Clicking on the interactive map of Colorado, you

See COVID-19...page 10



B233 Celebrated

The 5th floor in B233 had a St. Patrick's Day brunch on March 14, complete with everyone wearing hats. We bumped elbows, drank mimosas, and stayed a little away from each other. All had a great time! Participants included: Ron Dickman, Kay Prince, Duff Stewart, Sue Dykeman, Laura Harris, Mary Fran McCabe and Mary Stephens. Photographer Connie Stewart

Extra! Extra! Information for you –

HGMD Treasurer's report

Highlights of District Operations:

For the Month Ended January 2020 (Revised)

	Budget	Actual
Clubhouse Profit (loss)	(\$64,008)	(\$52,383)
Golf Profit (loss)	(\$40,050)	(\$31,937)
Restaurant Profit (loss)	(\$19,163)	(\$17,592)

For the Month Ended February 2020

	Budget	Actual
Clubhouse Profit (loss)	(\$60,061)	(\$61,151)
Golf Profit (loss)	(\$33,887)	(\$26,273)
Restaurant Profit (loss)	(\$10,320)	(\$ 7,747)

Year to Date through February 2020

	Budget	Actual
Clubhouse Profit (loss)	(\$124,069)	(\$113,534)
Golf Profit (loss)	(\$ 73,937)	(\$ 58,210)
Restaurant Profit (loss)	(\$ 29,483)	(\$ 25,339)

Enterprise Fund

The year to date subsidy (loss) for the three cost centers of HGMD is less than anticipated. Regrettably, given the current health situation throughout Colorado and the entire world, that trend will likely not continue.

Enterprise Fund revenue through February was \$398,800, which is about \$9,700 more than expected.

Events and trip revenue are the main areas where revenue was more than expected.

Expenses through February were \$369,800, which is about \$29,900 less than anticipated. Insurance costs, audit expenses and professional fees are slightly less than expected.

Restricted Funds

- **Conservation Trust Fund (Lottery).** The Colorado lottery distributes shares of lottery proceeds quarterly. HGMD has not received a distribution so far this year. Previous distributions of \$1,700 have been used this year. As of February 29, the lottery bank account had a balance of \$127,098.

- **Foundation Fund.** The Foundation has received \$230 in donations through February. No expenditures have occurred. As of February 29, the Foundation bank account had a balance of \$41,430; plus, a CD of \$150,000.

- **Debt Service Fund.** Through February, HGMD has received \$6,700 in property taxes and \$6,900 in specific ownership taxes. Interest payable of \$54,684 has been accrued for payments to bond holders. On June 1, an interest payment of \$164,050 will be due to bond holders. As of February 29, the Zion Bank held \$266,690 to

Lightning risk, washer/dryers in B201–B212

Records about lightning strikes for the greater Denver area reveal that a lightning strike within the perimeter of HG can be expected to occur once or twice a year. Within the last few years, lightning has caused minor damage to one of HG's six-story buildings and major damage to the Golf Course pumphouse. With that in mind, the Long Range Planning Committee obtained an estimate of the likely cost of installing protection devices for lightning (the contemporary equivalent of lightning rods) on the multi-story buildings. The estimated costs ranged from \$50,000 to \$70,000 per building. We considered that cost to be prohibitive, deciding not to pursue the issue.

The report containing those estimates did present a couple of common-sense suggestions. When lightning strikes a building, it could travel through the building's plumb-

ing network. For that reason, taking a shower during a thunderstorm isn't recommended. It is also unlikely, but possible, that lightning could knock out power to a building. For that reason, you might want to avoid using an elevator during a severe thunderstorm.

Washer/Dryers for Alpha Buildings

For some years, there has been interest in finding a way to allow owners in the Alpha buildings to install a washer/dryer combo in their units. Recently, a possible solution was proposed by an outside professional engineer. The committee found the proposal to be technically feasible. The high cost of making necessary modifications within the unit, and concern about overtaxing existing plumbing, however, led the committee to defer action until plumbing issues can be resolved.

In the meantime, maintenance staff is exploring the possibility of adding one or two more washer/dryer combos to the existing laundry rooms.

Parking Structures 1-4

The Long Range Planning Committee expects a comprehensive report with recommendations on the best methods for long-term maintenance of parking structures from Walker Consultants (an engineering firm specializing in parking structures) by mid-April. The committee asked that the report address, among other issues, a proposal to improve security by restricting unauthorized entry into the structures. Upgrading security has been deferred until the comprehensive report on the overall integrity of the structures is received.

– Al Lindemann
Chair, Long Range Planning
Committee, HGA Board

HEATHER GARDENS METROPOLITAN DISTRICT Local Disaster Emergency Declaration

WHEREAS, COVID-19 is a highly contagious virus that originated in China and has since spread to numerous countries around the world, including the United States; and

WHEREAS, the virus may cause serious illness or death in certain cases, particularly where the elderly and persons with underlying health conditions contract it; and

WHEREAS, On January 30, 2020, the World Health Organization declared the worldwide outbreak of COVID-19 a “*public health emergency of international concern*,” and

WHEREAS, on January 31, 2020, the United States Department of Health and Human Services declared the virus a public health emergency; and

WHEREAS, on March 11, 2020, State of Colorado Governor Polis declared a disaster emergency due to the presence of coronavirus disease to expire on April 10, 2020; and

WHEREAS, Arapahoe County and the surrounding Metropolitan Denver Region have confirmed cases of COVID-19 and public health experts anticipate that, due to the contagiousness of the illness and the fact that numerous travelers from around the world visit the area, Arapahoe County and the surrounding Metropolitan Denver Region will continue to see cases of the virus and its transmission within the community; and

WHEREAS, Heather Gardens Metropolitan District {the “District”} is comprised of an age restricted community located in Aurora, Colorado, in Arapahoe County about 10 miles southeast of downtown Denver; and

WHEREAS, the District anticipates that without appropriately responding to the illness, numbers of cases will rise, may result in serious illness or death for certain members of the community, and also may have the effect of interrupting the functioning of the community; and

WHEREAS, the cost and magnitude of responding to and recovering from the impact of the ensuing event is likely far in excess of the District’s available resources; and

WHEREAS, Colorado law provides for declaring a local disaster emergency to assist local governments in responding to and recovering from emergency events, including epidemics; and

WHEREAS, pursuant to C.R.S. § 24-33.5-709(1) “A local disaster may be declared only by the principal executive officer of a political subdivision. It shall not be continued or renewed in excess seven days except by or with the consent of the governing board of the political subdivision”; and

WHEREAS, pursuant to C.R.S. § 24-33.5-709(2) “The effect of a declaration of local disaster emergency is to activate the response and recovery aspects of any and all applicable local and interjurisdictional disaster and emergency plans and to authorize the furnishing of aid and assistance under such plans.”

NOW, THEREFORE, BE IT DECLARED by the President of the Board of Directors of Heather Gardens Metropolitan District, Arapahoe County, Colorado:

THAT, it is hereby determined and declared that the presence of the COVID-19 virus within Arapahoe County constitutes a local disaster emergency that warrants the mobilizing of emergency response and the furnishing of aid and assistance.

THAT, this Declaration shall be promptly filed with the City of Aurora Clerk, Arapahoe County Clerk and Recorder, and with the Colorado Office of Emergency Management.

THAT, this Declaration shall remain in effect for a period of seven (7) days unless continued or renewed in excess of this time period by action of the Board of Directors of the Heather Gardens Metropolitan District.

THAT, this Declaration is necessary for the public health, safety and welfare of the citizens of the Heather Gardens Metropolitan District, County of Arapahoe, State of Colorado.

DECLARED this 14th day of March, 2020, Arapahoe County, Colorado at 10 am.

Craig Baldwin, President

The HGMD Board of Directors held its regular meeting on March 19, via teleconferencing. No audience was present. The only item on the agenda was extending the Local Disaster Declaration. On March 14, President Craig Baldwin had declared HGMD a local disaster, due to the COVID-19 virus. As president, Baldwin had the power to

declare the disaster, for a period of seven days.

On March 19, the full board voted to extend the Local Disaster Declaration until May 1, 2020. The declaration was to make HGMD eligible for Federal emergency funds, to help compensate for the disaster and its fallout. The board adjourned following the vote.



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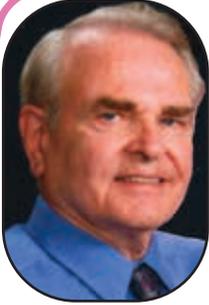
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HGMD Board President Reports

By Craig Baldwin

Heather Gardens Declared a Local Disaster Emergency

As president of HGMD, I am authorized under state law to declare a local disaster emergency. I did so on March 14, 2020, because of the threat of the COVID-19 virus. This action frees up Federal funds for our community to combat this disease.

This action is in effect for seven days. It has been approved by a majority of members of the HGMD Board of Directors until April 10, or until further notice.

My first action will be to contact the City and County Offices of Emergency Management to request a mobile test lab be placed at the Clubhouse. Other options are available. Each will be assessed according to our needs.

Everyone is aware of the proactive measures we have taken so far as a precaution to keep us from spreading the virus. We think these actions plus the emergency declaration will help. I hope you will understand and accept these decisions.

I encourage you to take advantage of the curbside service offered by the Rendezvous Restaurant.

No Election Again

As has been the case for more than a dozen years, HGMD will not be holding a regular election this year. It seems there are not enough owner/residents who wish to consider serving on the HGMD board. Luckily this year, one person stepped forward to take on that responsibility, Rita Effler, B232. Rita will be replacing me, since I am not running for another term.

Rita joins incumbents Bill Archambault and David Funk, who will serve three-year terms. Incumbent Mike

George will be serving a one-year term. The three-year terms were mandated by a law passed in last year's legislative session to require special districts to hold their elections in odd-numbered years.

Director Sandra Rosenberg, who has moved out of HG, will serve until her HG home is sold. That could be soon, since as I write this, her home is under contract. When the sale of her townhome closes, the new board of directors will have to appoint a new director, who will serve until the election in 2021.

...

HGMD's four committees have been very busy so far in 2020. We are dealing with costly projects that were not included when we proposed this year's budget.

Director David Funk's Property Policy Committee is considering addressing safety concerns at the RV lot. Because of recent vandalisms, a surveillance system is being considered, along with resurfacing and realignment of the parking spaces.

David's committee is evaluating another unbudgeted item: the removing and replacing the underground gasoline-storage tank. The state regulatory agency has condemned HGMD's 4,000-gallon tank. The agency gave HG until the end of the March to remove it. The cost: approximately \$40,000, unless the tank has leaked, causing contaminated soil. Then the price tag could reach as high as \$2 million. Inspectors will be on site to monitor findings when the tank is removed.

That is a little scary.

Director Mike George's Clubhouse/Restaurant committee must make a recommendation to repair or replace the air conditioning system for Rendezvous Restaurant. Repair estimates are at around \$12,000. Replacing the air conditioning system could cost nearly \$100,000. This item is not in HGMD's 2020 budget.

Director Sandra Rosenberg's Foundation Committee planned to make a recommendation at HGMD's March board meeting to spend Foundation money to remove and replace trees on the Golf Course and along East Linvale Place. The money being spent has been donated for this purpose by contributions from generous residents and friends.

Please feel free to contact me at craig.baldwin@heathergardens.org, or 720-535-1917.

COVID-19...from page 5

learn that Colorado has 595 active cases. Massachusetts and Pennsylvania had more active cases than Colorado, but only 5 deaths.

Interested in Mexico? It has 316 active infections, 2 deaths and 4 have recovered.

Canada has 2,017 confirmed cases of coronavirus, 25 deaths and 9 have recovered.

On this date, the U.S. cases was 3rd in the world behind China (81,250) and Italy (47,024).

[FAQ about the JHU Coronavirus](#)

Resource Center:

Professor Lauren Gardner, a civil and systems engineering professor at Johns Hopkins University, built the dashboard with her graduate student, Ensheng Dong. It is maintained at the Center for Systems Science and Engineering at the Whiting School of Engineering, with technical support from ESRI and the Johns Hopkins University Applied Physics Laboratory. Gardner is co-director of the CSSE.

The map was first shared publicly on Jan. 22. It was developed to provide researchers, public health authorities, and the general public

with a user-friendly tool to track the outbreak as it unfolds. All data collected and displayed are made freely available.

The data sources include the World Health Organization, the U.S. Centers for Disease Control and Prevention, the European Center for Disease Prevention and Control, the National Health Commission of the People's Republic of China, local media reports, local health departments, and the DXY, one of the world's largest online communities for physicians, health care professionals, pharmacies and facilities.



HGA Board President Reports

By Jill Bacon

Welcome Spring! This year, Heather Gardens (and the United States and all world countries) have a very different welcome for Spring. Enter COVID-19. This is not a welcome thing, as it has caused many changes and challenges that have not been a part of our lives up to now. New vocabulary terms such as: “social distancing,” “self-quarantine,” and other terms that have not been common to any of us are now becoming part of our daily lives.

For the protection of residents and staff from contracting COVID-19, HG decided to keep opportunities for the virus to spread at a minimum; thus, the classes and meetings at HG were canceled. Fortunately, this came at a time when the winter session of classes was coming to an end, and it was time to clean the pool. There was already a two-week hiatus from activities in the Clubhouse. It was natural that meetings be canceled so that people were not gathering in groups for any length of time.

