



# Heather 'n Von<sup>®</sup>

January, 2017

Vol. 30, No. 11

The Official Newsmagazine for HG  
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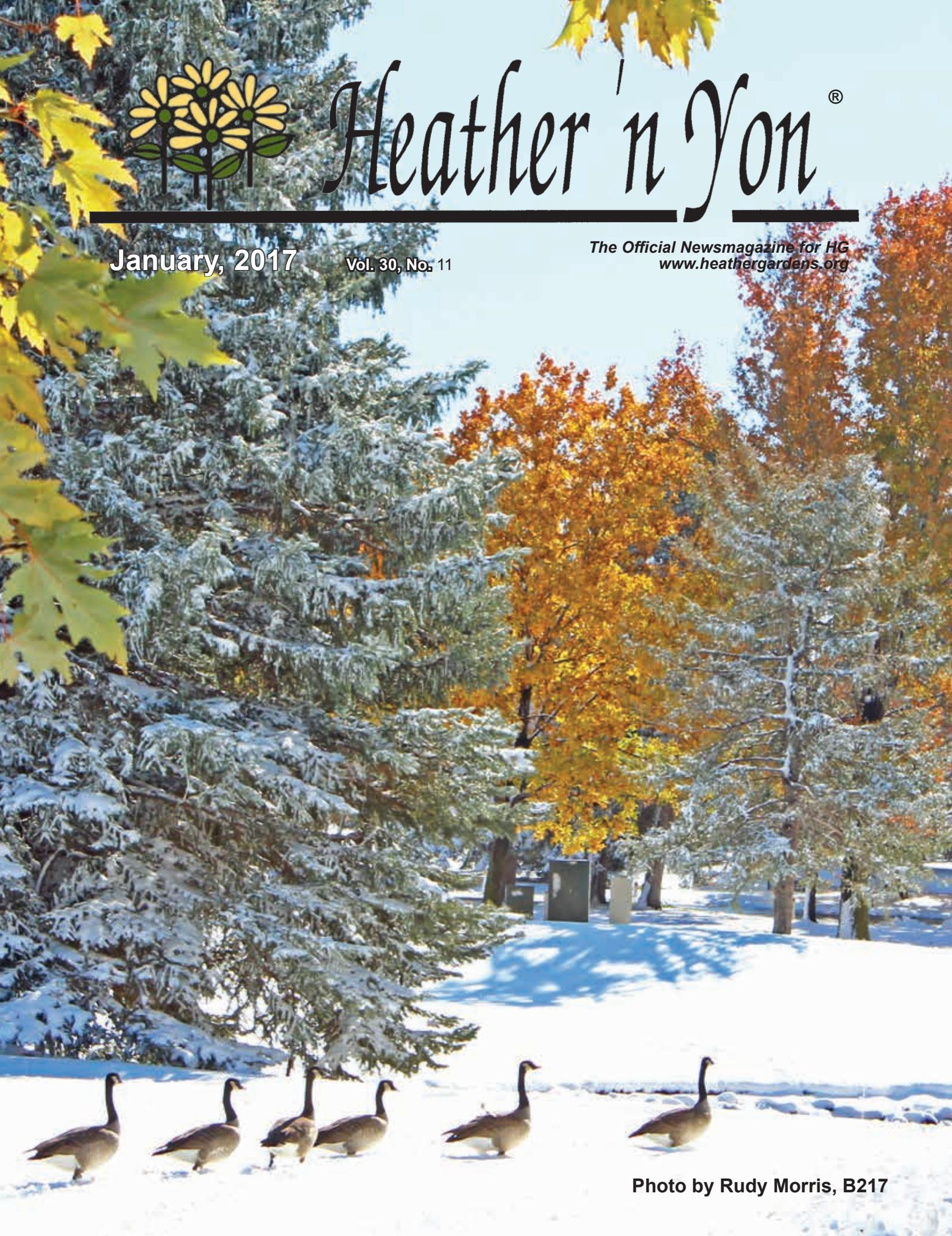
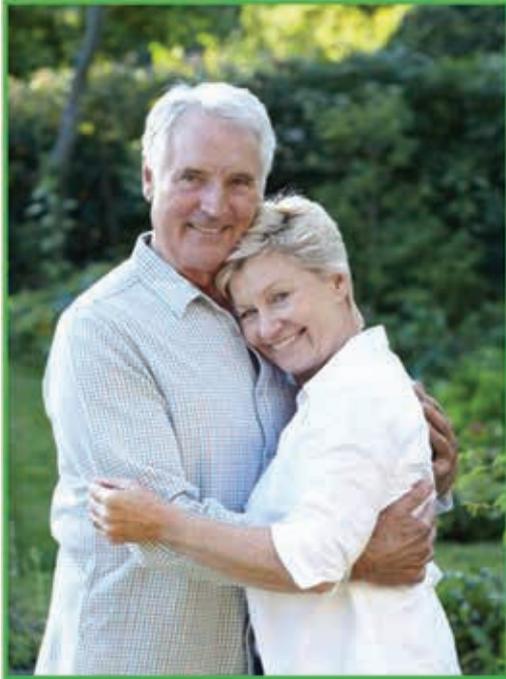


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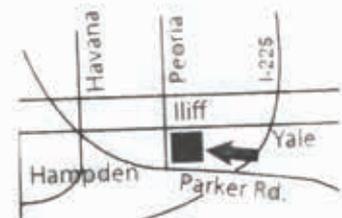


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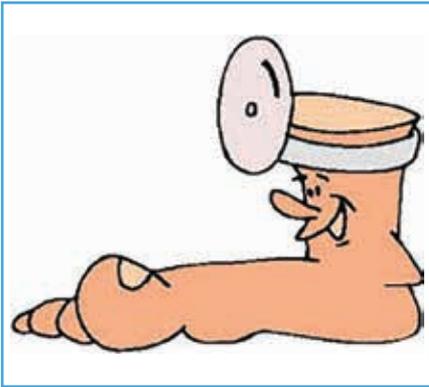


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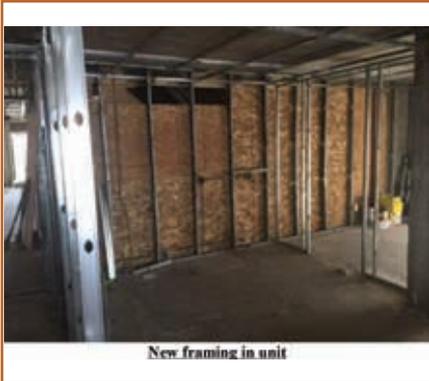


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*Heather 'n Yon*™ is published monthly  
for the residents of HG

Trademark Owner: HG Association  
2888 S. Heather Gardens Way  
Aurora, CO 80014 [303/755-0652]

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## TO HG RESIDENTS:

It is the intent of the Editors to provide information of interest to its readers, to afford persons with varying and differing views opportunity to air responsible opinions on matters of community interest and to promote community and enjoyable life pursuits.

*Heather 'n Yon* welcomes letters and other articles concerned with community issues. Letters must be signed, dated and include the writer's address and phone number. Letters may be edited for reasons of space and clarity.

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# Security concerns dominate HGA meeting after move to auditorium

Six directors attended the Dec. 13 meeting of the HGA Board of Directors. Two directors — Winnie Jennings and Susan Lambert — were absent. One director's seat was vacant. Vice President Dave Archer presided over the meeting.

The meeting started a half hour late because the meeting was moved from the Board Room to Sandberg Auditorium, to accommodate the overflow crowd. The issue that triggered the large crowd appeared to be questions over the dismissal of former HG Security Chief Larry Baker, and concerns about the direction of HG's Security Department. About 65 were in the audience.

A number of residents, who addressed the board, expressed concern over the firing of former Security Department Chief Larry Baker, who left HG's employment at the end of November. A notice to residents noted a local outside security company would be used on the night shift, until Acting Chief Terrance Jones could hire replacements. [Another security guard left HG's employment just before Baker did.]

Peter Ebner, B231, remarked, "I'm sorry Larry left. I don't know why he was fired, but I think — as a homeowner — I have a right to know."

General Manager Calvin Eddy-White explained, "Under Colorado law, we can't discuss personnel matters."

Joyce Laman, CP4, said, "I believe seniors want security. 'Security' seems to be being downgraded [here]."

Emergency Preparedness Committee Chair Michael Lickteig responded, "We support our Security Department. They are not in danger of going away. We will not replace them with rental [security officers]."

Eddy-White concurred: "We are hiring our own [security] staff. The outside company was a temporary fix, but they're out of here now. He added that "the board was in complete agreement" [with the termination of Baker]."

• • •

One of the board's first tasks was to fill its vacant seat. Three candidates had submitted applications to be appointed to the seat that Director Jay Bluestein resigned, after the November HGA Board meeting.

## New director?

Bev Havens, CP2; Diane Dean, B232; and James Sutton, B210; presented his/her credentials to the room, then a vote was taken. The vote triggered a run-off vote between Dean and Sutton. However, after a second vote, a three-three tie existed between the two candidates.

To break the tie, the board fell back on an earlier email from Lambert, stating that she would have voted for Dean, had Lambert been able to attend the meeting. Dean was seated on the board dais, on the Sandberg Auditorium stage. However, she was asked to refrain from voting or participating in discussion about board matters, as it was questioned whether Lambert's email should properly be counted as a proxy vote and not having President Winnie Jennings' vote might invalidate the results. The meeting continued with six voting directors.

• • •

On Monday, Dec. 19, HGA held a special meeting. Winnie Jennings was absent, and Susan Lambert participated by teleconferencing. Dave Archer presided.

Archer explained the board had been notified that using the email vote, on Dec. 13, to break the tie on selecting a new director "wasn't appropriate." For a second time, the board — now consisting of seven directors — voted between run-off finalists, Diane Dean and James Sutton, to fill the vacancy.

Sutton was elected to the position on the HGA Board. [Last October, Dean had been elected president of the Area Representative Organization (ARO) for 2017.] With a full complement of nine directors in place for the 2017 board, incoming President Kay Sawyer named the following committee chairs:

Architectural Control	Dave Archer
Budget & Finance	Susan Lambert
Civic Affairs	Deb Stelle
Communications	Bill Reynolds
Emergency Preparedness	Rex Engel
Long Range Planning	James Sutton

See HGA...page 10

**The HG Clubhouse has a new look when draped with holiday lights**



# Extra! Extra! Information for you—

## Auto theft concerns everyone

In November, 119 cars were stolen in Aurora. Year to date the City of Aurora has had 1,253 vehicles stolen. This is a 20 percent increase over 2015. Puffers (leaving your car running unattended) is a big part of the numbers. Cars left in an open garages with the keys left in the ignition is another common source.

Please secure your car like you would secure your house. Your car is an extension of your house. Most of you would never leave the front

door of your home unlocked or your house keys lying in your driveway or sidewalk when you leave for work or to run an errand.

Please don't leave your keys in your car! Additional cautions:

- Don't leave your car running unattended. (A remote start system is OK.)
- Don't leave your car unlocked.
- Don't leave any valuables (money, cell phones, GPS devices, wallets, briefcases, Christmas pres-

ents, packages, purses etc.) in plain sight inside your car.

- Check to make sure your garage door is down prior to going to bed.
- Make sure any side doors into your garage are locked.
- Never leave your keys in the car while parked in inside your garage.

Criminals who steal cars go on to commit other crimes. It's not uncommon for criminals who steal cars to commit business robberies, home

See *Auto theft...*page 30

## Safe home chemicals for cleaning

My wife and I moved to HG in August 2015 after being introduced to the community by friends, who live in CP1. After getting home from our trip, we discussed downsizing and moving to HG, which we both agreed would work out for us.

After living in our house since 1977, we both knew that we would have to downsize. That meant getting rid of much of our furniture, household chemicals and other personal things. Most items we would not need in our new home in HG.

I identified three areas in the house that we had chemicals stored: living areas, basement and garage.



I began gathering up household cleaners we had used to clean the kitchen and other living areas.

Then I moved to the basement, where there were items used to clean or paint the house.

Once completed, we were both surprised as to how many chemicals we had lying around the house, in the basement or in the garage. I told my wife that once we get to our condo, I would like to do some research and identify natural and safe products that we could use around the condo, instead of chemicals.

I believe my research has been successful. I came across an article on <http://naturalsociety.com> that stated six alternative cleaners that could be safely used: baking soda, hydrogen peroxide, vinegar, hot water, olive oil and 100 percent organic

Castile soap.

1. *Baking Soda*: Use this as a paste to clean grout in the bathroom and kitchen without adding toxic chemicals. Scrub out your tub and shower. Deodorize your cat's litter box. Clean your brushes and combs with baking soda. Refresh sponges. Scrub pots and pans. Refresh the drains in the kitchen and bath by sprinkling baking soda and let it stand for a while.

2. *Hydrogen Peroxide*: Use this with baking soda or alone as a great non-toxic cleaning agent for removing mineral deposits from coffee makers or tea kettles. You can mix with baking soda in a bowl as a paste that can be used to clean your microwave, refrigerator and the toilet bowl. Hydrogen Peroxide, when

See *Chemicals...*page 26

## Heather 'n Yon begins 30th year in March

In 2017, the staff of *Heather 'n Yon* will celebrate the 30th anniversary of HG's monthly newsmagazine, *Heather 'n Yon*. The March issue of the magazine will mark the milestone.

The Donaldson family began producing the magazine in 1988, when Bob and Helen Donaldson (B235

at the time) worked as employees of The Publication Company, which earned a tidy profit from the venture.

In 1991, the Donaldsons decided that they were doing a lot of work, but getting paid poorly for their efforts. They pitched an offer to the HGA Board that they could do the job directly for HG, and share prof-

its with the community. Donaldsons, Inc. was incorporated in Colorado.

Thirty years later, a Donaldson continues to produce *Heather 'n Yon*. Bob and Helen's daughter, Lynn and her husband Bob Neu, purchased Donaldsons, Inc. in 1997. The company continues to share profits with

See *Heather 'n Yon...*page 45

# Golf Course debate dominates HGMD meetings

On Dec. 7, the HGMD Board of Directors held its public forum, to solicit public input and comment, on its 2017 budget. Most of the 45-minute session was consumed by discussing two possible amendments to the budget, both concerning Golf-Course greens fees. No audience comments regarding the budget were solicited or received.

The 2017 budget was approved narrowly, on a three-to-two vote. The mill levy was set at 16.781 mills, and money was appropriated to the correct fund, each also on a three-to-two vote.

Revenues comprising the 2017 budget were:

Enterprise Fund	\$2,197,093
Conservation Trust Fund	\$15,205
Debt Service Fund	\$581,821
<b>Total</b>	<b>\$2,794,119</b>

Golf Committee Chair Vincent Velasquez tried to amend the budget, already reviewed and approved by the Budget and Finance Committee and the HGMD Board at its last regular meeting. Velasquez wanted to raise one greens-fee category and eliminate a second. The proposed changes to the greens fees were not recommendations from the Golf Committee, which has not met since October.

After extensive discussion over whether the public hearing was the proper venue for changing two greens-fees rates, Velasquez' two motions were tabled.

"This is a public hearing for the 2017 budget," Craig Baldwin remarked. "As far as I can tell, [these motions] have nothing to do with the budget and mill levy."

Velasquez agreed to bring his motions up again at a later meeting, which he did on Dec. 15 (see below). He noted that, "The \$76,000 for a contractor (Golf Pro) should be put

into the HGA budget."

Velasquez voted against the three budget-related motions, stating, "This isn't a full and truthful budget." Kurtz joined Velasquez, or abstained, in voting on the three budget motions.

The voting on Dec. 7 pitted Velasquez and Kurtz voting on one side of the issue, while Gaugenmaier and Baldwin voted on a different side, with President Larry Francone sometimes voting to break the tie. This voting pattern continued somewhat during the Dec. 15 regular HGMD Board meeting.

• • •

On Dec. 15, four directors attended the HGMD regular monthly meeting in person, and Velasquez participated through teleconferencing. Francone announced that Gaugenmaier would retire from the board at the end of 2016, and paid tribute to her long service (13 years) on both boards and on HG committees.

Kurtz paid tribute to other long-time volunteers, former HGMD Board Director Mavis Richardson and Jean Baldwin, both of whom were retiring from the Foundation Committee. New Foundation members are needed, he said, and the committee is accepting applications.

Velasquez said he is accepting applications for membership on the Golf Committee.

"I'll be putting new members on at the Jan. 11 committee meeting," he announced. (At November's regular meeting, the board approved removing the presidents of the Ladies and Men's Golf Leagues as automatic members of the Golf Committee. This change created vacancies.)

Velasquez moved that the board eliminate a discount to non-resident

greens fee, the two-for-one special – which benefits nonresidents, including residents' guests – effective Jan. 1. He said the discount fee, which has been offered year round for many years, has been "abused" and poorly monitored.

The motion passed, with Gaugenmaier voting no. She had suggested the two-for-one special be returned to its original intent, which was to fill up greens fees on the hottest part of the day, noon–3 pm, over three summer months. Her suggestion was not adopted.

