



Heather 'n Von

August, 2016

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The Official Newsmagazine for HG
www.heathergardens.org

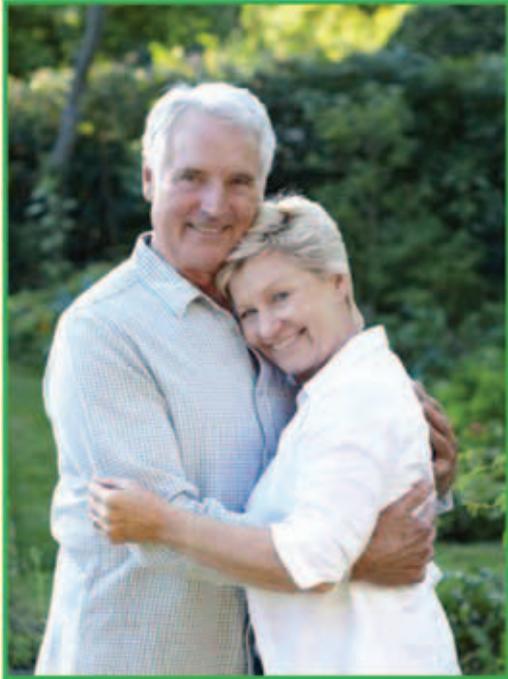
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(More National Park photos on page 25.)

Photo by Dottie Gravning, B220



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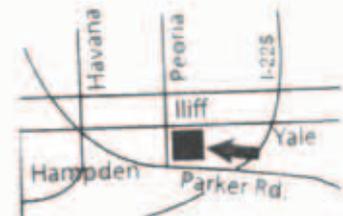


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TO HG RESIDENTS:

It is the intent of the Editors to provide information of interest to its readers, to afford persons with varying and differing views opportunity to air responsible opinions on matters of community interest and to promote community and enjoyable life pursuits.

Heather 'n Yon welcomes letters and other articles concerned with community issues. Letters must be signed, dated and include the writer's address and phone number. Letters may be edited for reasons of space and clarity.

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Golf fee increase approved, RV lot rates to increase after renovations

The July 14 meeting of the HGMD Board of Directors met with all directors present. President Larry Francone announced the new recycling containers obtained for the Clubhouse by HG's The Green Team would be "in place later today."

The board approved adjusting the price structure for greens fees for resident and non-resident players, to be incorporated into the 2017 budget, which will take effect January 1. Greens fees increased 50¢ to \$3 per round, for the various categories of players. See sidebar.

General Manager Calvin Eddy-White said, "Su and I will use [the new greens fee schedule] in our budget assumptions" for 2017.

The board discussed repairs to HG's RV lot. Repaving will occur in 2017. Changing the entrances to the lots is being considered.

General Manager Calvin Eddy-White stated Roads & Grounds Supervisor Jeff Owens would work with contractors, and develop some renovation options. The recommendations would go to the Ad Hoc Committee on Yale, chaired by Twyla Gaugenmaier, Francone remarked.

Gaugenmaier noted that rental rates for RV spaces are seriously below market. She recommended raising the rates, but not until renovations on the RV lot are done.

"Maybe we can adjust budget rates for next year," she said.

Gaugenmaier reported she had received a memo from City of Aurora Engineer Cindy Colip, stating the city is collecting data regarding traffic patterns in HG. Traffic calming measures along South Heath-

er Gardens Way, Phase 1, will add bike and parking lanes and eliminate some left-turn lanes.

Phase 2 will include new crosswalks on East Marina Dr. (EMD), with curb ramps, and flashing lights when a pedestrian is in a crosswalk. Redesigning the entrance at Yale and Abilene continues. Consultants are working with the city on adding a traffic light at Yale and EMD.

A Memorandum of Understanding approved by the board (with Director Vince Velasquez voting no) outlines HGMD's responsibilities regarding an organ located in the Sandberg Auditorium, which belongs to HG's religious organizations. It was stated the organ was placed into the Sandberg Auditorium without the HGMD board's knowledge or consent.

"I don't agree," Velasquez said. "I think this should be a contract" [rather than a memo of understanding with the church groups].

Discussion ensued over whether other clubs and groups that store their property in the Clubhouse should

be issued a Memorandum of Understanding. The Frolics and Optimists Clubs, for example, both store property in cages in the Clubhouse basement.

Ed Kurtz remarked that HGMD does not wish to be liable for damage to this property. He offered to work on some boilerplate wording for a future memo.

Kurtz reported the Foundation has withdrawn from two proposed projects: buying a new organ and renovating the Clubhouse Reception Desk. Studying

See HGMD...page 7

2017 Greens Fees

Effective January 1, greens fees on the HG Golf Course will be increased, as follows:

- HG resident golfer \$9 (from \$7.50)
- 85+ age resident golfer \$8 (from \$7)
- Junior \$8 (from \$7.50)
- Guests and non-resident seniors \$11 (from \$10)
- Non-residents Unchanged
- Non-residents 8 am to 2 pm weekends and holidays \$18 (from \$15)
- 2 for 1 Special 2 for \$18 (from \$15)
- League play \$12 (from \$11)
- 40 Play Card \$324 (from \$280)

Cart-rental fees remained unchanged.

Foundation Projects

As demolition began on Regatta Plaza, the nearest shopping center to HG with the ever popular King Soppers

grocery store, areas were fenced off and buildings were torn down. Key Bank and King Soppers will remain open during these early development phases. Eventually, the new development will include retail, business and residential buildings.

It will get a new name: The Point at Nine Mile Station. A King Soppers on site will double in size when it opens in October 2017. The entire renewal project is expected to take five years.



Extra! Extra! Information for you—

Campus Technology Committee update

Contract Pending: A draft agreement is under review by Comcast. No contract will be approved or in force until the threshold of reservations set by the HGA Board is met or passed.

The figure CTC recommends is at least 65 percent of HG homes subscribing. This will effectively be the opportunity for residents to “vote” on the plan once the details have been worked out with Comcast. If this level of participation is not met, then the plan will not move forward.

Finances: The financial protection for the community comes in two ways.

First, the residents for 30+ years have paid retail prices for the same services that HGNET will provide at wholesale. This price tag today is about \$3 million/year paid out to Comcast. It is likely that residents who are receiving *a better program package, *improved customer care and *faster, more stable internet at a lower monthly cost will stay on their current the program.

With HGNet, price increases will no longer be arbitrary, but capped and tied to an index. Most HG residents report about \$500/year savings with the wholesale plan (\$700,000/year savings as a campus).

Second, in the unlikely event HG’s subscriber count should drop below the 65 percent threshold, the community can opt out of the programming package, keeping only broadband internet for the remainder of the agreement.

Administrative Fee: The \$5 monthly fee per subscriber will be used to keep the model self-sufficient so that no change in dues is needed for the costs of Accounting, Roads & Grounds and Maintenance. If, at year end, the internal audit shows that not all fees are needed, then it will be decreased for the next year.

See CTC...page 11

Falls are not a normal part of aging

It was a normal day. Mrs. Matthews was busy baking cookies for her grandchildren who would be visiting that weekend. She and her husband live in a friendly retirement community. She prides herself on keeping a neat, uncluttered, and very orga-



nized home. She is healthy but her husband moves more slowly, and they are concerned about him falling.

Mrs. Matthews had just placed a tray of cookies in the oven, and turned to put down the oven mitt when she fell. The fall took her by surprise and caused her some concern. She found herself going over the events of the

day and asking herself: How did that happen? Will it happen again? What if it had been her

husband?

Falls are not a normal part of aging, yet one in three adults age 65 and older falls every year. Falls-related injuries are the leading cause of death for older adults and are also the most common cause of nonfatal injuries and hospital admissions for trauma.

Twenty to 30 percent of people who fall suffer moderate to severe

See Falls...page 10



UCHealth

Emergency Preparedness: Planning

As I stand sentry for HG, I ask myself, “What is an emergency? It may mean different things to different people, but one thing for sure, if I get a flat tire on East Marina Drive, it’s certainly an emergency to me! That’s why I belong to AAA. I am prepared for this automotive emergency. I pull out my cell phone and call for roadside assistance.”



HG Manny

What is an “Emergency”? (*dictionary.com*)

1. “a sudden, urgent, usually unexpected occurrence or occasion requiring immediate action.”

2. “a state, especially of need for help or relief, created by some unexpected event: a weather emergency; a financial emergency.”

What is a “Disaster”? (*dictionary.com*) “a calamitous event, especially one occurring suddenly and causing great loss of life, damage, or hardship, as a flood, airplane crash, or business failure.”

Disasters, whether natural or accidental, can strike quickly without warning.

- Thunderstorms and Lightning
- Floods and Flash Flooding
- Tornados
- Extreme Heat and Drought
- Building Fire
- Hazardous Material Accident
- Terrorist Attack

First responders may not be able to reach you immediately. You must be able to care for yourself for at least 72 hours.

See Planning...page 10

Bulletproof vests for Security; B217 restoration continues

On July 12, all directors attended the HGA's regular Board of Directors Meeting. Recent shootings of police officers throughout the country triggered a discussion, first in the Security Subcommittee, then in this meeting, about whether HG security officers need bulletproof vests.

The board approved a motion stating that bulletproof vests would be provided to HG Security officers, who would be required to wear them while on duty. Because the cost of purchasing six vests (\$4,000-\$5,000) is within the general manager's signing authority, the type of vest and method of funding (purchasing the vests outright versus giving officers an allowance, or reimbursing a purchase, to provide his/her own) would be evaluated by HG's Security Chief Larry Baker.

The board approved insurance-work payments related to the fire in B217. HG has received approximately \$400,000 from its insurance company thus far.

About \$167,000 has been spent, and more money must be released, "or the restoration company won't keep working," said General Manager Calvin Eddy-White. HG has made "\$50,000-\$100,000 payments per shot" to the restoration company.

The board approved a revision to the Procedure Memorandum (PM) regarding building plumbing, to provide guidelines for installing radon-mitigation systems. It also amended the PM on fireplaces, describing how gas lines should be installed (preferably, inside the unit).

The board approved a revision to the PM on the reserve study committee, allowing the HGA's treasurer to designate who chairs the subcommittee, rather than doing so herself. Treasurer Susan Lambert hoped that Budget & Finance (B&F) Committee Member John Coil, who has overseen the work of the subcommittee since the death of Bruce Jones, could continue in that role.

Discussion ensued over a motion tabled earlier this

year to add an electric-car charging station on HG property. The Structure Maintenance Committee recommended installing the station near B231, but B&F, after extensive research by Lambert, did not support the recommendation.

Electric cars

One speaker stated electric-car owners already are plugging their cars in, in parking garages, so HG residents are paying for the power without any reimbursement, which a charging station could provide. Others felt too few electric cars existed within HG to make the expense worthwhile — even if a charging fee was levied. The payback time to recoup the cost would be years. In the end, the motion failed.

When asked about standpipe inspections, General Manager Calvin Eddy-White said 12 buildings had yet to be tested. While a variety of repairs are easily done, quotes are needed on problems that are either valve leaks or failure when under pressure. HG is working with the fire inspector on each test.

The board adjourned into executive session to hear matters regarding a hardship case, a violation hearing, and legal matters, with HGA's attorney.

Other actions approved by the board:

...contract with Ideal Restoration, as a trial, to coat the parking deck at B231 (\$18,300).

...contract with Resources Colorado for carpeting, and Carpet One for the carpet base, for replacing carpet on the first floors of B204, B208, B216, B231, B233 and B236 (\$91,800).

...contract with AIAS Industries to replace skylights in the Atrium buildings (\$87,300).

...resident request to add skylights to a patio home.

HGMD ...from page 5

a project for better lighting over the Reception Desk continues.

The board approved pruning or removing cottonwoods and other trees that encroach on the right of way granted to RTD. A contract with Beaver Stump Grindings was not to exceed \$5,500.

The board approved a six-month extension of the expiration date, for a 40-play golf punch card, for a resident who had elbow surgery.

John Wallace, CP1, offered a "shout out" to the HGMD Board, for posting their agenda on the HG website prior to the meeting. He expressed the hope that the HGA Board and the committees would follow suit.

The board moved into executive session, to discuss issues related to contracts.

Community Watch Kick-off

HG Security launched a Community Watch Program at the last ARO meeting. Join me and HG's PAR Officer from the Aurora Police Department for its first meeting, 2 pm Wednesday, August 17, in Sandberg Auditorium. Please attend if you can.

We will discuss when to call 9-1-1 and when to call Security. We will discuss Emergency Preparedness, how to survive a power outage, tornado, rain, hail, and snow, and the different resources needed to survive.

We will discuss community: how well do you know your neighbors? Is it safe for them to live by themselves? We will define at-risk adults, who may need to look at other options, and possibly have home care.

As a community, the Watch Program can be much more than the eyes and ears of the community. Join us. Be a part of its success.

— Chief Larry Baker

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Recycling containers



Purchased with a grant from the City of Aurora, the Green Team placed three recycling bins in the HG Clubhouse on July 14.

Left: Joyce Laman stands next to the bin on the first floor lobby near the rest rooms.

Right: Ginny Anthony stands next to the one on the second floor near the elevator and across from the Billiard Room.



Right: The third bin is between the elevator and Sandberg Auditorium on the first floor lobby. Members of the Green Team surround it. Seated: Diane Pritchard and Wendy Pfaffhausen



From left, standing: Viola Stafford, Marsha Bengen, Mary Dawson, Jim Sutton, Fred Berliner, Joan Cod, David Faris, Ginny Anthony, Jennifer Mays.

Falls...from page 6

injuries such as lacerations, hip fractures, or head traumas. Even if no injuries occur after a fall, many people develop a fear of falling, which in turn often causes them to limit their activities. This can result in reduced mobility and loss of physical conditioning, increasing the risk of falling.

You can take matters into your own hands and prevent falls from occurring by "Stepping On." Stepping On is a FREE program offered through The University of Colorado Hospital and Aurora Fire Rescue that

empowers older adults to carry out healthy behaviors that reduce the risks of falls. It is a community-based workshop offered once a week for seven weeks.

In a small-group setting, you will learn balance exercises and develop specific knowledge and skills to prevent falls. Subjects covered include: improving balance and strength, home modifications, community safety, vision, medication review, safe footwear, and sleep. The workshops are facilitated by a trained leader, and guest experts such as physical therapists, pharmacists, and

vision specialists are brought in to teach certain sessions.

Stepping On is ideal for older adults who: are at risk of falling, have fallen or have a fear of falling, live in their own home or independent living facility, and are cognitively intact. The next Stepping On program starts this September. For more information please call Trauma Services at 720-848-4805 or email preventioninfo@uchealth.org.

**– Laurie Lovedale MPH CPSII
Injury Prevention Specialist
University of Colorado Hospital**

Make a plan...from page 6

So, how do I accomplish what sounds like a formidable task? How do I get ready for the unexpected?

Preparation is the key.

Get Ready Now

Evaluate your own personal needs and make a plan that fits your needs. You may need to shelter in place or evacuate. Some common sense measures follow:

1. *Get a Kit of Emergency Supplies* Plan to make it on your own for three days. Consider the resources you use on a daily basis and plan to do without. Basic supplies should include at a minimum: water, food,

battery-powered radio, flashlight and extra batteries, first aid kit, whistle to signal for help, pet kit;

Medication and Medical Supplies; Emergency Documents — family records, wills, power of attorney documents, deeds, social security numbers, credit card and bank information, names and phones numbers of your personal support network and medical providers.

2. *Make a Plan for What you Will Do in an Emergency*

3. *Be Informed About What Might Happen*

Emergency preparation informa-

tion could fill a whole magazine. Future articles will provide more information.

None of us can predict when we might be affected by a disaster, but being prepared will enable us to be more efficient and cope better when it does strike! Here, you can create, print, and store your preparedness plans online.

{• Information Source: www.ready.gov, Prepare For Emergencies Now: Information for Older Americans
• Additional information at www.readycolorado.com}

**–Donna Szewczynski
Emergency Preparedness
Committee, B235**



HGA Board President Reports

By Winnie Jennings

Rebate Information

The Long Range Planning Committee is actively pursuing ideas to help HG residents save money now and in the future.

On the Xcel Energy website, click on "rebates." Several items, if replaced with a more energy efficient appliance, will get you a rebate:

- | | |
|---------------------------|---------------------|
| 1. Refrigerator recycling | 2. Air conditioners |
| 3. Water heaters | 4. Furnaces |
| 5. Light bulbs | 6. Thermostats |

On the Aurora water website, click on "rebates," then note what you have to do if you get a new toilet.

Thank you, Dee White, for this information.

...

I attended the Long Range Planning Committee meeting on Wednesday, July 13. (I do attend most meetings of all committees.) It was the first of the Life Cycle

Analysis of HG buildings. Present was a woman from University of Colorado, Boulder, two men from Farns Worth and two men from SBSA, Inc.

These people will assess one Alpha building, one parking structure, one Townhouse, one Country Place, one Somerset and one Atrium building. They will report on the basic remaining life of the buildings examined, identifying what improvements are needed:

- To meet building codes
- To extend useful life
- To provide costs to replace, adhering to current building codes
- Describe future structural and infrastructure needs.

Sounds great to me.

...

The HGA Board Election, scheduled for October 2016, will elect four directors. Three will get three-year terms, beginning January 2017. One will have a one-year term, replacing Bruce Jones. Self-nominating forms are due by Tuesday, Aug. 2. Will you be one of them?