Small things had to be considered: how to keep equipment clean enough so that the virus did not spread from hand to hand. The gym had to be closed as it is a veritable playground for “bacteria and/or viruses.” Another item that is huge for infection is playing cards. Even best friends who play cards together all the time can have something that the others don’t want to share.

Closing the restaurant and making it a “drive-up” facility was done so that residents who frequent the restaurant will have a place to get their meals without having to leave HG. We hope that residents will take advantage of this service.

The other major concern for this community is the staff. How do we keep them safe? It is important to note that we are determined not to have to lay off any of the staff here at HG.

HGA Accepts Applicants for Board

Self-nomination forms for the HG Association Board of Directors are available in the Management Office.

The application must be returned by 4 pm Tuesday, April 7 to Evelyn Ybarra.

Requirements are that you have lived within HG (physically present) for 12 months. If interested, you will serve out the year 2020, but will have to run in the October HGA Board election to complete a vacated 3-year term. During its regular board meeting on April 14, applicants will be interviewed. Then the board will select one to replace Rex Engel.

General Manager Calvin White and Operations Manager Jon Rea are giving employees, who normally might have been let go, other tasks to do. Someone must do the deep cleaning and other projects that need to be completed. These often are put on the back burner, due to other more pressing needs.

Also, the staff that has to come to work, i.e. those in the Management Office, Maintenance Department, and others, will be working on staggering shifts. An employee will come to work the early part of the day, while another in the same department comes in for the afternoon. This way the work will be completed, but the employees will not be in close contact as they are normally.

Adjustments are being made, with the welfare of the residents and staff as the first priority. We are not certain when things will return to “normal.” What we are certain of is that there will be a “new normal” for many of us in the days ahead. This may not be a bad thing, as communities are finding that they can work together and serve one another, rather than being so “busy” that they forget about being good neighbors.

Meet Jon Rea, New Operations Manager

Jon Rea has been hired as our new Operations Manager for Heather Gardens Association. Jon’s most recent position was as Director of Operations for a commercial developer and project management firm in Denver. He has extensive experience in operations, program and project management at multiple organizations. His core responsibilities at HG will be oversight of the Contracts, Custodial, Paint, Roads/Grounds and Maintenance Departments, along with acting as a liaison between departments, committees and the boards. He will be reporting directly to HG General Manager Calvin White.



Jon has lived in Colorado most of his life. He grew up about 10 minutes from HG. In his free time, Jon enjoys spending time with his son, playing lacrosse and multiple winter sports.



IN MEMORIAM

Elaine Phelps (219)



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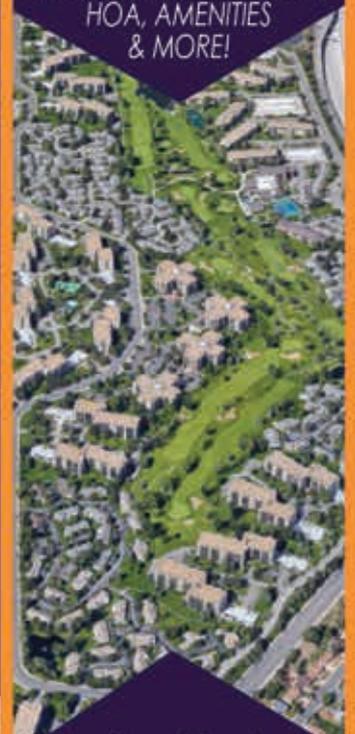
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Publisher's Corner

Coping with in-home isolation during a pandemic

by Lynn Donaldson, Editor of *Heather 'n Yon*

In March, your life and mine took a strange turn. Normal schedules were gone. Familiar events and get-togethers vanished. I still haven't decided how I feel about it all, but have reluctantly decided to make the best of it, because I don't want to hurt someone else by being a carrier of coronavirus. I am acutely aware that I am now in the high-risk group, as are most of my friends and family in the metro Denver area.

I'm sure you have had previous times in your life when day-to-day living got upended. Maybe you experienced the Great Depression in 1933? Or, World War 2? I certainly remember the uncertain days after 9-11 (2001). And earlier than that, I faced an uncertain future when my reserve unit was activated for Operation Desert Storm in 1991. None of us are old enough to remember the last pandemic of 1918, but we have heard about it.

What stands out for me is how resilient Americans have been through these challenges. As a country, the U.S. is known for being resourceful, and responding quickly to whatever is needed.

I think we, the citizens of the U.S., will do that again. Then we will surprise and congratulate ourselves when the danger of the COVID-19 pandemic diminishes.

This issue of *Heather 'n Yon* was not an easy one to do. The plans and schedules for April in the HG Clubhouse changed three times. The folks who work to provide the activities and events initially planned for a normal month with fewer events. Then the word came from the governor's office — social distancing was to continue longer than originally expected. No groups larger than 10.

You will note that there are no events scheduled for April now. (I included clubs and sports activities in the calendar, more as a placeholder, because there was not time to contact all of the lead people to get changes before this magazine must

go to print. Besides, the groups may find another way to hold their get-together.)

For fun, the FYI section gives you some things to do while you are "quarantined" at home. Fortunately, getting outdoors for a walk or a bike ride is still allowed.

For me, getting this newsmagazine ready for the printer went more smoothly than normal. I was not interrupted by meetings to attend — all of them were canceled.

I also missed "March Madness," when I would be distracted by which college basketball team was getting upset in the NCAA tournament. I like watching both the men and women play, but I am always partial to Duke.

This year, when I got tired of editing articles and deciding on where to place them, I cleaned house. (I couldn't exercise by going to the gym.) My former housekeeper would be surprised at how industrious I can be. I found dust bunnies I had conveniently ignored before.

My husband Bob and I did not worry about our food supply — we have a full pantry and three refrigerators (long story)! While we don't hoard toilet paper, we certainly have enough for several months. How did that happen?

Bob likes to grocery shop — maybe even more than I do. His operating mantra: if one item is needed, then get two — always have a backup. You can see how that would increase supplies over time.

Then there is his love affair with Costco. He goes there once a week. (This past week has been a bit rough — every time he drives by, the lines have been too long to get into the store. He's waiting for senior shopping hours to start there.)

Previously, Bob checked out what newly published books were available at Costco, then buy something. As a result, we are well supplied with canned soup, toilet paper, paper towels, Kleenex and soaps (every imaginable kind). My sister,

who now lives in the area, noted that if she ran short of anything — and couldn't find it in the stores — she would check out our supplies. I told her to help herself.

Friends of ours in Virginia used to tell Bob they knew where they would hang out in a blizzard or hurricane. (Both were rare, but each could shut down the Virginia peninsula on which we lived near Jamestown.) Why would our home be popular? Because Bob had enough wine to keep everyone happy and enough wood stockpiled to keep the fire burning if the electricity and heat quit.

He still has enough wine for several days, even weeks, but the fireplaces are gas in our current home.

•••

I want to switch gears to remind everyone that there are people who choose to help others during this difficult time.

One of the places I wrote about several years ago is still serving carryout meals while not necessarily charging anyone. Located at 2023 East Colfax Avenue, SAME Café (So All May Eat) is open 10 am–4 pm. On Wednesday, March 18, they served 111 people. Then on Thursday, March 19, they served 129. Both were records for the café where the amount paid is optional. Many diners exchange work in the café for their food.

SAME wrote in a recent newsletter: "We served regulars who were in tears thanking our staff that we are still open, new guests who were elated to find food for the day, dozens of people who said they have no money but wondered how they could help (we gave them wooden meal tokens and asked them to tell others about the food), displaced food industry workers, families with children in their cars who picked up several meals, and some who came back for a second meal since they said they had no other food last night.

"The need is huge, and it is only going to get more intense. SAME Café will remain open for as long as possible, but we need your assistance. All of our meals yesterday were served in to-go containers, which are more expensive, and daily donations are down, as fewer guests can contribute financially."

[www.soallmayeat.org/donate;
720-530-6853]



Management

HG adapts programs for Coronavirus and your safety

By Calvin White
General Manager

Given our community's concerns regarding the Coronavirus, this reminder is taken from the Centers for Disease Control and Prevention (CDC) on tips to prevent illness.

As the CDC has said, most of these tips are an individual responsibility. They include the following:

- Avoid close contact with people who are sick
- Avoid touching your eyes, nose, and mouth.
- Stay in when you are sick
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- If you are NOT feeling well, stay home.

Follow CDC's recommendations for using a face mask:

1. The CDC does not recommend that people who are well wear a face mask to protect themselves from respiratory diseases, including COVID-19.

2. Face masks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others. The use of face masks is also crucial for health workers and people who are taking care of someone in close settings (at home or in a health care facility).

Wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60 percent alcohol. Always wash hands with soap and water if hands are visibly dirty.

...

HG continues to monitor the Coronavirus situation very closely and will keep you informed as the situation

evolves. Hand sanitizers have been ordered for all buildings. The staff is paying special attention to cleaning surfaces and CDC precautions.

As the COVID-19 (Coronavirus) situation continues to unfold, government and health officials are urging people (especially seniors) to stay away from crowds or situations where close contact could be involved. Both the Heather Gardens Metropolitan District (HGMD) and the Heather Gardens Association (HGA) want residents to stay healthy and safe. We are erring on the side of caution. All in-person meetings and events are canceled. The Clubhouse is closed until such time as government officials notify HG that the restrictions can be lifted.

The Rendezvous Restaurant will be closed to dining guests until at least May 11. It will be operating a curbside service only from the hours of 11 am–2 pm and 4–7 pm. Please call the restaurant, 720-282-3443. Staff will prepare your order and bring it out to your car in the space closest to the tennis courts.

The restaurant staff are doing everything they can to maintain the most sanitary conditions, including doing a total deep cleaning of every nook and cranny of the restaurant — it will be sparkling clean and ready to go!

The Golf Course has remained open at this time. We want you to know that we are taking all appropriate steps to protect the health of guests and staff from coronavirus.

Staff have been instructed to regularly wash their hands and continue to routinely clean and disinfect all frequently touched surfaces in the workplace. All golf carts, rental clubs, and pull carts are being wiped down using a disinfectant spray after each use. As further protection for guests and employees — any employee who is sick is required to stay home. Any employee on duty who shows signs or symptoms of illness will be sent home immediately.

I understand that this could be tough for some. If possible, one person per golf group should check in and pay for the entire group to keep any crowds from forming in the Golf Pro Shop.

Golf can be a peaceful refuge from all the chaos and bad news. If you choose to play, we're here for you. We wish everyone good health and good luck.

As time goes on there will be changes to these restrictions. HG will continue to update you as the situation dictates.

Please stay safe and well everyone!

Meet & Greet with General Manager Calvin White: Canceled for April

GM's Report

Administration:

- Pileria – Worked on updating functionality. HG Directory and Security databases are about 80 percent complete.
- Maintenance Connection – Efficient and easy to use from Michelle/Kristilynn's view. Increased workload required for dual entry into Jenark and invoicing to residents.

- PEO Transition – Minor hiccups.
- FHA Renewal – Approved!
- Insurance Subcommittee – beginning process to vet potential insurance brokers for RFQ's.
- Audit – working through schedules and documents for audit fieldwork, scheduled March.
- Front Office – Hired and trained Kristilynn Christ. Martha moved to Contracts.
- General Ledger – identified and cleaned up issues from 2015 to 2018. Have processes in place to reconcile and review all accounts on a quarterly basis.

Paint:

- The Paint Department continued work on the chair rail project in B218. Department was shorthanded. Expect 1.5 months behind original schedule.
 - Completed 26 work orders throughout the community. These varied from large drywall holes that need to be replaced to minor touch ups.
 - After a new wall was constructed in the contracts office, painters installed drywall, textured
- See GM Report...page 26



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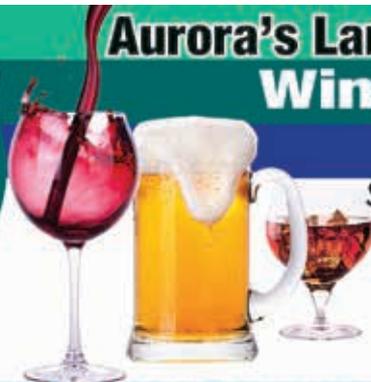
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Extensive traveling via RVs brought couple to HG and birdwatching

Bird watching and grandchildren are central themes connecting Tom and Ginny Reeber's retirement travels. When their two children had grown, they left their home in Texas and opted for retirement in the Blue Ridge Mountains. They found Brevard, North Carolina, reminiscent of a post WW2 small town USA.

"Beautiful, beautiful, I could be [Brevard's] spokesperson," said Tom. "In Brevard, there is no interstate, that's the key to happiness."

They hiked to waterfalls along woodland trails that opened into panoramic views.

had frequent lay offs, many occurring in December, while raising the family in Southern California.

"Let's go on vacation," he'd say to his family. Off they'd go camping for the holidays.

Tom was not as sanguine regarding RV vacationing. It was a bit rugged for his preferred tastes and exposure. He had grown up near Trenton, New Jersey. To him, camping was what was going on down along Route 1, "where you'd see a tent on the side of the road. Pulling over, you'd see a silver cart where you'd order hotdogs and soda."

curacy of Tom's mortal shot.