Francone remarked, "Let's start looking at other ways to generate players and generate income. I think we will lose a lot of players when we do away with this [discount]."

In 2017, all HG golf course greens fees are increasing. Velasquez moved to increase one fee further, raising the rate for non-resident senior players from \$11 to \$12. One reason he offered was that those auditing play can tell the difference between when the fee is charged for resident's guests, and when it is charged for non-resident seniors. On the current fee, both categories cost the same, and are indistinguishable when recorded on the daily-play sheet.

The second golf motion failed on a three-to-two vote, with Velasquez and Kurtz voting yes. Francone remarked that HG's non-resident golfer fee, at \$12, would be one-and-a-half dollars higher than that offered by Spring Hill Golf Course, for example, which could drive away players. He added that asking the pro shop to record the two greens fees separately was an administrative issue, not one of pricing.

Gaugenmaier moved that HGMD establish a Rainy Day Fund for \$500,000, as a separate account at Key Bank, to pay for "repairs not nor-  
*See HGMD...page 11*

## B217 budget approved

## Treasurer retires

## Golf Committee

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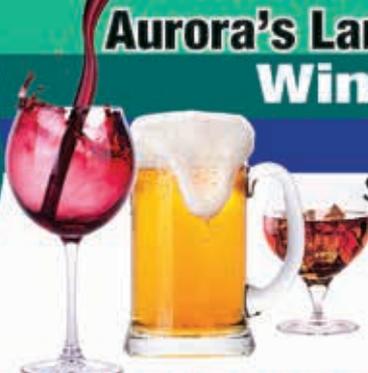
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# 2017 Budget: average HOA fees decrease for most residents

When the HGMD Board approved its budget for coming fiscal year on Dec. 7, the final piece to compute the 2017 budget and homeowner/HOA fees was available. In mid-December, the HG Management Office sent a letter outlining 2017 HOA fees to homeowners.

While the overall HGA budget increased 4.6 percent (7.3 percent without gas and electric), compared to 2016, overall HOA fees went down, on average. The HGMD's decrease in its budget generated a net average result of a 0.6 percent decrease in the HOA fee, or \$2 to 3 dollars per unit.

Not everyone saw their dues go down. Homeowners in Country Places and Townhomes saw an increase in their fees, of 0.3-0.9 percent.

Alpha building homeowners saw their fees go down 0.4 to 1.3 percent, depending on the type of unit. Somerset fees decreased 0.4 to 1.1 percent. Seville fees decreased by 0.5 to 1.2 percent. Atrium buildings decreased by 0.4 to 1.1 percent. The Omega building experienced a 0.5 to 1.1 percent decrease. All changes compute to several dollars per month in HOA dues.

## HGA...from page 5

Roads & Grounds                      Michael Lickteig  
Structure Maintenance                Kathy Buhrman

...

During the regular meeting on Dec. 13, Structure Maintenance Committee Chair Kathy Buhrman moved the board approve a contract (not to exceed \$20,000) with the Farnsworth Group, to perform a building life-cycle analysis on one of HG's parking structures.

### **Parking Structure: repair or replace?**

"I think we need to move forward with the parking garages, while the Long Range Planning Committee (LRPC) has no chair, using the research work they did on this contractor."

On a three-to-two vote, the board tabled this motion, as well. Only Buhrman and Lickteig supported going forward.

In November, LRPC Chair Jay Bluestein resigned from the HGA board, after the board tabled his motion to award an \$80,000 contract to Farnsworth, for a more comprehensive building life-cycle analysis on all HG buildings.

...

The HGA board, at its Dec. 13 meeting, approved the formation of an Emergency Response Team, under the auspices of the Emergency Preparedness Committee (EPC), chaired by Director Michael Lickteig. He explained the purpose of the team as, "an organized response to any incident, until authorities arrive, and help afterwards, if residents need it." He added the team could provide information, as well.

### **Emergency Response Team**

The only budget requirements would be small, \$2,000. The team would need identity vests, bottled water, and blankets. The activated team might operate for four hours, with some follow-up required. However, the team would step aside for first responders and the Red Cross, if activated and involved.

One member of EPC, Jill Bacon, B244, has devel-

oped an emergency response team plan that defines what would be done in three types of events: emergent, very emergent and not critical. Team members would be activated by a phone tree after an event in HG.

Director Kathy Buhrman said, "I still have a bit of disagreement with this. I believe Calvin, and his team, should disperse information to prevent rumors."

Director Deb Stelle cautioned that Red Cross might provide the services planned for the HG response team. Lickteig reiterated that the team would "back off when first responders are there."

General Manager Calvin Eddy-White explained, "When we had a flood a few years ago, many residents did not get emergency responders. We could have used help for the affected residents, regarding what to do with ruined carpet, or coordinating someone to pick it up."

The HG Emergency Response Team was approved with the stipulation that the team would take no action until a procedure memorandum was written and approved by the board, to outline its function.

...

Other items approved by the board:  
...contracts with BCE and Western (combined total \$66,530) to replace stairs at Parking Structure 2.

...ratified emergency replacement of standpipes in 14 HG buildings, which failed the fire department's pressure checks (\$306,789). The work also included some asbestos abatement and glass replacement.

...changing signatures on the Key Bank accounts, for the new year. President-elect Kay Sawyer replaced President Winifred Jennings as a signer, for 2017.





# HGMD Board President Reports

By Larry Francone

**HAPPY NEW YEAR** from all the Heather Gardens Metropolitan District (HGMD) Directors. Last year, 2016 went way too fast. Here we are in 2017, looking forward to another great year. I hope that everyone had an eventful holiday season.

The HGMD Board has formulated a new budget for 2017 that forecasts slightly less expenses for the year. This came about because the board has some very cost conscious directors. Thank you to them. Thanks to all residents who participated in this process by attending committee meetings such as the Budget and Finance Committee and board meetings.

I am sorry to announce that HGMD is losing one of its Directors as of Dec. 31. Treasurer Twyla Gaugenmaier has decided to retire from the board. She has been serving HG for many years. In fact, I was looking at a 2008 issue of *Heather 'n Yon* in which Twyla was the HGA Board president at the time.

Twyla has dedicated many hours to HG through the years, aiding towards making HG a quality community.

I would like to thank Twyla for all the help that she has given me. I hope that she will continue to serve our community in some capacity.

At this writing, three residents have applied to fill Twyla's seat on the board. The remaining directors will review these applications and interview the applicants if needed. A replacement director should be selected before the HGMD meeting on Thursday, Jan. 12. (The open period for applications to be submitted was Dec. 6-22.)

Starting in the new year, I would like to encourage all residents of HG to attend meetings held throughout the year and offer your input. Meetings are held in the Board Room on the second floor of the Clubhouse.

HGMD meetings are held on the first Thursday after the second Monday of each month at 1 pm.

The Golf Committee meets on the first Wednesday after the second Monday of each month, 3 pm.

The Clubhouse/Restaurant Committee meets on the third Thursday of each month, 9 am.

The Foundation Committee meets on the second Wednesday of each month, 1:30 pm.

Just as a reminder: the HGMD Foundation depends on the generosity of HG residents to fund projects such as the new waterfall and to provide additional Christmas lighting on and around the Clubhouse that you may have noticed this year. The Foundation also provided patio heaters for Rendezvous Restaurant's patio. It raised over \$7,000 to replace trees on HGMD property.

Thanks to all residents who so generously donate to the Foundation Fund.

## HGMD...from page 7

mal or predictable." She noted, "HGMD does not have a capital reserve account."

Kurtz remarked, "It bothers me, that we are sitting on a half-million dollars in a special account without answering who will use it, how to use it, and with no policies. I think we should be more specific."

Eddy-White explained, "We [HGMD] already have banking policies and controls in place."

When Kurtz disagreed vehemently, Eddy-White added, "I don't think it's necessary for you to raise your voice to me."

The motion to establish the Rainy Day Fund was tabled, with Baldwin voting against tabling, and Gaugenmaier abstaining.

Velasquez said, "There's never been a discussion of this. I will not support it."

John Wallace, CP1, added, "I think a Rainy Day Fund will turn into a slush fund. The board has the responsibility to identify spending. I agree with Ed and Vince."

The board voted its annual re-

newal announcement, required by Colorado law, regarding when HGMD meetings will occur, and where the information is to be posted. In addition to the usual bulletin boards, Kurtz suggested adding email blasts to the motion. The motion passed, with Gaugenmaier abstaining.

Francone reported that Kurtz had been "working diligently" on wording for a procedure to handle persons behaving improperly on HGMD property and in facilities, such as Rendezvous Restaurant or Clubhouse. Kurtz added he had "a draft," ready to be sent to HGA directors and the attorney for additional review.

Dec. 22 was the deadline for electors living in HGMD to file a self-nomination form, to fill the balance of the term begin vacated by Twyla Gaugenmaier, Jan.

2017-May 2018.

Francone asked the board, "When do we wish to select a new director?" Velasquez suggested the first week in January, date TBA.

The board adjourned into executive session, to discuss contractor issues.

**Applicants to join HGMD Board**

### IN MEMORIAM

- Anne Dale (former 222)
- Jeanne Grimaldi (former 234)
- Darlene Lancaster (222)
- Margaret "Peggy" Mummey (former CP3)
- Wilson "Nick" Nicholas (former CP1)



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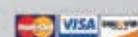
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## Publisher's Corner

### Christmas ornament tells stories about White House occupants

by Lynn Donaldson, Editor of Heather 'n Yon

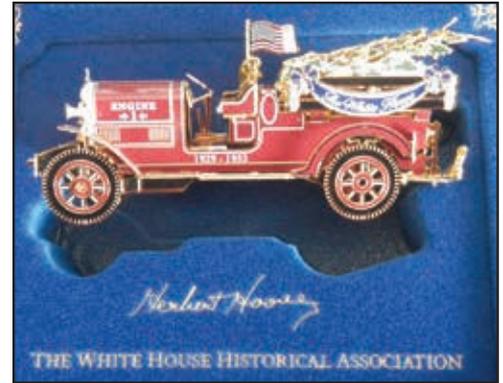
One of the collections in my home is all mine, and it only gets revealed once a year: White House Christmas ornaments. I don't remember when I started collecting these, but a new one is created every year. It was likely in the late 1980s when my husband and I lived in Williamsburg, Virginia. It was certainly a time and place to take interest in American history. After purchasing a group of the early ornaments, sold in sets, I now purchase the newly designed one each year.

In 1981, the White House Historical Association began producing an ornament that honors one of the historic U.S. Presidents who lived in the White House. All proceeds from the sale of the Association's books and products are used to fund the acquisition of historic furnishings and artwork for the permanent White House collection, assist in the preservation of public rooms, and further its educational mission.

The White House Historical Association is a nonprofit educational association founded in 1961 for the purpose of enhancing the understanding, appreciation, and enjoyment of the Executive Mansion. It was created at the recommendation of the National Park Service and with the support of First Lady Jacqueline Kennedy.

There have been 36 ornaments issued. The first seven ornaments were fairly simple, two dimensional figures. Gradually, over the years, the ornaments have gotten more elaborate and ornate, including designs on the back. The association conducts a national design competition among art schools to select each year's ornament design.

One of the things I like about the annual ornament is that it comes with a booklet describing the event commemorated in the ornament. This year's (2016) ornament is a fire engine, honoring Herbert Hoover (1929–1933), 31st President. The ornament is inspired by the fire engines that responded to the 1929 Christmas Eve fire at the White House.



President and Mrs. Hoover were entertaining his staff and their children at a Christmas party while the Marine Band played carols in the Entrance Hall.

See Ornaments...page 27



The first White House ornament was an angel that is a faithful hand-crafted miniature replica of the famous angel weathervane made in 1840 in Charlestown, Massachusetts, for the Universalist Church in Newburyport. It can only be purchased in a set with the ornaments from 1982 to 1984.

Above left: The booklet that accompanies the 2013 ornament has become more detailed over time. It tells the story President Woodrow Wilson, (1913–1921, 28th). It was Wilson's extraordinary quest for a lasting world peace that inspired the design. The centerpiece is an American elm tree planted by Wilson on the North Lawn, December 1913. The reverse side has his words to Congress in April 1917: "Peace must be planted upon the tested foundations of political liberty."

Above middle: In 2003, the ornament has a child on a rocking horse inside a Christmas wreath with a train with a steam locomotive that moves below it. This ornament honors President Ulysses Grant (18th, 1869–1877). The ornament is reminiscent of toys that might have been available during Grant's administration. Right: The 2015 Christmas tree ornament honors President Calvin Coolidge (30th, 1923–1929). It mirrors the national Christmas tree that is illuminated from within. The tree ornament is covered with items representing events of Coolidge's unique life and presidency: birthplace and general store, baseball, cannon, eagle feathers, campaign button and more.



## Management

### Security Department is integral to HG

By Calvin Eddy-White  
General Manager

The HGA Board and Heather Gardens (HG) Management understand the value of having the HG Security Department carry on its 40 plus year tradition of service to the community. Security is an integral part of the fabric that makes HG such a wonderful place to live. They provide an invaluable service in protecting property, providing assistance to residents and outside agencies, and helping to provide compliance with HG's governing documents. The boards and employees are dedicated to providing service for residents while providing the best working environment possible for those men or women hired as Security Officers. The HGA Board and I care about what goes on in HG. We are doing everything within our power to see that the community is looked after.

Recently there were some public statements made based on misinformation and rumors regarding the Security Department. Despite scare tactics and rhetoric being disseminated to the community by a few uninformed residents, neither the HGA Board nor management has any intention to eliminate or diminish the role of a Security Department at HG. The HGA Board supports the efforts of Security Officers. They, as residents, understand the important role that security plays in HG. They are anticipating a future in which the department thrives for years to come.

Security in the community has not changed, but the

world around HG has. It will continue to change. The culture of society and the environment in which we live is different than what it was 40 years ago, or even five years ago for that matter.

The HGA Board and I need to adapt our thinking, looking carefully at what services can be provided by the Security Department in today's world. Though some residents believe or want Security to be more inclusive, the HGA Board sets policies based on HG's governing documents and statutes. There is no authority that can be given beyond those areas to Security Officers. I've looked into whether Security's authority could be increased by having an Auxiliary Police Force. However, this is not something the city of Aurora will allow. Many of the parameters imposed on HG Security Officers are for their protection, too. I would hope that residents will accept that staff safety plays a part when decisions governing the Security Department are made.

The future of the HG Security Department looks promising. HG has an energetic staff, a dedicated HGA and HGMD Board and management, and a supportive community. All of these groups want nothing more than for this department to thrive in the future with clear goals and strong leadership.

The HGA Board is currently researching how the Security Department can be developed, seeking input from local agencies (Aurora Police and Fire Departments), HG's insurance broker, HG's attorney, and security consultants. Officer James Seneca, Aurora Police Department, spoke to the Area Representative Organization at a recent meeting. He mentioned that when he looked at the needs of HG residents, he sees a "senior tsunami," where more social worker services are needed because an aging population needs more help in their day to day life. HG's Security Department can help with that. He said, "The police department will service the other needs of the local population."

## GM's Report

### General Manager

- Attended board and committee meetings.
- Reviewed payables and capital projects.
- Reviewed ACC Project Approval forms.
- Attended B217 monthly meeting.

### Controller

- Finalized 2017 budget and assisted with the interim financial audit.
- Prepared HGMD's public hearing documents.
- Planned for the employee holiday party.
- Submitted certificate that online defensive driving course was com-

pleted to insurance provider.

- Made the annual impound loan transfer.
- Submitted HGMD insurance renewal application.

### Paint

- Completed 48 work orders.
- Did striping on B213, B214, B215, B216 and Atrium buildings.
- Continued working on the chair rail project in B217.
- Completed drywall repairs and paint in Security office after wires were relocated.
- Met with B232 AR to go over chair rail project schedule.
- Painted hall walls in Maintenance Building.
- Put safety tape on end stairwell steps in B216 and B235.

### Maintenance

- Completed 1,161 work orders. Of those, 128 were billable.
- Completed plumbing inspections at B210, B211 and B223.
- Repaired air handler components at B224 and B231.
- Installed new battery back-up system for B201 stairwell emergency lights.
- Rebuilt three boiler pumps in B216.
- Repaired copper pipes in numerous locations throughout the property.
- Installed new garage floor and front entry sidewalk at CP2.
- Installed new hand rail in front of B213.
- Completed parking deck repairs at B218 and B220.