...

HG has not received a final incident report from the Fire Department on B217. I went to the Fire Department on June 29, but obtained only a basic incident report, which did not contain a final determination.

Sure hope you are handling the heat. Keep cool. Drink water.

CTC ...from page 6

No profit from the plan will go into the HG General Fund. It will be used to adjust the next year's rates to cover actual plan costs.

Competitors are still welcome. In fact, during year 10, CTC will (again) be soliciting bids from competitors to help HG, which will then own and operate its own fiber network. Once the system is paid for, everyone's costs will go down by that amount. When solicited this year, neither DirecTV, Dish Network, nor CenturyLink were able to provide TV programming and internet to the entire community, so they chose not to bid. Once Google Fiber becomes a reality in Aurora, they can easily connect to the fiber network if that makes financial sense.

Fiber Optic Cable is expected to remain the most cost-effective way to distribute data over the next 20-30 years. If HG was built today, the developer would absolutely be installing fiber, not coaxial cable, throughout the campus. The VA Medical Center, Fitzsimons/Anschutz/Childrens Hospital and Auraria Campus have done that. If you have a bicycle, you don't really need a car. But the car gives you freedom and speed you sacrifice otherwise. The same is true of fiber optic technology.

CTC Briefings are still available to individual areas who invite members of the committee. If more briefings are scheduled in Sandberg Auditorium, the AR organization will get the word out to residents.

- **Bruce Henson**
CTC Chair, STH

Do you have the right insurance?

HG Security is sponsoring a seminar about HO-6 Insurance policies at 1 pm Friday, Aug. 19, in the Blue Spruce Room.

Speaker will be

HG Master Insurance Broker Bobbie Fitzgerald, Senior Vice President, USI Colorado. Learn about potential insurance gaps in your policy; what your policy should cover for condo living.

Bring your questions.

IN MEMORIAM

Jody Deisch (former 250, NTH)
Shirley Dickhart (233)
Bella Pluchek (244)
Helen McKay (219)
Ernie Moore (former 244)
Lynn Steckman (220)
Wally VanderKooy (244)
Alma Wing (CP3)

To be included in the e-mail blasts, containing current news in Heather Gardens, call Lewis Boeve, 303-751-1811, lewis.boeve@heathergardens.org. He will need your name, building number (or address) and your e-mail address.

- **Kay Sawyer, Chair, Communications Committee**



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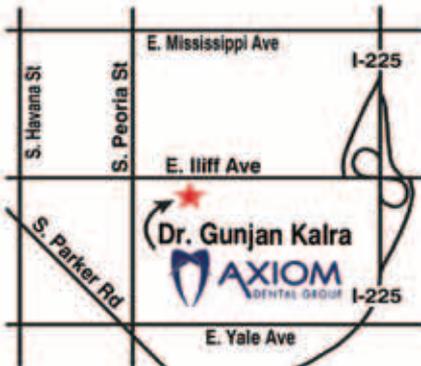
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Publisher's Corner

HG couple celebrates 60th Wedding Anniversary

by Lynn Donaldson, Editor of Heather 'n Yon

I love features. Always have. I love to hear the stories that people can tell about their life, their experience. Sometimes, I think I got my ability to listen well from my father, who was a good interviewer.

This story is one I enjoy sharing. It came after a call from Jean Carabelos in which she asked whether *Heather 'n Yon* would be interested in a story about a 60th Anniversary. I told her that I was, but that it might have to wait for the September issue because I had already assigned two features to writers for August.

When she told me that the anniversary was celebrated in June, I told her to send it to me. I would see what I could do. It is a love story. Enjoy.

Submitted by the Carabelos:

Jean (Scimone) and Leonard S. Carabelos were married on June 23, 1956, at the Episcopal Cathedral in Youngstown, Ohio. Jean was 19; Leonard was 21.

The couple met in their sophomore year at Hubbard High School. Hubbard is a small town just SE of Youngstown and about 7 miles from the Pennsylvania border. Leonard joined the Air Force, spending two years in Japan while Jean completed high school.

Leonard mailed Jean an engagement ring he had commissioned from a Japanese jeweler. Jean still wears this ring set. When they married, Leonard still had one year of Air Force service to complete. He was stationed in Dayton, Ohio, at Wright Patterson Air Force Base. The couple lived off base that year.

After Leonard left the Air Force, the couple returned to Hubbard, living in Jean's parents' home while her parents took a sabbatical to Florida. Her mom returned earlier than the one year planned when the Carabelos' first daughter was born. Eventu-

ally they had three children, Victoria, Vincent and Leonard. Today, they have four grandchildren: Daniel, Jeffrey, Brittany Marie and Zachary; and two great-grandchildren: Paula Rose and Avery Michael. One more is expected in October.

After military service, Leonard trained and worked in the heating and air conditioning service industry. It was an ongoing process of learning because the industry was constantly changing. In 1982, he started his own company, providing service to HVAC systems for nearly 20 years.

Jean worked in three different careers. First, after high school, she was an executive secretary in a law office where her business major was put to use. When Leonard started his company, she assisted him on the legal aspects, avoiding the need for a legal advisor.

Once Leonard's company was established, Jean decided to start her own company. She had studied health and healing, preventive care and maintaining life and limb when she had time. She sought alternative methods when medical cures were unsatisfactory. She started a clinic that provided some of these alternatives: massages, deep tissue therapy, cranial-sacral release, reflexology and acupressure (light touch). She ran this clinic for about 20 years.

When the Carabelos became empty nesters after 39 years in the same home, they sold it and moved to Surprise, Arizona. In this Sun City community, they met other retired couples.

In 2010, with an expanding family in Colorado, they moved to HG (B220) where they discovered a "community spirit and fun-loving neighbors" similar to what they loved in Arizona. They make return visits



because Arizona is "the adventure they wanted, still love and pursue."

The 60th Anniversary was celebrated in Wheat Ridge on June 25. Many happy returns to Jean and Leonard!

...

Keep your stories coming. *Heather 'n Yon* loves to share these with the community. We never attempt to tell a life's story — that is reserved for your memoirs. Just pick one or two incidents in your life that are memorable and fun to tell others.



Above: A coaster designed for the Carabelos' 50th Anniversary that shows them when married and 10 years ago.



Management
**HG employees
 work hard
 for you**

By Calvin Eddy-White
General Manager

Every time I am out in Heather Gardens (HG), I am amazed at the beauty of the grounds. The buildings are maintained to such high standards that it is hard to remember that some are over 40 years old. All can be attributed to the hard work and professionalism of HG employees.

When I consider the size of the landscape area, the number of buildings, the excellent playability of the golf course and the number and caliber of social activities offered in the Clubhouse, and I look at the number of employees on staff to accomplish all of this — I can not help but be proud of each individual's accomplishments.

I and the other employees know that a vast majority of residents agree with my observations. Unfortunately, we cannot be, nor will we ever be, all things to all people.

There is no doubt that at times a resident may feel that a particular employee has not performed their particular assignment in a satisfactory manner. Maybe on occasion that type of criticism is warranted, but never lose sight of the big picture. I ask that you take into consideration just what that particular individual is trying to accomplish throughout the complex while simultaneously dealing with the challenges in their personal lives.

We all have bad days!

There are those times when no matter how hard employees concentrate, something keeps tugging, causing them to forget, overlook or do a less than perfect job.

I am sure you know exactly what I am talking about, because the living experiences I refer to happen to everyone.

Remember when:

- Your newly licensed teenager is taking the family car out for the first time on a Friday night.
- Your "baby" has called and plans to bring home the person they expect to spend the rest of their life with.
- Your car is starting to sound like it will explode.
- You had to take a cold shower this morning because the water heater broke last night.
- Your daughter's orthodontist said she is in dire need of a full set of braces, and payday is 13 days away.
- You were not feeling very good, probably should have stayed home, but didn't because a particular job had to be completed that day.

The point is that HG's employees are no different from you. They have responsibilities. They have to make the best of all situations. They also have feelings, ambitions and dreams.

Fortunately, among their goals is to do a good job and help each other, and the residents, to the best of their ability. What they don't want and definitely don't deserve is to be ridiculed or mistreated. The employees were not hired to be the recipients of verbal abuse.

What they all were hired to do is provide quality service and manage their work in a professional and pleasing manner.

They do that, and so much more on a daily basis for HG!

GM's Report

General Manager

- Attended board, committee, and ARO meetings.
- Reviewed payables and Capital Projects.
- Reviewed ACC Project Approval forms.
- Continued working on B217 fire insurance claims.
- Continued planning 2016 projects.
- Began 2017 budget creation.

Controller

- Began preparing for upcoming 401K audit.
- Submitted paperwork to Key Bank for change of signers.
- Reviewed budget process for HGA and HGMD.
- Conducted research credit for past Sales Tax returns.

- Assisted SRA on spending for Spa Renovation.
- Researched new OT laws for exempt employees.

Paint

- Completed 41 work orders.
- Completed B216 chair rail project.
- Filled last position available in the department.
- Began repairing walls in B206 before installing chair rail.
- Attended safety meeting.
- Painted pool lines in Clubhouse pool.
- Continued working on walk around work orders.
- Ordered paint department uniforms.

Maintenance

- Completed 943 work orders; 107 were billable.
- Completed plumbing inspections at B206 and CP6.

- Replaced evaporative cooler pumps in B218 and B233.
- Installed new air handler filters in multi-story buildings.
- Replaced outside island wiring, posts, and lights going into CP4.
- Opened Seville Pool.
- Started all evaporative coolers in all multi-story buildings.
- Replaced Celdeck pads in B201, B202, B203, B204, B235, B242, B244 and B250.
- Completed lanai epoxy coating in eight units.
- Installed domestic hot water hi-limit t-stats in B209 and B210.
- Repaired hole on 4th floor soffit in B203.
- Replaced damaged garage door panels in CP and TH units.
- Copper pipe repairs done in numerous locations.
- Worked with Travelers Insurance

See GM Report...page 30

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A beloved ragamuffin project: Second Chance Bicycle Shop

Ernie Clark, Aurora's philanthropic "Bicycle Repairman," springs into interview mode during an initial handshake. Proprietor of Second Chance Bike Shop, Ernie is answering questions before they are asked, all while leading an enthusiastic tour of his new digs at Alameda and Sable.

"It started about 12 years ago with a friend of mine. He wanted to show his son about giving back."

The "it" is a way to provide bicycles for kids that can't afford one. And "it" has expanded to giving bicycles to homeless and refugee families — people who need a little help in getting an alternate method of transportation. Ernie has lost track of how many bicycles he's given away.

"We give so many, it isn't funny. Over the [single] year, you're looking at about 1,000 bikes."

Ernie whisks through noisy corridors. Radios in each room are tuned to different stations. Volunteers call out to each other. Metal clinks against metal. We twist through rows of bikes in various stages of restoration, and pass through a hall of wheels into a room of break cables, shifters, pads. Rims hang from the wall in another hallway that leads to an office where cabinets are stuffed with parts and fasteners. Through another hallway, and into another office, there are shelves of helmets.

"These bikes here are ready to go. When we get calls, we get them out as soon as we can."

The calls come from several Aurora agencies: police, schools, youth programs, mental health, housing.

"We gave 65 bicycles to Boston Elementary in September. We adopted that school. I found out it is a low-income school: they have a lot of kids flip-flopping back and forth."

Another school requested a bicycle for a student whose grades were slipping. The boy lived further away and was always late to school.

"We give him a bike. Then we do a follow-up about three months later to make sure that's the problem. If the bike was the only thing Johnny needed to get his grades back up, I think: 'Wow, we did pretty good.'"

Second Chance Bike Shop morphed from a secret Santa program that an Aurora firefighter organized years ago. Most of the bikes are unclaimed, stolen property impounded by police. Bikes in good shape are tuned and checked for safety. Bikes in bad shape become parts.

Through programs at Aurora's Central and Martin Luther King Libraries, Ernie and volunteers teach basic bicycle safety, repair and maintenance to kids aged 8–15. Before lunch, he brings the kids to the shop to pick out a bike for themselves.

"They think their bike is all in good shape." During lunch, staff disables each bike in a different way.

"It could be the seat, could be the handlebars, could be the tires. So [the kids] job is to fix it. It's their hand-on training test."



Above: Ernie Clark, proprietor of Second Chance Bicycle Shop, reviews notes.

Right: Clark assists a family that is selecting a bike for their child among the many donated or abandoned bikes that have been refurbished.



Bartering works with Ernie: he finds ways deserving kids can earn bikes.

"If we give a kid a bike, they might take care of it. They may not take care of it. So, if they work for a bike, then, it's going to be better for the kid all the way around."

Bicycles may be earned by performing a few hours of service for Aurora civic organizations. Upon completion, kids earn a wooden nickel redeemable for a bike. Sometimes Ernie makes exceptions.

See Clark...page 26

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B244 News: monthly publication keeps residents in touch

Every quarter, like clockwork, a cadre of five or so committed volunteers in B244 produce *Building 244 News*. Managing editor and building treasurer John Coil explained the publication was the vision of Joan Kibbey, who wanted to do a building newsletter.

"She convinced our board to do so," Coil recalled, "then sent out an interest notice asking building folks for help, got enough volunteers, and got it going." One of the goals of the newsletter was to create a better sense of community within B244, by helping residents learn about one another.

The black-and-white stapled newsletter generally is four to six pages long, printed on both sides. Story content includes building association and elections news, maintenance and decorating updates, social coverage, photos, feature stories that introduce a couple residents.

New residents moving into the building are highlighted, and those departing are acknowledged. Due to the poor health of her husband, Ernie Moore, Kibbey herself moved away, Coil leaving him and others to continue the newsletter. Current staff members are Jeanne Baker, Camela Calamera, Sherry Giles, and J.J. Jorgensen. Bernadette Sonefeld, a movie buff, has taken on writing movie synopses for the newsletter.

Ernie Moore died in July.

"We'll be writing an article on him in the upcoming issue," Coil said.

"When the newsletter first began, a little over two years ago," Coil continued, "the focus was on B244's 30-year anniversary. The intent was to interview the eight or nine people who were original residents of the building.

In the October 2015 issue, the magazine profiled Ron Carlson, Unit 508, who was one of the first residents to move into the building. In its January 2016 issue, *Building 244 News* noted that Carlson had died a month earlier. It also showcased an "Arts and Crafts Show and Tell," where residents brought their collections or hand-made items on tables in the main lobby of the building. There were paintings, art works, crocheted goods, quilts, books written, arrowheads collected and softball memorabilia.

In April 2016, the newsletter published the results of a survey, stating that B244 residents enjoyed having live plants growing in their Atrium building, and were willing to see their annual building fees increase to keep it. Perhaps as a result of the news, Coil reported, a resident stepped forward, offering to take care of the plants as a volunteer, "so we could eliminate paying someone."



Left: Stories about residents of B244 are the lifeblood of the newsletter. Upcoming events are published in *Building 244 News*, and residents who volunteer to make the building a better place are acknowledged.

said, the newsletter.

A regular column, Building Bits, chronicles "things that have gone on in the building in the last quarter," Coil said. B244 residents are urged to participate by emailing submissions to Coil, or "just slip them under my door."

"We're thinking about having a Colorado Day celebration," Coil continued. The newsletter routinely describes programs held in B244, such as interior decoration within the building.

"We write about other planned events." The newsletter describes and shows pictures of jigsaw puzzles people enjoy doing.

Any activities that help residents learn about each other are also featured. See *B244...page 26*

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Somerset A New Listing—GC View \$218,000

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Somerset C New Listing-GC View \$252,900

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Somerset F New Listing-GC View \$268,000

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Atrium A GC-Full Front Range View \$249,900

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Seville B New Listing— Updated \$135,000

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Atrium N Full Glass Enclosed Lanai \$140,000

1 bed 1 ba, glass encl lanai. New crpt/pt, gar parking.

Atrium A New Listing \$239,900

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Atrium K Fully Remodeled/GC View \$215,000

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The Month (July)

At its July 5 meeting, the Golf Committee voted to recommend to the HGMD Board of Directors that greens fees be increased, designed to reduce the subsidy that HG homeowners pay annually to support the Golf Course.

Not everyone agreed that the increase would achieve the desired effect. Golf Pro Robert Macaluso said, "I don't think raising rates to fill a deficit is a good financial policy."

In Aurora, golfers have an abundance of golf courses from which to choose. Raising greens fees is apt drive golfers to cheaper courses, which would not improve the HG golf course's bottom line.

Macaluso suggested that cutting rates would be more likely to attract new non-resident golfers. HG's 2 for 1 discount, which offers half-price golf, has been successful in helping to fill undesirable tee times during the hottest times of the day in summer (noon to 3 pm weekdays).

Jim Regan, CP1, stated, "I have a problem with your raising fees." Alluding to a letter he wrote last year to *Heather 'n Yon* (June 2015), Regan distributed copies of the letter. In that letter, Regan summarized that subsidizing the golf course costs about \$5 per unit per month. If the golf course were eliminated, and the area converted to open space, it would cost residents \$10 per unit, because no golf-course income would offset the grounds-keeping costs.

The golf course also increases the value of each individual's unit, Regan continued. "The golf course is an insurance policy for our property values."

Talk of increasing golf-course fees triggered the familiar topic of why golfers must "pay freight" when those who swim, play tennis and billiards, and engage in other recreational activities pay no fees beyond their Club-house user fee.

Resident Dave Bushman, B209, remarked, "I think everybody ought to participate in those costs."