"I'm not dead. I was behind the tree," argued Sammy.

"That's a rinky-dinky bush," retorted Tom, "and you're dead."

"Samuel Alito was a lawyer even then," Tom says now.

Tom joined the Air Force after graduating from Fordham University. He was in Officers Food Services School in Fort Lee, Virginia, when he met Ginny. She had served two years as Navy Reserve officer after graduating from the University of California. Not liking the unequal gender pay scales of civilian employment, she joined the Army as a First Lieutenant. Its nettled Tom to be outranked, but he complied with her orders: Get Married.

They started their family while Tom continued Air Force assign-

As he reflected on his childhood, he suddenly re-



Left: Tom and Ginny Reeber, B204, with young grandchildren

Below: Tom and Ginny command a horse trolley in Michigan

Immersing further into retired life, the Reebers bought a recreational fifth wheel and toured America's national parks and golf courses interspersed with international travels with an RV company. Always, they made time to visit their children: Tommy in Texas and Natalie in Colorado.

Traveling along California's redwood coast, they were intrigued when they heard about the Godwit Festival. They volunteered to fold T-shirts for an hour before wandering through the entire festival.

"We found out Godwit was a bird," said Tom. The festival launched their interest in birding.

RV camping came more naturally to Ginny than to Tom. Her father

veals:

"I shot a Supreme Court Justice."

He was not connected to the underworld; Tom was quick to admit — he was probably using a play gun. One of his older brothers

had dibs on their WW2 German rifle with sawed-off butt for easier carrying. Tom and the kid from across the street, the one whose backyard contained an enviable assortment of play paraphernalia, contested the ac-



ments in Vietnam, Chanute Air Force Base, and Germany. Ginny worked in civil service in finance and personnel. On family vacations, they camped throughout Europe in a Volkswagen

See Reebers...page 27

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Grand Exhibitions: Paris and Chicago

Beginning in the 1700s, huge gatherings throughout Europe highlighted the improvements in technology, agriculture and modern practices to enhance the well-being of society. By the mid 1800s, there seemed to be an underlying feeling throughout Europe that the United States was far behind the advancements being made in European countries.

Fast forward to 1889, when the Exposition Universelle opened in Paris, France. This exposition was similar to many others that had been held for centuries throughout Europe. The importance of this one was that attendees from the United States became interested. The "Gilded Age" was a time that industry and business grew, fueled by owners who became millionaires. The Paris World's Fair was a huge success.

During its six months, the exposition had more than 30 million paying customers. Returning to the U.S., several men with varied interests and finances began to formulate an idea for the next World's Exposition. The 400th year of Columbus setting foot in the New World became the target date. The subsequent fair was called "World's Columbian Exposition."

Several U.S. cities vied for the hosting rights, including Chicago, New York, St. Louis and Washington, D.C. Serious time, money and politicking followed, with only New York and Chicago outlasting the others. Hot debates and sales pitches were made by both finalists. The two cities berated each other with name calling. Due to the speechifying and torrents of "hot air" coming from the Chicago promoters, the New York delegation referred to their rival as "The Windy City!" {I mentioned in a previous article the city's name had nothing to do with meteorology. Remember? Of course, you do!}

Then, as now, men of means in both cities vied to have their names remembered by donating money to finance the fair. In New York, these men included Cornelius Vanderbilt, J.P. Morgan, and William Waldorf Astor. The Chicago investors included Marshall Field, Phillip Armour, Gustavous Swift and Cyrus McCormick.

The main selling points for Chicago noted that no blasting would be needed when constructing the fair's buildings. Men "of humble means" would be able to attend. Chicago was in the "west," where people's interests increasingly directed. These elements pushed the city over New York's offering. Congress chose Chicago!

Work began in earnest, with an opening set for October 1892, but was delayed until May 1893. So much to do — so little time! Daniel Burnham, a partner in a famous architectural firm in Chicago, was given the title of Director of Works. Responsibilities for buildings, landscaping, water features, paint colors and many other items were assigned. Responsibility for power and utilities led to a war between Edison and Westinghouse!

A total of 14 main buildings was to be constructed. More than 200 smaller structures filled the grounds. This event was truly a "World's Fair," with people from around the world bringing samples of their way of life. Forty-six countries were represented, as were 34 states from the U.S. All this action required a huge area — just under 700 acres!

With all the time and money poured into the fair, all but two of the buildings built for the event were to be torn down immediately after it closed. One is currently the Field Museum of Natural History. The other was the World's Congress Building that now houses the Art Institute of Chicago.

One of the huge decisions faced was what should be the color of all the major buildings? The consensus was *white!* Chicago had had its share of troubles prior to the fair (i.e. Mrs. O'Leary). It was felt that white would give everyone a positive outlook. It was due to this choice that the entire area was to become known as "The White City!"

Power to light the acreage came from a number of huge alternating-current generators put together by Nicolas Tesla and George Westinghouse. At

the last minute, Edison was underbid for the contract and the lights went on! The brilliant lights and the white paint must have been totally breathtaking.

An undertaking of this size and scope must have seemed nearly impossible at the time, given the late start and all the problems that were encountered. The fair did open in May 1893. It closed on Oct. 30. The original plan was to close on Sundays, but organizers changed their minds, so the working class could attend and enjoy all there was to offer.

This Fair was the first to have national pavilions for the participating countries. It must have been overwhelming just to decide where to start. Of the 14 exhibition halls, each was built to show the newest modern technology, science and engineering. The total visitors over the six months was 27,300,000. Oct. 9, days before the fair closed, was named "Chicago Day." A record 751,025 people passed through the gates.

In Paris at the 1889 Exposition Universelle, the French tried hard to come up with the biggest and most outstanding feature to make their exposition memorable. It was a

See Chicago...page 31



The Ferris wheel at the Chicago World's Fair (1893) was conceived as a competitor to the Eiffel Tower, built for the Paris World's Fair in 1889.

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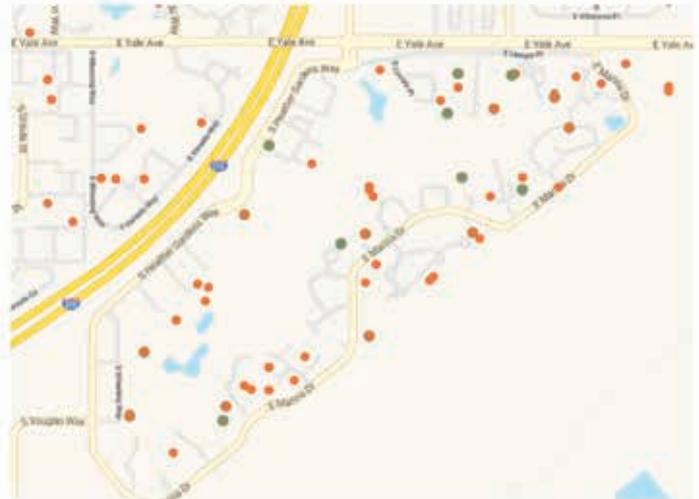
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The Month (March)

On March 16, the community was notified that the HG Clubhouse was closed to public/resident access, as was the Maintenance building, to reduce the opportunity to transmit illness, due to the coronavirus. Residents requiring assistance with maintenance issues were directed to contact the Management Office, 303-755-0652, as usual. Please call in: visiting the office in person is not possible. Outside of regular business hours (7:30 am-4 pm, Monday-Friday), please call Security, 303-750-9477, for assistance. The closure is expected to last at least until May 1.

As of March 18, the HG Golf Course remained open. A blizzard that dropped 10 inches of snow blew in on March 19, however, blocking that venue, as well. Online Parcheesi, anyone?

...

Governor Jared Polis ordered the suspension of elective surgeries, closure of businesses such as salons and spas, and extended the closure of dining areas at bars and restaurants in Colorado through April 30, because of coronavirus crisis on March 19.

Public Health Order 20-22 from the Colorado Department of Public Health and Environment (CDPHE) states, in part:

"Effective March 17, 2020, and continuing through April 30, 2020, the following places of public accommodation are closed to ingress, egress, use, and occupancy

by members of the public:

1. Restaurants, food courts, cafes, coffeehouses, and other similar places of public accommodation offering food or beverage for on-premises consumption;

2. Bars, taverns, brew pubs, breweries, microbreweries, distillery pubs, wineries, tasting rooms, special licensees, clubs, and other places of public accommodation offering alcoholic beverages for on-premises consumption;

3. Cigar bars;

4. Gymnasiums;

5. Movie and performance theaters, opera houses, concert halls, and music halls; and

6. Casinos.

"Places of public accommodation subject to this section are encouraged to offer food and beverage using delivery service, window service, walk-up service, drive-through service, or drive-up service, and to use precautions in doing so to mitigate the potential transmission of COVID-19, including social distancing; however, no consumption of food or beverages is permitted onsite. In offering food or beverage, a place of public accommodation subject to this section may permit up to five members of the public at one time in the place of public accommodation for the purpose of picking up their food or beverage orders, so long as those individuals are at least six feet apart from one another while on premises."

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That Was...

Failure to comply with this order risks a fine of \$1,000 or a year in jail. The HG Clubhouse is doing what it must do under these government directives — it is for the safety and health for all HG residents.

...

You should have received your first notice about Census 2020 in the mail. Addressed to resident, address, it asks you to log into my2020census.gov to supply data about who lives at that address, after logging in with a census ID contained in the notice. If you are not comfortable with using forms designed to be used interactively on the internet, the notice tells you that a paper questionnaire will be sent in a few weeks.

Items requested in the census include full names of all residents at that address, birth dates, and race (with race origins) such as White (English, French, German, etc.) or Hispanic (Mexican, Puerto Rico, South America). One final question — do the individuals at that address live there predominately or is there another address that is your primary home.

If you did not answer the notice by completing the online form or the paper questionnaire, you might get a phone call from a census worker, who will ask you these questions. Due to the COVID-19 pandemic, plans to send census workers door-to-door have been put on hold for now.

...

The Sound of the Rockies (SoR) a Capella men's chorus, named Bruce Henson, STH, its 2019 Barbershopper of the Year. In making the award, SoR noted that Henson "possesses a number of notable talents, including his dedication to the barbershop craft. He is a very accomplished singer, having sung in successful quartets for many years. He is one of those great guys on the risers who works hard at his craft, always has time to chat with you during breaks, and will teach you a tag you've never heard before. He undertakes projects that others might tend to shy away from and, yet through his positive, can-do attitude and dedication, "magically" gets projects completed with ease in a highly professional manner. He was the mastermind, chief organizer and fundraiser for our successful trip to Normandy this past summer. His superb organizational skills, foresight and able coordination with the staff at Historic Tours insured our very successful Normandy experience."

Subscriptions: To accommodate owners, who wish to receive *Heather 'n Yon* while away, the publisher has a subscription policy. Provide a forwarding address, plus a check for \$2.50 (payable to *Heather 'n Yon*) for each issue desired. Annual subscription is \$30. You may drop off your check with address information and what month the subscription should start at the HG Management Office. Alternatively, mail to *Heather 'n Yon*, 2888 S Heather Gardens Way, Aurora, CO 80014. Past issues (2008–17) are available on www.heathergardens.org/Resource Center.

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Clubhouse Showcase featured HG clubs and classes — many activities for residents

(No one knew it would be the last major event in the Clubhouse until...?)



Representatives from various clubs were on hand to describe their activities. From above, clockwise: ukeleles, dancing, newly formed RV Club, billiards, golf (men and women), Optimist Club, woodcarving or intarsia, knitting and crocheting.





Left: The showcase of HG activities drew a lot of interested residents. Below: Some of the activities were demonstrated on the Sandberg Auditorium stage, entertaining everyone.



From above, clockwise: new Geocaching Club, square dancing, Noteables, Green Team, Ruth Miller, CP5, represented both ceramics and Genealogy Club, Frolics Club and Aqua Zumba.



Photos by Janis Farrell



What you should know about “social distancing” when battling COVID-19 in your community

Two professors at Harvard University, Marc Lipsitch and Joseph Allen, wrote an op-ed for *USA Today* on March 17, “7 myths about ‘social distancing.’” With communities around the country invoking this step to slow the spread of COVID-19, they wanted to dispel the myths that are circulating.

They noted in the article that “many cities undertook the measures over 100 years ago to blunt the impact of the 1918 influenza pandemic. Those that acted swiftly and decisively were rewarded with fewer cases and a lower peak of cases, relieving demand for medical care.”

There is not space here to reproduce the article in its entirety, but the message is important — one you can share with younger friends and relatives.

1. Myth: Social distancing is only for the elderly and those with high-risk conditions.

Reality: “The goal of social distancing is to protect individuals, especially the most vulnerable, but the way to do that is to slow down transmission. All of us can be-

come infected and transmit infection.”

2. Myth: “Only people who have tested positive for COVID-19 need to stay home and isolate themselves.”

Reality: “There are not enough tests to identify carriers, only those who are sickest.

“As weather gets warmer, flu and colds will become less common, and COVID-19 will become an increasingly likely cause of respiratory infections.”