See GM Report...page 30



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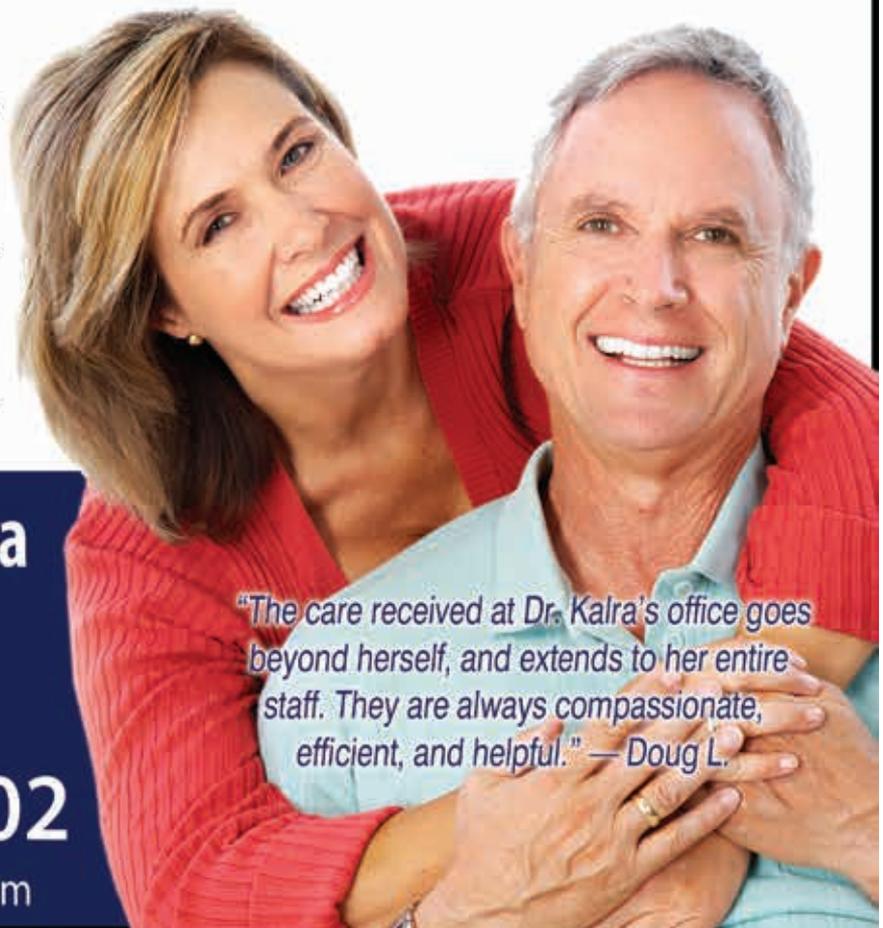
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# When she developed Alzheimer's disease, he returned to music

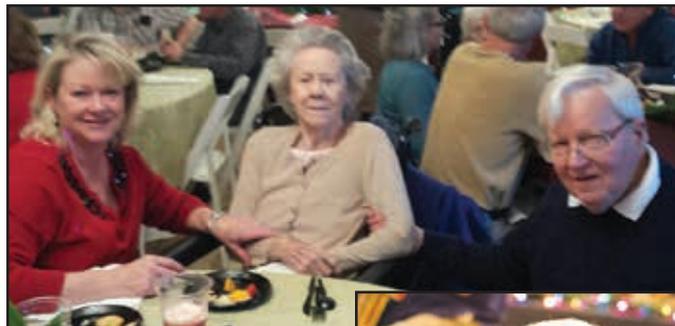
Baritone ukulele in hand, Keith Gilchrist, B219, takes the stage along with nine other Lima Street Band members to play a concert of bluegrass, folk and Christmas tunes for HG residents. Playing music nourishes his spirit. The rich tone of the ukulele blends with mandolin, banjo, violin, guitars and harmonica, providing Keith brief respite from the Garden Terrace of Aurora where his wife of 58 years, Patricia, lives with Alzheimer's disease.

"When my wife came down with Alzheimer's, I knew I needed to do something for my mind," he said.

The audience hushed as the room darkened. Illuminated on stage, the band began the strains to *Country Roads*.

*Almost Heaven, West Virginia.*

Keith and Pat grew up in Wellsburg, West Virginia a small town in the



Top: Keith Gilchrist, B219, (right) joined his wife Pat and their youngest daughter Karen at a holiday celebration Garden Terrace where Pat lives now.

Right: Gilchrist plays his ukulele during a practice session with the Lima Street Band, a group of musicians who play guitars, mandolins, banjos, harmonica and one violin. The band appears at various local venues through the year, playing golden oldies music for the audiences.

Above: The Lima Street Band recently had a concert at HG for the holidays. Keith (seated at right) wore a Santa Claus hat for the event. More photos, page 24.

Allegheny hills along the banks of the Ohio River. They attended the same Disciples of Christ Church, but she was three years younger. Keith took no notice of her.

*Take Me Home, Country Roads.*

Youngest in an army of brothers who had served in WW2 and Korea, Keith delivered newspapers to pay for weekly clarinet lessons. He chuckles, recalling that he played a long clarinet solo at his high school graduation

with no music, just a memorized melody. He surpassed the time allotted for the musical interlude, but the audience was pleased.

The family had no car, but Keith earned extra money chauffeuring a neighbor across the river to Christian Science Services in Steubenville, Ohio, in her 98 Oldsmobile. He admits to giving money to his cousin to play the ponies at Wheeling Downs race track. Had his parents known, they would have objected.

Keith deferred conscription until he completed his career training. He would have liked to continue in music, but his older brother encouraged him to try podiatric medicine, promising to reimburse him should Keith not like Podiatry. When Keith returned home for his first summer vacation, a friend suggested he ask Patty Combs for a date. Keith placed the call.

"Who paid you to call me?" queried Pat.

I said, "Nobody did."

She said, "I don't believe it's you."

I said, "Well, I have a friend who has a car. I'll come down and prove it." So I did.

Keith borrowed the neighbor's 98 Oldsmobile, and took Pat to the drive-in theater.

"That was our first date. All of our dates from there, when I was home, were the movies or out for a coke or something. Nothing very exciting. We dated by mail. Wrote letters. I liked her because she was a down-to-earth girl."

Keith wanted to marry when he graduated, but his pragmatic mother wanted him to be established in practice before marriage. Because he had yet to fulfill his military obligations, Keith and Pat married after he graduated from podiatry medical school. Then Keith enlisted in the Army.

Three daughters, Mary Lynn, Betty (Elizabeth Apt, B243), and Karen were born during Keith's assignments: *Gilchrist...page 26*

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# Sixth floor under reconstruction in B217 by Rescon



After many months, reconstruction on the 6th floor of B217 is underway. These pictures show the second truck load of sheet rock wallboard being delivered to the building. The first load happened about Dec. 1. Metal stringers that were damaged are being replaced with new ones. The new sheet rock wall board is in the building — just in time for Christmas!

Note that the truck-crane operator is not in the truck or on the crane (photo left below). He is up on the lanai in unit #602 (wearing an orange jacket). The wallboard was unloaded for the entire floor into that unit. He is using a Radio Controlled (RC) unit similar to what model airplane and drone operators use to raise the crane carrying the wall board. The whole truck with built-in crane is an ingenious machine — saving much time and many sore week muscles!

Photos by Rudy Morris, B217

Rescon, the contractor selected by HG to reconstruct the condos on the 6th floor of B217, provides updates that are posted on the HG website, [www.heathergardens.org](http://www.heathergardens.org). The most recent update, Dec. 19, describes activities during the week

and planned for an upcoming week, as well as providing photos.



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### 13635 E. Bates Ave. #301 - \$165,000

2br/1ba – 930 sq.ft. Alpha E – Beautiful end unit with wood floors throughout. Remodeled kitchen w/new cabinets, tile counters & tile floors. Remodeled bath.



### 3164 S. Wheeling Way #304 - \$175,000

2br/2ba – 1200 sq.ft. Alpha A – Totally remodeled! New kitchen, paint and carpet. New vinyl double pane door & windows too. Quiet location backing to greenbelt.

### 13902 E. Marina Dr. #106 - \$215,000

2br/2ba – 1092 sq.ft. Seville A – Remodeled w/new carpet, paint & more! Updated kitchen w/new appliances. Open lanai overlooks Seville pool & tennis courts.



### 13800 E. Marina Dr. #106 - \$245,000

2br/2ba – 1092 sq.ft. Seville A – Gorgeous remodel! Kitchen w/custom tile floors, new cabinets, Quartz counters & new appliances. New carpet, paint & more!

### 14050 E. Linvale Pl. #112 - \$265,000

2br/2ba – 1380 sq.ft. Somerset C – Stunning remodeled end unit. New carpet. Maple cabinets, granite counters, wood floors & more in kitchen. Remodeled baths.



### 13908 E. Linvale Pl. - \$319,000

3br/3ba – 1176 sq.ft. Patio Home – Lovely patio home on quiet greenbelt. Updated cabinets & hardwood floors in kitchen. New carpet. New paint. Finished bsmt.

**Under Contract - 3164 S. Wheeling Way #310 - \$177,500**

**Under Contract - 14390 E. Marina Dr. #411 - \$230,000**

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**SOLD - 3022 S. Wheeling Way #306**

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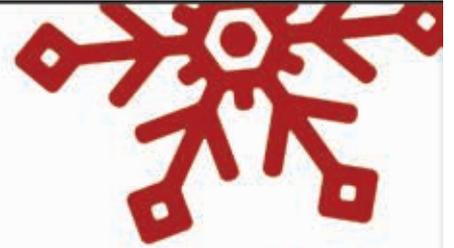
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# The Month (December)

Two board vacancies — one of the HGA Board of Directors and one on the HGMD Board — occurred in late November, due to resignations. Because the deadlines established by each board to refill the position, through appointments, hit between deadline dates, neither board opening was announced in *Heather 'n Yon*.

Those wishing to apply for appointment to either vacant position received notice of the vacancies either by reading HG bulletin boards or through email blasts. Word of mouth also helped to spread the word that interested parties should tender an application.

The deadline to apply for the HGA vacancy was Dec. 8, while the deadline for the HGMD position was Dec. 22. The HGA vacancy was provisionally filled at the regular Dec. 13 meeting by a vote of the six directors who attended that meeting, plus one proxy vote of a director who was absent, to break a tie.

When the proxy voted was deemed “inappropriate,” the HGA board held a second vote, on Dec. 19, and elected a different finalist to the board.

...

HG has announced that, after more than five years of service, Larry Baker has left the company as Chief of Security for HGA. They wished Baker “all the best in his future endeavors.”

Assistant Chief Terrence Jones (TJ) has taken over as Acting Chief, as he evaluates the needs of the department. To take some pressure off TJ in this new position, HG temporarily utilized a local outside security company, Royal Guard Security, to cover the overnight shift. Royal Guard employees will be armed and trained, “just as we would train any newly hired officer,” the Nov. 29 email announcement stated.

HGA, at its Nov. 15 meeting, had approved forming a new ad-hoc security committee, to identify “what our Security Department is supposed to do,” according to General Manager Calvin Eddy-White.

HGA Treasurer Susan Lambert added, “I see [the committee] as a short-term committee of experts who know the law, and know what we can and can’t do as a security department.” The approved committee was to consist of the general manager, an HGA director, HGA’s attorney, representatives from law enforcement, local first responders, and an independent security professional.

...

Chair Kay Sawyer told the Communications Committee that there were 27 HG condos on the market when the committee met on Dec. 6. There were 22 under contract; 11 were sold in November with an average days on the market of 17.



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# That Was...

...

On Dec. 14, a group of 15 HG residents, many representing the Men's Golf Club, held an ad hoc meeting in the Mountainview Room. Those present discussed whether the HGMD Board of Directors is representing the residents well, particularly golfers, regarding some recent actions taken by the board.

Two issues of contention were named. In November, the HGMD board changed the configuration of the Golf Committee, removing automatic membership on the committee from 1) the presidents of the Ladies Golf and the Men's Golf Club, and 2) the golf pro. As the most frequent users of the golf course, one participant noted, the men's and women's golf league representatives have been given seats on the Golf Committee dating back 40 years.

A second problem discussed was that the board purchased "an untested" software system for the Golf Pro Shop and ordered the golf pro to use it, over his protests that the system was unsuited to a golf course of HG's size and configuration. In response, the golf pro has retained an attorney. One meeting participant suggested that installing a software program, while bypassing the HGA, could be a violation of the management agreement.

Talk of attempting to recall the entire board was quickly discarded, in favor of taking a more grass-roots stance characterized by formally criticizing both the HGMD Board and the Golf Committee, writing about the protest in *Heather 'n Yon*, voicing displeasure at meetings, and encouraging interested residents to apply for the open seat on the HGMD Board, specifically someone who is "friendlier to the golf course."

One speaker stated, "We need to let the community know what is going on here."

Dave Hartenbach, B242, agreed to serve as coordinator for future meetings of the grass-root group. Group consensus was that spokespersons probably could not be ready to make a presentation to the HGMD, which met the following day. They discussed attending a future meeting, however, "to ask the board to reconsider its decision."

**Subscriptions:** To accommodate owners, who wish to receive *Heather 'n Yon* while away, the publisher has a subscription policy. Provide a forwarding address, plus a check for \$2.50 (payable to *Heather 'n Yon*) for each issue desired. Annual subscription is \$30. You may drop off your check with address information and what month the subscription should start at the HG Management Office. Alternatively, mail to *Heather 'n Yon*, 2888 S Heather Gardens Way, Aurora, CO 80014. Past issues (2008–14) are available on [www.heathergardens.org/ResourceCenter](http://www.heathergardens.org/ResourceCenter).

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**Lima Street Band** entertained HG residents with holiday music on Dec. 9. The nine-piece band has guitars, a mandolin, a violin, a ukulele, harmonicas, tambourines and a vocalist. Their music includes many resident favorites in a toe-tapping tempo. A bonus feature — there are HG residents who are members of the band! (See story, page 17.)



Photos by Anne Hummel-Gillis



**Decorating the Clubhouse** takes coordination between staff and residents who volunteer. After Thanksgiving, the transformation began...



Photos by Anne Hummel-Gillis



## Gilchrist...from page 17

Ft. Benning, Ft. Sam Houston, and the Pentagon. His speciality stationed him at major hospitals: Letterman Army Hospital (San Francisco), Tripler Army Medical Center (Honolulu), Walter Reed Army Medical Center (Washington, D.C.). His last tour was at Fitzsimons Army Medical Center in Denver.

Soldiers typically suffer blisters, infections and stress fractures. Common during the Vietnam War were injuries from buried explosives and Panji traps. Panji traps were homemade devices of spike nails driven through hinged wood or metal that would snap shut mangling the foot and leg that stepped directly on it.

Lieutenant Colonel Keith Gilchrist, DPM, established a private practice in Aurora after he was discharged in August 1978.

Keith had joined the Masons early in his military career. While at Fitzsimons, he renewed his interest in the clarinet, and became a founding member of Denver's Legion of Honor, a branch of Shriners who have been in the

military. For 20 years, he played at picnics, parties, parades and monthly Shrine meetings until Pat's illness required him to stop seven years ago.

His youngest daughter, Karen, picked up on his musicality. She played clarinet in high school. Her son, David, received a scholarship to college for his talent with the trombone and saxophone.

"I love jazz," said Keith. "That's where my music heart is right now."

He regrets he didn't have time or money to play while in podiatry school.

"It would have been ideal in Chicago."

Today, he strums his baritone ukulele, an instrument he purchased when stationed at Tripler. Made of delicate Hawaiian-grown Koa wood, the instrument evokes a rich, mellow tone. A tear comes to his eyes when the band warmed up playing "You Are My Sunshine." The lyrics remind him of Pat.

He smiles as the band segues into well-known foot tapping melodies: "Go, Tell it on the Mountain," "MTA," "Green Back Dollar," and "Will the Circle be Unbroken." The music refreshes and renews his spirit.

"This is my therapy."

The music, together with the close proximity of his three daughters, sons-in-law, and five grandchildren, bring him joy to help counter the melancholy of Pat's lost memories.

"I just try to block it out of my mind. If I sit around feeling sorry for myself, it doesn't help anybody. It doesn't help me."

— Dala Giffin



Above: Keith Gilchrist was joined by granddaughter Alexandra (Alex) Gilchrist for a luau at HG's outdoor pool in September 2014. Alex worked for HG for several years while attending school — first in the Clubhouse, then in the Golf Pro Shop. In college she earned a nursing degree.

## Chemicals...from page 6

mixed with a gallon of water, is an ideal cleaning agent for all types of floors.

3. *Vinegar*: This is an anti-bacterial substance that can get rid of mold and dust in the home. You can mix half water and half vinegar to clean carpet stains or stains in clothing. Vinegar is so effective by itself, you can really clean everything in the house. Use vinegar to wash windows and dry with newspaper. The windows should turn out streak free. Clean wood paneling, floors or furniture, by mixing ½ cup of olive oil, ½ cup of vinegar and 2 cups of warm water. Apply with a soft cloth and then dry with a clean cloth.

4. *Hot Water*: Hot water is very effective in place of detergents, soaps and chemicals. You can sanitize by using warm or hot water to kill germs. Many people simply use hot water and a wash cloth with fantastic results.

5. *Olive Oil*: This can replace harsh detergents that can strip floors, furniture and other delicate items of their beauty. Olive oil can replace wood floor cleaners or furniture polish and it makes the natural wood grain shine. Olive oil can repair scratches in leather furniture and easily removes dirt and grime off your hands after working outside.