•••

At the quarterly Area Representative Organization (ARO) on July 14, a new set of bylaws was adopted. President Pete Clarendon said the bylaws would go to the HGA Board of Directors for their approval, in August.

Lt. Tony Krenz, Public Information Officer, Aurora Fire Station 7, spoke at the ARO meeting. He talked about "lessons learned" during the B217 fire, stressing the value of sheltering in place during fires while keeping unit doors shut, to keep the fire from spreading.

He added, there had been another kitchen fire, in B242, "a few months ago. While the fire was less severe, with only "light smoke," he remarked that residents in the hallways during the fire "might have gotten in the way of firemen and hoses."

•••

Security Chief Larry Baker announced the kick-off for the Community Watch Program of HG. "With the crime rate going up 15 percent, last year, in Aurora, we want the entire community watching out for HG."

The three reasons for developing a community watch



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program, he said, were basic crime prevention, disaster preparedness, and to build a strong community. Specifically, he urged residents, "Get to know your neighbors. Learn who might need extra help, in case of a disaster."

An audience member asked Baker who to talk to about "at-risk people who really shouldn't be living here." Baker responded that Rachael Simmons, a new officer in HG Security, could help.

"Or talk to me," he concluded.

...

At its July 19 meeting, the Clubhouse & Restaurant Committee approved recommending that the board raise and restructure class fees. The recommendation will go to the board in August. The restructuring involved making classes that meet three times per week, or for a three-hour session, cost more than a class that meets for an hour once per week. The change would more closely mirror what it costs to pay an instructor to teach the class.

Discussion followed a suggestion by Controller Su Chae to raise Clubhouse room-rental rates for resident and resident-related events. Ultimately, no one on the committee made a motion to recommend this change to the board.

...

On June 25, after a Native American blessing of the Colorado Freedom Memorial, Representative Sue Ryden and Senator Nancy Todd presented Rick Crandall with a sign, designating the highway between I-225 and E-470 (also known as 6th Avenue) as Colorado Freedom Memorial Highway. Ryden and Todd had sponsored the bill in the Colorado legislature that gave it this honorary name.



Subscriptions: To accommodate owners, who wish to receive *Heather 'n Yon* while away, the publisher has a subscription policy. Provide a forwarding address, plus a check for \$2.50 (payable to *Heather 'n Yon*) for each issue desired. Annual subscription is \$30. You may drop off your check with address information and what month the subscription should start at the HG Management Office. Alternatively, mail to *Heather 'n Yon*, 2888 S Heather Gardens Way, Aurora, CO 80014. Past issues (2008–14) are available on www.heathergardens.org/Resource Center.

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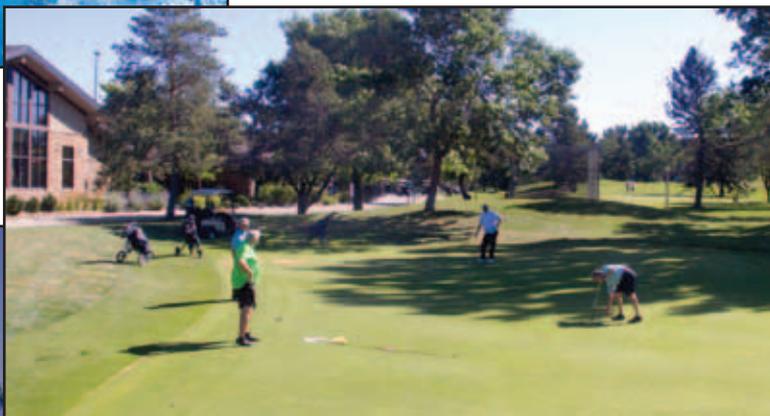
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Outdoor activities take center stage at HG during the summer —



Photos by Anne Hummel-Gills



Whether you garden, swim, play tennis, golf, or pickleball — there are facilities for you to be active in this summer. There is even a horseshoe area next to the tennis courts, if you so desire. Plenty to enjoy. Don't miss it!

Have you found your National Park yet?



The National Park system turns 100 on Aug. 25. As part of its Centennial, the parks challenged everyone to visit a park, and pick their favorite.

Photographed here are some that are close to Denver, visited by HG's photographers. Besides Glacier National Park (Montana) on the cover, these are left: Arches National Park (Utah)

Below: Colorado National Monument (west of Grand Junction)



Photos by Al Lindeman, CP5,
Dottie Gravning, B220, Lynn Donaldson

Above: Two views of Yellowstone National Park (Wyoming)
Right middle: Sand Dunes National Park (in winter, Colorado)
Right: Rocky Mountain National Park (Colorado)

Top 10 parks visited annually: Great Smoky Mountains (10.7 million visitors in 2015), Grand Canyon (5.5M), Rocky Mountain (4.2M), Yosemite (4.2M), Yellowstone (4.1M), Zion (3.6M), Olympic (3.3M), Grand Teton (3.1M), Acadia (2.8M) and Glacier (2.4M). Source: National Park Service



Clark...from page 17

"We had this kid, this little guy. He's in kindergarten. He walks by every Saturday. He sees this one bike he wanted. He goes: How much is this one? I says: Ohhh. You know. I didn't know what to say to this kid. He says he has half a dollar. I go: Half a dollar, all right. And he goes, yeah, and he whips out his wallet and he pulls half a dollar, physically half of a dollar, half of a paper dollar. And I go: Woووو, I'll tell you what I'm going to do for you."

After a test ride, Ernie made a pact with the kid: "And I say: You need a helmet. Every time I see you, you got to wear this helmet. If you don't wear this helmet, I'm going to take the bike away."

As word about Second Chance Bicycle spreads, people with bicycle skills come to volunteer. HG resident Fred Brown, B235, contacted Ernie after reading an *Aurora Sentinel* ar-

ticle about Second Chance.

Fred often works twice a week: "I was interested" Fred says simply, "He's doing a lot of good."

Ernie, himself, has a wish list. Although North Star Properties is providing the space at no charge until the center undergoes redevelopment later this year, Ernie has to pay for electricity, heat, and insurance. At this time he's dependent upon donations he receives from adults who need bicycles. He'd also like to reduce the number of unclaimed stolen bicycles and thinks a city-wide registration would help.

"I've been thinking about asking City Council how do I go about doing it [registering] for them?"

For now he's happy with the way his project is growing. Ernie, and wife Faith, do not live in Aurora. He commutes from Arvada every day to the shop, although the Clarks did live in Aurora for 38 years. The Clarks have two grown children: a son in the Air Force, and a daughter who is a police



Above: Bicycle wheels line the hallway at Second Chance Bicycle Shop, waiting to be used on the right bike.

officer in Lakewood.

"I get people who ask: Ernie, you don't get paid for this, why do you do it? And I go: Just to see the faces on these kids."

— Dala Giffin

Second Chance Bicycle Shop
14573 E Alameda Ave
Aurora CO 80012
720-270-5731, Ernie Clark

B244...from page 19

other, promoting a sense of security and community, are fodder for *Building 244 News*. In one issue, the newsletter listed all the veterans who live within the building.

The newsletter also tells residents about the building itself.

"Last issue [April], someone had taken a photo after a snowstorm had started to melt," Coil recalled. The photo showed how far the underground garage extends, with a caption that offered information about

why there is a 6,000-load limit at the building entrance.

Coil said he'd produced two other newsletters over the years, before assuming editorship of *Building 244 News*.

"With the AR's permission, we take the original to the head office. They reproduce it for us. We just use standard word templates, and it's photocopied in black and white."

B244 AR Jill Bacon commented, "John and his crew have done an amazing job with the newsletter. It's just getting more interesting all the time.

"We're up to a six pager this month. It's really been a great boon to our to our building. We just had a wonderful time with it."

B224's creating its own newsletter, and getting as many building residents as pos-

sible involved with it, ties in nicely with an HG-wide push to create a community watch, encouraging all residents to watch out for HG and for each other.

At the July 14 quarterly meeting of the Area Representative Organization, Security Chief Larry Baker urged, "Get to know your neighbors. Learn who might need extra help, in case of a disaster."

Noting that crime in Aurora grew 15 percent last year, Baker named awareness and strong community relationships between residents as two important components to keeping HG a better, safer place.

The *Building 244 News* offers building residents an additional opportunity to take ownership of their own lifestyles, through sharing information and ideas, while pooling their talents to produce better living experiences.

"We like to cover families, doing highlights of stories about events that have happened to our residents," Coil concluded.

— Mary Hafka

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At HG, there is often music!

On July 17, HG showcased some of its talented residents.



Right: Line Dancers with Instructor Patty Clark



Page 3: Pianist Jean Carabelos, B220

Above: Duet with Hope Goetz, B213, and Tom Leavy, B209 on piano and guitar



Above: Dancer Fran Telesio



Above: Singer Jeannine Montgomerie, B214

Photos by Anne Hummel-Gills

Below: Dancer Gretchen Sombar, B213



Left: Singer Bill Buckley



On June 22, Island music took center stage in Sandberg Auditorium as guests enjoyed Cliff Spratt's Margaritaville music. Wearing their Hawaiian shirts, the audience rocked out...or was it the margaritas served up by Assistant Clubhouse Manager Lewis Boeve?





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| | <i>Morning Workshops 10-11am</i> | <i>Afternoon Workshops 1-2pm</i> |
|-------------|--|---|
| 8/3 | GETTING TO KNOW YOUR IPHONE/IPAD Learn key features & functions of your iPhone/iPad. | GETTING TO KNOW YOUR ANDROID Learn key features & functions of your Android. |
| 8/10 | WHAT THE HACK? Learn how to protect yourself online & ask the questions that most worry you. | WHAT'S UP WITH THE CLOUD Finally get a clear answer to what the cloud is and how it can work for you. |
| 8/17 | MAC AND PC Q&A An opportunity to ask any and all questions about your MAC or PC. | GETTING TO KNOW YOUR IPHONE/IPAD Learn key features & functions of your iPhone/iPad. |
| 8/24 | THROUGH THE WINDOWS 10 Learn everything you need to know about Windows 10. | SOCIAL STUDIES What is social media, what is out there and which is right for you. |
| 8/31 | SMARTPHONE Q&A An opportunity to ask any and all questions about your iPhone or Android. | LEARN TO TEXT Learn the basics of how to text including how to group text, attach photos & more. |

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GM Report...from page 15

and Disaster Restoration Companies on B217.

Clubhouse

- Scheduled 5 total trips with 103 attendees.
- Held 10 events with 590 attendees.
- Held summer class registration on Monday, June 20.
- Attended Events Committee and Foundation Committee meetings.
- Sent applications for Flea Market event in August.
- Received applications for Talent Show in July.
- Planned for Summer Special Events and sponsorships.
- Refinished Sandberg Auditorium floor.
- Cleaned the locker rooms.
- Hosted students from NW Missouri State University.
- Worked with HG Chapel for Organ replacement.
- Continued working with Green Team for recycle bins, City of Aurora Grant.

Contracts

- Worked with contractor assembling metal staircase for B231.
- Monitored NTH and STH siding project.
- Monitored the exterior painting of B203, B232, and B241.
- Completed elevator certifications through June.
- Replaced eight windows.
- Received bids for atrium skylight repairs.
- Received bids for carpet and carpet base for multi-story buildings.
- Worked with architect and contractor for Seville spa repairs.
- Completed bid packages for CP1

and CP4 siding and roofing.

Custodial

- Completed 25 work orders.
- Completed 10 set-ups at Clubhouse.
- Completed power washing and trash chutes in all multi-story buildings.
- Cleaned Clubhouse carpets
- Held a Safety Meeting.
- Purchased a new carpet extractor.
- Hired one part-time custodian.

Roads and Grounds

- Continued tree work.
 - Pruned ahead of paint and siding contractors.
 - Edged sidewalks and drain pans.
 - Continued to treat weeds in rock beds and turf areas.
 - Completed asphalt renovations at B219-B222.
 - Re-landscaped around the pool cabana at Seville Rec and at B233 and B235.
 - Pruned and removed shrubs and trees around B223 and B224.
 - Completed installing fabric and rock on the east side of B215.
 - Completed annual backflow certifications.
 - Extracted beehive from soffit at B207 and in unit in B243.
 - Removed stumps and shrubbery at B207 and re-rocked area.
- ## Golf
- Continued irrigation repairs and maintenance.
 - Continued to prune and remove trees.
 - Began training new Assistant Superintendent.
 - Purchased and installed 25 bunker rakes.
 - Applied herbicides around lake shores and planter beds.
 - Applied algaecides to lakes.

- Installed lake fountain in lake by #9 ladies tee.

Restaurant

- Hosted four building picnics.
- Power washed kitchen.
- Cleaned all carpets.
- Hired two new servers.
- Held four memorials, including a catering job at Fairmount.

Security

- Wrote total of 326 reports, and patrolled 2,952 miles.
- Scheduled a seminar for July on at-risk adults, DNR, Living Wills, and Wills in general.
- Attended Emergency Preparedness Committee, discussing fire evacuation.
- Met with Aurora Fire Dept.; discussed fire evacuation for the Townhomes and CP units.
- Attended Safety Committee.
- Followed up on courtesy notices.

Employee of the Month: Jesslyn Castro, Accounts Payable Clerk

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Letters

Heather 'n Yon

It is my understanding that there was a HG Hiking Club at one time. This note is to determine if anyone would be interested in starting another club. I have been hiking with a group for two years. There are many trail heads within a short distance of HG.

If you are interested, please call 303-872-3510, and leave a message, or email braveday@socolo.net. If I have sufficient response, then we can meet at the Clubhouse and plan more details about which day of the week and trails to consider based on distance and difficulty of hiking.

**Les Sonksen
B241**

Heather 'n Yon

Recently, I was talking with a good friend who was a music major in college and used to have quite a collection of vinyls, old 78s, 33s and 45s. Due to a variety of things, she ended up giving most of them away over the years — a decision she greatly regrets.

She has started collecting them again, everything from jazz, blues, big band, pop and dance music. She wondered if any of my friends at HG might have old vinyl records that they no longer want. She promises them a very good new home. If so, they can contact me at robert.c.roth@gmail.com. I would be happy to pick them up. Thanks,

**Bob Roth
Ward V City Council**

Heather 'n Yon welcomes letters concerned with community issues. Letters must be signed, dated and include the writer's address and phone number. Letters may be edited for clarity. The HGA Board requires that letters longer than 300 words be returned to the writer to shorten if editing cannot do it. Letters will not be run from the same individual in successive months. Writers may publish only 4 letters per year.

Heather 'n Yon

To the HGA Board of Directors: What is the purpose of your yearly "Walk Around?" Why do you ask the Area Representatives (ARs) to prepare a list of issues in and around their building, then not bother to actually "walk around?"

My AR asked residents to report things that needed attention by Maintenance or Roads and Ground Departments to him. Many building residents were conscientious, compiling a list to "go over with you," as you "walked around."

The appointed day came. Substituting for the AR, the Assistant AR Margie White and building Treasurer Deborah Harris were in the foyer with the list. You talked to them briefly, then did not walk around to see the most urgent problems; you left, saying you had to stick to your schedule — moving on to the next building.

1: Why call it a "walk around" if you do no such thing?

2: Why schedule buildings so close together in time?

3: Why are issues of disrepair, unsightliness and violations of community policy allowed to go unaddressed?

4: How does HG maintain its stellar reputation if issues are not being addressed and fixed?

5: How can I expect that my property values are maintained if the issues with these "aging" buildings go unaddressed?

6: And last, but not least, how do you, in good conscience, as elected officers raise HOA fees without addressing these problems?

I'm not alone as a widow, or single senior, living in HG on a fixed income that must budget carefully to pay expenses every month. I do pay my HOA fees consistently, and on time, in order to live in HG where I feel safe and comfortable.

I participate in all meetings held in my building, and join in as often as possible in activities. I also expect that the HGA Board represent the concerns of residents like me.

**Kathy Juergens
B242**

Heather 'n Yon

We concur and endorse Kathy Juergens' letter about the Walk Around. We were there. Juergens is our building's secretary.

**Deborah Harris, Margie White
B242**

Heather 'n Yon

The HG Breakfast Optimist Club invites residents, their families, and friends to an annual Ice Cream Social, 4–7 pm Friday, Aug. 19, at Rendezvous Restaurant. Ice cream from Schwann will be sold for \$1 each. Various flavors will be available. In addition, a limited number of root beer floats will be sold for \$3 each.

There will be a sweepstakes drawing as part of this event. Tickets for this drawing are \$1 each or 6 tickets for \$5. Prizes include gift certificates from area restaurants and businesses. You do not need to be present to win!

Tickets for the drawing may be purchased at the door on the evening of the event, or from Optimist members. In addition, tickets will be sold on the following days:

- 10–noon Aug. 9, 16, HG Clubhouse Lobby
- 4:30–6:30 pm Aug. 12, 16, Rendezvous Restaurant lobby

The Optimist Club is a non-profit service organization with the motto, "Friend of Youth." With your support, we can continue to serve the youth of Aurora. Our thanks to the management at the Rendezvous Restaurant for their help.

**Paula Moore, B236
Mary Myrick, B217**

Heather 'n Yon

Thanks to the Campus Technology Committee for the hours and months of researching savings and improvements for most residents.

The meeting I attended answered my questions and concerns. If residents are still unsure, contact Pete Clarendon, or a committee member. Rumors are not the place to get your answers.