3. Myth: “Only really large gatherings have to be stopped.”

Reality: “Events like the Biogen conference in Boston that sparked an outbreak have rightly focused attention on the potential of mass gatherings to quickly spread coronavirus. Cancelling large gatherings such as basketball games, Broadway plays, theme parks and golf tournaments, are a good first step...

“Personal risk might be relatively low in small social

See Social Distancing...page 33

GM Report...from page 15

and painted the office for the new Operations Manager.

Maintenance:

- In Jan. 2020, the Maintenance Dept completed 1,080 work orders, 79 of which were billable.
- Training two new maintenance servicemen who started 2/4 and 2/18. Training Leo Munoz in his transition from serviceman to Maintenance Coordinator.
- The maintenance zone change is completed, with training under crew chiefs.
- Constructed the new Operations Manager's office.
- Sauna problems in Clubhouse have been corrected.
- Cleaned water heaters in B224 and B243, and rebuilt heat pump in B224.
- Corrected electrical problems with emergency lighting in B219.
- Quickly corrected a boiler gas line's minor leak in B232.
- Replaced gas valve body on boiler in B235.
- Clubhouse flagpole LED lighting installed.
- Pipes replaced and/or repaired, many locations.

Clubhouse:

- Reviews and job descriptions:
- Craft Fair Registration started Saturday Feb 1. It was sold out by Tuesday Feb 4 (70 crafters).
- Saturday Night Dance Committee: review bands and promotion. Decreased participants.
- New class brochure for Spring.
- Sponsorships for events: met with several businesses in the area for event sponsorship.

Contracts:

- Parking Structures 1–3 Post Tension Cable Repair. Restriction began work. Four broken tendons found: 3 in PS1, 1 in PS2.
- Foam Roof at B216: Turner Morris submitted a conditions report along with a cost proposal to replace the roof with 60mil. EPDM. Turner Morris was awarded the contract (\$34,865).
- Reviewed carpet-replacement spreadsheet to start planning.
- Worked with Farnsworth Engineering and Empirical Construction regarding ventilation issues at B223.
- Custom Contract Elevator began pricing jack replacements at B236 and B241.
- Getting information from siding and gutter contractors.
- FPE Panels – Collected estimates from two contractors; awaiting a third.
- Received pricing to install a new cathodic system per David Funk and Craig Baldwin's request. Waiting on proposals from Veritas Fire Engineering and Jensen Hughes for fuel tanks.
- Walked the RV Parking Lot with Colorado Asphalt Works Project to confirm crackfill and sealcoat option.
- Loren Reimer of Walker Consultants continued parking structures investigation.
- Submitted HGMD request for Capital Expenditure to repair the underground cathodic system per QualCorr Engineering's system assessment.
- Reviewed and started to plan for the 2020 HGA Budgeted projects.

Custodial:

- Morning crew completed 30 set-ups at Clubhouse. (We are training new employee)

- Evening crew completed 50 set-ups at Clubhouse.
- Started carpet cleaning in Atriums.
- Deep cleaned restaurant on Monday mornings: vacuum, clean tables, sweep and mop clean windows.
- Carlos Munoz helped the evening crew to deep clean the locker rooms in the Clubhouse.
- Waited for Paint Department to finish chair rail in B218, to deep clean that building.
- Worked with Don to replace carpet in B201, B207 and B242.
- Finished training new employee for B213–B216 (Zone 3).
- Replaced all vacuums in buildings. Worked with Joe to repair the old ones for backups.

Roads and Grounds:

- Cleared snow and ice.
- Moved piles of snow on HG property to prevent ice buildups, but can't finish before the next storm hits. Cleared the gutters on the city streets.

Restaurant:

- February had lots of events: Superbowl, Valentine's Day, Sazon music, Jukebox live music. All events were well attended and the added Saturday night music has turned Saturday into a revenue-generating day (twice a month)
- Got breakfast club to come here for four breakfast club meetings on Saturday mornings, 100–110 people.
- Liquor license approved for Golf Course.
- Switched to Pepsi. Feedback has been positive.

Security:

- With the departure of Security Chief in February, there is no department report this month.

Reebers *...from page 17*

Minibus. Ginny earned a master's degree in Business Administration (MBA) before they left Germany.

Coming home to Goodfellow Air Force Base in San Angelo, Texas, Captain Reeber oversaw the operation of dormitories and enlisted dining facilities. He coordinated with the base commissary and base exchange. Self-described as a "Round peg in a square hole," who would "fall on his sword," to ensure his subordinates were fairly treated, he found it tough to accept supervision. He earned an MBA before leaving the service.

Tom and Ginny moved to San Antonio, Texas, where their children finished high school. Applying their knowledge concerning needs and operations of the military, they ran a successful business, specializing in selling commercial office furniture to the government until they retired.

After moving to Brevard, they resumed camping tours. Once their grandchildren were born — Tom's son Grayson in Texas and Natalie's son Milo in Colorado — they spent more winters in Texas and summers in Colorado.

In Texas, they volunteered at Pedernales Falls State Park. Here, they were responsible for operating bird blinds where the public could observe the Painted Bunting and endangered Golden Cheeked Warbler. They fed the birds, cleaned the viewing area, and talked with park visitors, including large groups of school children.

"It was really a win-win situation where you're doing fun things," said Tom.

They heard about Barr Lake State Park when visiting their daughter. While following directions to the park, a Bald Eagle flew above them as though showing them the way. They started volunteering with the Bird Conservancy of the Rockies, located on the far north side of the lake.

Since their travel had narrowed to Texas and Colorado, they sold their home in North Carolina and moved to HG last May. Volunteer work at Barr Lake had provided introductions to a number of related organizations and activities here. They'd like their new HG friends to participate in these activities with them.

After listening to a presentation from Barr Lake State Park Ranger Michelle Seubert at their first meeting last month, 30 HG residents formed a Birding Nature Club to explore nearby outdoor activities. They expect to remain casual birders and keep hikes



Above: After giving a talk about bird watching at Barr Lake on March 10, Tom Reeber noted that about 30 HG residents had signed up for the Birding Nature Club. The first outing was planned for March 21.

fairly short and slow in keeping with their present capabilities. Slow going allows greater attention to details.

"Once you get into it, you get these experiences that are pretty doggone exciting. Hopefully we'll have some of that with the club," Tom summarized.

– Dala Giffin

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APRIL CALENDAR

Note: Due to Public Health Order 20-22, all meetings in the Clubhouse are canceled through April 30. Watch for rescheduled Clubhouse Events in May.

Wed 1	Mobile Post Office	Circle Driveway	12:50–1:05 pm
	ACBL Duplicate Bridge (every Wednesday)	Aspen/Blue Spruce Room	1–4:30 pm
	Pinochle (every Wednesday)	Mountainview Room	1:30–4 pm
	Co-ed Poker (every Wednesday)	Blue Spruce Room	5–9 pm
	Square Dancing Club	Sandberg Auditorium	7–9:30 pm
Thu 2	TOPS (every Thursday)	Blue Spruce Room	8:30–9:30 am
	Bunko	Blue Spruce Room	1–3:30 pm
	HG Writers Club (every Thursday)	Mountainview Room	1–4 pm
	Cribbage (every Thursday)	Arts & Crafts Room	1–3:30 pm
	Open Bridge Club (every Thursday)	Arts & Crafts Room	1:30–4 pm
	Ping Pong Doubles/Intermediate (every Thursday)	Game Room	2–5 pm
	NoteAbles Mixed Chorus (every Thursday)	Sandberg Auditorium	3–5 pm
	Kiwanis Club of Aurora	Skyview Room	6 pm
	American Legion Post 2012	Mountainview Room	6:30 pm
Men's 9-Ball Billiard Tournament (every Thursday)	Billiards Room	7–9:30 pm	
Fri 3	HG Men's Golf Scoring (every Friday)	Game Room	6:30 am–2 pm
	Men with Purpose Coffee	Skyview Room	10 am
	500 Club (every Friday)	Skyview Room	1 pm
	Men's Poker (every Friday)	Skyview Room	5–9 pm
Sat 4	Mexican Train Dominoes (every Saturday)	Arts & Crafts Room	noon–4:30 pm
	Ping Pong Doubles/Intermediate (every Saturday)	Game Room	2–5 pm
Mon 6	Men's Bridge (every Monday)	Skyview Room	11:30 am–2:30 pm
	Mah Jongg (every Monday)	Blue Spruce Room	12:30–4 pm
	Tai Chi Yang Style Practice Group (every Monday)	Sandberg Auditorium	1:40–3 pm
	Ping Pong Singles/Advanced (every Monday)	Game Room	2–5 pm
	Men's Texas Hold 'em (every Monday)	Blue Spruce Room	5–9 pm
	Pinochle - Open (every Monday)	Mountainview Room	6:30–9:30 pm
Tue 7	Bridge (every Tuesday)	Skyview Room	12:30–4 pm
	Hand and Foot (every Tuesday)	Mountainview Room	12:30–4 pm
	Mah Jongg (every Tuesday)	Blue Spruce Room	1–4 pm
	Ping Pong Doubles/Intermediate (every Tuesday)	Game Room	2–5 pm
	Co-Ed Billiards Club (every Tuesday)	Billiards Room	7 pm

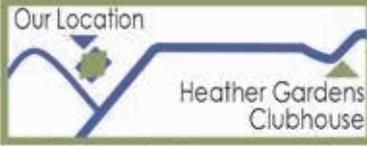
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Wed 8	HG Ladies' Golf Scoring (every Wednesday) Aviation Club	Game Room Aspen Room	6:30 am–2 pm 7 pm
Thu 9	Green Team	Skyview Room	noon
Fri 10	Karaoke Club	Aspen/Blue Spruce Room	6 pm
Sat 11	Women with Dreams 50 and Who's Counting	Mountainview Room Aspen/Blue Spruce Room	2–4 pm 6 pm
Tue 14	Parkinson's Support Group HG Indivisible Group	Aspen Room Aspen Room	1–3 pm 4–5 pm
Wed 15	Square Dancing Club	Sandberg Auditorium	7–9 pm
Thu 16	Bunko Kiwanis Club of Aurora <i>ARO Meeting</i>	Blue Spruce Room Skyview Room Sandberg Auditorium	1–3:30 pm 6 pm 6:30 pm
Fri 17	Men with Purpose Coffee	Skyview Room	10 am
Sat 18	Wine and Cheese Social Club	Aspen/Blue Spruce Rooms	3–5 pm
Mon 20	Photography Club	Aspen Room	3 pm
Tue 28	HG Republican Club HG Democratic Club Caregiver's Support Group	Aspen Room Aspen Room Aspen Room	1:30 pm 4 pm 7 pm
Wed 29	Resident Orientation HG Ladies Golf Board Colorado Capitol Updates	Board Room Board Room Arts & Crafts Room	10 am 1 pm 6 pm
Fri 24	Pride at Heather Gardens	Aspen/Blue Spruce Rooms	6:30 pm

**Note: All meetings in the Clubhouse are canceled through April 30.
Watch for rescheduled Clubhouse Events in May.
All events in Rendezvous Restaurant are canceled through May 11.
After that, call to confirm that your event is rescheduled.**



sundown
Wednesday, April 8



Sunday, April 12

Thursday, April 23
sundown



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Bible Study (Interdenominational), Wednesday 8–9 am

We probe the Scriptures with an eye to practical applications for everyday living. It is a great mid-week boost. Women meet in the Aspen Room. Men in the Blue Spruce Room. For more information, call Joyce Smith, 918-586-2954.

Six Stone Jars Catholic Bible Study, Please join us for a journey through the Scriptures. Only requirement is your Bible. We meet @ 9:30 am Tuesdays, Sept.–May, in the Mountainview Room. For information, call Eric Cline, 720-839-4289, or email clinecellars57@yahoo.com.

Bible Study (women), second and fourth Thursdays, 10 am, Skyview Room. Join Carolyn Morris in using Bible selections to face everyday problems. Our group started a new study on Thursday, Jan. 9. We are using a series by Kathie Lee Gifford with Rabbi Jason Sobel, called “The Rock, the Road and the Rabbi.” Sobel is a spiritual guide and Jewish follower of Yeshua (Jesus). His ministry is dedicated to sharing teachings and resources that reconnect ancient Jewish wisdom with the teachings of the New Testament. If you would like to join our group, call Carolyn Morris, 303-885-7807, B217/103, so that she can have enough books for everyone. Cost of the book is \$8.

Catholic Mass - Saturday, 1 pm, Sandberg Auditorium. All HG residents are welcome. Father Terry Kissell presiding.

Chapel (Interdenominational Church Service) - 11 am, Sunday, Sandberg Auditorium. Reverend Bill Cheyne.

Bible Study - Sunday, 10 am, Mountainview Room. Leader: Reverend Bill Cheyne.

Coffee Time - 3rd Sunday, prior to the chapel service.

Prayer Meeting - 2nd Thursday, 2 pm.

FYI

Colorado Legislature Town Hall Meetings

Once a month, the legislators who represent HG, Senator Nancy Todd, Senator Jeff Bridges, and Representative Jovan Melton, come to HG for a town hall meeting. It is your chance to share your opinions on various topics. The next meeting is 6:30 pm Wednesday, May 27, in the Arts & Crafts Room.