6. *100 percent Organic Castile Soap*: Castile soap is a cheap, versatile and non-toxic cleaning agent.

You can buy it in bulk then dilute it with water. It should last a long time.

One of the uses for castile soap is to replace plumbing chemicals. Pour a few drops down the drain then rinse with plenty of water.

You can refill soap dispensers. It is wonderful as dish soap or use it as a floor cleaner. Castile soap will remove pesticides from fruits and vegetables.

Now that this research project has been completed, I hope everyone who reads this article will have better health in 2017 by eliminating some of those household chemicals you may have previously used.

— Bob Filter, B232  
Emergency Preparedness  
Committee

# Ornaments...from page 14

The fire began in the executive office of the West Wing, built in 1902. Hoover and several men rescued as many of the president's papers as time allowed.

It took 130 firefighters (4-alarm fire drew 19 engine companies and 4 truck companies) until 10:30 pm to extinguish the fire. Hoover watched (and dodged the water hoses), puffing a cigar and rubbing his hands for warmth.

The following Christmas, the Hoover children were given toy fire engines in memory of the previous year's event.

Some of the earlier ornaments are only available in sets now: 1981–1984; 1985–1988; 1990–1993. The 1989 ornament is sold singly because that was the Bicentennial of the Presidency.

(<http://shop.whitehouse-history.org/Christmas>) The prices are a bit higher than what you would have paid when the ornament was originally issued, but if you like the design, or the president honored, it might be worth it.

In 1988, the ornament design became more three dimensional. Some of the annual ornaments do have the White House as the focal point, not just an accessory. In recent years, the design now includes the backside.

With the 36th U.S. President being honored in 2016, it is easy to calculate that all historical presidents will be done in three years. And, in 9–10 years, the ornament could be honoring a sitting president. If that happens, another story may be warranted.

([www.whitehousehistory.org](http://www.whitehousehistory.org); 1-800-555-2451)



Above left: The 1989 ornament celebrates the 200th anniversary of the U.S. Presidency in a replica of the official seal of the President.

Above right: The 1985 ornament commemorates the days of James and Dolley Madison in the President's House. The fourth president, Madison (1751–1836) and his wife transformed the White house into a house of elegance and high style.



Above left: The 2009 ornament honors the 24th President Grover Cleveland (1893–1897), the only president to serve two non-consecutive terms. He also was the 22nd president (1885–1889). This ornament has a central hologram that shows the south facade of the White House after a snowfall with the first Christmas tree to be illuminated by electric lights.

Above center: The 2002 ornament recalls the design elements from the 1902 Beaux Arts style restoration of the White House while

President Theodore Roosevelt was president (26th, 1901–1909)

Above right: In 1995, the 12th President, Zachary Taylor, was honored with a patriotic design. He was the fourth military hero to hold office and the second to die while President (1849–1850). The ornament has incorporated the flags and an eagle from a Taylor window shade, done in fancy paper.

Above: In 2014, there were two parts to the ornament, a train engine and passenger car. It honors President Warren G. Harding (29th, 1921–1923). As a young boy, Harding dreamed of being a locomotive engineer — something he got to do for 51 minutes as president during a transcontinental speaking and sightseeing tour that included a side trip to Alaska. On the Presidential Special, he gave speeches at stops across the country from a platform of the last car, called Superb (reproduced in the ornament). He fell ill when returning from Alaska to San Francisco. The Presidential Special carried his casket back to Washington, D.C.

Left: The 1999 ornament honors President Abraham Lincoln. His image is taken from the posthumous portrait in oil by George Healy, commission by the Congress in 1869 for the White House. It hangs today over the fireplace in the State Dining Room. The ornament has a hinged front that opens like a book — a unique feature.



# Heather Gardens Real Estate

**Patio Home**      **Hurry Wont Last**      **\$315,000**

Lovely 3 bedroom 3 bath PH w/quiet loc, updt kit/ba, nwr crpt/pt, frpl, fin bsmt w/ bed(nonconform) & gar

**Sold**

**2 Story Townhome**      **New Listing**      **\$285,900**

Sharp remod kit/ba. 2300+ sq. ft. w/ 4 bed, 4 ba, lrg Mstr Suite, nwr crpt/cork/tile flrs, gas frpl, fin bsmt w/ conform bed, fam rm, ba, encl lanai & att garage

**U/C**

**2 Story Townhome**      **Golf Course Location**      **\$299,500**

Nicely Updated 3 bedroom 3 bath TH w/ enclosed patio overlooking HG Golf Course, w/d, fireplace, Att. gar.

**Somerset F**      **New Listing-GC Views**      **\$285,000**

Beaut 1560 sq. ft. F unit, GC vws, gl encl lanai. Rem kit/ba, nwr crpt/pt, shters, nwr wndws, w/d & g

**U/C**

**Somerset F**      **New Listing-GC Location**      **\$280,000**

Lovely updated 1550 Somerset F Updt kit, newer appl, new neutral carpet/paint/ window covering, 2 lanais (1 Glass encl) laundry room w/ washer/dryer & gar prkg

**Four Story A**      **Golf Course Location**      **\$185,000**

View of 8th Fairway! Grt 1200 sq. ft. 2 bed/2 ba, updatd kit/ba, vlted ceilings, neutral crpt, new pt, wd flrs, encl anai, 2 strg lkrs & 2 prkg sp, Short walk to clubhouse.

**Four Story A**      **New Listing**      **\$179,900**

Beautifully updated 1200 sq ft 2 bed 2 ba. Spac. open flr plan, updt kit w/ oak cabs, corian cntrs, nwr appl/crpt, laminate, wd floos, encl lanai, cov prkg & 3 strg areas

**Seville A**      **Coming Soon-Sharp Remodel w/ Mt. Views**

Fabulous Remodel! 2 bed 2 bath 1232 sq ft. unit w/ rare formal dining rm. Updt kit w/ wht cabs/new granite cntrs & SS appl. Updt baths, new crpt/pt, & windw coverings, gl encl lanai w/ Mt views, LG w/d, 2 strg lkrs & gar parking.

**Somerset C**      **New Listing-GC View**      **\$252,900**

Beaut. Updt 1400 sq. ft. 2 bed 2 ba w/ remod kit, Mstr Suite, gl encl lanai w/ GC view & gar prkg.

**Sold**

**Atrium A**      **GC-Full Front Range View**      **\$249,900**

\$50,000 in "Top of Line" upgrds. wood flrs, dsgrer nt, drs, \$7,000 shwr, gl ecl lanai, w/d & gar prkg.

**Sold**

**Four Story A**      **10+ GC Location**      **\$190,000**

View of 8th Fairway & water, encl lanai. 1200 sq. ft. 2 ba w/ updt kit & ba. Formal L/D, 2 strg lkrs

**Sold**

**Seville B**      **New Listing- Updated**      **\$135,000**

Nicely updated 784 sq. ft. 1 bd 1 ba w/ nice view, nwr crpt/paint, kit appl, w/d, 2 strg lkrs & gar prkg

**Sold**

**Atrium N**      **Full Glass Enclosed Lanai**      **\$140,000**

1 bed 1 ba, glass encl lanai. New crpt/pt, gar prkg

**Sold**

**Seville Exec**      **Exquisite Remodel**      **\$315,000**

\$57,000 in upgds. 3 bd 3 ba 1876 sq. ft., Kit. Remod, new cabs/granite counters, 2 Masters Suittes

**Sold**

**Somerset A**      **New Listing-GC View**      **\$218,000**

1200 sq. ft. 2 bed 2 ba w/ updt eat-in kit & bath, Mstr suite, gl encl lanai, GC view, gar parking.

**Sold**

**HG TH**      **New Listing-GC Location**      **\$312,000**

Lovely updated 4 bd, 4 ba, (1 Non-conform) remod, Mstr, new crpt, nwr windows, frpl, atr garage.

**Sold**

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## Auto theft...from page 6

and commercial burglaries. Worse, they come back to burglarize your residence as they now have the key to your house, garage door openers and registration/insurance documents to facilitate identity theft.

At the Aurora Police Department, we want you to have a safe and prosperous holiday season. For more information on how to stop motor vehicle theft, please visit <http://lockdownyourcar.org/>.

### Some Facts on Auto Theft

Colorado's Top 10 Stolen Vehicles in 2015 (Source: ATICC )

1. Honda Civic
2. Honda Accord
3. Jeep Cherokee
4. Ford F150
5. Dodge Ram Pickup
6. Jeep Grand Cherokee
7. Chevrolet Silverado
8. Acura Integra
9. Toyota Camry
10. Subaru Impreza

The Top Five Colorado Cities for Auto Theft (Source: ATICC 1/1/2015–12/31/2015)

1. Denver
2. Colorado Springs
3. Aurora
4. Pueblo
5. Lakewood

### Situation Reality

- 39 percent of Coloradans don't know leaving a car running unattended is illegal (2016 Talmey-Drake Poll)

- 34 percent of Coloradans admit they have left their car running unattended (2016 Talmey-Drake poll)

- 48 percent of Coloradans know someone who has had their car stolen (2016 Talmey-Drake poll)

- 40–50 percent of vehicle theft is due to owner/driver error, which included leaving vehicle doors unlocked and leaving keys in the ignition or on the seats (NHTSA)

- There were 158 “puffer” thefts in 2015 (ATICC)

- An average of 13 “puffers” were stolen per month (ATICC)

- Fridays showed higher levels of auto theft. Sunday showed the lowest level (ATICC)

- Data indicates there is a higher rate of auto theft from September through January (ATICC)

- 14,859 vehicles were stolen in Colorado in 2015, a 29.67 percent increase from 2014 (ATICC)

Please do whatever you can to not be one of these statistics. Please remember to roll up your windows, remove your keys from the car and lock your car as you walk away. If you see something suspicious, please report that to your local law enforcement agency.

For more facts related to auto theft please visit: <http://lockdownyourcar.org/>

*{Editor's Note: This article combines two that originally appeared in Next Door posts, Oct. 3 and Dec. 2, that were distributed citywide.}*

– Lieutenant Jad Lanigan  
Aurora Police Department

## GM Report...from page 15

- Winterized evaporative coolers in multi-story buildings.
- Replaced boiler backflow preventers in B202, B207, B210, and B213.
- Installed new FDC pipe in B205.

### Clubhouse

- Held three special events and three trips.
- Held a book sale.
- Continued planning for holiday events
- Decorated the Clubhouse for the holidays
- Held instructor's meeting
- Tuned piano.

### Contracts

- Continued working with contractor doing Atrium skylight repairs.
- Monitored contractor replacing CP1 and CP4 siding, chimneys and roofs.
- Worked with architect and contractor for Seville spa repairs.
- Worked with Maintenance Connection on new work order software.
- Worked on the Reserve Study.
- Worked with contractor for B217

carpet replacement.

- Worked with contractor for B222 roof re-coat.
- Worked with contractor on annual window cleaning.
- Worked with contractor for STH post replacement.

### Custodial

- Completed 20 work orders.
- Completed 11 set-ups at Clubhouse.
- Completed inspections of the Clubhouse, restaurant, and multi-story buildings.
- Cleaned carpet in Clubhouse.
- Installed carpet in B231 alcove.

### Roads and Grounds

- Removed two cottonwood trees.
- Winterized summer equipment and moved to storage.
- Continued with leaf removal.
- Cleaned up tree and shrub debris from roofing and siding project.
- Winterized irrigation system.
- Installed holiday decorations at Clubhouse and Abilene entrance.
- Purchased two new snow throwers.
- Replaced dump bed on truck #504.

### Golf

- Installed additional lights on bridge and pathway.
- Ordered golf car batteries.
- Winterized irrigation system.
- Installed winter pin placements on greens.
- Applied snow mold fungicides to greens.
- Planted bulbs around putting green and waterfall area.
- Continued goose hazing.

### Restaurant

- Hosted (2) memorials, a 60th wedding anniversary, (2) birthday parties, (2) late night dances, and “Lunch with a Cop.”
- Repaired oven warmer.
- Sales in November were \$14,000 more in 2016 compared to 2015.

### Security

- Total of 339 reports written and a total of 3,173 miles patrolled.
- Hired one new Security Officer, Rachel Micone.
- Officer Jones attended the B202 meeting.

**Employee of the Month:** Carlos Tamayo, Maintenance Department

# Letters

**Heather 'n Yon**

*How Soon Can We Book for 2017?*

On Dec 13, our building held its Christmas/Chanukah/Holiday/Celebration of Winter Party in the Banquet Room of the Rendezvous Restaurant. We could not have been more pleased; the room was elegant and inviting. The tables were draped with crisp white tablecloths. The centerpieces were beautiful and functional (perfect height for table conversation). Service was stellar. The food was truly spectacular.

How often can you say that about a buffet? Having the perfectly cooked tenderloin carved for you — wonderful touch. Kevin, Kevin and Diane you were all amazing: Thank You for helping to make our event so memorable!

Do not hesitate to use this venue for your next event!

**Linda and Mike Worthey  
B250**

**Heather 'n Yon**

*"A Random Act of Kindness"*

I'm constantly reminded of the many acts of kindness, thoughtfulness and friendships rendered to me by neighbors here in HG.

Two weeks ago, coming home after driving on Parker Rd and Quincy, a three-gallon bucket was in the street. Traffic was going 45–55 miles, speeding by. Being in the right lane, I had to keep going forward or have an accident. So I braced for the best or worst. I could not avoid the bucket!

It got caught in my tire, so I

dragged it with me. What a loud noise it made!

I turned off to South Vaughn Way, going to South Heather Gardens Way. A kind gentleman was walking by, heard the noise, noticed the bucket in my tire, and flagged me down.

He said, "Stop. There's a bucket in your tire. Pull over and I'll remove it for you."

I was trying to make it to the discount tire store. What a relief!

He got the bucket out and said, "I'll throw it away for you."

I thanked him kindly and counted my blessings. It could have worked out differently. Traffic was heavy. I could not get his name, but I thanked him and said, "God bless you."

Now I passed many cars and people coming into HG. He saw my urgent need at the time and came to my rescue! I am and was indeed grateful. I want everyone to know the type of kind, thoughtful and helpful people living amongst us.

Again, I am grateful for this gentleman stopping to extend help to me.

**Grace Morris  
B220**

**Heather 'n Yon**

To the HG residents who donated to the Optimist food drive, I thank you for your generous contributions. The Optimist Club member teams collected over 6,000 pounds in this 39th annual drive, which exceeded last year's record by 1,000 pounds.

This year, the club expanded its reach to the community by supplying your donated food to two more organizations. Besides the food pantries



*Above: It was delivery day on Saturday, Dec. 10. HG Optimists gathered to distribute food stuffs collected from various buildings, areas and the Clubhouse. Donations by HG residents that totaled more than 6,000 pounds were delivered to four organizations: Aurora Interchurch, Mississippi Baptist Church, Friends of St. Andrews and Might Oaks Volunteers.*

of the Aurora Interfaith Community Services and the Mississippi Avenue Baptist Church, the following groups were added this year: The Friends of St. Andrews and the Mighty Oaks Volunteers.

The last two groups were chosen because two HG Optimist couples help provide warm meals six days a week to over 100 needy and homeless people at locations along East Colfax. The couples, Bob and Susan Taylor and Tom and Linda Merges, B242, are sponsored with further donations from the community. Their respective churches, Trinity Baptist Church and Queen of Peace Church, are located in Aurora. As a chef, Tom prepares dishes for both groups.