**Barbara Brown
B242**

See Letters...page 35

AUGUST CALENDAR

| | | | |
|---|--|--------------------------------------|-----------------------|
| Mon 1 | Mah Jongg (every Monday) | Blue Spruce Room | 12:30–4 pm |
| | Men's Bridge (every Monday) | Skyview Room | 1–4 pm |
| | Ping Pong Singles/Advanced (every Monday) | Game Room | 2–5 pm |
| | Pinochle - Open (every Monday) | Mountainview Room | 6:30–9:30 pm |
| Tue 2 | Bridge (every Tuesday) | Skyview Room | 12:30–4 pm |
| | Hand and Foot (every Tuesday) | Mountainview Room | 12:30–4 pm |
| | Ping Pong Doubles/Intermediate (every Tuesday) | Game Room | 2–5 pm |
| | B215 Happy Hour | Rendezvous Restaurant | 5 pm |
| | Co-Ed Billiards Club (every Tuesday) | Billiards Room | 6:30 pm |
| Wed 3 | HG Ladies Golf Scoring (every Wednesday) | Game Room | 7 am–1 pm |
| | Mobile Post Office | Circle Driveway | 11:30–11:45 am |
| | ACBL Duplicate Bridge (every Wednesday) | Aspen/Blue Spruce Room | 1–4:30 pm |
| | Pinochle (every Wednesday) | Mountainview Room | 1:30–4 pm |
| | Men's Poker (every Wednesday) | Game Room | 4–9:45 pm |
| | Mary Blumer Piano (every Wednesday) | Rendezvous Restaurant | 4–7 pm |
| | CP1 Happy Hour | Rendezvous Restaurant | 5 pm |
| Square Dancing Club | Sandberg Auditorium | 7:30–9:30 pm | |
| Thu 4 | HG Breakfast Optimist Club | Rendezvous Restaurant | 7:55 am |
| | TOPS (every Thursday) | Blue Spruce Room | 8:30–9:30 am |
| | Clubhouse Event: Great Rabbis, Great Insights | Blue Spruce Room | 10 am |
| | HG Writers Club (every Thursday) | Mountainview Room | 1–3:30 pm |
| | Bunko | Blue Spruce Room | 1–3:30 pm |
| | Cribbage (every Thursday) | Arts & Crafts Room | 1–3:30 pm |
| | Ping Pong Doubles/Intermediate (every Thursday) | Game Room | 2–5 pm |
| | CP4 Social | Rendezvous Restaurant | 5 pm |
| | League of Women Voters, Arapahoe and Douglas | Rendezvous Restaurant | 5:30 pm |
| | ACBL Duplicate Bridge (every Thursday) | Blue Spruce Room | 6:30–9:30 pm |
| | Kiwanis Club of Aurora (every Thursday) | Rendezvous Restaurant | 6:30 pm |
| | Men's 9-Ball Billiard Tournament (every Thursday) | Billiards Room | 7–9:30 pm |
| | Fri 5 | HG Men's Golf Scoring (every Friday) | Game Room |
| Men with a Purpose Coffee | | Skyview Room | 10 am |
| 500 Club (every Friday) | | Skyview Room | 12:30–4 pm |
| Mah Jongg (every Friday) | | Blue Spruce Room | 12:30–4 pm |
| Clubhouse Matinee: Eddie the Eagle | | Sandberg Auditorium | 1 pm |

Advertised Activities and Seminars

| | | | |
|-------------|--|-------------|--|
| Mon, Aug 1 | Bayer Ear Clinic, every Monday, Arts & Craft Room, 9 am–noon (see ad, p. 28) | Thu, Aug 18 | Reverse Mortgage Seminar, Kent Montavon, Skyview Room 10:18 am (see ad, p. 41) |
| Wed, Aug 3 | Android Workshop, GroovyTek, 7255 S. Havana St, 1–2 pm (see ad, p. 29) | Fri, Aug 19 | 9 Hole Scramble Alzheimer Benefit, Harvard Square at Windsor Gardens (see ad, p. 49) |
| Wed, Aug 10 | Safe Home, Free Dinner, Bentley Baths, Rendezvous, 6 pm (see ad, p. 18) | Sat, Aug 27 | Message of Hope, Sandberg Auditorium, Landmark Tabernacle, 6:30 pm (see ad, p. 9) |
| Thu, Aug 18 | Replacement Windows, Renewal by Andersen, Rendezvous 11 am (see ad, p. 21) | | |



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|--------------------------|--|--|---|
| Fri 5 (cont'd) | Men's Poker (every Friday) Clubhouse Movie: Eddie the Eagle | Game Room Sandberg Auditorium | 4-9:45 pm 6:30 pm |
| Sat 6 | B220 Picnic Mexican Train Dominoes (every Saturday) Ping Pong Doubles/Intermediate (every Saturday) Clubhouse Event - 1st Saturday Night Live Dance | Picnic Pavilion Arts & Crafts Room Game Room Sandberg Auditorium | 11 am noon-4:30 pm 2-5 pm 6:30-9:30 pm |
| Tue 9 | VNA Clinic B203 and B204 Social Drinks/Dinner | Blue Spruce Room Rendezvous Restaurant | 1-3:30 pm 5 pm |
| Wed 10 | Clubhouse Event - Active Minds: New Orleans CP1 Picnic Tennis Club Social and Dinner Aviation Club | Sandberg Auditorium Picnic Pavilion Rendezvous Restaurant Aspen Room | 2 pm 5 pm 5:30 pm 7 pm |
| Thu 11 | Clubhouse Event: Great Rabbis, Great Insights Green Team Residents' Open Forum Karaoke Night | Blue Spruce Room Skyview Room Rendezvous Restaurant Rendezvous Restaurant | 10 am noon 3 pm 5:30 pm |
| Fri 12 | Clubhouse Event: Flea Market Clubhouse Event: AARP Driving Course CP3 Picnic | Sandberg Auditorium Blue Spruce Room Picnic Pavilion | 8 am-4 pm 1-5 pm 5 pm |
| Sat 13 | Clubhouse Event: Flea Market Chapel Picnic 50 and Who's Counting | Sandberg Auditorium Picnic Pavilion Picnic Pavilion | 8 am-4 pm 11 am 5:30-9:30 pm |
| Mon 15 | VNA Clinic CP4 Liverpool Rummy | Blue Spruce Room Mountainview Room | 1-3:30 pm 2-5 pm |
| Tue 16 | Genealogy Swap Shop Photography Club B204 Picnic B205 and B206 Happy Hour | Skyview Room Aspen Room Picnic Pavilion Rendezvous Restaurant | 10 am 12:30 pm 5 pm 5 pm |
| Wed 17 | Colorado Symphony Guild (Hilltop SE Chapter) CP3 Social Capitol Update with Colorado Legislators Square Dancing Club | Rendezvous Restaurant Rendezvous Restaurant Aspen/Blue Spruce Rooms Sandberg Auditorium | 11:30 am 5 pm 6:30 pm 7:30-9:30 pm |
| Thu 18 | HG Breakfast Optimist Club Bunko CP4 Picnic | Rendezvous Restaurant Blue Spruce Room Picnic Pavilion | 8 am 1-3:30 pm 5 pm |
| Fri 19 | Men with a Purpose Coffee Clubhouse Matinee: My Big Fat Greek Wedding 2 Clubhouse Movie Night: My Big Fat Greek Wedding 2 HG Optimists Ice Cream Social | Skyview Room Sandberg Auditorium Sandberg Auditorium Rendezvous Restaurant | 10 am 1 pm 6:30 pm 4-7 pm |
| Sat 20 | Wine and Cheese Social Club B223 Picnic | Aspen/Blue Spruce Rooms Picnic Pavilion | 3-5 pm 4 pm |
| Sun 21 | Garden Club Picnic | Picnic Pavilion | 4:30 pm |
| Mon 22 | Low Vision Support Group | Mountainview Room | 1:30 pm |

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AUGUST CALENDAR, Cont.

| | | | |
|---------------|--|---|------------------------------------|
| Tue 23 | Clubhouse Event: Watch Battery Repair HG Republican Club Picnic HG Democrat Club | Lodgepole Lounge Picnic Pavilion Rendezvous Restaurant | 9 am–1 pm 1:30 pm 4:30 pm |
| Wed 24 | Resident Orientation Clubhouse Event: Pine Needle Silver Necklace | Board Room Wood Shop | 10 am 1–4 pm |
| Fri 26 | Clubhouse Event: Mountain Fruit and Nut Clubhouse Event: Windows 10 Clubhouse Event: HG Road Show B220 Party | Clubhouse Lobby Arts & Crafts Room Sandberg Auditorium Aspen/Blue Spruce Rooms | 11 am–1 pm noon 1 pm 5 pm |
| Sat 27 | B218 Picnic | Picnic Pavilion | 3 pm |
| Mon 29 | Clubhouse Event: Ask a Pharmacist | Skyview Room | 2 pm |
| Tue 30 | Caregivers Support Group | Aspen Room | 7 pm |
| Wed 31 | Clubhouse Event: Bingo | Sandberg Auditorium | 1–3 pm |

Bible Study (Interdenominational), Wednesday 8–9 am

We probe the Scriptures with an eye to practical applications for everyday living. It is a great mid-week boost. Women meet in the Aspen Room. Men in the Mountainview Room. For more information, call Daisy Hoeme, 303-752-2312.

Rosary Prayer Group - meets every Tuesday, 9 am, in the Aspen Room. For information, call Joe, 913-526-4177.

Catholic Mass - Saturday, 1 pm, Sandberg Auditorium. All HG residents are welcome. Father Terry Kissell presiding.

Chapel (Interdenominational Church Service) - 11 am, Sunday, Sandberg Auditorium. Reverend Bill Cheyne.

Bible Study - Sunday, 10 am, Mountainview Room. Leader: Reverend Bill Cheyne.

Coffee Time - 3rd Sunday, prior to the chapel service.

Prayer Meeting - 2nd Thursday, 2 pm.

FYI

Ward V Town Hall Meetings

Councilman Bob Roth, who represents HG/Ward V on city council, has monthly town hall meetings on various topics. The next meeting will be 6–8 pm Tuesday, Aug. 16, at HG Sandberg Auditorium. Topics: Aurora Fox Arts Theater, Tri-County Health Dept. Check www.auroragov.org, for details.

Western Colorado Senior Games

Aug. 20–26, Grand Junction

For adults age 50 and older, divided into age groups. Events include: basketball, field events (discus, shotput, football throw, soft-

Heather 'n Yon Deadline - 8/15

• Monthly Meetings • Boards and Committees

Communications – 10 am Tue, Aug. 2

Golf – 1 pm Tue, Aug. 2

Long Range Planning – 10 am Aug. 3

Civic Affairs – 10 am Thu, Aug. 4

Budget & Finance – 10 am Mon, Aug. 8

HGA Board – 1 pm Tue, Aug. 9

Foundation – 1:30 am Wed, Aug. 10

HGMD Board – 1 pm Thu, Aug. 11

Resident Open Forum – 3 pm Thu, Aug. 11
(Rendezvous)

Clubhouse/Rest – 9 am Tue, Aug. 16

Emergency Prepare – 1 pm Wed, Aug. 17

ACC – 10 am Thu, Aug. 18

Campus Tech – 10 am Tue, Aug. 23

Ad Hoc Yale Frontage – 10 am Thu, Aug. 25

Roads and Grounds – 10 am Tue, Aug. 30

Structure Maintenance – 1 pm Tue, Aug. 30

ball throw, standing long jump), golf (chip, putt, longest drive and 2-person scramble), horse-shoes, swimming, track (dash, run, walk), archery, billiards, bocce ball, bowling, cards (crib-

See FYI...page 59

VNA Senior Wellness Clinics

Charges: Toenail Cutting (includes blood pressure) \$45 (1st visit, 1 hour), \$35 (returning client); Fingernail trim \$15; Blood Pressures \$3; B-12 Shots (serum supplied by client) \$15, Glucose \$5. *If you cannot keep your appointment, please cancel or you will be charged \$5.* Have exact cash amount or checks, made out to "VNA." The clinic has no change.

Schedule:

Tuesday, Aug. 9, 1–3:30 pm, Blue Spruce Room,
Barbara McShane and Trudy
Schneider, 303-755-2683

Monday, Aug. 15, 1–3:30 pm, Blue Spruce Room,
Blanche McKinney, 303-751-6444

Note: Kaiser covers 100% medical foot care for some patients. Call 303-698-6496 to verify coverage. Or call Trudy Schneider, 303-755-2683, for information.

Letters...from page 31

Heather 'n Yon

Additional info on HGNET:

In response to Zack Spirytus' letter last month, I would like to offer a different opinion concerning the proposed HGNET. I am an Electrical Engineer, worked for AT&T and Lucent Technologies for 34 years and gained some insight into Cable TV while working on a special project.

More recently, my wife and I spent the last 10 winters in Arizona where I worked half time in a RV park as a CATV and Telecom Tech, including the Head-In operation on a small private CATV system. The system was an older analog system with 15-years-old coax buried in the ground with no conduit used — similar to HG's current Comcast system.

I'm amazed Mr. Spirytus has had no internet outages as I've experienced quite a number, affecting TV and Internet. One day in particular, the service was on and off — mostly off — for a whole day. I only moved in last July.

Also, my internet speeds vary widely, depending on the time of day and the traffic load of users. One of the inherent problems with coax systems is the sharing of bandwidth with other users. At midnight, no problem — speeds are as advertised. However at 7–8 pm in the evening, when

most folks are home and on the Internet, the speeds slow significantly. Fiber Optic networks don't have this problem.

The reason I had a job in Arizona was to manage the trouble with the old coax, bad connectors, failing amps, etc. There were two of us working half time, trying to keep up with the failing coax and electronics.

Spirytus suggests that HG do nothing, waiting for the service to deteriorate "until it becomes too expensive for Comcast to maintain," then Comcast will have to upgrade to a new infrastructure at their expense. He goes on to say "they will have no choice but to pay for the fiber optic cable or lose business in HG."

If this approach is taken, your service will become so lousy that many residents will be having fits of anger and disappointment. At that point, Comcast will surely raise their prices significantly to pay for the new fiber system.

I applaud Bruce Henson and the CTC for all the work they have done to save money and move HG into the current world of fiber optic systems. Remember, the contract is still being negotiated, and not all of the details have been worked out as to costs, billing, etc.

The final contract proposal will have to be approved by the HGA Board, so there will be time for plenty of resident input before the final ap-

proval. The main thrust of their work on HGNET is to get bulk billing at a rate substantially lower than most residents are paying now with individual contracts with Comcast.

Rudy Morris, B217

Heather 'n Yon

Sincere thanks to HG Maintenance for connecting my TVs to the building antenna. I have excellent sound and video for the networks, PBS, and many more channels. The service is free!

Dawn Wooderson, B206

Heather 'n Yon

As a result of the two letters in the July issue of *Heather 'n Yon* regarding the 10 year Comcast contract, approximately a dozen residents met to discuss concerns. This group opposes the contract. Here are some of the reasons:

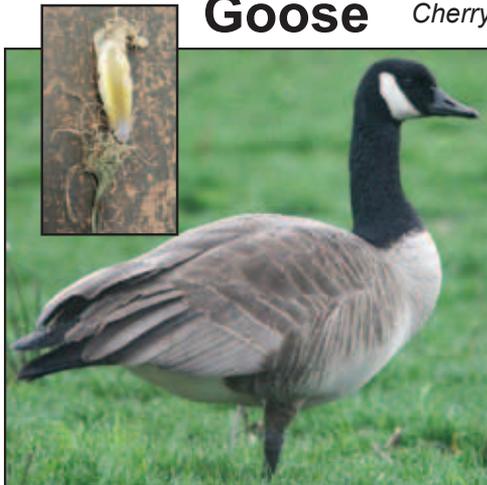
- The inherent financial risk
- Protecting Comcast from potential competitors, such as Google Fiber or CenturyLink for 10 years
- Guessing about technical trends coming in the next 10 years
- Aggressive selling of the HGNet by CTC. They emphasize the savings and minimize the financial risk.

The group will have an organizational meeting 10 am Wednesday, Aug. 3 in B232's library. Anyone interested in helping is welcome to attend. Please ring apartment 102 for entry.

Bill Wilson, B210

See Letters...page 37

Captain Hook Goose



Photos by Anne Hummel-Gillis

A Canada goose, which grazed on HG's Golf Course, got its left leg tangled and wrapped by a fishing line with a lure and treble hook, presumably encountered at Cherry Creek Reservoir. For 10 days in June, golfers and residents who walked nearby noticed that his leg was swollen. He was suffering. On different



occasions, a solo woman would venture towards the goose, nicknamed Captain Hook, with scissors, but to no avail. Finally, on June 24, Roads & Grounds Supervisor Jeff Owens, Golf Course Supervisor Brian Benko and four guys were enlisted to surround the goose, capture him and turn him over to a rescue organization. It was quite a struggle. After Captain Hook was safely constrained, a rescuer cut away some of the tangled monofilament (see photo). The goose was confined in a box at HG Maintenance until Wildlife Rescue sent someone to take pick up the injured goose. Four days later, a tech from Greenwood Wildlife Rehabilitation Center called to say that they are cautiously optimistic about Captain Hook, who was "hanging with" another rescue goose that had also been injured by fishing lines.