Senior Property Tax Homestead Exemption

A property tax exemption is available to qualifying senior citizens and the surviving spouses of those who previously qualified. There are three basic requirements to qualify:

- 1) The qualifying senior must be at least 65 years old on Jan. 1 of the year in which he or she applies;
- 2) The qualifying senior must be the property owner of record and must have been so for at least 10 consecutive years prior to Jan. 1; and
- 3) The qualifying senior must occupy the property as his or her primary residence and must have done so for at least 10 consecutive years prior to Jan. 1.

Surviving spouses may apply but will have to use the long-form application.

For those who qualify, 50 percent of the first \$200,000 of actual value of the applicant's primary residence is exempted. The state will reimburse the county treasurer for lost revenue.

Applications are available online, or by contacting the county assessor, PK Kaiser, 303-795-4600. (www.arapahoegov.com/244/Senior-Citizen-Property-Tax-Exemption)

• Monthly Meetings • Boards and Committees

- Property Policy – 9:30 am Mon, TBD
SEC – 1 pm Wed, TBD
- Communications – 10 am Tue, TBD
Civic Affairs – 10 am Thu, TBD
- ad hoc Personnel Policy – 10 am Fri, TBD
Golf – 1 pm Tue, TBD
- Clubhouse/Restaurant – 3 pm Tue, TBD
Foundation – 1 pm Wed, TBD
- Budget & Finance – 10 am Mon, TBD
Campus Technology – 10 am Tue, TBD
- HGA Board – 1 pm Tue, TBD**
- Long Range Plan – 10 am Wed, TBD
ACC – 10 am Thu, TBD
- HGMD Board – 1 pm Thu, TBD**
- Resident Open Forum – 3 pm Thu, TBD
(Rendezvous)
- Roads and Grounds – 10 am Tue, TBD
Structure Maintenance – 1 pm Tue, TBD

Things to do on weekends (under coronavirus)

According to Clara Geoghegan in the *Denverite* free newsletter (denverite.com), there are many things to do while popular indoor venues are closed, and multiple events canceled. Her suggestions include:

Community support: volunteer and donate

• **Denver Metro Emergency Food Network** has pledged to cook and deliver meals to low-income families and the elderly in need. Your support means additional meals for those whose food security has been threatened by the COVID-19 outbreak.

• **Help Colorado Now** supports those who are at high risk for COVID-19 across the state. In addition to support through donations of money and supplies, they seek volunteers for a variety of roles, some of which can be done remotely, through the internet.

• **The Denver Foundation Critical Needs Fund** grants COVID-19 emergency money to high-impact Denver nonprofits. They partner with organizations focused on homelessness, home insecurity, healthcare, food insecurity and basic family needs.

• **SciStarter**. Volunteer with citizen science-based projects, many of which can all be done entirely online. With a wide range of topics, you can work on a project that matters to you.

Just for fun

• **Gardens Navigator**. Denver Botanic Gardens. Anytime. Free.

See FYI...page 43

Letters

Heather 'n Yon

Do you know anyone who needs groceries or supplies or needs someone to pick up supplies or meals?

Due to COVID-19 or upcoming snow?

My husband Eric, daughters Jordan and Jocelyn and I are trying to figure out what we can do to help.

Melissa Clifford

melissa@iplaceseniors.com
303-906-2359

Heather 'n Yon

To the editor of *The Denver Post*:

You have cheated taken advantage of me. I trusted you with my subscription payments. Thanks to my neighbors' comments, I checked my payments for 2019. In January, you deducted \$58.50 for my paper subscription. In May, you upped it to \$62.83. In November, it became \$76.91 per month — all without letting me know.

I started asking around. Most

people answered, "No, they do not take the paper because it cost too much."

However, those who were getting the paper every day all were paying different amounts. I have copies of two neighbor's bills. They are paying \$25 per month.

I called and canceled my subscription.

"Oh, we don't want to lose you. How about \$62.83?"

I said, "No."

Then I was offered \$49.83. When I said, "No" again, \$41.60 was offered.

"I want \$25 like two of my neighbors."

I live in HG with over 2,400 homes. You [*Denver Post* delivery persons] have the codes to our buildings in order to get in and deliver the paper daily. You get our front door information, BUT can residents trust you with their credit card information?

Phyllis R. Lann
B235

Heather 'n Yon

My mother, Elaine Phelps (see photo below), passed away on Feb. 16, 2020. She lived in B219 at Heather Gardens for 26 years.

She was active in the Optimist Club and participated in the Craft Show. She was known for her Corn Pops, knitted and crocheted items. She was 96.

Dot Fournier
Cell 720-839-1869
Home 303-745-0454
dmfournier@centurylink.net



Above: Elaine Phelps, B219, died in February.



Heather 'n Yon welcomes letters concerned with community issues. Letters must be signed, dated and include the writer's address and phone number. Letters may be edited for clarity. The HGA Board requires that letters do not exceed 300 words. Letters will not be run from the same individual in successive months. Writers may publish only 4 letters per year.

Above: This red-tailed hawk paid a visit to Annelies Rahbany's lanai, B233, for about 20 minutes. It was enough time for her to take several photographs. Was the hawk looking for suitable prey in the Cherry Creek Spillway from this perch? Annelies did not know, but she enjoyed hosting the surprise visitor.

Chicago...from page 19

good thing a solution was found, because after the close in October 1889, no subsequent expositions in France made a profit.

A citizen and engineer Gustave Eiffel drew up plans and oversaw constructing the 1,063-foot-tall structure. (Eiffel was also involved with the Statue of Liberty, a gift to the United States from France.) The Eiffel tower was a huge draw at the Paris 1889 exposition.

The Chicago World's Fair planners wanted to build something bigger and more memorable. In typical American fashion, they did. An American civil engineer George Washington Gale Ferris, Jr., designed and oversaw the construction of a gigantic wheel that was erected on an area of the park that was dedicated to amusements, given the name "midway" by a young music promoter. All sideshows and rides were located here. The wheel stood 264 feet tall and carried 36 cars, each holding 40 people during a ride overlooking the entire area. A promoter named Tilyou was impressed by what he saw on the midway, prompting him to develop the first American amusement park, Steeplechase Park in Coney Island, New York.

There is so much more to the story of this amazing event that it will take until the next issue of *Heather 'n Yon* to cover it all. There are three parts to the finishing episode, so please enjoy this one and stay tuned — and healthy!

— Denise McCammon
B242



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Homes for Sale in Heather Gardens



3184 S. Heather Gardens Way #412 - \$208,000

2br/1ba – 930 sq.ft. Alpha E – Rare top floor end unit w/fireplace. Vaulted ceilings, remodeled kitchen, new electric panel & new light switches. Cross ventilation & quiet location away from the street.



13601 E. Marina Dr. #303 - \$259,000

2br /2ba – 1200 sq.ft. Somerset A Dinette – Quiet location overlooking greenbelt. Lovely kitchen w/updated cabinets. Formal dining room. Double doors to 2nd bed open to living room. Screen enclosed lanai w/mountain views. Move-in ready.



13601 E. Marina Dr. #407 - \$424,000

3br /3ba – 2100 sq.ft. Somerset AB – Remodeled executive unit! New cabinets, granite counters, COREtec flooring in entry & kitchen, carpet, light fixtures, appliances, paint, remodeled baths and more! Quiet location w/mountain views.



SOLD – 13626 E. Bates Ave. #212

SOLD – 14390 E. Marina Dr. #504

SOLD – 13500 E. Cornell Ave. #411

SOLD – 14300 E. Marina Dr. #309

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Social Distancing ...from page 26

groups, but this is about population risk. ...we don't know who has coronavirus.

"For now, we assume we all might...avoid indoor gatherings large and small, so we are not the spark that generates another outbreak fire."

4. Myth: All human interaction needs to stop.

Reality: "Maybe 'physical distancing' would be a better term than 'social distancing,' because the goal is to separate physically, not emotionally...keeping food on the table and medicines in the cabinet, keeping the basics of society function and maintaining mental health, to name a few. We should be stopping nonurgent errands, in-home social visits that can be done with a phone call... and nights out at crowded bars."

"Instead, head outside during the day...Meet a neighbor or two or three on the street for a conversation."

5. Myth: COVID-19 spreads only from coughing and sneezing.

Reality: "The dominant mode of transmission appears to be from large droplets that generate during coughing, sneezing and even just regular breathing and talking....three modes of transmission — large droplets, contact with contaminated surfaces and breathing in airborne virus....When you cough or sneeze and generate large droplets, some fraction lands on surfaces, and some fraction stays airborne as a smaller aerosol that can stay aloft."

"...take precautions against all of them... covering your cough and frequently washing your hands, but also frequently cleaning surfaces and bringing more air into all of our homes..."

6. Myth: If we do enough social distancing, we will see dramatic results immediately.

Reality: "In Chinese cities, the streets have been nearly empty for over a month under an extreme form of social distancing that is just beginning to be lifted. Social distancing in the United States is likely to be less intense, for many reasons.

"once someone is infected, it takes time before they get sick enough to need hospital care."

7. Myth: Social distancing for a month or so may be enough to stop the epidemic.

Reality: "Even though the disease can decline in one city or area with very effective social distancing, the virus is still present — in small numbers of mildly ill people, perhaps in very ill patients hospitalized for a long period, and in other parts of the world. History shows...case numbers go down, and then when controls are relaxed, they can resurge."

"We are in this for a long haul. We need to prepare to pull together, help one another and preserve social cohesion while we use social distancing to combat the virus."

{Marc Lipsitch, professor of epidemiology, is director of the Center for Communicable Disease Dynamics at the Harvard T.H. Chan School of Public Health. Joseph Allen, assistant professor and director of the Healthy Buildings program at the Chan School, is co-author of "Healthy Buildings: How Indoor Spaces Drive Performance and Productivity."}

Right: After the March 19 heavy spring snowstorm, Nancy Henson, STH, brushed off snow that was bending the limbs of trees around her home. When she was growing up in Denver, they called this type of snow a "willow bender."

Photographer Bruce Henson said, "Maybe everyone else knows this already, but not me. I grew up in Texas."





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Clubs and Organizations

The HG Clubhouse has been closed until further notice, to help combat exposure to COVID-19. Groups that regularly meet there are encouraged to watch notices from HG, to learn when their activities might resume.

If you have questions about groups that meet outside of the Clubhouse, please call the representative for each club or organization directly.

CP1

CP1 Happy Hour meets the first Wednesday of each month, 5 pm in Rendezvous Restaurant.

TOPS

Are you ready to stop dieting and start making real changes? TOPS (Take Off Pounds Sensibly) can help you reach your weight-loss goals by providing tools, information, and support that you need to be successful.

TOPS has been a winning formula for members over the last 60+ years. TOPS is also the least expensive weight-loss group around. When you join TOPS, you will have fun with other members while you learn how to Take Off Pounds Sensibly.

The HG TOPS Club meets 8:30–9:30 am every Thursday, Blue Spruce Room. Both men and women are welcome. Come in around 8:15, so we can say “hi!” For information, contact Bernie Radakovits, 720-397-1388, or visit www.TOPS.org.

HG Breakfast Optimist Club

This club is a service organization that focuses on youth in the community. We’re always looking for folks interested in joining us. Our current projects include 6th Avenue Elementary School, Pillowcases for Kids, the Salvation Army, Optimist International Oratorical Contest, and Type 1 Diabetes camp.

We meet in the Banquet Room twice a month: 8:30 am on the first Thursday and noon on the third Thursday. Learn about our projects.

We look forward to welcoming you. For reservations, contact Jeanine Montgomerie, 309-310-5315, or jmntg.1229@gmail.com. Like us on Facebook. Stay tuned for information about rescheduling “A Nite at the Races.”

HG Writers Club

Whether you’re just beginning to put pen to paper, or you are a published author, we invite you to join us for a time of education, fellowship and inspiration. New members are always welcome.

We meet 1–4 pm every Thursday in a Clubhouse room. Contact Joanne Brand, 303-750-9722, for further information. We look forward to meeting you.

CP4

Our monthly socials are 5 pm at Rendezvous, the first Thursday of the month. Come meet your neighbors. Ordering food is optional.

– Beverly Nelson

Kiwanis Club of Aurora

Kids Need Kiwanis, and Kiwanis Needs You. The Kiwanis Club of Aurora is part of a community-based international service organization whose main focus is making the lives of children in Aurora better.

We have meetings on the first and third Thursday of the month, 6 pm, in the Skyview Room. Optional dinner begins at 5:30 pm in Rendezvous. The fourth Thursday is a service project.

For more information, email us at Kiwanis.auroraco@gmail.com, or call James Martin, president, 720-297-3282. We also are on the web: Aurora-co.kiwanisone.org. Membership is open to all HG and Aurora residents.

American Legion Post 2012

This post meets in HG, 6:30 pm on the first Thursday of the month in the Mountainview Room. We would love to have you join us and discuss how to help your community grow stronger.

The Legion family welcomes you to join an exciting, patriotic family of great people. What ideas do you have that we may bring into your community? If you are interested in learning more about The American Legion, contact Post Commander Steve Stratton, B204, 720-519-3955.

The NoteAbles Mixed Chorus

We would like to share the lyrics to our NoteAbles theme song:

“We are the NoteAbles, the group

who enjoys singing.