*See Letters...page 35*

*Heather 'n Yon welcomes letters concerned with community issues. Letters must be signed, dated and include the writer's address and phone number. Letters may be edited for clarity. The HGA Board requires that letters longer than 300 words be returned to the writer to shorten if editing cannot do it. Letters will not be run from the same individual in successive months. Writers may publish only 4 letters per year.*

# JANUARY CALENDAR

<b>Sun 1</b>	<b>Happy New Year! Management Offices and Clubhouse Closed</b>		
<b>Mon 2</b>	<b>Management Offices Closed</b> Mah Jongg (every Monday) Men's Bridge (every Monday) Ping Pong Singles/Advanced (every Monday) Pinochle - Open (every Monday)	Blue Spruce Room Skyview Room Game Room Mountainview Room	12:30-4 pm 1-4 pm 2-5 pm 6:30-9:30 pm
<b>Tue 3</b>	Bridge (every Tuesday) Hand and Foot (every Tuesday) Mah Jongg (every Tuesday) Ping Pong Doubles/Intermediate (every Tuesday) B215 Happy Hour Co-Ed Billiards Club (every Tuesday)	Skyview Room Mountainview Room Blue Spruce Room Game Room Rendezvous Restaurant Billiards Room	12:30-4 pm 12:30-4 pm 1-4 pm 2-5 pm 5 pm 6:30 pm
<b>Wed 4</b>	<b>Mobile Post Office</b> ACBL Duplicate Bridge (every Wednesday) Pinochle (every Wednesday) Men's Poker (every Wednesday) CP1 Happy Hour Square Dancing Club	<b>Circle Driveway</b> Aspen/Blue Spruce Room Mountainview Room Skyview Room Rendezvous Restaurant Sandberg Auditorium	<b>11:30-11:45 am</b> 1-4:30 pm 1:30-4 pm 4-9:45 pm 5 pm 7:30-9:30 pm
<b>Thu 5</b>	HG Breakfast Optimist Club TOPS (every Thursday) <b>Clubhouse Event: Great Rabbis</b> HG Writers Club (every Thursday) Bunko Cribbage (every Thursday) Ping Pong Doubles/Intermediate (every Thursday) CP4 Social ACBL Duplicate Bridge (every Thursday) Kiwanis Club of Aurora (every Thursday) Men's 9-Ball Billiard Tournament (every Thursday)	Rendezvous Restaurant Blue Spruce Room Blue Spruce Room Mountainview Room Blue Spruce Room Arts & Crafts Room Game Room Rendezvous Restaurant Blue Spruce Room Rendezvous Restaurant Billiards Room	8 am 8:30-9:30 am 10 am 1-3:30 pm 1-3:30 pm 1-3:30 pm 2-5 pm 5 pm 6:30-9:30 pm 6 pm 7-9:30 pm
<b>Fri 6</b>	Men with a Purpose Coffee 500 Club (every Friday) <b>Clubhouse Matinee: Magnificent 7 (2016)</b> Men's Poker (every Friday) <b>Clubhouse Movie: Magnificent 7 (2016)</b>	Skyview Room Blue Spruce Room Sandberg Auditorium Game Room Sandberg Auditorium	10 am 12:30-4 pm 1 pm 4-9:45 pm 6:30 pm
<b>Sat 7</b>	<b>Clubhouse Event: Lotions and Potions</b> Mexican Train Dominoes (every Saturday)	Mountainview Room Arts & Crafts Room	10 am noon-4:30 pm

## Advertised Activities and Seminars

Mon, Jan 2	Bayer Ear Clinic (Every Monday) Arts & Craft Room, 9 am-noon (See ad, p. 29)
Tue, Jan 10	The NEW Reverse Mortgage Seminar, Shana Judd, Skyview Room 10:18-11 am (See ad, p. 36)
Sat, Jan 21	Chinese New Year, RSVP by Jan 18, Harvard Square, 2-3 pm (See ad, p. 12)
Thu, Feb 2	Free Dinner/Workshop Retirement Fund, RSVP by Jan 23, Rendezvous, 5 pm (See ad, p. 8)

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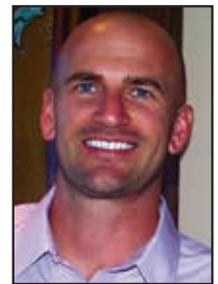
	Ping Pong Doubles/Intermediate (every Saturday) <b>Clubhouse Event - 1st Saturday Night Live Dance</b>	Game Room Sandberg Auditorium	2–5 pm 6:30–9:30 pm
Tue 10	VNA Clinic B203 and B204 Social Drinks/Dinner	Blue Spruce Room Rendezvous Restaurant	1–3:30 pm 5 pm
Wed 11	<b>Clubhouse Event - Pit Stop for Health</b> <b>Clubhouse Event - Active Minds: Refugee Crisis</b> Tennis Club Social and Dinner <b>Clubhouse Event - Folk Dance Fun Night</b> Aviation Club	Skyview Room Sandberg Auditorium Rendezvous Restaurant Sandberg Auditorium Aspen Room	1:30 pm 2 pm 5 pm 6:30 pm 7 pm
Thu 12	Green Team <b>Clubhouse Event: Great Rabbis</b> Residents' Open Forum <b>Clubhouse Event - Worldly Cheese, Entertainment</b> <i>ARO Quarterly Meeting</i>	Skyview Room Blue Spruce Room Rendezvous Restaurant Sandberg Auditorium Sandberg Auditorium	noon 10 am 3 pm 3–4 pm 7 pm
Fri 13	<b>Clubhouse Event - Outlaws, Lawmen of Old West</b> <b>Clubhouse Event: AARP Driving Course</b>	Sandberg Auditorium Blue Spruce Room	1 pm 1–5 pm
Sat 14	50 and Who's Counting	Aspen/Blue Spruce Room	5:30–9:30 pm
Sun 15	Frolics Club Meeting	Rendezvous Restaurant	11 am
Mon 16	<b>Clubhouse Event: Lotions and Potions</b> VNA Clinic	Mountainview Room Blue Spruce Room	10 am 1–3:30 pm
Tue 17	Genealogy Swap Shop Photography Club B205 and B206 Happy Hour	Skyview Room Aspen Room Rendezvous Restaurant	10 am 12:30 pm 5 pm
Wed 18	Colorado Symphony Guild (Hilltop SE Chapter) CP3 Social Capitol Update with Colorado Legislators Square Dancing Club	Rendezvous Restaurant Rendezvous Restaurant Aspen/Blue Spruce Rooms Sandberg Auditorium	11:30 am 5 pm 6:30 pm 7:30–9:30 pm
Thu 19	HG Breakfast Optimist Club Bunko	Rendezvous Restaurant Blue Spruce Room	8 am 1–3:30 pm
Fri 20	Men with a Purpose Coffee <b>Clubhouse Matinee: Sully</b> <b>Clubhouse Movie Night: Sully</b>	Skyview Room Sandberg Auditorium Sandberg Auditorium	10 am 1 pm 6:30 pm
Sat 21	Wine and Cheese Social Club	Aspen/Blue Spruce Rooms	3–5 pm
Mon 23	Low Vision Support Group	Arts & Crafts Room	1:30 pm
Tue 24	HG Republican Club HG Democrat Club	Aspen Room Rendezvous Restaurant	1:30 pm 4:30 pm
Wed 25	Resident Orientation	Board Room	9:45 am
Fri 27	<b>Clubhouse Event: Daytimers Quartet</b> <b>Clubhouse Event: Texas Hold 'em</b>	Sandberg Auditorium Aspen/Blue Spruce Room	1 pm 6:30 pm
Tue 31	Caregiver's Support Group	Aspen Room	7 pm



Dr. Nick D'Amico

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**Bible Study** (Interdenominational), Wednesday 8–9 am

We probe the Scriptures with an eye to practical applications for everyday living. It is a great mid-week boost. Women meet in the Aspen Room. Men in the Mountainview Room. For more information, call Daisy Hoeme, 303-752-2312.

**Six Stone Jars Catholic Bible Study**, Please join us for a journey through the Scriptures. Only requirement is your Bible. We meet @ 10:30 am Tuesdays, Sept.–May, in the Mountainview Room. For information, call Geraldine Pochowicz, 303-740-6105, or email [gerry.pochowicz@comcast.net](mailto:gerry.pochowicz@comcast.net).

**Rosary Prayer Group** - meets every Tuesday, 9 am, in the Aspen Room. For information, call Joe, 913-526-4177.

**Catholic Mass** - Saturday, 1 pm, Sandberg Auditorium. All HG residents are welcome. Father Terry Kissell presiding.

**Chapel** (Interdenominational Church Service) - 11 am, Sunday, Sandberg Auditorium. Reverend Bill Cheyne.

Bible Study - Sunday, 10 am, Mountainview Room. Leader: Reverend Bill Cheyne.

Coffee Time - 3rd Sunday, prior to the chapel service.

Prayer Meeting - 2nd Thursday, 2 pm.

**FYI**

**City of Aurora**

The city of Aurora has 30 boards, commissions, committees and/or authorities that have volunteers appointed by city council.

A citizen's point of view provides valuable insight to the operations of the city and council's decision-making process. The job of boards and commissions members is crucial to the success of Aurora's representative government. New and existing operations are reviewed and an appropriate course of action is suggested to city management and the city council.

Applications are available at the City Clerk's Office on the first floor in the Aurora Municipal Center, 15151 E. Alameda Pkwy, on the City's web page under Boards and Commissions or by calling 303-739-7637. For information about individual boards and commissions, go to [www.auroragov.org/CityHall/BoardsandCommissions](http://www.auroragov.org/CityHall/BoardsandCommissions). The following vacancies are available as of Dec. 8:

- ...5 volunteers on the Art in Public Places Commission.
- ...4 volunteers on the Aurora Commission on Seniors.
- ...6 volunteers on the Aurora Fox Arts Center Board.
- ...8 volunteers (youth, adult) for the Aurora Youth Commission.
- ...3 volunteers on the Board of Adjustments and Appeals.
- ...5 volunteers on the Building Code and Contractors Appeals and Standards Board.
- ...2 volunteers on the Business Advisory Board.
- ...2 volunteers on the Citizens Advisory Committee on Housing and Community Development.
- ...2 volunteers on the Citizens Water Advisory Committee.

**• Monthly Meetings •**

**Boards and Committees**

- Communications – 10 am Tue, Jan. 3
- Long Range Planning – 10 am Wed, Jan. 4
- Civic Affairs – 10 am Thu, Jan. 5
- Budget & Finance – 10 am Mon, Jan. 9
- HGA Board – 1 pm Tue, Jan. 10**
- Foundation – 1:30 pm Wed, Jan. 11
- Golf – 3 pm Wed, Jan. 11
- HGMD Board – 1 pm Thu, Jan. 12**
- Resident Open Forum – 3 pm Thu, Jan. 12  
(Rendezvous)
- ARO – 7 pm Thu, Jan. 12 (Sandberg Aud)
- Clubhouse/Rest – 9 am Tue, Jan. 17
- Emergency Prepare – 1 pm Wed, Jan. 18
- ACC – 10 am Thu, Jan. 19
- Reserve Subcommittee – 9 am Mon, Jan. 23
- Campus Tech – 10 am Tue, Jan. 24
- Roads and Grounds – 10 am Tue, Jan. 31
- Structure Maintenance – 1 pm Tue, Jan. 31

- ...6 volunteers on the Cultural Affairs Commission.
- ...2 volunteers on the Election Commission.
- ...5 volunteers on the Golf Course Advisory Committee.
- ...3 volunteers on the Historic Preservation Commission.
- ...8 volunteers on the Human Relations Commission.
- ...1 volunteer on the Independent Review Board.
- ...2 volunteers on the Judicial Performance Commission (non-attorney).
- ...2 volunteers on the Library Board.
- ...3 volunteers on the Open Space Board.
- ...4 volunteers on the Parks and Recreation Board.
- ...5 volunteers on the Planning and Zoning Commission.
- ...2 volunteers on the Public Defender Commission (attorneys).

**Celebrate Martin Luther King Jr.**

Remember the legacy and continue the mission of Dr. Martin Luther King Jr. with the city of

*See FYI...page 43*

**VNA Senior Wellness Clinics**

Charges: Toenail Cutting (includes blood pressure) \$45 (1st visit, 1 hour), \$35 (returning client); Fingernail trim \$15; Blood Pressures \$3; B-12 Shots (serum supplied by client) \$15, Glucose \$5. *If you cannot keep your appointment, please cancel or you will be charged \$5.* Have exact cash amount or checks, made out to "VNA." The clinic has no change.

**Schedule:**

- Tuesday, Jan. 10, 1–3:30 pm, Blue Spruce Room, Rebecca Hodgkins, 303-728-4368, or Barbara McShane
- Monday, Jan. 16, 1–3:30 pm, Blue Spruce Room, Blanche McKinney, 303-751-6444

**Note:** Kaiser covers 100% medical foot care for some patients. Call 303-698-6496 to verify coverage. Or call Trudy Schneider, 303-755-2683, for information.

# Letters...from page 31

Also, a thank you to more than 30 Optimist members who collected food throughout the first week in December to make all of this possible.

To all who participated in such a worthy cause, please accept our club's deep appreciation.

**Craig Baldwin  
B242**

## Heather 'n Yon

In the December 2016 minutes from the HGMD Board of Directors meeting, I noticed that the HGMD Board has approved amending the Golf Course [Committee] By-Laws to put restrictions on the committee membership. First, it requires representatives of the Men's and Ladies Golf Clubs to be residents of HG. Second, it removed the Golf Pro totally from membership on the committee.

I cannot fathom eliminating input from these people who have the interests of ALL golfers, residents and *non-residents* alike, who use the Golf Course. Many of these golfers play several times a week, contributing a lot of money to the HG community when they pay green fees. Some spend money in the restaurant after their golf rounds.

I am also offended that this action was taken without any prior notice and without any input from the members of these two groups. Both the Golf Pro and the grounds keeper have a demanding job. They have far more expertise on what is required to do those jobs. Eliminating their input on Golf Course management is an unsound decision. It should be re-considered.

**John McLaughlin  
CP3**

## Heather 'n Yon

It was a real surprise to read in the December issue of Heather 'n Yon that the HGMD Board adopted Bylaws prohibiting the presidents of both the Men's and Ladies Golf Clubs and the Golf Pro from having automatic membership on the HGMD Golf Committee. Apparently, the reason given was to make it "more in line with HGMD's other committees."

This action was taken by the board without any consideration of the matter by the members of the Golf Committee itself, as normal practice would require.

The Golf Committee is not the same as other HGMD Committees. Its members have a large and direct financial interest in the care and maintenance of a great Golf Course in a park-like setting by the payment of fees that amount to tens of thousands of dollars over and above HG monthly dues — to the betterment of the whole community.

The representatives of those members have extensive knowledge of the game, and should be mandatory on that committee.

I hope that the HGMD Board will immediately repeal that rash act.

**Len Liss  
B209**

## Heather 'n Yon

It was astounded when I read that HG decided to remove the Golf Pro Bob Macaluso and the presidents of the HG Men's and Ladies Golf Clubs from standing positions on the HGMD Golf Committee.

If you have not yet joined the Heather Gardens email blast for the latest news, meeting changes, cancellations, etc., see Assistant Clubhouse Manager Lewis Boeve at the Clubhouse Reception Desk, or call him, 303-751-1811, to get on the list.  
To find the Committee Meeting Reports (minutes), log on to [www.heathergardens.org](http://www.heathergardens.org), sign in (link in the upper right hand corner) to get behind the site firewall. Go to the Resource Center tab from the ribbon across the page under the photo. Select Committee Meeting Reports. Spend some time in the Resource Center. You'll see the wealth of information available.  
— Kay Sawyer, 2016 Chair  
**Communications Committee**

These three people are in a position to provide valuable information to the committee about daily and long-term issues that no other persons are familiar with. The Golf Pro is on duty every day. He is able to lend expertise in every day operation, tournaments and shop management. The presidents are in touch with the members of both clubs, keeping up with members' needs and wants through the summer playing season. These positions have been standing positions for years, and have served HG well. Why change that now? What was the motivation? The explanation was weak.

Please realize that the tournament play of the two clubs on Wednesdays and Fridays, plus their casual play throughout the week, contributes a large portion of the course revenue. They should have representation on the committee.

I urge reinstating these important positions on the Golf Committee as soon as possible.

**Robert Bamford  
B242**

## On equality and justice

I know, up on top you are seeing  
great sights,  
But down at the bottom we, too,  
should have rights.  
— Yertle the Turtle and Other Stories  
...  
I'm quite happy to say  
That the Sneetches got really quite

smart on that day,  
The day they decided that  
Sneetches are Sneetches  
And no kind of Sneetch is the best  
on beaches.  
—The Sneetches and Other Stories  
...  
But even kings can't rule the sky.  
— Bartholomew and the Oobleck  
...

A person's a person, no matter how  
small. — Horton Hears a Who!  
...  
And the turtles, of course...all the  
turtles are free  
As turtles and, maybe, all creatures  
should be.  
—Yertle the Turtle and Other Stories  
— Dr. Seuss (American writer, poet  
and cartoonist (1904–1991))

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- Help heirs and loved ones now



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# Troops overseas for Thanksgiving

While Thanksgiving was celebrated in the U.S., about 183,900 soldiers were supporting combatant commanders worldwide.

Some 14,968 pounds of turkey and 8,712 pies, including sweet potato and pumpkin, were delivered to troops in Afghanistan, said to the Defense Logistics Agency spokesman Mike Tuttle.

According to Tuttle, the grand total of turkey and fixings going to service members deployed to Afghanistan, Iraq, Jordan and Kuwait included:

- 34,760 pounds of turkey.
- 32,550 pounds of beef.
- 21,450 pounds of ham.
- 28,980 pounds of shrimp.
- 9,114 pounds of stuffing mix.
- 879 gallons of eggnog.

"It is an honor to serve my country. But it is an even greater honor to serve my fellow service members an outstanding meal," said Warrant Officer Raul Lewis, a food service officer with the 1st Cavalry Division's Resolute Support Sustainment Brigade,

which organizes food support for service members in Afghanistan.

"There is nothing more comforting when you are far away from home and missing your loved ones than to sit in front of a hot meal and share a few laughs and moments of joy," Lewis added.

It takes a lot of planning to ensure food items are delivered in time so that service members can enjoy a taste of home for Thanksgiving, said Anthony Amendolia, who works with the DLA Troop Support's Subsistence supply chain in Philadelphia.