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- Found my home in Heather Gardens
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- Helped with the sale and donation of things I no longer wanted
- Helped with every aspect of the move

***** I highly recommend SharonYoung *****

Mitch A

• **Seville Bldg 232**, 3 bedroom 3 bath condo – Buyer made significant upgrades including both lanai's -substantially increased the value. **SOLD**

• **Patio Home**, 2 bedrooms on main level – Buyer completed a total remodel of main floor and lower level, major increase in value. **SOLD**

• **Building 218**, 3 bedroom 3 bath condo – Buyers used Sharon Young when they purchased and again 5 years later when they sold. **SOLD**

• **Patio Home on Marina Dr** – Another total remodel after purchase. **SOLD**

Sharon's buyers are upgrading their properties which benefits all Heather Garden's owners.


Sharon Young

Realtor CPA MBA

syoung17@msn.com
303.489.6477



Hampden Avenue



Letters...from page 35

Heather 'n Yon

In the letter to the editor from Kathy Rodwell, addressing the impropriety of the telecommunications infomercial presented to my building by Bruce Henson, the editor's response was unprofessional, biased journalism, referred to as yellow journalism from those professionals in the journalistic field. If you wish to espouse the legacy of Nancy Hensen and her father in the founding of HG, then why not feature them in a personality profile or a feature article, most appropriate journalism and probably an interesting read?

Response by the editor in letters is only for the purpose of clarity and correction of misstated facts, not personal bias.

Credentials in a presentation for any sales product gives substantive knowledge about the reputable product, not a personal history. If I buy a refrigerator, I only want to know the expertise and knowledge regarding that product, not the salesperson's personal history.

Have you, as editor of *Heather 'n Yon*, investigated the knowledge about HG from the other reputable realtors working in HG? You might be surprised at their knowledge and ex-

pertise. Journalistic objectivity is based on investigation of all involved and to report as such, without bias.

Your response was totally personal bias and one-sided public relations. Rather than accept a differing opinion, you used diversion and negated the right of the person's freedom of speech. Not quite censorship, but a put-down from someone who represents journalism? Credentials, please.

Hope you print this. I will wait to see.

**Jacqueline Williams
B224**

{Editor's Note: According to Wikipedia, "Yellow journalism, or the yellow press, is a type of journalism that presents little or no legitimate well-researched news and instead uses eye-catching headlines to sell more newspapers. Techniques may include exaggerations of news events, scandal-mongering, or sensationalism." Think of Joseph Pulitzer II versus William Randolph Hearst in 1896.}

Heather 'n Yon

Thanks to an ad in *Heather 'n Yon*, I had two window screens replaced on-time, on budget. Not easy in HG's oldest building. Working with



Above: One of the hives removed from HG last month (B203) was photographed by Frank Holland, the beekeeper who removed the honeycomb, but bemoaned then that the queen did not survive the transfer. Bruce Henson, STH, forwarded his email update on July 4: "Checked the hive this morning and the Queen is laying! Lots of eggs and larvae on the hive. Will need to add a second box on top soon!"

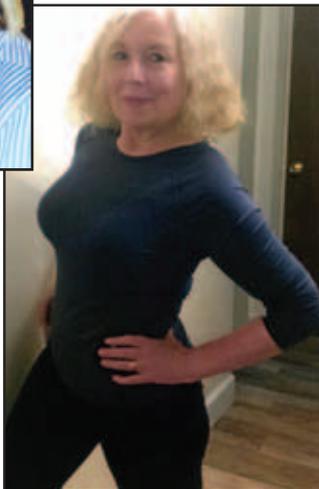
Ralph Sokol, of S&H Home Improvement, made the process easy — I told him I was so impressed that I would write a fan letter. Hope you have room to publish it.

**Lita Hofberg
B201**

New TOPS leader encourages others to take off the pounds!



Above: Sandy Marthaler in Sept 2014, 205 pounds. Right: July 2016, 160 pounds after TOPS.



I have always struggled with my weight for as long as I can remember. My older brother called me, "fatso," when growing up. I yo-yo dieted on and off for many years. I weighed over 200

pounds when I moved to HG in August 2014.

I now weigh 160. That loss is credited to Take Off Pounds Sensibly (TOPS).

Being more active in various exercise classes helped. Walking around the Golf Course and swimming has helped. Mainly, the support and encouragement at the weekly TOPS weigh-ins is what really worked. There is nothing fast or easy

about sensible weight loss, but it is the best way to lose and keep it off.

It is never too late to change your lifestyle to lose weight. I will be 65 in February.

"You can't turn back time, but you can turn back those numbers on the scale!" I am planning my "Red Dress" Party for when I reach my goal weight of 148.

In August, I'll be the new leader of TOPS. I invite anyone who struggles with their weight to join this supportive and friendly group. Topics planned for future meetings include: "How to Deal with Emotional Eating," "Finding and Keeping Your Motivation," and "Conquering Your Sugar Addiction."

TOPS meets every Thursday morning in the Blue Spruce Room. It is open to men and women, residents and non-residents. (See page 38.)

"Join us. It may be the best decision you can make for your future health and well being!"

— Sandy Marthaler, B234

Clubs and Organizations

Joppa Daylight Lodge AF & AM

All Master Masons living in HG are invited to attend Joppa Daylight Lodge. We meet the first and third Tuesdays of the month at Radiant Temple, 225 Acoma St., Denver. Lunch is at 11:30 am. Lodge is at 12:15 pm. We are the only lodge that meets during the day in the Denver metro area. For information, call Bill Rapp, 303-632-4515.

Meditation Group

This group meets once a week, 10:30 am Wednesdays, in CP1. Offers a practical method to relax, focus, and improve the quality of your life. Free. Call Carl, 720-495-9979, for more information.

Wood Shop Meeting

The next meeting will be 4 pm Wednesday, Aug. 3, in the Mountainview Room. Please join us and bring your ideas, concerns and expertise. — Jim Sollecchio

CP1

Our happy hour is held 5 pm in Rendezvous' Banquet Room on the first Wednesday of each month. See you on Aug. 3!

On Wednesday, Aug. 10, CP1 will hold its annual summer picnic at 5 pm, a hoedown at the HG Ranch (Picnic Pavilion). Catered by Dickey's, the barbecue will include pork, chicken and foot-stompin' trimmings'. Pay yer filthy lucre to Rosalie Richter, then scoot on over.

HG Breakfast Optimist Club

We are preparing for a summer fundraiser — ice cream social — 4–7 pm Friday, Aug. 19 in Rendezvous. Enjoy the restaurant's Friday buffet, then come to the Banquet Room for dessert. This year, we will serve root beer floats, which were a hit last year. There are dozens of prizes to give away! Buy your tickets from an Optimist or in the lobby.

Programs for August meetings:

Aug. 4: Phil Perington will tell us, "How We All Can Grow in Optimism."

Aug. 18: New-member induction conducted by Optimist District Governor Curt Merrill.

Guests are always welcome. For a reservation, call Craig Baldwin, 720-535-1917.

TOPS

Take off pounds sensibly (TOPS) is so much more than just a weight loss group, or a diet group, or a support group, or a nutritional group, or a group that talks about how the food we eat affects our health. We are all of the above.

Did we mention, we also are the least expensive weight loss group around? At only \$32 a year and 15¢ a meeting, it's a real bargain. We meet at 8:30 am every Thursday in the Blue Spruce Room. Come in around 8:15 am, so we can all say "hi" and welcome you.

The meeting ends at 9:30 am. We pack that hour with fun, support and education. For more information, call Linda Russell, 303-751-1624, or Marge Bunkers, 303-369-9726.

HG Writers Club

Whether you're just beginning to put pen to paper or you are a published author, we invite you to join us for a time of education, fellowship and inspiration. New members are always welcome.

We currently meet 1–3:30 pm every Thursday in a Clubhouse room. Please contact Joanne Brand, 303-750-9722, for further information. We look forward to meeting you.

CP4

Our monthly socials are 5 pm at Rendezvous, the first Thursday of the month. Come meet your neighbors. Ordering food is optional. The annual picnic is planned for 5 pm Monday, Aug. 8, Picnic Pavilion.

Also join us for Liverpool Rummy on the third Monday each month, 2 pm, in the Mountainview Room.

— Carol Drollinger

League of Women Voters

Our unit meets 5:30 pm at the Rendezvous Restaurant on the first Thursday of most months. HG is home to a number of The League of Women Voters of Arapahoe and Douglas Counties (LWVADC) members; others reside in the surrounding area.

LWVADC is a cadre of dedicated volunteers whose mission is to educate, advocate, and empower fellow citizens in the democratic processes, work which carries enhanced impor-

tance in this critical election year. We will be conducting non-partisan Voter Registration Drives throughout the two counties.

We also sponsor candidate forums and debates. The League advocates for positive changes at the local, state, and national levels regarding education, government accountability, and money in politics. Membership is open to women and men. Become part of the larger network across the country, and have fun while sharing the League's important role. For information, please call Charlotte Faris, 303-690-8466, or Mary Lou Scott, 303-481-8898.

Kiwanis Club of Aurora

The club is a member of a global organization of volunteers, dedicated to changing the world, one child and one community at a time. The club meets 6 pm Thursdays at the Rendezvous Restaurant at HG.

We also are on the web: Aurora-co.kiwanisone.org. For more information, call Rich Richardson, 303-368-5747.

Men with Purpose

A group of men, with diversified backgrounds, gather to discuss timely topics regarding healthy aging and purposeful retirement. Books and articles relating to these topics are discussed by group members.

Leadership is shared. Men With Purpose meets the first and third Fridays of each month, 10–11 am, in the Skyview Room. For further information, contact Gene Dawson, 720-535-9672.

Ports of Call Singles

The original Ports of Call Singles (POCS) group is seeking new members. We recently celebrated our 35th anniversary.

The club holds two social hours per month. The first is 4–6 pm on the second Monday of each month, at Senior Ric's.

The second monthly social is 4–6 pm, on the fourth Thursday, at Baker St. Pub. Call JoAnn Cunningham, B241, 303-751-5195, membership chair, for the monthly newsletter and additional information.

Parkinson Support Group

The Aurora group meets on the second Tuesday of each month, at the Life Care Center of Aurora, 1–3 pm, at 14101 E. Evans Ave.

B203 and B204

We hold a combined social, meeting at Rendezvous on the second Tuesday of each month, 5 pm, for drinks and dinner. – Elle Pope

HG Aviation Club

The August meeting of the HG Aviation Club will be 7 pm Wednesday, Aug. 10, in the Aspen Room. We will view the film, "Hunt for the Lost Squadron," the story of a P-38 Lightning that was rescued from a Greenland glacier, called "Glacier Girl."

On Saturday, June 18, the HG Aviation Club took its first field trip to Colorado Springs, to the National WW2 Aviation Museum, in the north end of the airport (co-located with Peterson AFB), and right next door to Westpac Restoration. Our tour included Westpac where planes are restored.

The Westpac owners started in southern California, and moved to the Colorado Springs about eight

years ago. They specialize in P-38s and other war planes. Westpac also got the museum started: they sold/leased one of their buildings to the museum, which came online in 2012.

Westpac has one P-38 (Y-33) on display, and are rumored to be restoring another for Paul Allen (Microsoft co-founder). That project was off-limits: no tour and no photos! Westpac has already done a P-47 and P-51 for Allen's Museum. Also on display at Westpac was a F7F Tigercat, a P-47 Thunderbolt, P-51, and a Stearman bi-plane.

The WW2 museum hosted about 3,000+ school kids last year, with a good dose of WW2 history. Here's the museum weblink: www.worldwariiaviation.org/

The museum's plane collection is pretty good. Planes of note: Grumman F7F Tigercat, PBY-Catalina, P-47 Thunderbolt, Grumman HU-16 Albatross, B-25, and, of course, a P-51 Mustang. All are flying, except a couple project planes.

We had lunch nearby at the Aircraft Restaurant, which is a converted KC-97 Globemaster Tanker. Stay tuned for other future field trips. – Rudy Morris, rudymorris4@gmail.com, 817-240-9394.

The Green Team

Hope you have noticed the new Recycle containers in the Clubhouse. Please make use of them. If you are interested in environmental issues and making changes to what our generation is leaving for others, please come to our meeting noon Thursday Aug. 11, in the Skyview Room. Although we discuss some serious issues, there is lots of laughter and fun. If you have any questions or concerns, please contact Wendy, 303-306-0066.

50 & Who's Counting?

Let the sun shine in! Find your tie-dye T-shirt and love beads, 'cause there's going to be a Hippy Party on Saturday, Aug. 13, in the Picnic Pavilion. Along with our usual potluck dinner, there will be live music featuring tunes from the 60s, and dancing, if you wish. All are welcome.

Social time starts at 5:30 pm and dinner at 6. The club will provide hamburgers and hot dogs, and the usual condiments. Please bring a side dish and your own beverage. To make sure we have enough main-dish food, we must have your RSVP by Thursday, Aug. 11, 5 pm, to Steve, 303-601-7858. Peace! – Cindy Crockett

Wine & Cheese Social Club

Join us on the third Saturday of each month, 3–5 pm. We get together in the Aspen/Blue Spruce Room. Everyone is welcome.

Bring a bottle of wine and a snack. Enjoy socializing with other HG neighbors. Entertainment is provided. If you have a talent you want to share, we invite you to join in. – Karen McClaury

Genealogy Swap Shop

If you are interested in finding your ancestors and tracing your family history, please join us on the third Tuesday of each month, 10 am–noon, Skyview Room. For information, contact Harold Thompson, 720-748-7090, or Ruth Miller, 720-535-4954.

Photo Club

The club meets on the third Tuesday of each month at 12:30 in Aspen Room.

B205 and B206

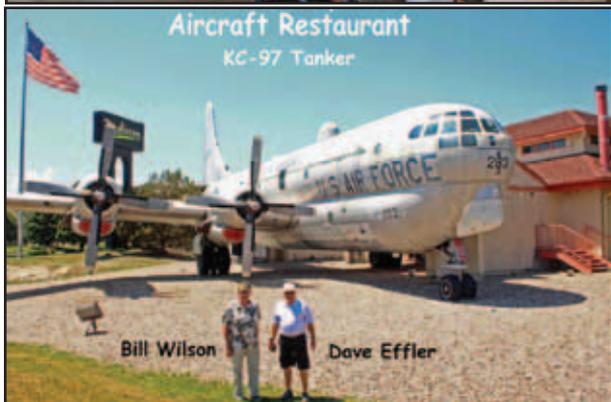
Happy hour is 5 pm on the third Tuesday each month in Rendezvous. Join us!

Colorado Symphony Guild–Hilltop/Southeast Chapter

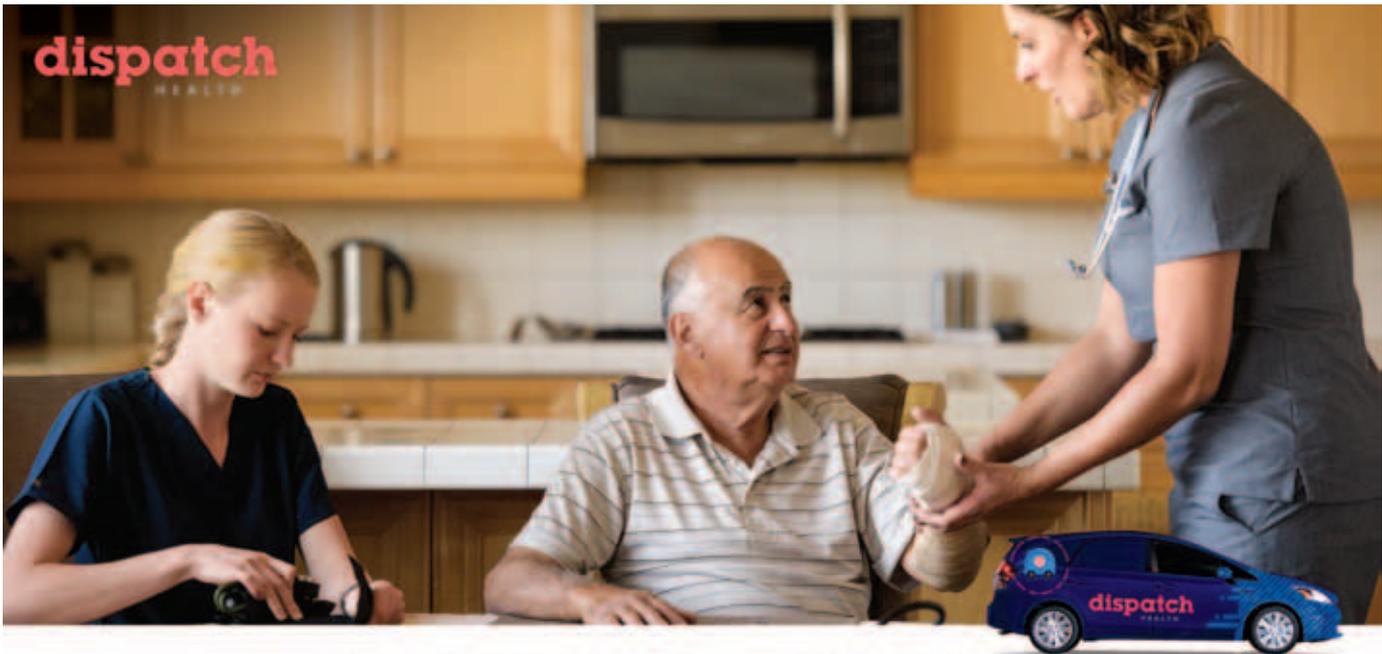
This unit of the Colorado Symphony Guild meets over lunch the third Wednesday of each month at Rendezvous. A business meeting starts at 11:30 am. We invite new members to join us.