NoteAbles, where everyone is welcome.

Young or older can be a member with just a desire to sing.

We sing together to bring you pleasure, and happiness is ours to bring.

We feel terrific, singing soothes our souls.

When singing music that we all enjoy and perform for others in concerts, especially for you.

Come on and join us now as we take our bow.

Hooray for the NoteAbles.”

There are different ways to join the NoteAbles. You can share your time and talent or provide encouragement by attending a concert. “Americana In Harmony” is scheduled for 11 am Memorial Day, May 25. We will honor military veterans and first responders. Our performance will include pop, folk and patriotic music. Join us on this important annual day of tribute.

Men with Purpose

A group of men, with diversified backgrounds, gather to discuss timely topics regarding healthy aging and purposeful retirement. Books and articles relating to these topics are discussed by group members.

Leadership is shared. Men with Purpose meets the first and third Fridays of each month, 10–11 am, in the Skyview Room. For further information, contact Gene Dawson, 720-535-9672.

Uke Crew

Are you interested in playing a fun instrument — the ukulele — and having a great time singing? The HG Uke Crew is an up-and-coming club.

Members get together on the first and third Friday afternoon, 4–5 pm, B218, #407. New members are always welcomed.

All you need is a ukulele, and to be willing to learn and practice the music. Call Darlene Park, 303-798-5088.

OPOCS Singles Club

Want to meet new friends and find new activities? Call JoAnn Cunningham, HG resident, 303-751-5195, and ask for the monthly newsletter of A Circle of Friends, the original Ports of Call Singles (OPOCS) club, 60+.

Our meet-and-greet social time

is at Senior Ric's, 4–6 pm, second Monday, and at Darcy's, fourth Thursday of the month, 4–6 pm. We also have coffee time at Panera's (Aurora), 9–11 am, on the third Monday.

We have social card groups twice a month: pinochle, bridge and poker. (If you want to learn, we can provide instructors.) Our social director does a great job of finding fun things to do. She is glad to hear suggestions.

Dues are \$30 yearly, and you can attend three events, if you wish, before joining. Believe me: seniors can have fun, too! – JoAnn Cunningham

Geocaching Club

Scheduled events: 10 am Tuesday, April 7, and 1 pm Thursday, April 23. Meet at the main tables, first floor of HG Clubhouse (or outside front doors). Then we will decide where (from three choices) to go caching, and who will be riding with whom.

I am offering rides in my Kia Soul, which fits 4-5 comfortably. We hope there will be other willing drivers. We will not be driving far. We'll welcome suggestions for good caching sites each outing.

Weather permitting, we'll try some urban caching — local parks and maybe state parks. Dress accordingly. – Karen Gold, 712-301-2284

Joppa Daylight Lodge AF & AM

All Master Masons living in HG are invited to attend Joppa Daylight Lodge. We meet the first and third Tuesdays of the month at Radiant Temple, 225 Acoma St., Denver. Lunch is at 11:30 am; Lodge is at 12:15 pm.

We are the only lodge that meets during the day in the Denver metro area. For information, call Bill Rapp, 303-953-1021.

HG Aviation Club

The HG Aviation Club meetings are suspended, as are all club meetings, until further notice, due to COVID-19. However, I plan to send club members some emails with a PDF file attached that will have links to the videos I had planned to show at the meeting. The URL links in a PDF file are active, so just double click on the attached PDF, and select which video you want to watch. Click on the

URL link and bingo, your browser will be directed right to the video, so you can watch from home.

The March program (canceled) was to have been about the Navy's Blue Angels, which involved several short videos. I sent an email with the PDF file containing pics and links to the videos, so members could stay home, and enjoy our meeting via email. – Rudy Morris

The Green Team

The Green Team meets the second Thursday every month, noon–2 pm in the Skyview Room, to discuss issues regarding the environment. All are welcome. For more information, contact Wendy Pfaffhausen, 303-306-0066.

Karaoke Club

The Karaoke Club meets 6–8 pm on the second Friday in the Aspen/Blue Spruce Rooms. BYOB and snacks.

Great songs to choose from and sing. Sing solo or with a group. For information, call Paul Spoutz, 303-564-1877, or Ron Dunn, 303-745-4590.

Women with Dreams

We meet on the second Saturday of each month, 2–4 pm, in the Mountainview Room. – Charlotte Haymore

Parkinson Support Group

This group meets on the second Tuesday of each month, 1–3 pm in the Aspen Room. Contact Meredith, 303-731-4620, with questions.

Heather Gardens Indivisible

The purpose of HG Indivisible is to protect and preserve our democracy by empowering active citizens in taking actions that will impact public policy. We are nonpartisan and inclusive, issue-oriented more than candidate-oriented.

Our monthly educational meeting is the second Tuesday of each month, 4-5 pm, in the Aspen Room. We also have weekly lunch meetings at 1 pm Fridays in the Rendezvous Restaurant, to discuss issues and share articles, books, thoughts, and take action.

Our next meeting (I hope) will be April 14, 4 pm in the Aspen Room. Topic will be the affordable housing crisis. Questions? Call or email Marty Karnopp, 303-353-9640, mjkar-nopp@gmail.com.

B203, B204, B205 and B206

The four buildings have combined to do a joint happy hour for drinks and dinner, at 5 pm on the second Tuesday of each month, Rendezvous. We meet in the Banquet Room. Contact: Laurel McClaren, 303-337-2685.

CP3

Please join us for a social with our neighbors in CP2 on the third Wednesday each month, 5:30 pm, in Rendezvous Restaurant. We order off the menu. – Robin O'Meara

Wine & Cheese Social Club

We meet on the third Saturday, 3–5 pm, in the Aspen/Blue Spruce Room. Everyone is welcome.

Bring a bottle of wine and a snack. Enjoy socializing with other HG neighbors. Entertainment is provided. If you have a talent you want to share, we invite you to join in. – Debbie Brooks, 303-923-3809.

Photo Club

The club meets on the third Monday, 3 pm in the Aspen Room. All are welcome to attend and enjoy and learn about good photography.

B201 and B202

B201 and B202 hold a combined social at Rendezvous on the third Tuesday of each month, 4–6 pm, for drinks and/or dinner. – Nancy Grossman, 714-470-5660.

SRA

The Seville Recreational Assoc. meets the fourth Monday of every month, 10 am, in a different Seville building each month. For information: Vicki Wolfe, 360-589-9502.

HG Republicans

The club meets the fourth Tuesday of the month, at 1:30 pm in the Aspen Room.

HG Democratic Club

HG Democratic Club meets the fourth Tuesday of each month (except December), 4-5:30 pm in the Aspen Room. I hope our next meeting will be April 28. Join us to hear from some of the current candidates. You are welcome to join some of us in the Rendezvous Restaurant for dinner after the meeting.

Plan on voting (via mail-in ballot) on June 30, in our statewide primary. Keep your eyes and ears open to learn about the candidates. If you

See Clubs...page 45

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1550 sq ft 2bd 2 ba w/ 2 lanais & GC views. All new kitchen,
baths, appliances, drywall, electrical panel, flooring & more

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Sports and Recreation

The HG Clubhouse has been closed until further notice, to help combat exposure to COVID-19. Groups that regularly meet there are encouraged to watch notices from HG, to learn when their activities might resume.

Certain sports activities — particularly those that meet outdoors, such as tennis, golf and pickleball — were continuing, at the time of Heather 'n Yon's publication date.

HG Ladies Golf Club

As this submission was being readied for April 1 publication, we were all looking forward to the spring luncheon on April 1. Unfortunately, concerns about the coronavirus pandemic we are facing globally prompted Heather Gardens to cancel our luncheon and all other events scheduled for the clubhouse.

On a brighter note, we'll begin playing golf on Wednesday, April 8, to get ready for the commencement of league play on Wednesday, May 6. If you are a new member who needs to establish your handicap, remember to play enough during April to have five score cards to present by May 6. Members may sign up for tee times, beginning April 1, for April 8 play.

Also, remember to bring your own water and snacks on Wednesdays, and to meet in the Rendezvous Restaurant for on-your-own lunch after playing your round of golf. Water can also be purchased in the Pro Shop. There are water dispensers at several holes on the course. It looks as if the Rendezvous liquor license will be modified somewhat to extend adult beverages to at least the Pro Shop area, and perhaps the rest of the course at a future date. We'll keep you current on what is happening with this step forward.

The new schedule for birthday luncheons, which now happen quarterly, means that the next one will be held in May. Members are requested to purchase their own lunches and take their friends to lunch at another time.

It's not too late to use the golf simulator at the HG Golf Pro Shop to fine-tune your shots before league play begins. Costs are \$20 per hour for up to four residents, and \$30 an hour for non-residents. Reservations may be made online or by calling the Pro Shop at 303-751-2390.

All women who are interested in league play are invited to join HGLGC, regardless of skill level. Detailed information and membership applications are available at the HG Golf Pro Shop and on our website, www.heathergardensladiesgolfclub.com.

Golf trivia: "Golf began when some bored Scotsmen began hitting pebbles with sticks in the 15th century. Mary, Queen of Scots, the first woman golfer, is responsible for the concept of caddies on the golf course. When she played, French military cadets (or caddies) assisted her. Mary, Queen of Scots, helped spread enthusiasm for golf when she introduced the sport to the French, as she studied in France." (This information was lifted from <https://healthfully.com>). Her life took a turn for the worse when she returned to Scotland (our comment). — Suzi Stolte and Gwen Alexander

HG ACBL Duplicate Bridge

This club plays 1 pm Wednesdays in the Blue Spruce Room. Help setting up is appreciated, so come early.

For more information, call Merilyn VanZevern, 720-282-3199, or John Osterberg, 720-535-1038. For

partnership information, call Linda Harder, 303-369-2032.

Square Dancing

Fun, exercise, and friendship. Come square dance on the first and third Wednesdays of each month, 7 pm, Sandberg Auditorium. Bob Riggs is the caller. All square dancers are welcome. Call Beverly Nelson, 303-750-6632. Cost: \$5 per person.

Thursday Open Bridge Club

The group meets every Thursday, 1:30–4 pm. in the Arts & Crafts Room. Join us. Please call or text Freddie Schroeder, 303-437-4255, to RSVP, so we can tell how many tables to set up.

Bunko

Bunko is played 1–3:30 pm on the first and third Thursdays of each month in the Blue Spruce Room. For information: Debbie Brooks, 303-923-3809.

500 Club

We want you! Do you like to play cards with a fun, easy-going group of people? Then you must join us for 500.

We play 1 pm every Friday in the Skyview Room. Don't know the game? It's easy to learn, and we are happy to teach. See you Friday! Linda Serio, 303-368-8123.

Mexican Train Dominoes

We play noon–4 pm every Saturday, Arts & Crafts Room. Games start at noon and at 2 pm. — Donna Hudziak, 303-833-3115.

Men's Golf League

Play is scheduled to begin Friday, April 3, for the 2020 season. With that date fast approaching, it is crucial for you to get your 2020 membership application completed and turned in. Applications are available at the HG Golf Course Pro Shop, and online at the Heather Gardens Men's Golf Club website.

Gift Certificates/Cards available for Rendezvous Restaurant, Clubhouse, and Golf Pro Shop

Looking for that perfect gift? Why not purchase your friend or loved one a Gift Certificate for a class, activity at the Clubhouse or Golf Pro Shop, or a meal at Rendezvous? You can purchase any denomination of \$5 or more. Give the gift that keeps on giving.

Friday, April 24



Men's Bridge

This group meets every Monday, 11:30 am–2:30 pm, in the Skyview Room. Call Maris Kuga, 720-748-0590.

Men's Poker

We welcome all interested men poker players to join us at our regular poker sessions. On Monday and Wednesday of each week, we play Texas Hold 'em in the Blue Spruce Room. Ladies are invited to join us at the Wednesday sessions.

On Fridays, we play friendly, small-stakes poker, in the Skyview Room, usually including a variety of "dealers' choice" games. All play is 5–9 pm. Please call Larry Hill, 720-272-7765, or Milt Merrick, 303-829-7188.

Mah Jongg

We meet 12:30–4 pm every Monday, Blue Spruce Room, except the third Monday of each month, when the VNA has Blue Spruce. Then we meet in the Arts & Crafts Room, where three card tables are set up for us.

You must have the latest Mah Jongg League card. We play for a maximum of \$3 — bring your nickels, dimes and quarters. All HG players are welcome. For information: Bobbie Klapp, 520-743-6849.

Ping Pong

Fun and free, great exercise. Come join us in playing ping-pong doubles, 2 pm Mondays, Tuesdays, Thursdays and Saturdays in the Game Room. Beginners may meet on Fridays at 2 pm, but you must call Bob Schlageter, 303-751-2205, to make arrangements. You will need to bring someone to play with. See you there. — B. Schlageter

Pinochle

Evening Pinochle meets 6:30–9:30 pm Monday nights in the Mountainview Room. For information, call Ann Gagliardi, 303-332-2163.

Afternoon Pinochle meets Wednesdays, 1:30–3:30 pm, Mountainview Room. We only play for fun and entertainment. With questions, call Diane, 707-799-6449.