"Thanksgiving is so important to us and such a priority that we have to start in the April, May timeframe," Amendolia said. "It is a long process, but we think service members really enjoy having a great Thanksgiving meal with their troops."

## Deployed for Thanksgiving

Of the 183,900 soldiers deployed:

- 8,000 were serving in Afghanistan, as part of Operation Freedom Sentinel.

- 4,000 soldiers are supporting Operation Inherent Resolve in Iraq.

- Approximately 10,000 soldiers are serving in Kuwait and surrounding areas, participating in Operation Spartan Shield.

- 33,000 soldiers are also scattered throughout Europe, where they are conducting theater security cooperation events in support of Operation Atlantic Resolve. They are in Hungary, Romania, Bulgaria, Poland, Latvia and Germany. This week, units from U.S. Army Europe began participating in Operation Iron Sword in Lithuania.

- About 9,000 soldiers are supporting missions throughout Africa.

- Some 4,000 soldiers are in the U.S. Southern Command area, where they are supporting humanitarian and training missions.

- More than 71,000 soldiers are supporting exercises and operations in the Pacific and in South Korea.

*{Adapted from an article by David Vergun, Army News Service, Nov. 25, 2016}*

## Official state flowers of the U.S.

The following lists the state flowers. It is noteworthy that there are not too many duplicates (magnolia, violet, wild prairie rose). Which are your favorites?

- Alabama:** Camellia
- Alaska:** Forget-me-not
- Arizona:** Saguaro cactus blossom
- Arkansas:** Apple blossom
- California:** California poppy
- Colorado:** Rocky Mountain columbine
- Connecticut:** Mountain laurel
- Delaware:** Peach blossom
- Florida:** Orange blossom
- Georgia:** Cherokee rose
- Hawaii:** Hawaiian hibiscus
- Idaho:** Mock orange
- Illinois:** Purple violet
- Indiana:** Peony
- Iowa:** Wild prairie rose
- Kansas:** Sunflower



- Kentucky:** Goldenrod
- Louisiana:** Magnolia
- Maine:** White pine cone and tassel
- Maryland:** Black-eyed susan
- Massachusetts:** Trailing arbutus
- Michigan:** Apple blossom
- Minnesota:** Pink and white lady's-slipper
- Mississippi:** Magnolia
- Missouri:** Hawthorn
- Montana:** Bitterroot
- Nebraska:** Goldenrod
- Nevada:** Sagebrush
- New Hampshire:** Purple lilac
- New Jersey:** Violet
- New Mexico:** Yucca flower
- New York:** Rose
- North Carolina:** Flowering dogwood
- North Dakota:** Wild prairie rose
- Ohio:** Scarlet carnation
- Oklahoma:** Oklahoma rose



- Oregon:** Oregon grape
- Pennsylvania:** Mountain laurel
- Rhode Island:** Violet
- South Carolina:** Yellow jessamine
- South Dakota:** Pasque flower
- Tennessee:** Iris
- Texas:** Bluebonnet
- Utah:** Sego lily
- Vermont:** Red clover
- Virginia:** American dogwood
- Washington:** Coast rhododendron
- West Virginia:** Rhododendron
- Wisconsin:** Wood violet
- Wyoming:** Indian paintbrush



Left: Colorado columbine  
Above: Wyoming Indian paintbrush

# Clubs and Organizations

## Joppa Daylight Lodge AF & AM

All Master Masons living in HG are invited to attend Joppa Daylight Lodge. We meet the first and third Tuesdays of the month at Radiant Temple, 225 Acoma St., Denver. Lunch is at 11:30 am, and Lodge is at 12:15 pm.

We are the only lodge that meets during the day in the Denver metro area. For information, call Bill Rapp, 303-953-1021.

## Meditation Group

This group meets once a week, 10:30 am Wednesdays, in CP1. Offers a practical method to relax, focus, and improve the quality of your life. Free. Call Carl, 720-495-9979, for more information.

## CP1

Our monthly happy hour is on the first Wednesday of the month, 5 pm, in the Banquet Room. See you on Jan. 4!

## HG Breakfast Optimist Club

Have you ever thought of becoming an Optimist? The HG Optimist Club, started in 1978, is a service organization. It focuses on youth in our community. We meet at 7:55 am in Rendezvous, alternate Thursdays, and provide a complimentary buffet breakfast to first timers. For reservations, contact Jeannine Montgomerie, 309-310-5315, or [jmntg.1229@gmail.com](mailto:jmntg.1229@gmail.com).

This month we are meeting on Jan. 5 and 19. Come check us out. Program speakers will be:

Jan. 5: Bob Taylor spent a number of years in Antarctica, and will talk about his experiences there.

Jan. 19: Led by Jeannine Montgomerie, the topic is "Getting to Know Us."

## TOPS

Take off pounds sensibly (TOPS) is so much more than just a weight loss group, a diet group, a support group, a nutritional group, or a group that talks about how the food we eat affects our health. We are all of the above.

Did I mention we also are the least expensive weight loss group around? At only \$32 a year and 15¢ a meeting, it's a real bargain. We meet at 8:30 am every Thursday in the Blue Spruce Room. Come in around 8:15 am, so we can say "hi" and welcome you.

The meeting ends at 9:30 am, and we pack that hour with fun, support and education. Guests are welcome. For information, call or text Sandy Marthaler, 720-220-2678.

## HG Writers Club

Whether you're just beginning to put pen to paper or you are a published author, we invite you to join us for a time of education, fellowship and inspiration. New members are always welcome.

We currently meet 1-3:30 pm every Thursday in a Clubhouse room. Please contact Joanne Brand, 303-750-9722, for further information. We look forward to meeting you.

## CP4

Our monthly socials are 5 pm at Rendezvous, the first Thursday of the month. Come meet your neighbors. Ordering food is optional. – Carol Drollinger

## Kiwanis Club of Aurora

This club is a member of a global organization of volunteers, dedicated to changing the world, one child and one community at a time. The club meets 6 pm Thursdays at the Rendezvous Restaurant at HG.

We also are on the web: [Aurora-co.kiwanisone.org](http://Aurora-co.kiwanisone.org). For more information, call Rich Richardson, 303-368-5747.

## Men with Purpose

A group of men, with diversified backgrounds, gather to discuss timely topics regarding healthy aging and purposeful retirement. Books and articles relating to these topics are discussed by group members.

Leadership is shared. Men With Purpose meets the first and third Fridays of each month, 10–11 am, in the Skyview Room. For further

information, contact Gene Dawson, 720-535-9672.

## Ports of Call Singles

The original Ports of Call Singles (POCS) group is seeking new members. We recently celebrated our 35th anniversary.

The club holds two social hours per month. The first is 4–6 pm on the second Monday of each month, at Senior Ric's.

The second monthly social is 4–6 pm, on the fourth Thursday, at Baker St. Pub. Call JoAnn Cunningham, B241, 303-751-5195, membership chair, for the monthly newsletter and additional information.

## Parkinson Support Group

The Parkinson Support Group of Aurora meets on the second Tuesday of each month, 1–3 pm, at Life Care Center of Aurora, 14101 E. Evans Ave.

## B203 and B204

B203 and B204 hold a combined social every month, meeting at Rendezvous on the second Tuesday, 5 pm, for drinks and dinner. – Laurel McClaren, 303-337-2686.

## HG Aviation Club

Happy New Year to all! The Aviation Club will meet at 7 pm on the second Wednesday, Jan. 11, in the Aspen Room.

The program will be the Osh Kosh 2016 official DVD. The featured aircraft is the huge Martin Mars Seaplane,



the biggest air tanker flying. See you there!

## The Green Team

The next meeting will be noon Thursday, Jan. 12, in the Skyview Room. The Green Team fosters policies and practices that help to preserve a healthy natural environment. A primary focus for our group has

been recycling at HG, but other environmental issues also have received attention. The Green Team welcomes any residents who share our interests.

Recycling Reminder: shredded paper is not recyclable in the residential-service program provided by Waste Management. Please discard shredded paper with trash.

Tip for persons who wish to reuse empty boxes from Rendezvous Restaurant: best times to find boxes behind the restaurant are Tuesday and Thursday afternoons. For additional information, call Wendy, 303-306-0666.

### **50 & Who's Counting**

Join us on Jan. 14 for our first meeting of the new year. We will have a potluck dinner. Bring whatever you like to share. After dinner, we will play Bingo. If you wish to play Bingo, please bring your luck and \$5 for prize money. It will be a fun time. Social hour at 5:30, dinner at 6, in the Aspen/Blue Spruce Room. Remember to bring your own drink.

### **Frolics Club**

The club will hold a Holiday Brunch, 11 am Sunday, Jan. 15, in the Rendezvous Restaurant. Cost is \$15 for members and their guests, with tax and tip included. Come to enjoy a pleasant meal with your friends and fellow actors.

The holidays are over, and it's back to the routine. We have a theme for the upcoming Frolics Spring Show, but are not yet at liberty to disclose it. There will be three shows, on April 28, 29 and 30 (times to be announced later). Rehearsals have already started. – M. Mines

### **Aurora Christian Women's Vital Network**

We invite you to join us the third Tuesday of the month, 9:30–11 am, at Blossoms in Windsor Gardens. We have a special feature that is always interesting, and a speaker who has an uplifting message.

We have brunch, which costs \$13, including tax and tip. Everyone is welcome. For information, call Mae Shockley, 720-748-2508.

### **Genealogy Swap Shop**

If you are interested in finding your ancestors and tracing your family history, please join us on the third Tuesday of each month, 10 am–noon, Skyview Room. For information, contact Harold Thompson, 720-748-7090, or Ruth Miller, 720-535-4954.

### **Photo Club**

The club meets on the third Tuesday of each month at 12:30 in the Aspen Room.

### **B205 and B206**

Happy hour is 5 pm on the third Tuesday each month in Rendezvous. Join us!

### **Colorado Symphony Guild–Hilltop/Southeast Chapter**

The Hilltop/South unit of the Colorado Symphony Guild meets over lunch the third Wednesday of each month at Rendezvous. A business meeting starts at 11:30 am. We invite new members to join us.

RSVPs are required. For further information, call Connie Reger, 720-535-6485.

### **CP3**

The CP3 social meets 5 pm the third Wednesday of each month in Rendezvous Restaurant.

### **Wine & Cheese Social Club**

Join us on the third Saturday of each month, 3–5 pm. We get together in the Aspen/Blue Spruce Room. Everyone is welcome. Bring a bottle of wine and a snack. Enjoy socializing with your HG neighbors.

Entertainment is provided. If you have a talent you want to share, we invite you to join in. – Karen McClaurry

### **Seville Recreation Association**

SRA meets the fourth Monday of every month, 10 am, in a different Seville building each month. For information: Joe Moore, 303-671-4653.

### **Low Vision Support Group**

Our no-cost meetings are held the fourth Monday of the month, 1:30 pm, Mountainview Room. We hope you will join us. Marsha Bergen, 720-535-5224.

### **HG Republican Club**

PLEASE NOTE: This club will meet the fourth Tuesday of each month in 2017, just as we have been for the past two years! The January meeting is 1:30 pm Tuesday, Jan. 24, in the Aspen Room. The incorrect information in December's issue of *Heather 'n Yon* was my error. I apologize for the confusion.

The guest speaker will be Jimmy Sengenberger, president of Liberty Day. Sengenberger is a U.S. Constitution expert. He will specifically address the topic of the Electoral College.

After this most interesting presentation, we will entertain nominations for 2017 officers: president, vice president and secretary/treasurer. Ruth Pendergast is running for president, and Les Sonkson is up for re-election as secretary/treasurer.

Regardless of your party affiliation, registered or not, you are invited to our monthly meetings. We schedule presentations by various civic leaders at the city, state and national levels. Meetings are lively and informational. We look forward to seeing you there. – Larry Swift

### **HG Democrats**

Democrats of HG will meet 4:30 pm on the fourth Tuesday of January (Jan. 24), in the Banquet Room of Rendezvous Restaurant. The Resistance Is Rising!

### **League of Women Voters**

Our unit meets 5:30 pm at the Rendezvous Restaurant on the first Thursday of most months. HG is home to a number of The League of Women Voters of Arapahoe and Douglas Counties (LWVADC) members; others reside in the surrounding area.

LWVADC is a cadre of dedicated volunteers whose mission is to educate, advocate, and empower our fellow citizens in the democratic processes. Membership is open to women and men. For information, please call Charlotte Faris, 303-690-8466, or Mary Lou Scott, 303-481-8898.

See Clubs...page 42

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# Sports and Recreation

## Mah Jongg

We meet 12:30–4 pm every Monday, Blue Spruce Room, except the third Monday of each month, when the VNA has the room. Then we meet in the Arts & Crafts Room, where three card tables are set up for us. You must have the latest Mah Jongg League card. We play for a maximum of \$3 — bring your nickels, dimes and quarters.

All HG players are welcome. For information: Estelle, 303-750-0936.

## Men's Bridge

This group meets every Monday, 1–4 pm, in the Skyview Room. Call Maris Kuga, 720-748-0590.

## Ping Pong

Fun and free: great exercise. Come join us in playing ping pong doubles on Mondays, Tuesdays, Thursdays and Saturdays, 2 pm, in the Game Room.

Beginners may meet on Fridays at 2 pm, but you must call Bob Schlageter, 303-751-2205, to make arrangements. You will need to bring someone to play with. See you there. — M. Mines

## Pinochle

Evening Pinochle meets 6:30–9:30 pm Monday nights in the Mountainview Room. For information, call Ann Gagliardi, 303-332-2163.

Afternoon Pinochle meets Wednesdays, 1:30–4 pm, Mountainview Room. We only play for fun and entertainment. With questions, call Virginia Walcher, 303-632-8039.

## Hand and Foot

Hand and Foot is a card game that is fun, and easy to learn. We meet every Tuesday, 12:30–4 pm, Mountainview. With questions, call Phyllis Lann, 720-535-8531.

## Mah Jongg

We meet 1–4 pm every Tuesday, Blue Spruce Room, except the second Tuesday, when we play in the lobby (behind fireplace).

All players welcome, including beginners. You must have the latest Mah Jongg League card. Social game; we do not play for money, only glory.

Never played Mah Jongg? Come and observe, to see if you wish to learn. Call Carol, 720-628-4051, or Pat, 720-535-4603, for information.

## Billiard Club

The club's play schedule is: Co-ed 8-Ball, 7 pm Tuesdays; Men's 9-Ball, 7 pm Thursdays.

Annual dues of \$9 are payable on Jan. 1 of each year. All new players are welcome.

Questions? Call Sean Kelliher, 720-427-6174.

## Co-ed 8-Ball November 15

1st Virginia Faubel, Chuck Finder  
2nd Roger Goldstein,  
Larry Schneller  
3rd Connie Burns, Sean Kelliher

## November 22

1st Barbara Schneller,  
Chuck Finder  
2nd Dee Moore, John Murphy  
3rd Lindy Davenport,  
Joe Ozorkiewicz

## November 29

1st Barbara Schneller,  
Lindy Davenport  
2nd Matt Dunne, Chuck Finder  
3rd Hi Reynolds,  
Charlie Kachadoorian

## December 6

1st Dee Moore team  
2nd Chuck Finder, Joe Ozorkiewicz  
3rd Roger Goldstein, Rita Cusak

## Men's 9-Ball November 17

1st Roger Goldstein  
2nd Lindy Davenport

## December 1

1st Gail Gibson  
2nd John Murphy  
3rd Lindy Davenport

## December 8

1st Ron Spry  
2nd Hi Reynolds

## HG ACBL Duplicate Bridge

This club plays 1 pm Wednesdays and 6:30 pm Thursdays in Blue Spruce Room. Help setting up is appreciated, so come early. For information, call John Osterberg, 720-535-1038, or Merrily VanZevern, 720-282-3199. For partnership information, call Corley Freisen, 303-872-3308.

## Square Dancing

Fun, exercise, and friendship. Come square dance on the first and third Wednesdays of each month, 7:30–9:30 pm, Sandberg Auditorium. Bob Riggs is the caller. All square dancers are welcome. Call Dolores Bendekgey with questions, 720-747-4666. Cost: \$5 per person.

## Bunko

Bunko is played 1–3:30 pm on the first and third Thursdays of each month in the Blue Spruce Room. Call

## Clubs...from page 39

### Caregivers Support Group

This informal support group meets on the last Tuesday of the month, 7–8:30 pm, in the Aspen Room. The group is open to all residents of HG who provide care for family or friends.

The object is to meet for fellowship, fun, education, and to solve problems together. It is a chance to

meet others in the same situation, and to learn how we each meet the challenges of caregiving. For more information, call Nancy Fuhr, 303-337-4890.

### HG Grief Support

Grief is the price of love. Our support group is a means to help you through the loss of your loved one. We give education, support and guidance. Eight-week sessions are held at the HG Clubhouse.

We care. For more information about the next HG Grief Support group, please call Joanne Brand, 303-750-9722.