RSVPs are required. For further information, call Connie Reger, 720-535-6485.

See Clubs...page 47



Above: The Aviation Club visited National WW2 Aviation Museum and Westpac in Colorado Springs. They lunched at the onsite Aircraft Restaurant. Top photo (from right): Paul Gilmore, B241; Fred Mable, B242; Bill Wilson, B210; Dave Effler, B232; and an unidentified woman. Photos by Rudy Morris, B217.



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Sports and Recreation

Mah Jongg

We meet 12:30–4 pm every Monday and Friday, Blue Spruce Room, except the third Monday of each month, when the VNA has the room. Then we meet in the Arts & Crafts Room, where three card tables are set up for us.

You must have the latest Mah Jongg League card. We play for a maximum of \$3 — bring your nickels, dimes and quarters.

All HG players are welcome. For information: Lorraine Solomon, 303-696-8771.

Men's Bridge

This group meets every Monday, 1–4 pm, in the Skyview Room. Call Maris Kuga, 720-748-0590.

Pinochle

Evening Pinochle meets 6:30–9:30 pm Monday nights in the Mountainview Room. For information, call Ann Gagliardi, 303-332-2163.

Afternoon Pinochle meets the second and fourth Wednesdays, 1:30–4 pm, Mountainview Room. We only play for fun and entertainment. With questions, call Virginia Walcher, 303-632-8039.

Billiard Club

The club's play schedule is: Co-ed 8-Ball, 7 pm Tuesdays; Men's 9-Ball, 7 pm Thursdays.

Annual dues of \$9 are payable on January 1 of each year. All new players are welcome.

Questions? Call Sean Kelliher, 720-427-6174.

Co-ed 8-Ball June 14

- 1st Virginia Faubel, Tony Cozzette
- 2nd Lindy Davenport, Joe Ozorkiewiez
- 3rd Cathy Schmit, Hi Reynolds

June 21

- 1st Ann Dhority, Jim Huter
- 2nd Judy Brehmer, Hi Reynolds
- 3rd Cathy Schmit, Lindy Davenport

June 28

- 1st Ann Dhority, Hi Reynolds
- 2nd Cathy Schmit, Lindy Davenport
- 3rd Chuck Finder, Charles Kachadoorian

July 5

- 1st Cathy Schmit, Gil Lochhead

- 2nd Cyndi Angelu, John Murphy
- 3rd Barb Schneller, Gordon Richards

July 12

- 1st Cathy Schmit, Gordon Richards
- 2nd Barb Schneller, Lucky Highfill
- 3rd Judy Brehmer, Hi Reynolds

Men's 9-Ball June 16

- 1st Chuck Finder
- 2nd John Murphy
- 3rd Hi Reynolds

June 23

- 1st Lindy Davenport
- 2nd Gail Gibson
- 3rd John Murphy

June 30

- 1st Lindy Davenport
- 2nd John Murphy
- 3rd Ron Spry

July 7

- 1st Hi Reynolds
- 2nd Lucky Highfill
- 3rd Chuck Finder

July 14

- 1st Chuck Finder
- 2nd John Murphy
- Cathy Schmit

Right: All golfers in the HG Ladies Golf Club tournament, Rally for the Cure [Breast Cancer], gathered in the shape of a large pink ribbon on the #1 fairway. This year, photographer Anne Hummel-Gillis used a drone to take the photo. Unfortunately, she got one shot because when trying to center it over the women, it went backwards into a large pine tree. It took an agile young man to shimmy up the tree and rescue the drone carrying a camera.

Bottom right: The first place team was Rose Rimanchi, Tina Timm, Dana Schwartz and Rose Hiller, (score 26) a team that plays regularly at Fitzsimons Golf Course. Congratulations! Enjoy your round at Park Hill Golf Course.

Ping Pong

Fun and free. Friendly competition, great exercise. Come and join us in playing table tennis.

Beginning players may meet on Fridays at 2 pm, but you need to call Hope Goetz, 303-750-2881, and she can arrange for an advanced player to come help you learn the rules, and teach you to play. Bring a friend with whom to play.

The advanced and intermediate players both are welcome Monday, Tuesday, Thursday and Saturday, 2-3:30 pm, Game Room. See you there.

Hand and Foot

This card game is fun, and easy to learn. We meet every Tuesday, 12:30–4 pm, Mountainview Room. Questions, call Phyllis Lann, 720-535-8531.

Ladies Golf Club

The Rally for the Cure was a huge success, thanks due to Connie Burns, Flo Madonna and Linda Savage and of course all of their committee members. We want to thank the HG Men's Golf Club for all of their help and support. Thanks also



to all hole sponsors whose generosity helped to make this tournament a success.

Thank you also goes out to all who donated items for the silent auction. Pat Martin and her helpers put together a great lunch! It was such fun to have Nancy and Bruce Henson (Heather Gardens Brokers) on Hole #7, handing out a cool refreshing glass of pink lemonade. All in all, it was a great day and we all had fun!

Unfortunately, no one won the cars for a hole-in-one on #6 or #8. Miz Winters won the longest drive on #7. Carolyn Manly was closest to the pin on #8. Julie Durst won closest to the midline on #9. Congratulations to all winners.

Tournament Winners June 15

Flight A

- 1st L. Sanchez
- 2nd J. Laffea, B. Toslosky

Flight B

- 1st C. Manly
- 2nd C. Burns, D. Dean,
V. DiGuseppi

Flight C

- 1st M. Cornell
- 2nd G. Ptacek, H. Reasoner,
L. Savage

Flight D

- 1st K. Liss
- 2nd C. Lang
- 3rd J. Angel

June 22

Flight A

- 1st M. Francone, B. McShane,
P. Reichert
- 2nd S. Knight, G. Pitts

Flight B

- 1st C. Burns
- 2nd D. Madril
- 3rd S. Hendren

Flight C

- 1st L. Savage
- 2nd G. Klein
- 3rd M. Cornell

Flight D

- 1st K. Liss
- 2nd J. Flaherty
- 3rd G. Anderson, L. Rosenfeldt

June 29

Flight A

- 1st L. French, B. Toslosky
- 2nd M. Francone

Flight B

- 1st D. Madril
- 2nd C. Rothwell
- 3rd R. Einspahr

Flight C

- 1st L. Pickrel

2nd T. McLaughlin

3rd S. Robertson

Flight D

- 1st C. Toon
- 2nd C. Lang
- 3rd J. Flaherty, K. Liss

July 6

Flight A

- 1st S. Knight
- 2nd P. Hammond
- 3rd L. French, J. Laffea,
S. Perisho

Flight B

- 1st C. Manly
- 2nd C. Burns, L. Donaldson,
T. Marquardt

Flight C

- 1st J. Brehmer, B. Nelson
- 2nd D. Dean

Flight D

- 1st K. Liss
- 2nd G. Anderson
- 3rd J. Flaherty, P. Martin

Our next board meeting is 1 pm Wednesday, July 27. Our next big event will be the Club Championship on August 15 and 17.

For new membership information, please contact Carolyn Manly, 303-745-1060. Also, check out website at www.heathergardensladiesgolfclub.com for additional HGLGC information.

HG ACBL Duplicate Bridge

This club plays 1 pm Wednesdays and 6:30 pm Thursdays in Blue Spruce Room. Help setting up is appreciated, so come early.

For more information, call John Osterberg, 720-535-1038, or Dona Kozak, 720-384-5717. For partnership information, call Corley Freisen, 303-872-3308.

Square Dancing

Fun, exercise, and friendship. Come square dance on the first and third Wednesdays of each month, 7:30–9:30 pm, Sandberg Auditorium. Bob Riggs is the caller. All square dancers are welcome. Call Dolores Bendekgey with questions, 720-747-4666. Cost: \$5 per person.

Bunko

Bunko is played 1–3:30 pm on the first and third Thursdays of each month in the Blue Spruce Room. For information: Debbie Brooks, 303-923-3809.

Tennis Club

The club is on its summer schedule (see below). Our monthly social



Winners in the July Texas Hold 'em tournament were (from left): 3rd Peter Youngwith, NTH; 1st David Burdick, B242; 2nd Bruce Tweten, CP1

is the second Wednesday of each month, 5 pm, at Rendezvous Restaurant.

Gene Dawson organized a “team tennis” competition before the July Social with eight players competing. A fun time was had by all. We had a large turnout for the Monthly Social, which was at 6 pm instead of our usual time of 5.

For more information regarding the tennis club, contact Donlie Smith at 303 745 3210. – JoAnn Fitch

Tennis Club Summer Schedule
May–Sept, 8 to 10 am Mon–Fri
(Wed: Men’s Day, Thu: Ladies Day)

HG Men’s Golf Club

As of July 12, the final results for Match Play should be completed in 1–2 weeks.

On July 8, golfers played the first round of a two-day Memorial Tournament that honors members who died this past year. On July 15, the two-day tournament was completed. Results from these two events will be in the August Issue of *Heather 'n Yon*.

Tournament Results June 24

A Flight

- 1st Ed Stevens
- 2nd Neil Buck, Jim Lamb
- 3rd Tom Parko, Eli Henrie,
Jerry Joy

B Flight

- 1st Bob Bengen
- 2nd David Krell
- 3rd Bob Neu
- 4th David Croak, Tom Fitzgerald,
Owen Williams

C Flight

- 1st Jim Pardikes
- 2nd Tom Leavy
- 3rd Ted Cowan
- 4th Larry Francone, Henry Hein
- 5th James Sellers,
Manny Gallegos

See Sports...page 55

Homes for Sale in Heather Gardens

Coming Soon – Nice Honeysuckle Patio Home! Contact me for details



13606 E. Bates Ave. #405 - \$175,000

2br/2ba – 1382 sq.ft. Alpha G – Rare unit w/2 bedrooms plus a den. Top floor location w/vaulted ceilings. Open lanai. Only a short walk to the clubhouse.

13992 E. Marina Dr. #404 - \$199,000

2br/2ba – 1092 sq.ft. Seville A – Terrific location w/views of Pikes Peak & much of front range. Overlooks Cherry Creek Reservoir wildlife area. Screened lanai.



13890 E. Marina Dr. #601 - \$225,000

2br/2ba – 1344 sq.ft. Seville F – Gorgeous panoramic views of mountains. Some golf course views from lanai. Spacious living room & updated kitchen.

14390 E. Marina Dr. #403 - \$235,000

2br/2ba – 1380 sq.ft. Somerset C – Beautiful remodeled kitchen w/new cabinets, counters, custom tile backsplash & more. Views of wildlife from shaded lanai.



13609 E. Cornell Ave. #111 - \$175,000

2br/2ba – 1200 sq.ft. Alpha A – Beautifully appointed. Looking 8th green of golf course. Great location. Enclosed lanai. 2 parking spaces. Close to clubhouse.

Under Contract!

14102 E. Linvale Pl. #506 - \$199,000

2br/2ba – 1200 sq.ft. Somerset A – Great opportunity. Spacious living room & kitchen to enjoy pleasant morning coffee. Enclosed living room & spacious kitchen.

Under Contract!



14305 E. Marina Dr. #B - \$315,000

3br/3ba – 2234 fin. sq.ft. Patio home. Great location. Enclosed lanai. Fresh paint, newer carpet throughout. Great & baths. Enclosed patio. Finished basement.

Under Contract!

14152 E. Linvale Pl. #402

2br/2ba – 1560 sq.ft. Somerset F – Spacious home! Two bedrooms with mountain view, golf course and mountain views.

Under Contract!



SOLD - 13890 E. Marina Dr. #410

SOLD - 14000 E. Linvale Pl. #203

SOLD - 13991 E. Marina Dr. #211

SOLD - 2814 S. Heather Gardens Way

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Employee Recognition

Employee of the Month

Jesslyn Castro started with HG in February 2016 as the Accounts Payable Clerk. Since that time, she has helped bring the vendor accounts current. Jesslyn does a great job keeping up on invoices and monitoring the

HGMD Foundation

Both the Waterfall Renovation Project and the Lighting Project are currently being worked by staff, developing a bid and estimate alternatives. I anticipate, or hope, that the committee will be in a position to make a recommendation to the HGMD Board by its August meeting.

The originators of the Clubhouse Desk Renovation Project and the Organ Replacement Project have withdrawn their requests, so the Foundation Committee will no longer consider these projects.

To date, donations to the Foundation Fund have been \$1,583 for the year and expenditures have been \$3,343, for the same period.

Donations to the General Fund, June 2016

- B218 in memory of Richard Mack
- B219 in memory of Helen McKay
- Anonymous in memory of Will Sinton
- Grizzlies Gone Nuts, Inc. to the General Fund

Donations to the Tree Fund, June 2016

- Friends and family of Martha Nelson in her memory
- B215 in memory of Ann Sowell
- B220 in memory of Lynn Steckman

Thank you to all committee members who volunteer their time and energy on behalf of HG, and THANK YOU to all who continue to donate.

Ed Kurtz
Chair, Foundation Committee
HGMD Board

monthly statements to make sure that HG remains in good standing with contractors and vendors.

Jesslyn takes her job seriously. She does not hesitate to ask questions to ensure doing the job correctly. Her good work has been noticed not only by her supervisor and fellow employees, but also by the Audit Subcommittee chair for having very few errors during the monthly audit.

Another part of Jesslyn's job is helping out at the Management Office's Reception Desk when needed. She is always polite and respectful to the residents in a very busy environment. Jesslyn is often asked to help with special projects, or to just help someone else in the office. She is able to stop what she is doing, help out with a great attitude, and then pick up where she left off — which is not an easy task.

For these and many other reasons, I am pleased to announce that Jesslyn Castro is the Employee of the Month for June 2016.

— Calvin Eddy-White
General Manager



Jesslyn Castro
Accounts Payable Clerk

Free Days for August

| | |
|--|---------------------|
| Denver Botanic Gardens | Tuesday, Aug. 2 |
| 720-865-3500, 9 am–9 pm www.botanicgardens.org , 1007 York St, Denver | |
| Denver Children's Museum | Tuesday, Aug. 2 |
| 303-433-7444, 4–8 pm, www.mychildsmuseum.org , 2121 Children's Museum Dr. | |
| Clyfford Still Museum | Friday, Aug. 19 |
| 720-354-4880 www.clyffordstillmuseum.org , 1250 Bannock St, Denver | |
| Denver Art Museum | Friday, Aug. 26 |
| 720-865-5000, 10 am–5 pm www.denverartmuseum.org , 100 W 14th Ave Pkwy | |
| Aurora History Museum | Friday, Aug. 12, 19 |
| 303-739-6660, 9 am–4 pm Tues–Fri www.auroragov.org , 11 am–4 pm Sat, Sun | |
| Denver Museum of Nature and Science | Wednesday, Aug. 17 |
| 15051 E Alameda Parkway 303-322-7009, www.dmns.org , 2001 Colorado Blvd, 9 am–5 pm | |
| | Monday, Aug. 29 |
| (Fee for IMAX films, Planetarium) | |

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Clubs...from page 39

CP3

The CP3 Social meets 5 pm the third Wednesday of each month in Rendezvous Restaurant.

Aurora Christian Women's Vital Network

We invite you to join us the third Tuesday of the month, 9:30–11 am, at Blossoms in Windsor Gardens. We have a special feature that is always interesting, and a speaker who has an uplifting message.

We have brunch, which costs \$13, including tax and tip. Everyone is welcome. For information, call Mae Shockley, 720-748-2508.

Seville Recreation Association

SRA meets the fourth Monday of every month, 10 am, in a different Seville building each month. For information: Joe Moore, 303-671-4653.

Low Vision Support Group

Our no-cost meetings are held the fourth Monday of the month, 1:30 pm, Mountainview Room. We hope you will join us. Marsha Bergen, 720-662-7181.

HG Republican Club

Colorado Care – Amendment 69 is the topic Republican State Senator Kevin Grantham will present and discuss with you at the August meeting. Don't miss this vital, informative meeting 1:30 pm Tuesday, Aug. 23,

in the Aspen Room.

Senator Grantham represents Senate District 2 and serves on the budget committee. Learn about this bill in detail and how it will affect all citizens of Colorado, if passed.

Be prepared! Know how and why your vote is so important in November. We look forward to seeing Republicans, Democrats and Independents at the meeting. – Larry Swift

HG Democrats

Please plan to attend our monthly Democratic meeting at 4:30 pm Tuesday, Aug. 23, in the Rendezvous Banquet Room. Topics will be: what does the Democratic platform that emerged from Philadelphia tell us about our hopes for America? How is it different from the Republican platform that came out of Cleveland? How will this comparison guide people in their voting?

I expect as well to have a representative from Arapahoe County, who was a delegate to Philadelphia, to come and speak about being a convention delegate. Questions? Call Tom Fitzgerald, 303-338-4360.

Frolics Club

HG Frolics Club Meet and Greet will take place 6:30 pm Wednesday, Aug. 24. At that time, all paid members will be able to vote on the new slate of officers for the 2016–2017 year.

All people interested in the

Frolics Club are invited to attend the meeting, and find out what we are all about. Many people are needed to make the 2017 spring production an exciting and fun show. We need not only entertainers, but many hands to help with behind-the-scenes activities.

Annual dues of \$10 also will be collected that night. Let's get to know you. Dessert will be served. – Judy Shormann

Caregivers Support Group

This group meets on the last Tuesday of the month, 7–8:30 pm, in the Aspen Room. The group is open to all residents of HG who provide care for family or friends.