Pickleball

The schedule for Pickleball will be emailed to everyone on the Pickleball email list for April. The times to play Pickleball outdoors on the

HG Tennis Courts will be Tuesday, Thursday and Sunday, 1–3 pm, when the weather is favorable. We also will play indoors when there is available time.

Since we have Pickleball players at all skill levels of play, our players have been able to choose playing "gentle" Pickleball, with players of a similar skill level on one court, and those more advanced can play with the "competitive" Pickleball players. Of course, everyone is welcomed to play on any of the courts where they feel comfortable.

We will offer free Pickleball lessons for HG residents, beginning in May. For details and the schedule of lessons, visit our web page at: <https://plaidflannel.com/pickleball/lessons.html>.

If you want to learn more about Pickleball, or get on the roster, call Rosalie, 303-751-1226, or Judy, 303-369-6258, or contact us by email at pickleball@plaidflannel.com.

Hand and Foot

Hand and Foot is a card game that is fun, and easy to learn. We meet every Tuesday, 12:30–4 pm, Mountainview. With questions, call Phyllis Lann, 720-535-8531.

Mah Jongg

We meet 1-4 pm every Tuesday, Blue Spruce Room, except the second Tuesday, when we play in the lobby (behind fireplace).

All players welcome, including beginners. You must have the latest Mah Jongg League card. Social game: we do not play for money, only glory.

Never played Mah Jongg? Come and observe, to see if you wish to learn. Call Carol, 720-628-4051, or Pat, 720-535-4603, for information.

Billiard Club

The club meets for co-ed 8-Ball at 7 pm Tuesdays, and Men's 9-Ball at 7 pm Thursdays. Annual dues of \$10 are payable on Jan. 1 of each year. All new players are welcome. Questions? Call Rita Cusack, 720-535-8637, or Connie Burns, 303-695-0766.

Check out www.heathergardens.org

Co-ed 8 February 18

1st Paul Mall, Judy Brehmer
2nd Bimp Larry, Gil Lochhead
3rd Larry Schneller, Chuck Toner

February 25

1st Paul Mall, Judy Brehmer
2nd Brian Bucenec, Gil Lochhead
3rd Doug Miller, Bob Schlageter

March 3

1st Hi Reynolds, Virginia Faubel
2nd Bob Schlageter Team
3rd Rick Kress, Judy Brehmer

March 10

1st Doug Miller, Chuck Toner
2nd Coy Whorton, Judy Brehmer
3rd Hi Reynolds, Dee Moore

Men's 9-Ball February 20

1st Hi Reynolds
2nd Roger Goldstein

February 27

1st Hi Reynolds
2nd Brian Bucenec

March 5

1st Brian Bucenec
2nd Hi Reynolds
— Judy Brehmer

Ladies Billiards

Mondays, Thursdays, 1:30–3:30 pm: scheduled practice has been discontinued, due to a lack of participation. If you are interested in learning to play, please call Elaine Blinder, 303-745-4567, for more information.

Tennis Club

Spring is here. We hope to play some tennis. Tennis play is 1–3 pm Monday–Friday, weather permitting. The Pickleball players are on the east court Tuesday and Thursday, so call to see if we have four players for the other court.

For social time, we meet on the second Wednesday of the month, 5 pm, in Rendezvous Restaurant. With questions, call Wendy, 303-306-0066.

Fun Gals Golf

No handicaps. No keeping score. Ladies, you can join Fun Golf on Tuesday and/or Thursday mornings. Play will start in April. This is fun golf, without any pressure, record keeping, or dues.

There will be different games/challenges each week. If Fun Gals Golf interests you, or you have any questions, email Linda Hileman at: LSHileman1958@gmail.com.

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Trips and Tours

Note from Clubhouse Manager Linda Aluise: These are proposed trips for this summer. Be prepared that RTD may not be able to take you on these trips if restrictions on large groups continue, such that theaters and other venues remain closed.

Dazzle

Thursday, May 28, 11:30 am

Thursday, June 25, 11:30 am

Location: downtown Denver

Deadline: Three weeks prior to event

Cost: \$28

Senior Jazz lunch features great live jazz! Includes your choice of three chef-inspired entrees, soda, coffee, tea or glass of red or white wine, draft beer or well drink. Tax and gratuity included.

Rockies, Coors Field

Sunday, May 10, 11:30 am

Cost: \$38

Deadline: Friday, April 24

Rockies Senior Day! Join us for a special trip to a Rockies Game on a Senior Day! The Rockies will be playing the Cincinnati Reds. Our seats are along the 1st baseline. This is an HG-chartered trip. The bus will pick up residents in the Atrium parking lots between B243 and B244; return to HG.

Adams Mystery Playhouse:

Bootlegger's Revenge

Sunday, May 17, 1 pm

Cost: \$53

Deadline: Monday, April 27

Location: Adams Mystery Playhouse

After the "problem" at the Speakeasy, Big Al had to find a new location. Be on the lookout for some familiar faces and new suspects. Join us as the saga continues

with Bootleggers Revenge — more Murder at the Speakeasy! Dress in your finest Gangster and Flapper garb. Join the fun! Includes lunch, tax and gratuity.

Amazon Adventure 3D

Thursday, May 21, 11:30 am

Cost: \$25

Deadline: Thursday, April 30.

Location: Denver Museum of Nature and Science

Amazon Adventure tells the epic, true story of explorer Henry Bates' fascinating 11-year journey through the visually stunning and bio-diverse Amazon rainforest, as a young man who risks his life for science in the 1850s. Includes admission to IMAX and the Museum of Nature and Science.

The Lion King

Thursday, June 11, 2 pm

Cost: \$73

Deadline: Friday, April 10

Location: The Buell Theatre

More than 95 million people around the world have experienced the awe-inspiring visual artistry, the unforgettable music, and the uniquely theatrical storytelling of this Broadway spectacular — one of the most breathtaking and beloved productions ever to grace the stage.

Into America's Wild 3D

Tuesday, June 16, 1 pm

Cost: \$25

Deadline: Tuesday, May 26

Location: Denver Museum of Nature and Science

From the Academy Award®-nominated producers of the acclaimed hit film, *National Parks Adventure*, *Into America's Wild* is an

unforgettable cross-country adventure into the hidden wonders of the natural world. A non-stop ride via kayak, bike, train, hot air balloon, zip line, kiteboard, hiking boots and more, *Into America's Wild* visits some of the most beautiful, but untamed landscapes of America. Includes admission to IMAX and the Museum of Nature and Science.

Denver Botanic Gardens

Thursday, June 18, 10:30 am

Cost: \$28

Deadline: Thursday, May 28

See the time-honored traditions of European horticulture merge with a dynamic diversity of plants and design that represent the best in horticultural achievement.

Denver Zoo

Wednesday, June 24, 10:30 am

Cost: \$19

Deadline: Wednesday, June 3

In one word — extraordinary. Visitors can view 3,500 different animals, representing over 650 species. That means a rare look at exotic animals such as Amur leopards, king cobras, black rhinos, coral reef fish, elephants, zebras, vampire bats, gorillas and more.

The Sound of Music

Saturday, June 27, noon

Cost: \$47

Deadline: Friday, June 12. Location: Boulder Dinner Theatre

When a postulant proves too high-spirited for the religious life, she is dispatched to serve as governess for the seven children of a widowed naval Captain. She gradually captures the heart of the stern Captain, and they marry. Upon returning from

TRIPS POLICY

No transfers or refunds after deadline date. Credits may be issued if ticket can be sold from wait list. Non residents may only attend as the guest of a resident. Note that RTD trip times listed are not actual departure times, they are approximate. Courtesy calls are made 2-3 days prior to trip to give check in times and other pertinent trip information. Please call if unable to attend. Bring your receipt to check-in.

Please note the signup/payment dead-

line for each trip. Space is limited.

The local fare for SeniorRide is **\$3 round-trip for passengers 65 years or older**. Regional fare is \$5.25 round-trip for passengers 65 years or older. Fare paid to driver.

All HG trips include a trip leader and small administrative fee. RTD fares are not included in trip fees and are to be paid to RTD bus driver at time of pickup. Exact change required. Drivers and HG staff do not have change available.

Please tell staff at the Registration Desk

if you require wheelchair or walker accessible seating, because wheelchairs take up three seats on the RTD bus. Plus the event may have special seating for wheelchairs.

Residents are discouraged from driving themselves to an RTD trip venue. This takes seats away from someone who cannot drive. It also creates confusion with tickets and the trip leader who is responsible for all residents on a trip.

Questions about trip availability? Call the Clubhouse, 303-751-1811.

their honeymoon, they discover that Austria has been invaded by the Nazis, who demand the Captain's immediate service in their navy. The family's narrow escape over the mountains to Switzerland on the eve of World War 2 provides a thrilling and inspirational finale. Winner of five Tony Awards, including Best Musical. Note: Bus fare is \$5.25.

Carousel

Sunday, July 26, 2:30 pm

Cost: \$75

Deadline: Wednesday, July 15

Location: Central City Opera

Rodgers and Hammerstein's *Carousel*. Love is a wild ride! "One of America's finest theatrical achievements," Rodgers and Hammerstein's

Carousel follows the ups, downs, round and rounds of life and love. Muddling through small town expectations, meager means and conflicting dreams, Julie, Billy and their daughter Louise learn "You'll Never Walk Alone." Due to the age of the Opera House, there may be stairs. It is not wheel-chair accessible. Seating is on the first level. This is an HG-chartered trip. The bus will pick up residents in the Atrium parking lots between B243 and B244; return to HG around 7 pm. **NO REFUNDS.**

Rocky Mountain National Park

Thursday, Sept. 24

Full

Casino Trips

Grand Z Casino Central City

Thursday, May 28, 8:30 am

Thursday, June 25, 8:30 am

Cost: \$6

Deadline: Three weeks prior to event

Each guest will receive coupons upon arriving at the casino in Central City

- \$5 Z-Play card valid for slot/video poker

- \$5 off food.

- Guests must activate their \$5 Z-Play and set up a pin number.

Leave HG at 8:30 am from Atrium parking lot between B243 and B244 on East Marina Drive. Bus will leave the casino at 2 pm to return to HG.

FYI...from page 30

- **Online Exhibits.** History Colorado. Anytime. Free.

- **The Art of the Brick: Building Contest.** Denver Museum of Nature and Science. Submit before April 24. Free. Build with your own LEGOs at home, submit online.

- **The Writing on the Wall: Ekphrasis Writing Workshop.** Lighthouse Writers Workshop, join with Zoom. Saturday, 10 am–12:30 pm. \$65–75.

- **Finish Your Manuscript: The Darkness and the Light.** Lighthouse Writers Workshop, join with Zoom. Saturday, 1-3:30 pm. \$65-75.

- **Planting for Pollinators Virtual Garden Workshop.** Sustainable Green Mountain, join with GoTo-Meeting. Saturday, noon–1 pm. Free.

Art, culture and media

- **Kanopy.** Denver Public Library. Anytime. Free with a library card.

- **Audio Books.** Denver Public Library. Anytime. Free with library card.

- **360 Degree Tour.** Kirkland Museum. Anytime. Free.

- **Virtual PJ Storytime.** Second Star to the Right Books, join with Google Hangouts. Friday, 6:30 pm. Free.

- **Storytime with Nicole Lesavoy.** Second Star to the Right Books, join with Google Hangouts. Saturday, 10:30-11:30 am. Free.

- **Virtual Not-So-Straight On 'til Morning.** Second Star to the Right Books, join with Google Hangouts. Saturday, 3-4 pm.

- **Plantopia LIVESTREAM Art Extravaganza!** Spectra Art Space, join with Facebook and Instagram. Saturday, 5–8 pm. Free.

Music and nightlife

- **Volume: A Local Music Project.** Denver Public Library. Anytime. Free.

- **Whiskey Straw: Live Solo Quarantine Set.** Whiskey Straw,

stream with Instagram. Friday, 8–9 pm. Free.

- **Virtual Soul Party w/ Mile High Soul Club!** Mile High Soul Club, stream with Twitch. Friday, 8 pm-midnight.

- **Denver3 Pandemic Response Team: Virtual Dance Party.** Lip-gloss, stream with Twitch. Saturday, 8 pm–1 am. Free.

Eats and Drinks

- **Virtual Happy Hour and Tasting!** Denver Beer Co., join with Facebook Live. Friday, 4–5 pm. No charge to join, drink what you have or buy something new.

Exercise and sports

- **Virtual Groovin' Foot Workshop.** El Rasta Salsa Dance, stream with Facebook Live. Sunday, 2–4 pm. Free, donations encouraged.

- **Virtual Yin Yoga with Liz Layne.** RiNo Yoga Social, stream online. Sunday, 8–9 pm. Donation based.

See FYI...page 51



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Clubs...from page 35

want to be on our email list, contact me. – Marty Karnopp, chair, 303-353-9640, or mjkarnopp@gmail.com.

Caregivers Support Group

This group meets on the last Tuesday of the month, 7–8:30 pm, in the Aspen Room. All caregivers are welcome. For more information, call Nancy Fuhr, 303-337-4890.