### Wood Shop Meeting

The next Woodshop Club meeting will be at 4 pm Wednesday, Feb. 1, in the Mountainview Room. Please join us and bring your ideas, concerns and expertise. — Jim Sollecchio

Debbie Brooks, 303-923-3809, for more information.

### **Mexican Train Dominoes**

We play noon–4 pm every Saturday, Arts & Crafts Room. Games start at noon and at 2 pm. For information, call Viola, 720-535-5638, or Peggy, 303-752-4696.

### **Tennis Club**

The weather has not been tennis-friendly recently, but with each day that brings just one single ray of sunshine, our optimistic players head to the courts. If you are equally hopeful, come join us 1–3 pm Monday through Saturday throughout the winter months.

Generous club members, Bruce and Joni Neale, opened their lovely

home in Dam West for our annual holiday party. Members enjoyed an evening of delicious food and laughter this past December. Thanks to the Neales.

The holiday party is one of three major social events held throughout the year. In addition, we gather the second Wednesday of each month at 5 pm in the Rendezvous Restaurant. All are welcome. For more information, contact Wendy, 303-303-0066. – Wendy Pfaffhausen

### **Pickleball**

The schedule for Pickleball will be emailed to everyone on the Pickleball email list for January. We will be playing outdoors in the afternoon, when the weather is nice, but mostly indoors, when Sandberg Auditorium

is available, now that the weather is colder. We always welcome new Pickleball players, so come out and join us. Enjoy this fast growing sport!

To see this fun sport in action, check out: [plaidflannel.com/Pickleball](http://plaidflannel.com/Pickleball). If you want to learn more about Pickleball, or get on the Pickleball roster, call Rosalie, 303-751-1226, or Judy, 303-369-6258.

### **HG Ladies Golf Club**

We want to wish all members and their families — have a very joyous and happy holidays. Board meetings will resume in January 2017. Additional information on the Ladies Golf Club can be found on our website: [www.heathergardensladiesladies-golfclub.com](http://www.heathergardensladiesladies-golfclub.com). See you in 2017.

## **FYI**...from page 34

Aurora's commemoration events from Jan. 9 to 25. The activities get started at 10 am Monday, Jan. 9, with the kick-off celebration at the Aurora Municipal center, 156151 E. Alameda Pkwy, and continue that evening at 6:30 pm with a candlelight vigil, multi-faith prayers and the reading of a city proclamation. Other events throughout the week will include televised forums on Aurora Channel 8 and AuroraTV.org, a race forum, the Aurora Community of Faith Breakfast, a wreath-laying ceremony at the Martin Luther King Jr. Library, a motorcade from Aurora to the state Marade, and more. For details and a schedule of events, go to [auroragov.org/mlk](http://auroragov.org/mlk).

### **Aurora History Museum**

*Colorado Women in STEM*

Dec. 13–March 12

9 am–4 pm Tuesday–Friday

11 am–4 pm Saturday, Sunday

The Colorado Women's Hall of Fame celebrates the accomplishments of trailblazing women in Colorado. Featured portraits recognize Colorado women's contributions to the disciplines of science, technology, engineering and mathematics. 303-739-6660, or [auroramuseum.org](http://auroramuseum.org). 15051 E. Alameda Ave.

### **Metropolitan Opera in cinema**

*Giuseppe Verdi's Nabucco*

10:55 am Saturday, Jan. 7

The legendary Plácido Domingo brings

another new baritone role to the Met under the baton of his longtime collaborator James Levine. Liudmyla Monastyrskya is Abigaille, the warrior woman determined to rule empires, and Jamie Barton is the heroic Fenena. Dmitri Belosselskiy is the stentorian voice of the oppressed Hebrew people.

*Charles Gounod's Romeo et Juliette*  
10:55 am Saturday, Jan. 21

When Diana Damrau and Vittorio Grigolo starred opposite each other in *Manon* at the Met in 2015, the *New York Times* said, "the temperature rises nearly to boiling every time Damrau and Grigolo are on stage together." Now they're back as opera's classic lovers, in Gounod's lush Shakespeare adaptation. The production, by director Bartlett Sher, has already won acclaim for its vivid 18th-century milieu and stunning costumes during runs at Salzburg and La Scala. Gianandrea Noseda conducts the sumptuous score.

Closest theaters:

• Century Aurora 16, 14300 E. Alameda Avenue, Aurora  
303-363-0300

• Greenwood Plaza 12, 8141 E Arapahoe Rd, Englewood  
844-462-7342

Tickets \$22 (seniors); \$24 (adults); \$18 (children), in advance or at the door. [www.metopera.org/Season/In-Cinemas](http://www.metopera.org/Season/In-Cinemas)

### **Eligibility for VA Health Care**

If you served on active duty and were separated under any condition other than dishonorable, you may

qualify for VA health-care benefits. Current and former members of the National guard or reserves who were called to active duty by a federal order and completed the full period for which they were called or ordered may also be eligible for VA health benefits.

The VA encourages all veterans to apply to determine enrollment eligibility. Veterans can apply in person at VA medical centers, by phone, 1-877-222-8387, or online at [www.1010ez.med.va.gov](http://www.1010ez.med.va.gov). Certain veterans may be afforded enhanced eligibility status when applying and enrolling, including:

- Former prisoners of war.
- Those awarded the Purple Heart.
- Those awarded the Medal of Honor.
- Those with a service-connected disability or 10 percent or more.
- Those with a VA pension.
- Those discharged from military because of a disability (not pre-existing), early out or hardship.
- Those who served in a theater of operations, up to five years after discharge or release.
- Served in the Republic of Vietnam from Jan. 9, 1962 to May 7, 1975.
- Served on a Navy or Coast Guard ship associated with military service in Vietnam.
- Those who served in the Persian Gulf from Aug. 2, 1990 to Nov. 11, 1998.

See FYI...page 51



*Happy New Year!*

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# Employee Recognition

## Employee of the Month

Carlos Tamayo has worked for HG since 2011. Carlos has moved between departments, with outstanding comments from both supervisors. He was lead custodial for three years, doing an outstanding job.

In the Maintenance Department, he has become a valued employee. Carlos started in the department in April 2016 as an apprentice. He helped co-workers with all kinds of special projects and other duties as assigned. In November, Carlos was given the opportunity to try to become a service technician. He handled his first week on call with no problems.

Carlos is always on time. He works well with his co-workers as well as residents. He completes every task he is assigned in a pleasant and courteous manner.

For these reasons, I am pleased to announce Carlos Tamayo as Employee of the Month for November 2016.

– Calvin White, CMCA  
General Manager



Carlos Tamayo  
Maintenance  
Department

## HGMD Foundation

The Foundation Committee did not meet during December because there was no new business pending. With deep regret, the chair accepted a resignation by Mavis Richardson, CP3, from the Foundation Committee for personal reasons. A previous chair of this committee, Mavis has served HG in so many ways and for many years. All residents owe her a great debt of gratitude for her selfless dedication to the community.

The end of December also marked the expiration of Jean Baldwin's term on the committee. She has served HG with great distinction over the years. If you get a chance, please extend your appreciation to these two great ladies.

The next meeting will be Jan. 11, 1:30 pm.

To date, donations to the Foundation Fund have been \$2,663 for the year. Expenditures have been \$99,653.34, for the same period.

### Donations to the General Fund, October 2016

- B217 in memory of Barbara Taylor
- B215 in memory of John Heil
- Proceeds from the Clubhouse book sale.

Thank you to all committee members who volunteer their time and energy on behalf of HG. If you are interested in joining the Foundation Committee, please pick up and complete an application at the Management Office. Finally, THANK YOU to all who continue to donate.

– Ed Kurtz

HGMD Board and Chair, Foundation Committee

## Heather 'n Yon ...from page 6

HG, while publishing *Heather 'n Yon* at no cost to residents, due to advertiser funding. In the coming months, the magazine will chronicle this journey. A few highlights:

- The original, resident-produced newsletter became professionally produced, in 1988, as a black and white

publication, which average about 40 pages per month.

- Over time, and partly due to contributions from some very fine resident photographers, a better glossy-paper stock, suitable for displaying photos at their best, came into use, in 2010. Half the pages were four-color process. The other half were black-white.

- As the price of four-color printing came down, more and more pages went to full color. Today, the magazine is 100 percent in color, a result that appeals to the news-magazine's advertisers.

- As a full-color, saddle-stitched magazine, *Heather 'n Yon* today usually fills 48 pages, 56 pages or 64 pages. Advertising never consumes more than half of the pages.

*Heather 'n Yon* has fiercely clung to its status as an independent newsmagazine, over the years, serving the residents of Heather Gardens.

Residents are invited to submit comments, stories and photographs, to be published for the edification and enjoyment of their neighbors, as *Heather 'n Yon* marks its 30th year of publication.

– Mary Hafka

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## The **Denver**

### **Brass**

concert on Dec. 17 drew its usual large crowd. This group, a subset of musicians from the Colorado Symphony Orchestra, reminds you that brass instruments in concert have unique challenges when playing the same music that often has string and woodwind instruments providing the softer, smoother sounds.



Among the fun events of the year for HG residents are the **Holiday Parties** that each HG building or area organizes. Groups that celebrated at Rendezvous Restaurant include: CP2, Bridge Club, B232, B224, B217, B250, and B203 and B204 joined forces to celebrate together. Their holiday cheer is infectious.



Photos by Anne Hummel-Gillis





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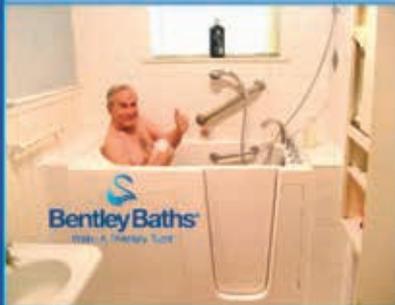
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◀ **Hidden Treasure of Nebraska**

April 1-6 • 6 Days/Motorcoach  
\$1350 double occupancy  
\$1740 single occupancy



◀ **Cape May, Dover & The Brandywine Valley**

April 21 - 28 • 8 Days/Fly  
\$2410 double occupancy  
\$2835 single occupancy



## Plan Your Spring & Summer Tours



**Michigan Spring, Holland Tulips & Mackinaw Island**

May 7-14  
8 Days/Fly



**Taos Spring Lilac Festival & Arts**

May 18 -22  
5 Days/  
Motorcoach



**New York Finger Lakes, Erie Canal & US Niagara Falls**

June 17-24  
8 Days/Fly

**Pageant of the Masters, Long Beach to Laguna Beach, CA**

July 17-21 • 6 Days/Fly



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# Trips and Tours

## National Western Stock Show

Thursday, Jan. 19, 10:30 am,  
Denver Coliseum  
Sign up deadline: Jan. 4  
Cost: \$20

Bulls and broncs, cowboys and cowgirls — rodeo's biggest superstars perform amazing feats of athleticism during each performance of this professional rodeo. Whether you prefer thrills and spills, or speed and agility, the National Western's Pro Rodeo is the event for you.

## Denver Art Museum: Star Wars and the Power of Costume

Wednesday, Jan. 25, 11 am  
Denver Art Museum  
Sign up deadline: Jan. 4  
Cost: \$24

Join us on a unique journey into the Star Wars™ universe as characters are brought to life through a dramatic presentation of more than 60 original costumes.

## Dazzle

Thursday, Jan. 26, 10 am  
Sign up deadline: Jan. 12  
Thursday, Feb. 23, 10 am  
Sign up deadline: Feb. 9  
Thursday, March 30, 10 am  
Sign up deadline: March 16  
Cost: \$23

Lunch and live jazz! Includes your choice of three chef-inspired entrees, soda, coffee, tea or glass of red or white wine, draft beer or well drink.

## Thoroughly Modern Millie

Saturday, Jan. 28, noon  
Boulder Dinner Theater  
Sign up deadline: Jan. 7  
Cost: \$44

*Thoroughly Modern Millie* tells the story of young Millie from Kansas who

comes to New York City in search of a new life for herself. Her grand plan is to find a job as a secretary for a wealthy man and then marry him. However, her plan goes completely awry. Featuring explosive tap numbers and swinging music, including "How the Other Half Lives," "Only in New York" and "Gimme Gimme," you won't want to miss Millie!

## DCPA Behind The Scenes

Monday, Jan. 30, 10 am  
Denver Performing Arts Complex  
Sign up deadline: Jan. 18  
Cost: \$15

Go behind the scenes to see how everything comes together. The expertly guided 90-minute tour will take you beyond the stage as you explore performance spaces, costume shops, and scenery, lighting and props departments. This is a walking tour, so please wear comfortable shoes.

## The Christians

Thursday, Feb. 9, 10:30 am  
Stage Theater  
Sign up deadline: Jan. 18  
Cost: \$19

Pastor Paul inspires faith in the members of his growing congregation through his preaching. But when he brings up unexpected questions during a sermon, his changing perspective may ask too much of his followers.

## NG Travel Film: Egypt's Secret Side

Wednesday, Feb. 15, 10:30 am  
Northglenn Rec Center  
Sign up deadline: Jan. 25  
Cost: \$11

This film will take you on a dramatic, fast-paced, and unforgettable journey through a side of Egypt that few Westerners will ever see.

## Denver Concert Band: All That Jazz

Sunday, Feb. 26, 2:30 pm, Lone Tree  
Sign up deadline: Feb. 5  
Cost: \$23

This band has performed jazz, gospel, swing, and blues around the world. Pieces for this concert include Symphonic Dances from *West Side Story* and *Stardust*. You don't want to miss this one!

## Ivy Street Serenades

Wednesday, March 8, 1:30 pm  
Main Stage  
Sign up deadline: Feb. 15  
Cost: \$21

From Beethoven to composers of today, the Denver-based Ivy Street Ensemble explores the possibilities of music for a trio of flute and strings.

## An American In Paris

Thursday, March 9, 2 pm, Buell Theater  
Sign up deadline: Feb. 3  
Cost: \$61

*An American In Paris* is the new Tony Award-winning musical about an American soldier, a mysterious French girl and an indomitable European city, each yearning for a new beginning in the aftermath of war.

## Brass & Bagpipes: Celtic Fling

Saturday, March 18, 7:30 pm  
Newman Center  
Sign up deadline: Feb. 25  
Cost: \$30

Piping, drumming, singing, dancing, and yes, of course, brassing rule the weekend. This non-stop celebration is a must! Wear your green and plaid garb!

## TRIPS POLICY

No transfers or refunds. *Non-residents may only attend as the guest of a resident.* Note that RTD trip times listed are not actual departure times. Courtesy calls are made 2-3 days prior to trip to give check-in times and any other pertinent information. Please call if unable to attend. Bring your receipt

to trip check-in. **All times are approximate (RTD).**

Please note the payment deadline for each trip. Don't wait until just before the trip departure date to register or you'll miss it!

The local fare for SeniorRide and Senior shopper is **\$2.60 round-trip for passengers 65 years or older** and \$5.20 round-trip for all other passengers. Regional fare is \$4.50

round-trip for passengers 65 years or older and \$9 round-trip for all other passengers. Fare paid to driver.

All HG trips include an escort and small administrative fee. RTD fares are not included in trip fees and are to be paid to RTD bus driver at time of pickup. Exact change required. Drivers and HG staff do not have change available.

### Denver MountainAires

Sunday, March 19, 2 pm  
AHS Auditorium  
Sign up deadline: Feb. 26  
Cost: \$11

The Denver MountainAires and Colorado Chord Company combine to present Broadway show songs in Barbershop Harmony! These two men's choruses, and quartets from within each chorus, will harmonize great songs that have come across the footlights and into our hearts.

### NG Travel Film: Ghost Of Gold Rush

Wednesday, March 22, 10:30 am  
Northglenn Rec Center  
Sign up deadline: March 1  
Cost: \$11

Follow in the footsteps of Butch Cassidy, the Sundance Kid, and the

Wild Bunch throughout the Mountain West. Jeep trails snake the high summits of Colorado's San Juan Skyway. From Cripple Creek and Leadville to California's historic Highway 49, the ghosts of the gold rush are still with us.

### Sound of the Rockies

Saturday, March 25, 2 pm  
Newman Center  
Sign up deadline: March 4  
Cost: \$24

Come Join the Sound Of The Rockies, Colorado's premier men's a cappella barbershop chorus, as they guide you on a journey through time. This will be a show for all ages as they include songs from the 1940s through the 1990s.

### Casino Trips

#### Mardi Gras or Golden Gate – Blackhawk

Tuesday, Jan.. 17, 8:30 am–3:30 pm  
Tuesday, Feb. 21, 8:30 am–3:30 pm  
Tuesday, March 21, 8:30 am–3:30 pm  
Cost: \$6

For this monthly trip, passengers will get a \$10 food voucher redeemable at either casino. You will also get \$5 free play on a Players Card. If you don't have an existing Players Card, you will need to register for one when you get there!

**Martin Luther  
King Day  
Federal  
Holiday  
Monday,  
Jan. 16**



## FYI...from page 43

• Those stationed or resided at Camp Lejeune, N.C., for 30 days or more between Aug. 1, 1953 and Dec. 31, 1987.