The object is to meet for fellowship, fun, education, and to solve problems together. It is a chance to meet others in the same situation, and to learn how we each meet the challenges of caregiving. For more information, call Nancy Fuhr, 303-337-4890.

HG Grief Support

Grief is the price of love. Our support group is a means to help you through the loss of your loved one. We give education, support and guidance. Eight-week sessions are held at the HG Clubhouse. A new session will begin September 6.

We care. For more information about the next HG Grief Support group, please call Joanne Brand, 303-750-9722.

HG residents visit Waste Management

Going on a field trip — what fun! Was it to a concert? Maybe a museum? How about an exhibit?

None of the above. It was to the Waste Management facilities. Starting with DADS, which stands for Denver Arapahoe Disposal Site, otherwise known as the dump, 11 concerned HG residents traveled to the far east end of Hampden Avenue for an informative, educational and eye-opening experience on June 21.

It was a morning that reached 97 degrees. We were glad to be driven around in an air conditioned van. This facility is the third largest in the nation. The area is expected to consume trash for the next 50, possibly 75 years. Seeing a methane plant on this site was an unexpected surprise, because this gas is converted into

electricity that powers 25,000 homes in Aurora daily. In the afternoon, we visited the Material Recovery Facility, located north Denver. Here we witnessed trash being separated on conveyor belts. Magnets are used to take metal objects in one direction, fans push paper items in another, while workers sort plastics. We were struck by the amount of waste this facility processes.

Hidden by hard hats and safety vests, in no particular order: Area Reps Pete Clarendon, B243; George Stokes, B213; Donna Szewczynski, B235; Mary Frevert, B216; Assist. Clubhouse Mgr Lewis Boeve; Bob Schlageter; and Green Team members: David Faris; Fred Berliner, Jennifer May; Mary Dawson; Wendy Pfaffhausen.



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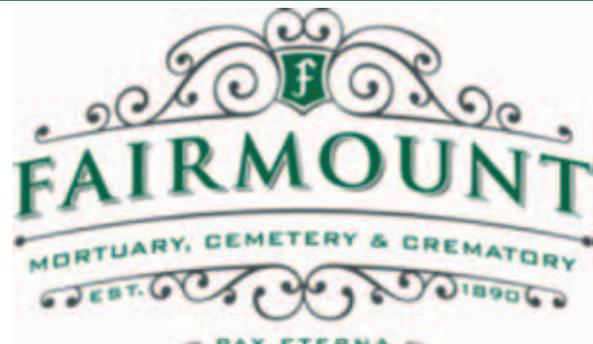


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9 HOLE GOLF TOURNAMENT AT WINDSOR GARDENS GOLF CLUB

Friday, August 19th
7:30am & 9:30am Double Shotgun

FIVE PERSON SCRAMBLE:

\$40 per golfer (Includes 9 holes of golf,
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Lunch served from 11:00am to 12:00pm

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For information, call Linda Simons, Grace Gentry, or Jeromy O'Neil at 1-303-328-9905.

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Trips and Tours

Butterfly Pavilion

Tuesday, Aug. 9, 10:30 am

Cost \$12

Signup Deadline: Tuesday, July 19,

This unique pavilion is the zoo of small wonders and BIG experiences! It is home to over 5,000 animals! Step to the Water's Edge to be immersed in an underwater world full of sea creatures. Explore a tropical rainforest where 1,600 butterflies rule the sky! The majority of residents may be small, but populous. Invertebrates, animals without backbones, make up 97 percent of all animal species on the planet! The zoo is designed to showcase the diversity of these small wonders, their habitats and the *big* role they play in ensuring the health of the environment. Lunch at own expense.

Downtown Aquarium

Wednesday, Aug. 10, 10:30 am

Cost \$17

Signup Deadline: Wed., July 20

The entertainment and dining complex features a public aquarium boasting more than one million gallons of underwater exhibits that highlight fascinating ecosystems around the world and house over 500 species of animals including an interactive stingray touch tank. The Aquarium Restaurant and amusements are for the entire family. After your self-guided tour, you can eat at the snack shack or the Aquarium Restaurant. Lunch at own expense.

Footloose

Saturday, Aug. 13, noon

BDT Stage

Wait List

National Parks Adventure IMAX 3D

Tuesday, Aug. 16, 10:30 am

Cost \$20

Signup Deadline: Tuesday, July 26

Soar over red rock canyons and hurtle up craggy mountain peaks into the otherworldly realms of America's legendary outdoor playgrounds in National Parks Adventure 3D. This ultimate off-trail escapade takes you to Yellowstone, Glacier, Yosemite, Arches, and other beloved sites around our country to celebrate the 100th anniversary of the National Park Service. Narrated by Robert Redford. Price includes admission to the IMAX film and admission to the Museum of Nature and Science.

Dazzle

Thursday, Aug. 18, 10:30 am

Cost \$23

Lunch and live jazz! Includes your choice of three chef-inspired entrees, soda, coffee, tea or glass of red or white wine, draft beer or well drink.

CU Wildlife Experience

Wednesday, Aug. 24, 11:30 am

Cost \$11

Signup Deadline: Wednesday, Aug. 3

From the dry African Savanna to the water-drenched Rainforest, you can explore the world's wildlife and natural places through fine art, natural history exhibits and film. Hop on the Ride this August and enjoy interactive exhibits that contain hands-on activities, live animals, a unique assortment of taxidermy and fine art including: Search for Essence, From Nature to Art, Steps in Stone: Walking Through Time, Facing the Wind, Imagination Playground,

H2Ohh!, Globeology and more. All exhibits are included with admission! You will get your choice of movies: 1 pm Walking with Dinosaurs 3D, or 2 pm Galapagos 3D.

Phantom of The Opera

Thursday, Aug. 25, 2 pm

DCPA: The Buell Theater

Wait List

Cinzzetti's

Tuesday, Aug. 30, 11 am

Cost \$3

Signup Deadline: Tuesday, Aug. 9

An Italian feast for the senses. Imagine a moment of exotic retreat as you stand by a granite and cobblestone Piazza, that faithfully recreates a centuries old Tuscan Villa. The price of your meal doesn't change no matter how much you eat! \$8.59 for senior lunch, price subject to change, does not include beverage, tax or 15 percent gratuity.

A Taste of Argentine Tango

Wednesday, Sept. 14, 1:30 pm

Lone Tree Arts Center

Cost \$21

Signup Deadline: Wednesday, Aug. 24

Lose yourself in the joy and passion of tango! Join Parasol Arts to learn more about the different dances and forms of tango, including folk dance, improvised tango, tangos, milonga with guitarist, tango parody, and group choreography. Refreshments are provided as a part of your ticket, so please stay after the performance to talk with performers, reflect on what you saw, and enjoy social time.

TRIPS POLICY

No transfers or refunds. *Non-residents may only attend as the guest of a resident.* Note that RTD trip times listed are not actual departure times. Courtesy calls are made 2-3 days prior to trip to give check-in times and any other pertinent information. Please call if unable to attend. Bring your receipt

to trip check-in. **All times are approximate (RTD).**

Please note the payment deadline for each trip. Don't wait until just before the trip departure date to register or you'll miss it!

The local fare for SeniorRide and Senior shopper is **\$2.60 round-trip for passengers 65 years or older** and \$5.20 round-trip for all other passengers. Regional fare is \$4.50

round-trip for passengers 65 years or older and \$9 round-trip for all other passengers. Fare paid to driver.

All HG trips include an escort and small administrative fee. RTD fares are not included in trip fees and are to be paid to RTD bus driver at time of pickup. Exact change required. Drivers and HG staff do not have change available.

Islamorada

Thursday, Sept. 22, 10:30 am
Bass Pro Shop
Cost \$3

Signup Deadline: Thursday, Sept. 1
Islamorada Fish Company, owned and operated by Bass Pro Shops, is rich in tradition, atmosphere, and one of the best food and beverage menus in the city. The restaurant atmosphere features several true-to-life oceanic scenes and murals. The 13,000-gallon salt-water aquarium behind the bar is filled with many different species of salt-water fish that are indigenous to

the Islamorada area. After lunch, you will have 30 minutes to explore the Big Bass Pro Shop. Lunch is at your own expense. Restaurant does not accept checks.

Jazz Choir/Senior Luncheon

Friday, Sept. 23, 11:30 am
Overland High School
FREE

Signup Deadline: Friday, Sept. 2
Join the students of Overland High School for their annual Senior Luncheon! Their Jazz Choir will perform for you as you dine!

Casino Trips

Mardi Gras and Golden Gate – Blackhawk

Tuesday, Aug. 16, 8:30 am–3 pm
Tuesday, Sept. 20, 8:30 am–3 pm
Cost: \$6

For this monthly trip, passengers receive \$10 food voucher, redeemable at either Mardi Gras Casino or Golden Gate Casino. You will get \$5 free play on a Players Card. If you don't have an existing Players Card, you will need to register for one when you get there! Please remember: There is a new pickup location for travelers at the parking lot near Atrium buildings.

Pool maintenance: Behind the scenes

During the June indoor pool cleaning and annual maintenance, the Clubhouse offered a “behind the scenes” look at the pump room and filter system. It was an eye-opening experience for all. Residents were able to see the time involved and the

days

- Filter system: 3–4 days
- Mechanical maintenance: 2–3 days
- Re-painting of lines: one week to cure paint.
- Refill pool, heat and adjust chemical balance: 2–3 days



amount of work needed to keep the pool clean and operating properly.

Here is a breakdown of the time involved:

- Drain pool: 2–3 days
- Tile cleaning and acid wash: 2-3

The filter system for the indoor pool is called a Nemato system. This system uses 72 individual socks to filter the water and remove debris from the pool. These 72 socks need to be removed from cones, washed, scrubbed and replaced back onto the cones. The filter tank needs to be emptied and scrubbed. As the filter socks get clogged, the pool water stops circulating properly.

Once that happens, the chemical feeders do not work properly, and the pool will become unsafe to swim. This system requires maintenance every six months.

Other pools may have a different system that requires a different maintenance and cleaning schedule.

Ray Blackwell, Pool Technician, does most of the work himself. He receives additional help scrubbing the tile and acid washing the pool. Ray is responsible for all three pools in HG. Each pool requires daily maintenance.

During the recent closure, many other cleaning projects take place. The drains around the pool are cleaned. The deck is power washed.



Locker rooms are scrubbed. Showers and bathrooms are maintained.

To help keep the pool clean, Colorado State Regulations require all users to shower prior to entering the pool. This rinses off lotions, oils, and other debris that collects on your skin and bathing suit. By not showering, it puts other residents at risk of infections and skin problems. This is also why the only entrance to the pool is through the locker rooms.

I appreciate everyone's patience and understanding. I understand that the pool is vital for your daily exercise regimen. I encourage you to ask questions to learn more about the filter system.

Feel assured that you have one of the cleanest pools in the metro Denver area.

– Clubhouse Manager
Linda Aluise



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HG Clubhouse Events

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Clubhouse Hours: 6 am to 10 pm, Monday–Saturday
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Clubhouse Manager Linda Aluise
Assistant Clubhouse Manager Lewis Boeve

Great Rabbis, Great Insights

Thursday, Aug. 4, 11, 10 am, Blue Spruce Room
FREE: Registration required, call 303-751-1811

A weekly exploration of a great Torah leader and some of his thoughts on the weekly Torah reading. Rabbi Fleisher will discuss the weekly Parsha by telling the story of a great Rabbi, sharing some of his insights on the Parsha.

Movie Matinee and Night: *Eddie the Eagle*

Friday, Aug. 5, 1 pm and 6:30 pm, Sandberg Auditorium
Fee: \$4 pre-register, \$5 on day of event

\$12 for Dinner and Movie (Fish 'n Chips Buffet)

Inspired by true events, *Eddie the Eagle* is a feel-good story about Michael "Eddie" Edwards (Taron Egerton), an unlikely but courageous British ski-jumper who never stopped believing in himself — even as an entire nation was counting him out. With the help of a rebellious and charismatic coach (played by Hugh Jackman), Eddie takes on the establishment and wins the hearts of sports fans around the world by making an improbable and historic showing at the 1988 Calgary Winter Olympics. Rated PG13.

1st Saturday Night Live Dance

Saturday, Aug. 6, 6:30–9:30 pm, Sandberg Auditorium
Music by Perfect Harmony 4

Fee: HG resident, \$5

Non-resident and on the day of event, \$7

Enjoy an evening of dance, good music and good friends. There will be dance hosts, mixer dances and light refreshments. Alcoholic beverages can be purchased at the restaurant bar prior to 7 pm. Bar opens at the dance at 7 pm. Note: Dance hosts receive complimentary admission, and the event can always use more volunteers for that pleasant task.

Active Minds: New Orleans, biography of a city

Wednesday, Aug. 10, 2 pm, Sandberg Auditorium
FREE: Registration requested, call 303-751-1811

Often referred to as the "most unique" city in America, New Orleans is famous for its cuisine, French Creole influence, jazz music, and of course Mardi Gras! Join Active Minds to explore the colorful history, culture and people of the "Big Easy," including the unique challenges of living in a coastal city where nearly half the land is below sea level! Bring your colored beads and your jazz trumpet. It's the next best thing to being there!

AARP Drivers Safety

Friday, Aug. 12, 1 pm, Blue Spruce Room
Fee: \$15 AARP Member/\$20 non-member

A certified AARP instructor teaches this course. Class size is limited, so registration is required. Pay the instructor on the day of the class.

Annual Flea Market

Friday Aug. 12; Saturday, Aug. 13, 8 am–4 pm
Sandberg Auditorium

One man's discard is another man's treasure. Come find your treasure, bargain or collectible. The flea market is free and open to the public.

Movie Matinee and Night: *My Big Fat Greek*

Wedding 2

Friday, Aug. 19, 1 pm and 6:30 pm, Sandberg Auditorium

Fee: \$4 pre-register, \$5 on day of event

\$12 for Dinner and Movie (BBQ Buffet)

The long-awaited sequel to the highest-grossing romantic comedy of all time. Written by Academy Award nominee Nia Vardalos, who stars in the film, the entire cast of favorites returns. The film reveals a Portokalos family secret that will bring the beloved characters back together for an even bigger and more traditional Greek wedding. Rated PG 13.

Watch Battery Repair

Tuesday, Aug. 23, 9 am–1 pm, Lodgepole Lounge

Fee: \$6 per battery.

Bring your watches, car remotes or hearing aids in for new batteries while you wait.

Pine Needle Necklace

Wednesday, Aug. 24, 1–4 pm, Wood Shop, Picnic Pavilion

Fee: \$35 Registration required, class size limited.

You will design and create your own sterling silver pendant with the use of pine needles. Instructor will assist and then solder it together. Fee includes sterling silver wiring and a 20-inch sterling silver chain.

A Guide to Windows 10

Friday, Aug. 26, noon, Arts & Crafts Room

Fee: \$3, registration requested.

An overview of all you need to know about using and upgrading to Window 10. Sponsored by GroovyTek. Pizza lunch provided.

HG Road Show

Friday, Aug. 26, 1 pm, Sandberg Auditorium

FREE: Registration requested, call 303-751-1811

Come enjoy a great variety show with neighbors you may recognize.

Ask A Pharmacist

Monday, Aug. 29, 2 pm, Mountainview Room

FREE: Registration requested, call 303-751-1811

Q&A with a pharmacist. Know your medications and some of the side effects that go along with that medication. Learn how your medications may interact with other prescriptions, vitamins or supplements. Presented by Charlie Pratt, Neighborhood Walmart Pharmacist.

Bingo

Wednesday, Aug. 31, 1-3 pm, Sandberg Auditorium

Fee: \$2 for refreshments, registration requested.

Bingo and Prizes! One card per person. Prizes awarded. Registration requested.

Fall Fashion Fair @ the Gardens

Friday, Sept. 9, 1 pm, Sandberg Auditorium

Fee: \$5

Enjoy an afternoon of fashion and delectable food. HG models will wear fashions from the Dress Barn. Something for everyone. Bring your neighbors, friends and family and enjoy a relaxing and entertaining event.

HG Car Show

Saturday, Sept. 17, 10 am–1 pm, Picnic Pavilion

Take off those car covers and show that car! We would love to see all the great cars that are hiding in garages around the area. We will have an entry form available. No fee for bringing your car to the Clubhouse. A "ride around" HG will show off all the beautiful vehicles. Entertainment and root beer floats!

Fall Craft Fair

Friday and Saturday, Oct. 21 and 22

Now accepting applications for the Fall Craft Fair. Applications available at the Clubhouse Reception Desk or call 303 751-1811 to have an application emailed to you. Tables and room selection is on a first come, first request basis. For more information, call Linda Aluise, 720 974-6932.

Outdoor Pool Notes

Children hours: 10 am–12:30 pm every day. Additional hours are 5–7 pm on Saturdays and Sundays. A Pool attendant is on deck during these scheduled hours to greet, register swimmers and enforce pool rules. No lifeguard on duty, swim at own risk. Please remember that *each unit* is allowed four guests without charge. All guests *must* be accompanied by a resident. The Indoor Pool **will not be open** to children during the summer season.

Large Print Books

The Clubhouse Library needs large print books. If you have some around the house, please consider donating to the Clubhouse Library. All donations accepted.

Volunteer Opportunities Available:

Popcorn "Popper" needed!