Sevillians

The Sevillians monthly social is the fourth Wednesday of the month, 5 pm Wednesday, in the Banquet Room. This is a great opportunity to meet other Seville residents, and hear the latest Seville happenings from a member of the SRA Board. A sign-up sheet is posted in the mailroom of each building. – Patt Clark

HG Grief Support

This group helps those who have lost a loved one. We offer eight-week structured sessions twice a year — in the spring and in the fall.

We combine an educational and supportive approach with the focus on healthy grieving and coping with

your loss. We meet 4–6 pm Tuesdays at the Clubhouse, when in session. Registration is required.

Contact either Joanne Brand, 303-750-9722, or Marcie Jordon, 303-805-1881, for information. Please leave a message if we are unable to answer. We are here to help you. – Joanne Brand

HG Frolics

The HG Frolics Club Board has announced that the 2020 Frolics Show, “Step in Time,” will be deferred to April 2021, when the COVID-19 virus has dissipated, and we have access to the Clubhouse for rehearsals. Performance dates will be announced in 2021.

There are still opportunities to join in the fun, performing or working on several creative crews behind the scenes. Any questions, call Barbara Schneller, 303-923-3992.

Low Vision Support Group

There will not be a meeting at the Clubhouse in April. On Tuesday, April 28, the group is visiting the Colorado Center for the Blind. Call Marsha Bengen, 720-535-5224.

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HG Clubhouse Events

Please bring your receipt to the event.

Clubhouse Hours: 6 am to 10 pm, Monday–Saturday
6 am to 8 pm Sunday • Phone 303-751-1811

Clubhouse Manager Linda Aluise

Assistant Clubhouse Manager Lewis Boeve

Spring classes tentatively to start week of March 30.

Please call the Clubhouse before attending.

HG Clubhouse Manager Linda Aluise: Please note that these are proposed events and activities to be held in the HG Clubhouse if the COVID-19 pandemic shows signs of declining and restrictions about social distancing are relaxed. Call the Clubhouse, 303-751-1811 for updated information. If canceled, HG will try to reschedule these events.

1st Saturday Night Dance: Canceled!

Saturday, April 4, 6:30–9:30 pm, Sandberg Auditorium

Technology for Heather Gardens

Saturday, 9–10 am, \$10, Aspen Room

April 4–May 2 (**canceled!**) or May 9–30 (**available**)

(5 weeks — must attend all classes)

Instructor: Gary Ford, B242

Learn about the electronic technologies available to HG residents. Class will include:

- Internet: its history, how it works, and how to choose an Internet service provider.
- The many choices you have for television and what each may cost (broadcast, cable, satellite, and the newest option — streaming).
- How internet connects to your condo. What kinds of devices and cables you need for computers, televisions, and telephones to hook up?
- Discuss how to use the technologies effectively, including maintaining your privacy and security online.

Active Minds: California – Canceled!

Wednesday, April 8, 2 pm, Sandberg Auditorium

FREE: Registration requested, call 303-751-1811

With more people than any other state and an economy that would place it ninth in the world if it were a country, California is an enigma to most Americans. It is a complex state with a colorful history and significant current challenges, including wildfires. Explore the Golden State. Learn what makes it unique!

Events Planning

Do you like to help plan events? Do you like to decorate and be creative with table decorations? Do you like to work with themes and create an ambiance? We need you! We are pulling together a planning group to help plan, decorate, and assist with various events. If interested, contact Lewis Boeve, 303-751-1811, x 138, for more information.

Watch Batteries – Canceled!

Thursday, April 9, 9 am–1 pm, Lodgepole Lounge

Fee: \$7 per battery.

Bring in your watches, car remotes or hearing aids in for new batteries while you wait.

Movie Matinee and Night: Midway - Canceled!

Friday, April 10, 1 pm and 6:30 pm, Sandberg Auditorium

Fee: \$5 pre-register, \$6 on day of event

On Dec. 7, 1941, Japanese forces launched a devastating attack on Pearl Harbor, the U.S. naval base in Hawaii. Six months later, the Battle of Midway commenced on June 4, 1942, as the Japanese navy once again planned a strike against American ships in the Pacific. For the next three days, the U.S. Navy and a squad of brave fighter pilots engaged the enemy in one of the most important and decisive battles of World War 2. Rated PG-13

Ask A Pharmacist: Allergies – Canceled!

Monday, April 20, 11 am, Mountainview Room

FREE: Registration requested, call 303-751-1811.

Spring is in the air! Come learn what you can do to alleviate your allergy symptoms for spring. Dr. Charlie Pratt, PharmD, will discuss some common remedies for spring allergies.

9Health Fair (April 22) — Canceled!

Questions, contact Clubhouse Manager Linda Aluise, 303 751-1811, or Linda.Aluise@heathergardens.org.

Movie Matinee and Night: Knives Out – Canceled!

Friday, April 24, 1 pm and 6:30 pm, Sandberg Auditorium

Fee: \$5 pre-register, \$6 on day of event

Knives Out is a fun, modern-day murder mystery where everyone is a suspect. When renowned crime novelist Harlan Thrombey (Christopher Plummer) is found dead at his estate just after his 85th birthday, the inquisitive and debonair Detective Benoit Blanc (Daniel Craig) is mysteriously enlisted to investigate. Blanc sifts through a web of red herrings and self-serving lies from Harlan's dysfunctional family and his devoted staff to uncover the truth behind Harlan's untimely death. With an all-star ensemble cast, *Knives Out* is a witty and stylish whodunit guaranteed to keep audiences guessing until the very end. Rated PG-13

Family Swim Time (Indoor Pool only): Saturday, Sunday, 2–4 pm

Children, 16 years and younger, may join grandparents to swim. A Pool Attendant is on deck during these scheduled hours to greet, register swimmers and enforce pool rules. No Lifeguard on Duty, swim at own risk. All guests must be accompanied by a resident. Each unit is allowed up to four guests.

Pool Attendant: Looking ahead to summer and the outdoor pool opening, I am looking for a Pool Attendant for the outdoor pool during June, July and August. This is a part-time, paid position. If interested, call Clubhouse Manager Linda Aluise, 303-751-1811, x132.

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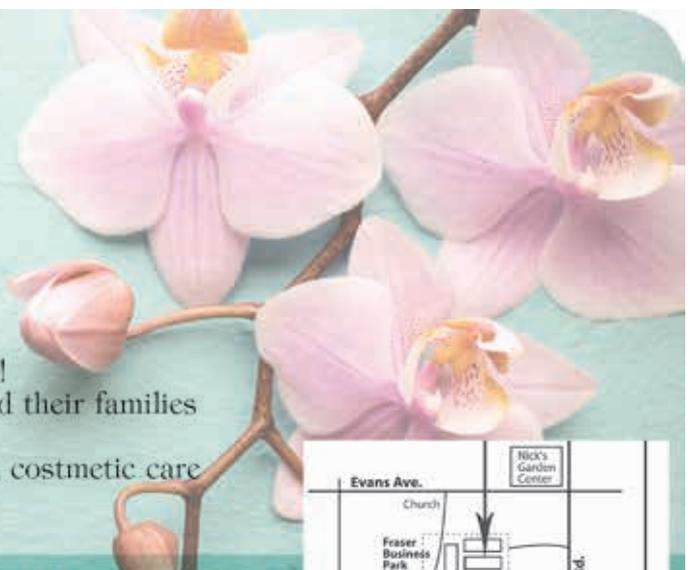
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Trailer For Sale. 2017 Keystone Passport Elite Travel Trailer. Length: 19 feet. Axles: 2. Slides: 1 – Dinette. \$20,000, perfect condition. Contact Bill Sheppard, CVPMail@aol.com, or call Patty Hilger, B243, 303-353-9599.

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FYI...from page 43

National Memorial: post-9/11 veterans

Representatives Jason Crow, D-Colo., and Mike Gallagher, R-Wis., have introduced legislation identifying possible locations on the National Mall for a memorial honoring veterans of the global war on terrorism. As *Stars and Stripes* reports, President Trump approved the construction of a new memorial in 2017, "and the proposed legislation designates options of where to build it in Washington. The three possible locations place the new memorial near the Korean, Vietnam and World War 2 memorials."

Approximately 4.8 million veterans and 67,000 active-duty personnel have served in the global war on terrorism. An estimated 7,000 U.S. servicemembers have been killed, and nearly 53,000 wounded. [*The American Legion Magazine*, February 2020]

Women in the Military

Since the Army Nurse Corps was established in 1901, American women have served overseas, under fire and on the front lines in every major U.S. conflict.

- 500,000+ women served during the Vietnam era, the Korean War and World War 2
- 1.65 million women veterans in the U.S. and

Puerto Rico in 2018

- 35.8 percent of living women veterans who served post-9/11
- 20 percent of military recruits who are women
- 15 percent of active-duty force who are women
- 18 percent of reserves and National Guard who are women

Did you know? Congress established a regular women's component in all branches of the U.S. military in 1948, but capped women's participation at 2 percent of the total force. The cap was lifted incrementally starting in 1973, as part of the creation of an all-volunteer force. [*The American Legion Magazine*, March 2020]

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Overheard @ HG

Rites of passage — or give me my %\$#%# Social Security

by Mary Hafka

I celebrate a landmark birthday in April. I am marking the occasion by:

- 1) taking Social Security,
- 2) cutting back on work hours, and,
- 3) familiarizing myself with emergency-room practices and procedures.

I actually launched the last endeavor prematurely, by visiting the ER in February. I was in the emergency room many years ago, following a car accident. Other than that, I had been spared the specter of routinely skipping off to the ER — other than accompanying other people on *their* visits to the emergency room. I did plenty of that, while my parents were still alive.

In February, I had what people used to call a spell. I was disoriented for an hour, or so, and couldn't remember certain details about my week, although other parts of my memory were perfectly clear.

My mother had suffered a series of TIAs/small strokes, so — being the sort of individual who would rather diagnose myself than visit a doctor — I decided a TIA probably was what I'd experienced.

As “the spell” passed completely, I assessed that everything seemed back to normal. I did ring up Kaiser Permanente, however, because I could tell that what I had encountered was yet another landmark event.

Kaiser didn't share my cavalier view of what had just happened. So off to Swedish Hospital I got carted. It was worth the trip, as tests showed I hadn't had a stroke. That knowledge alone was worth the three hours spent lounging around the ER.

I received a diagnosis of Transient Global Amnesia. TGA, I sort of believe, is one of those maladies that doctors accuse you of having had, when they don't know what you've had.

TGA events typically last one to 24 hours, then clear all by themselves. Nothing needs to be done. Having a TGA is rare, and chances are excellent a person will never have another one.

According to the Mayo Clinic website, “some experts believe it is a rare type of seizure.” TGAs happen most often to people with a history of migraine headaches. (Yes, that's me.) TGAs might be brought on by exposure to cold or vigorous exercise. (I was sawing some long pieces of wood into bite-sized fire logs outdoors — and it was very cold, in the teens — just before my event occurred.)

I've since admitted to friends, that having been the recipient of a rare, exotic sort of attack that is likely to never occur again, from which I will have no lasting effects, and that no one has ever heard of — I intend to milk the event for all that it's worth. I've already burdened some pals with TGA jokes, by refusing to pay my share of the lunch tab. I didn't actually remember eating any lunch.

There certainly is much humor to be found in the aging process, if you can keep a straight face. (Having a stroke apparently makes it easier for you to keep a straight face. But don't listen to me. I didn't have a stroke, they say, and — anyway — I had amnesia at the time.)

Amid the humor, old age must have its privileges. I have a buddy who is of the traditional persuasion. She believes that husbands should take care of servicing the car and hiring the handymen. She will take care of cooking and supervising the cleaning staff.

After her husband died, she was faced with the unwelcome prospect of having to call the handyman herself, to coordinate household repairs.

She chafed under the unfairness of it all for a year, then took action. She sold the patio home she owned in her senior community, then rented it back from the new owners. Instead of having to call the handyman, now she just calls the landlords, and tells them to get cracking on having minor repairs seen to.

She admitted, though, that the landlords aren't as responsive to her as she would like. I suspect they think she nitpicks.

Another pal of mine, Jane, can't hear well. It's worse if a person is sitting on the side near her bad ear. Someone once said to her, after stocking up on cat food, that they just wanted to be prepared. Jane replied, “Did you say, you just wanted to be a pig fairy?”

Don't laugh — although we did. (Luckily, Jane doesn't get mad when we make fun of her terrible hearing.) There actually is a children's cartoon entitled, *Peppa Pig, the Fairy Princess*. That someone should abruptly announce her desire to turn into Peppa Pig naturally was confusing to Jane...as if we elderly all aren't confused enough already.

There is also a pig fairy mentioned in a Romanian folk tale. Just thought I'd mention that, because — although Jane is clearly hard of hearing — I didn't want readers to think that she is crazy.

Just the idea of having had a form of amnesia strikes me as more than a little funny. I associate the condition with characters in soap operas, who've murdered six people and had three children, but don't remember, because they've had amnesia. That's after they've awoken from their seven-year comas.

Now that we're all huddling at home, dodging COVID-19 exposure (self-quarantining, I believe, is the term), my jaunt to the ER has already lost some of its drama. If you break quarantine and run into me in the coming months, I'd advise you not to loan me any money, books, or gardening tools. You'll probably never get them back, because — you know — I've been suffering from amnesia, lately.

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