The Clubhouse staff need a popcorn "popper"! Someone to help us make popcorn for the Friday movies. It's fun and everyone likes you because you make this popular snack! No experience necessary. If interested, call Lewis Boeve for more information, 303-751-1811, extension 138.

Grief Support Group

HG Grief Support Group will have 8 weekly sessions in the Mountainview Room, beginning Tuesday, Sept. 6 continuing through October 25, 4–6 pm. There is no fee. Please call HG Grief Support Leader Joanne Brand, 303-750-9722, for more information. You must register.

Sports...from page 43

D Flight

- 1st Clyde Robinson
- 2nd Milton Bonhan, Bill Archambault
- 3rd Sam Mathieson, Len Liss, Dean Coleman
- 4th Tom Merges, Steve Galambos, Van Kinahan, Ralph Romero, George Brown

E Flight

- 1st Dave Westfall
- 2nd James Sparks

July 1

A Flight

- 1st Vern Thompson, Neil Buck
- 2nd Monte Brook, John Bender, Randy White
- 3rd Allen Torrey
- 4th Jim Lamb, Bradley Kunish, Jess Deal

B Flight

- 1st Dave Hartenbach
- 2nd Carlos Chavez, Paul Zippis, Tom Leavy
- 3rd Owen Williams

C Flight

- 1st Gale Gibson, Len Liss,

- Al Reasoner
- 2nd Larry Francone
- 3rd James Sellers, Robbie Robertson

D Flight

- 1st Clyde Robinson
- 2nd John R. McLaughlin, Don Nussbaum
- 3rd Van Kinahan
- 4th Rich Richardson
- 5th Bill Riley, Bob Budden

E Flight

- 1st Dave Westfall
 - 2nd Don Jackson, Phillip Corliss
 - 3rd Bill Scaff
- Rich Richardson: if there are any questions call me, 303-368-5647.

Mexican Train Dominoes

We play noon–4 pm every Saturday, Arts & Crafts Room. Games start at noon and at 2 pm. For information, call Viola, 720-535-5638, or Peggy, 303-752-4696.

Pickleball

The August schedule for Pickleball will be emailed to everyone on the Pickleball email list. We will play mostly outdoors on the HG Pickleball

Courts. New players are welcome. Join us. Enjoy this fast growing sport! Join the beginner clinics for newer players and former players who need some practice, on Tuesdays, Thursdays and Sundays.

To see this fun sport in action check out: plaidflannel.com/pickleball. Call Rosalie, 303-751-1226, or Judy, 303-369-6258.

HG 50 Bowling League

Happy bowlers are happy people! Our league is getting ready to start again.

The orientation meeting for the league will be 9 am Thursday, Aug. 18, at the Brunswick Zone Heather Ridge Bowling Lanes, 2200 S. Peoria St. We have new people who want to bowl. If you think of anyone else who would be interested in joining the league, please have them call Larry Schneller, 303-923-3992.

The first week of actual league bowling will start 9:30 am Thursday, Aug. 25, but always be there at least 15 minutes before for practice bowling. See you all then.



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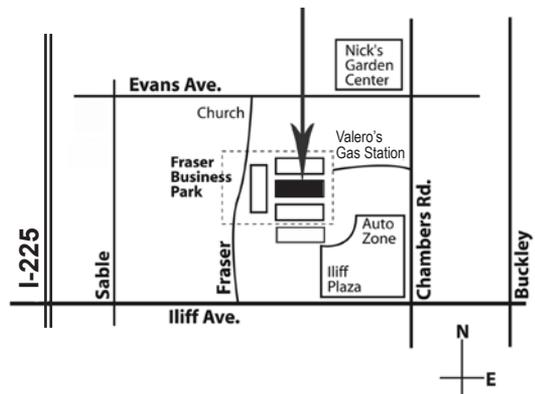
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26" Ladies Bike Raleigh Retroglide. Like new, plus helmet, pump, chain, etc. \$200. 303-337-6674.

Broyhill Couch Smoky Evergreen Color. \$400. Dark green Lane recliner \$200. Round oak dining table with one leaf and four chairs \$200. Proform treadmill \$100. Maple rocking chair \$35. Blue Gone-With-The-Wind lamp \$50. All like new or very good condition. Call 303-974-0211.

NETGEAR Nighthawk AC1900 WiFi Router. Built in DOCSIS 3.0 Cable Modem supports Comcast Xfinity. \$175. Diane, 303-506-7851.

Safety Bath Serenity Tub. Walk in-tub. 33.5 wide, 29.5 height, 36.5 long. Molded seat, removable booster seat. Never used. 303-940-5713.

SERVICES

Toenail trouble? Thick toenails, painful feet, corns and calluses? Please call Kirsten Antony, RN. Kirsten provides in-home medical pedicures in the comfort and privacy of your own home. Kirsten has been providing foot care to HG residents since 2001. Please call 303-668-8992 for information/appointment, or visit www.kirstenantony.com

Massage Therapy In Your Home. For seniors. Massage can help improve circulation, promote relaxation, aid in joint mobility, and reduce stress and tension. HG references available. Call Cheryl Raney, CMT, 303-373-1694.

Will Do Your Hair in your home. State licensed. Shampoo, sets, colors,

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In Home Salon Services. Hair and nails. Cuts, color, perms and styling. Classic manicures and pedicures, and CND Shellac manicures. All in the comfort of your own home. Call Darlene, 920-203-7393, email darlene.guild@gmail.com, or go to www.darlenessalon.vpweb.com.

In-home Hair Cuts. Call to set appointment. Men's and women's cuts, \$20. Cheri, 303-725-6334.

Cat Care. I am a cat mommy looking to spoil yours with great care, reasonable rates. Call Joan, 303-750-2507.

Professional Pet Sitter. Pet sitting, dog walking, overnight visits and more. With over 8 years of experience. Call Crystal, Peek-A-Boo Pet Sitting, to care for your pets when you are away. 303-809-4779.

Just Call Jill. I'm here to help. Any task, just ask. 24-hour airport drop off and pick up. Dependable rides. HG resident senior concierge. Last-minute appointments OK. Call Jill, 303-929-6351.

Experienced CNA. Experience with individuals with diabetes, dementia, Alzheimer's, MS and quadriplegic, amongst others. Help with exercise, walks, etc. I administer medication, take to doctor appointments, run errands, light housekeeping. Call Mel, 720-808-2106.

Companion/Helper for shopping, cooking, transportation, light housekeeping, moral support, pet care. No extra charge for sense of humor, commitment and integrity. HG references upon request. Call Sue, 303-324-1010.

Companion, Caregiver, CNA, PCA. 14 years experience. Dependable, compassionate, integrity. Grocery shopping, doctor, hair appointments, laundry, light housecleaning. Affordable rates. HG references. Available Mon.-Fri. 8 am-noon, Sat. by appt. only. Sarah Lee, 720-297-3317.

Need Help? Companion, errands, housekeeping, grocery shopping. Plus dog/cat sitting, walking, boarding at my house. Reasonable. Janet, 303-987-2661.

Companion/Loving Caregiver. Highly experienced caregiver for all your needs. Dependable and will offer quality care for all your needs. Affordable rates. Available Mon-Sun. References available. Call Rose, 720-329-8067.

Experienced, Loving Caregiver Available. Housecleaning, light cooking, grocery shopping with you or can deliver. Transportation for doctor appointments or errands. Any day of the week. References available. Call Cindy, 303-910-7405.

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appointments. Affordable rates. References upon request. Available: Mon.–Sun, 9 am–2 pm. Call Barbara or Rose, 303-739-0035.

Caregiver Available. Work overnight shifts; any shift, days or nights. Reliable, dependable, references. Honest, hard worker. 18 years experience. Call Carelyn, 720-422-5853.

Have Truck, Will Haul. One lady, one truck. Affordable rates for HG seniors. Help with small moves, packing, sorting, donating, store pickup and returns, to and from storage. Rearrange furniture. Call Anna, 303-877-0475.

Two Brothers, Respectful Young Men. Love helping seniors. Can do/fix anything you need. TV, computer, move furniture, decorations. Call Landon at 720-808-3428 or Nicholas at 303-669-4335. References provided by HG resident at request.

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ganizing. We exceed your expectations. References available. Coco, 303-828-8060.

Barb's Housecleaning Service. Custom cleaning at affordable rates. Fast, efficient, excellent references and 25 years cleaning in HG. Barb, 303-337-7991.

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Windows Cleaned by Mike: Leaving the area. Chris Lewon, an outstanding window cleaner for 20 years, will be able to take care of my clients. Please call Chris, at the same number, 303-756-8408. Check out Chris' website: www.NewSystemRestoration.com for his other services.

Lanai Windows Washed or other odd jobs. Call Brian Bergner, 720-429-6329. Son of HG residents.

Knives, Scissors, Yard Tools Sharpened. Cash or check accepted. Call Paul Burns, 303-750-8750.

Senior Geek Support. Problem solving: Comcast, computers, printers, Internet, home, cell phones, TV, DVD/CD. Clifford Bird, Seville resident, 720-320-1448.

Chair Caning, Rush, Reed, Wicker repair. 40 years experience, let me repair or teach you how. Supplies. Multi-designed foot stools for sale. HG resident. Phyllis Lann, 720-535-8531.

Jewelry Repair. Necklaces and bracelets. Free estimates, reasonable rates. Call Sharon, 303-369-1935. No watches or precious stones. HG resident.

Need Some Interior Décor Ideas? Do you want more exciting rooms? I can help you. Interior design consulting. Choosing fur-

niture, accessories, paint colors, framed art. I do all window coverings: drapery, blinds, shutters. Kathy Liss, Heather Gardens Interiors, 303-618-2599.

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WANTED

Electric Scooters. Buy/sell/rent. Alan, 303-232-1212.

Buying Older Jewelry. Men's and women's, plus buttons. Call Flo, 303-755-1880.

Wanted: Ammo and Knives. Alan, 303-232-1212. HG resident, serving HG 10 years.

Seville Interior Doors. Also dark oak kitchen cabinets. Please call me. Clifford Bird, Seville resident, 720-320-1448.

FYI...from page 34

bage, pinocle), dance, pickleball and table tennis. Register by Aug. 5: www.gjcity.org/senior_games.aspx. More information, 970-254-3866.

Farmers' Market

Southlands Shopping Center (Town Square)
Saturdays through Sept. 24
8 am–1 pm
Jason & Jillane Williams
303-693-3662, williams-familymarkets@gmail.com

Parker
19420 Main St.
Sundays through Nov
9 am–1 pm
Neil Fisher (303) 520-8490
farm2tablecolorado@gmail.com; www.farm2tabletradingpost.com

Aurora, Havana St.
2712-2892 S Havana St.
Mondays through October
10 am–3 pm

Global Fest 2016

1–7 pm Saturday, Aug. 20
Aurora Municipal Center
Great Lawn

On its third year, this festival highlights all things about international cultures. Includes music and food, drinks. A colorful international fashion show is a must see. Free admission and parking. AuroraGlobalFest.org, or 303-739-7163.

Food Truck Rodeo

1st Friday of the Month
Aurora Municipal Center
15151 E. Alameda Parkway
11 am–2 pm

Aug. 5 (www.auroragov.org)
• California Wrap Runner

(Fresh SoCal Wraps)
• Mile High Cajun (Cajun Comfort)
• Manna from Heaven (Vietnamese Inspired Cuisine)
• Fire Truck Crepes (Gourmet Crepes)
• Chibby Wibbitz (Tacos, Sliders, & Bites)
• EMS Ice Cream (Organic Handcrafted Ice Cream)
• Maine St BBQ (New England Inspired)
• Gigi's Cupcake (Gourmet Cupcakes)

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Overheard @ HG

Kicked to the curb by Comcast: I still love my triple-play cable

by Mary Hafka

My last nine-to-five job was working for a cable company. (Pause, here, for appropriate jokes.)

Honesty compels me to admit that I didn't like working for the cable company. More honesty compels me to admit that I don't think it was the cable company's fault.

I'd spent most of my career working in the not-for-profit sector. I then entered the telecommunications field, where it was all about profit, profit, profit. The entire experience jolted my sensitive system.

In my sixth year of working a job I hated, life on the home front changed. My father died. I moved in with my mother, which enabled her to stay in her home, in HG.

Less than a month later, Mother fell in the kitchen, and shattered her shoulder. Her physician obligingly wrote me a note that stated, "Of course, Mary needs time off from work, to assist her mother."

Thus I embarked upon that wonderful program usually reserved for female workers who have just given birth, The Family Medical Leave Act. The act provides that a company must allow an employee 90 days leave from work to care for a parent with a serious medical condition.

After 90 days, the company must take the employee back, at a comparable position. The company does not need to pay the employee, when she is not working; however, accrued sick and vacation time can be tapped to keep the paychecks coming.

I had plenty of sick days stored up, and a good bit of vacation time, as well. In the summer of 1998, I divided my time between rendering what help my mother needed, due to having her arm in a sling, and acquainting myself with the amenities of HG.

Ninety days of lounging by the outdoor swimming pool, singing in HG's mixed vocal chorus (now defunct), and disgracing myself on the golf course came to an end too quickly. Just as the idea of returning to that job of which I'd grown weary loomed large — fate intervened.

While breakfasting on the sunny lanai of our CP1 patio home, I opened *The Denver Post*, and turned to the business page. There, I learned the cable company for which I worked had been sold to a larger one, Comcast. It seemed all employees of the acquired cable company were being made redundant.

I can't say that the news that my company had been sold was a shock. Many who worked there had long understood that, in an era of telecom mergers and acquisitions, our company was too small to survive on its own. For me, it was the timing of the sale that was most excellent.

I returned to my job, after the 90-day leave, and labored at it for a few additional months. I got "kicked to the curb" on schedule, clutching a generous severance-pay check. I counted myself the happiest former employee in cabledom.

It wasn't all peaches and cream, of course. When Comcast took over the health insurance for all laid-off employees, under COBRA, they switched our coverage to Blue Cross Blue Shield.

I was mid-treatment with my long-time physician — whom I liked a lot — over some minor condition. When I told the doctor's office that my insurance now was Blue Cross Blue Shield, I got booted yet again.

It seemed my doctor had a long-running feud with Blue Cross Blue Shield. The two weren't on speaking terms. His surprisingly unsympathet-

ic office staff handed me my medical files, and wished me a nice life.

I'd never been axed by a doctor before — in my hour of need, no less. It felt weird.

Exercising my usual sturdy recuperative powers, I picked myself up and moved my business to the Women's Health Clinic on Parker Road. I've gone to only female physicians since then.

Today, as I listen to the debate on the proposed HGNet proposal, with Comcast, I realize that, after all these years, my heart still belongs to cable. Cable industry employees could recite, on cue, all the reasons that cable television was superior to dish networks. I still adhere to this.

Although I'd stopped loving my cable-industry job by the time I'd left it, my company treated me fairly. It was the best-paying job I'd ever had with the nicest perks — among them, free cell phone and cable TV. Written into the system-sale contract were provisions that all displaced employees would receive the excellent severance package, continuing-career counseling, and other considerations to grease the path into a new job situation.

Admittedly, I am a TV junkie. Of course, I gravitate towards only the finest programs — Masterpiece Theatre and The Arts on Bravo. Okay, that's a joke. But I love my cable television, and feel there's lot of wonderful stuff available to watch. I also don't understand what people are talking about, when they say the service from Comcast is terrible. It hasn't been my experience.

I rarely experience a service problem with my Comcast television, internet or phone service. When I do, it's solved promptly.

The only thing that could improve my cable experience would be if the bills were lowered. Since HGNet is designed, primarily, to do just that, I await with baited breath.

It will never match the days when my cable was free. But in those days, I also had to commute to the Denver Tech Center and back during rush hour — a hair-raising experience, and one worthy of its own column.



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and view of mountains and reservoir \$212,500

Under Contract! Somerset J 13601 E Marina Dr #402 -3BD/2BA,
1400 sq.ft. Rare Somerset J end unit in great condition with parking
space 5 located conveniently near elevator! Updated kitchen -
extra oak cabs, dome ceiling, oak flooring in entry & hallway; glass
enclosed lanai has double entrance from living room & family room.

New Listing! Under Contract! Atrium C 13931 E Marina Dr #503
2BD/2BA, 1410 sq.ft. Popular Atrium C floor plan in great condition
with North facing views of golf course! Needs updating, but has
desirable end unit location. Two screen-enclosed lanais, one off the
living room and one off the Master bedroom..... \$259,000

Under Contract! Atrium F 13991 E Marina Dr #209 -2BD/2BA, 1564
sq.ft. Highly desirable 2 BR unit in coveted Atrium complex with W/D
hookups, underground reserved parking. This is only building with 2
elevators. Completely updated. Roomy open feel perfect for enter-
taining..... \$279,900

Under Contract! Somerset F2 13691 E Marina Dr #202 -2BD/2BA,
1550 sq.ft. Updated home, newer appliances, wood laminate floor
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fairway..... \$289,500

SOLD! Seville A 13952 E Marina Dr #106 -2BD/2BA, 1059 sq.ft.
Great Seville unit with beautifully updated kitchen. Quartz coun-
tertop in kitchen, elegant glass tile backsplash. Nicely updated
bathrooms. Super walk-in closet in Master. Lovely view of grassy
park with trees. Across from Seville pool \$204,500

SOLD! Townhome 3239 S Xanadu St. -3BR/4BA, 1650 sq.ft. +
finished basement. Updated 2-story townhome, hickory cabinets
and island in customized kitchen. Beautifully made cabinetry in
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