• Those found by VA to be catastrophically disabled.

• Those whose previous year's household income falls below VA's national income or geographically adjusted thresholds.

(*The American Legion Magazine*, January 2016. Find an American Legion service officer in your state to assist: [www.legion.org/serviceofficers](http://www.legion.org/serviceofficers))

### Speed Indexes

• 27.8 is the fastest running time of a human (Usain Bolt) has ever clocked, in miles per hour.

• 40 is the fastest a human could theoretically run in mph, according to

a study of force generation and gait.

• 45 is the fastest animal strike in the marine world in mph, a mantis shrimp throwing a punch.

• 150 is the fastest animal strike on land in mph, a Panamanian termite snapping its jaw.

• 242 is the fastest measured animal movement in the air in mph, a diving peregrine falcon.

• 268 is the speed in mph of the fastest neural messages in a human body.

– *Smithsonian.com*, April 2014

### AAA: Reporting Debris

In its November/December 2016 issue of *EnCompass*, AAA reports that more than 200,000 crashes on U.S. roadways (2011–2014) were caused by debris on the road. Consequences included 39,000 injuries and more than 500 deaths.

About two-thirds of the debris is

from items falling from vehicles due to improper maintenance and unsecured loads. Items you might see include blown-out truck tire treads (known as "gators"), detached mufflers, and cargo like furniture or appliances.

Colorado State Patrol (CSP) encourages motorists to call \*277 (\*CSP) to report debris on the road. CSP dispatchers will want to know location details, e.g., the state highway you're traveling, your cardinal direction (north, south, east or west), and the nearest mile marker or exit number.

Primary concern is for "debris that would cause motorists to brake, swerve, or change lanes suddenly in panic," CSP Trooper Josh Lewis told *EnCompass*. "While the tread from a burst tire might not cause damage to a passing vehicle, the driver's actions

See FYI...page 59

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• **Seville Bldg 232**, 3 bedroom, 3 bath condo – Buyer made significant upgrades including both lanai's -substantially increased the value. **SOLD**

• **Patio Home**, 2 bedrooms on main level – Buyer completed a total remodel of main floor and lower level, major increase in value. **SOLD**

• **Building 218**, 3 bedroom, 3 bath condo – Buyers used Sharon Young when they purchased and again 5 years later when they sold. **SOLD**

• **Patio Home on Marine Dr** – Another total remodel after purchase. **SOLD**

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# HG Clubhouse Events

*Please bring your receipt to the event.*

**Clubhouse Hours: 6 am to 10 pm, Monday–Saturday  
6 am to 8 pm Sunday • Phone 303-751-1811**  
Clubhouse Manager Linda Aluise  
Assistant Clubhouse Manager Lewis Boeve

## Holiday Schedule:

*Sunday, Jan. 1: Happy New Year! (Clubhouse closed)*

## Great Rabbis, Great Insights

Thursday, Jan. 5, 10 am, Blue Spruce Room  
Thursday, Jan. 12, 10 am, Blue Spruce Room  
FREE: Registration requested, call 303-751-1811

A weekly exploration of a great Torah leader and his thoughts on the weekly Torah reading. Rabbi Fleisher will discuss the weekly Parsha, telling the story of a great Rabbi, and then share some of his insights on the Parsha.

## Movie Matinee and Night: *Magnificent 7 (2016)*

Friday, Jan. 6, 1 pm and 6:30 pm, Sandberg Auditorium  
Fee: \$4 pre-register, \$5 on day of event

\$12 for Dinner and Movie (Buffet only) Must register in advance. Combo event is not sold on the day of event.

With the town of Rose Creek under the deadly control of industrialist Bartholomew Bogue, the desperate townspeople, led by Emma Cullen, employ protection from seven men: outlaws, bounty hunters, gamblers and hired guns. These include Sam Chisholm (Denzel Washington), Josh Farraday (Chris Pratt), Goodnight Robicheaux (Ethan Hawke), Jack Horne (Vincent D'Onofrio), Billy Rocks (Byung-Hun Lee), Vasquez (Manuel Garcia-Rulfo), and Red Harvest (Martin Sensmeier). As they prepare the town for the violent showdown that they know is coming, these seven mercenaries find themselves fighting for more than money. Rate PG-13 for western violence and language.

## Lotions & Potions

Saturday, Jan. 7, 10 am–12 pm or  
Monday, Jan. 16, 10 am–12 pm  
Fee: \$5 per class

Using essential oils, you will make a lemon sugar body scrub and a wild orange body butter. Reduce some of the toxic chemicals from your lotions, soaps, cleaning products and air fresheners. Learn about some of the medicinal qualities of essential oils. \$20 materials fee for recipes, bar of handmade soap and several decadent samples.

**Check out [www.heathergardens.org](http://www.heathergardens.org)  
Potential buyers:  
[www.heathergardenslifestyle.com](http://www.heathergardenslifestyle.com)**

## 1st Saturday Night Live Dance

Saturday, Jan. 7, 6:30–9:30 pm, Sandberg Auditorium  
Music by Terry Norona

Fee: HG resident, \$6

Non-resident and on the day of event, \$8

Enjoy an evening of dance, good music and good friends. There will be dance hosts, mixer dances and light refreshments. Alcoholic beverages can be purchased at the restaurant bar prior to 7 pm. Bar opens at the dance at 7 pm. Note: Dance hosts receive complimentary admission, and the event can always use more volunteers for that pleasant task.

## Pit Stop for Health

Wednesday, Jan. 11, 1:30–3 pm, Skyview Room  
FREE: Registration requested, call 303-751-1811

Presented by the YMCA. Join them to fuel your wellness with knowledge. Will introduce a Pre-Diabetes year-long program.

## Active Minds: The Refugee Crisis

Wednesday, Jan. 11, 2 pm, Sandberg Auditorium  
FREE: Registration requested, call 303-751-1811

Millions of refugees are fleeing from danger zones in Syria, Iraq and elsewhere, creating a humanitarian crisis of epic proportions. Many are dying in transit. The nations receiving them are being overwhelmed. Join Active Minds to explore how the migrants and the international community are struggling to cope with these challenges.

## Folk Dance Fun Night, Sandberg Auditorium

Wednesday, Jan. 11, 6:30–8 pm  
FREE: Registration requested, call 303-751-1811

A fun evening of circles, squares, mixers and line dances. No previous experience required. Come alone, or bring a partner, friend or hubby! Open to residents only.

## Worldly Cheese and Entertainment

Thursday, Jan. 12, 3–4 pm, Sandberg Auditorium  
FREE: Registration requested, call 303-751-1811

Join the Preferred Senior Solutions Team as they present a musical entertainer. Enjoy cheese from around the world and a (non-alcoholic) beverage bar. Bring your friends for a fun afternoon and lots of prizes to awarded.

## Outlaws and Lawmen of the Old West

Friday, Jan. 13, 1 pm, Sandberg Auditorium  
Fee: \$3

Presented by Kathleen Arnold. Every year in January, the National Western Stock Show comes to Denver. It is a time to reflect on Colorado's western heritage and history. Don't forget, the West isn't just about cowboys, Indians, mountain men and pioneers. It started out as a wild place where outlaws and gangs ruled. Sometimes there was a fine line between an outlaw and a lawmen, as corruption ruled the West for centuries.

### AARP Drivers Safety

Friday, Jan. 13, 1 pm, Blue Spruce Room  
Fee: \$15 AARP Members, \$20 Non-Members

A certified AARP Instructor teaches this course. Class size is limited, so registration required. Pay the instructor on the day of class.

### Movie Matinee and Night: *Sully*

Friday, Jan. 20, 1 pm and 6:30 pm, Sandberg Auditorium

Fee: \$4 pre-register, \$5 on day of event  
\$12 for Dinner and Movie (Buffet only)  
Must register in advance. Combo event is not sold on the day of event.

Tom Hanks stars in this thrilling portrait of heroic airline pilot Chesley "Sully" Sullenberger, re-enacting his incredible successful emergency landing of an Airbus A320 full of passengers on the Hudson River. Rated PG-13 (for some peril and brief strong language).

### DayTimers Quartet

Friday, Jan. 27, 1 pm, Sandberg Auditorium

Fee: \$3 in advance, \$5 on the day of event

Enjoy an afternoon of beautiful a capella sound from this quartet with the Sweet Adeline's Chorus.

### Texas Hold 'em Poker

Friday, Jan. 27, 6:30 pm, Aspen/Blue Spruce Room

Fee: \$5

Everyone starts with \$2,000 in chips. Sign up by 5 pm on Wednesday, Jan. 25, get \$500 in extra chips. Only HG residents may participate. Practice session at 5:30. Space is limited.



Above: The Clubhouse was filled with storage boxes holding Christmas decorations on Nov. 28, before the volunteer "elves" got to work, sprucing up the lobby and rooms for Christmas. Hope you got a chance to see it! Those same volunteers will return after New Year's Day to remove the seasonal displays, returning them to their boxes until next year.

## How About A Bus? Leave the Driving to Us!

HG is researching the possibility of having its own transportation for day trips and shuttle service to the Clubhouse. We would like to have your input. Watch for a survey via email, or pick up a copy at the Clubhouse.

## Inauguration Day: Friday Jan. 20



### Free Days for January

#### Denver Botanic Gardens @ Chatfield

720-865-4346, 9 am–5 pm Tuesday, Jan. 3

[www.botanicgardens.org](http://www.botanicgardens.org)

8500 Deer Creek Canyon Rd, Littleton

#### Denver Children's Museum

Tuesday, Jan. 3

303-433-7444, 4–8 pm, [www.mychildsmuseum.org](http://www.mychildsmuseum.org),

2121 Children's Museum Dr.

#### Clyfford Still Museum

Friday, Jan. 6, 13, 20

720-354-4880

5–8 pm

[www.clyffordstillmuseum.org](http://www.clyffordstillmuseum.org)

Friday, Jan. 27

1250 Bannock St, Denver

10 am–5 pm

#### Denver Art Museum

Saturday, Jan. 7

720-865-5000, 10 am–5 pm

[www.denverartmuseum.org](http://www.denverartmuseum.org), 100 W 14th Ave Pkwy

#### Denver Zoo

Thursday, Jan. 12

303-376-4800, [www.denverzoo.org](http://www.denverzoo.org) Friday, Jan. 20

2300 Steele St

Saturday, Jan. 21

#### Denver Botanic Gardens

Monday, Jan. 16

720-865-3500, 9 am–9 pm

[www.botanicgardens.org](http://www.botanicgardens.org), 1007 York St, Denver

#### Denver Museum of Nature and Science

303-322-7009, [www.dmns.org](http://www.dmns.org) Sunday, Jan. 22

2001 Colorado Blvd, 9 am–5 pm

(Fee for IMAX films, Planetarium)

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## SERVICES

**Toenail trouble?** Thick toenails, painful feet, corns and calluses? Please call Kirsten Antony, RN. Kirsten provides in-home medical pedicures in the comfort and privacy of your own home. Kirsten has been providing foot care to HG residents since 2001. Please call 303-668-8992 for information/appointment, or visit [www.kirstenantony.com](http://www.kirstenantony.com)

**In Home Pedicures & Manicures.** Can't get to your feet? Call Jeanine,

303-886-4028. Licensed, diabetic care, ingrown toenails. 23 years experience, HG resident.

**Massage Therapy In Your Home.** For seniors. Massage can help improve circulation, promote relaxation, aid in joint mobility, and reduce stress and tension. HG references available. Call Cheryl Raney, CMT, 303-373-1694.

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**CLASSIFIED ADVERTISING:** Deadline is the 15th of each month. Rate is 30¢ per word with a \$6 minimum. Write your ad and deliver with a check payable to *Heather 'n Yon*, at 2888 S. HG Way. Keep ads short (50 word maximum). Publication does not imply endorsement. Call Mary Hafka, 303-368-7559; e-mail: [mhafka@comcast.net](mailto:mhafka@comcast.net)

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**Wanted: A Car.** Do you know someone who is selling one? Please call Ellen, 720-474-0798.

**Electric Scooters.** Wanted to buy. Alan, 303-232-1212. HG resident, serving HG 10 years.

**Buying Older Jewelry.** Men's and women's, plus buttons. Call Flo, 303-755-1880.

**Wanted: Ammo and Knives.** Alan, 303-232-1212. HG resident, serving HG 10 years.

## FYI...from page 51

could cause an accident. Another reason to report is that debris is dangerous to motorcyclists."

### Clever Thinking

{Editor's Note: Via email, a friend shared these sayings from Steven Wright, an erudite comic, who sees things differently from most. I get a chuckle every time I read them.}

1. I'd kill for a Nobel Peace Prize.

2. Borrow money from pessimists. They don't expect it back.

3. Half the people you know are below average.

4. Ninety-nine percent of lawyers give the rest a bad name.

5. A conscience is what hurts when all your other parts feel so good.

6. A clear conscience is usually the sign of a bad memory.

7. If you want the rain-

bow, you have got to put up with the rain.

8. All those who believe in psycho kineses, raise my hand.

9. The early bird may get the worm, but the second mouse gets the cheese.

10. I almost had a psychic girlfriend, but she left me before we met.

11. OK, so what's the speed of dark?

12. How do you tell when you're out of invisible ink?

13. If everything seems to be going well, you have obviously overlooked something.

14. Depression is merely anger without enthusiasm.

15. When everything is coming your way, you're in the wrong lane.

16. Ambition is a poor excuse for not having enough sense to be lazy.

17. Hard work pays off in the future; laziness pays off now.

18. I intend to live forever. So far, so good.

19. Eagles may soar, but weasels don't get sucked into jet engines.

20. What happens if you get scared half to death twice?

21. My mechanic told me, "I couldn't repair your brakes, so I made your horn louder."

22. Why do psychics have to ask you for your name?

23. If at first you don't succeed, destroy all evidence that you tried.

24. A conclusion is the place where you got tired of thinking.

25. Experience is something you don't get until just after you need it.

26. The hardness of the butter is proportional to the softness of the bread.

27. To steal ideas from one person is plagiarism — to steal from many is research.

28. The problem with the gene pool is that there is no lifeguard.

29. The sooner you fall be-

hind, the more time you'll have to catch up.

30. The colder the x-ray table, the more of your body is required to be on it.

31. Everyone has a photographic memory; some just don't have film.

32. If at first you don't succeed, skydiving is not for you.

33. If your car could travel at the speed of light, would your headlights work?

### Cowboy Poetry

Proudly celebrating 28 years of cowboy heritage at Colorado Cowboy Poetry Gathering Thursday, Jan. 19—Sunday, Jan. 22.

This year's expanded four-day roundup includes three evening performances, two full-days of popular theme sessions, and a Sunday matinee.

Information: [www.ColoradoCowboyGathering.com](http://www.ColoradoCowboyGathering.com). Phone: 888-718-4253 (888-71-TICKETS)

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Overheard @ HG

## 50 ways to leave your employment

by Mary Hafka

Hockey has been my sport of choice, ever since I was introduced to it, in 1968, when St. Louis got a shiny, new expansion team, The St. Louis Blues. A member of my family was friends with the owners of the Blues, and so my introduction to the sport was top rung.

Seated in the owners' box, my party was between the home and visitors' team benches, right on the ice. In addition to being able to see and hear the activities on the bench (hockey players spit a lot), hockey pucks and charging players smacked into the glass, just inches from the audiences' noses.

I'd never seen any kind of hockey game before. I believe I spent the first 20 minutes of my first game, staring at the players' feet. Those guys skate more fluidly than most of us can walk.

In later life, because so many hockey teams came and went, but didn't seem to stick, in Denver, I didn't take much notice of local hockey, until the Colorado Avalanche moved in, 1995–96, and won the Stanley Cup their first year here. I was hooked on hockey again.

I watched every game I could on TV, and had all the players, and their jersey numbers, memorized. I knew the playing styles of the big stars and the journeymen, alike.

During this period, I always enjoyed the antics of Goalie Patrick Roy. My favorite was the time he leapt from his goal crease, skated by an astonished Wayne Gretzky, and took off down the ice, trying to score a goal. As this maneuver was not allowed, the goal wouldn't have counted. This was Wayne Gretzky, though. Roy relished playing with his head.

I even got to enjoy the "owner's box" experience one again, when the director of a company I worked for snagged the CEO's tickets, one

night, for a hockey outing for his department. The CEO's seats were right behind the goaltender (Patrick Roy, again), with only the glass between us and the ice. I enjoyed it thoroughly, but my co-workers dove under their seats whenever a puck or a jersey-clad body on skates hit the glass. Hockey is an acquired taste, I've concluded.

And like many, who remember the Stanley Cup years, I was filled with excitement a few years ago, when the Avalanche ownership brought back Joe Sakic and Patrick Roy, as general manager and coach, respectively, to try and return the Avs to their position of greatness. Roy even won the Coach of the Year award, and the team made the playoffs. Things looked hopeful.

The departure of Patrick Roy, as coach, earlier this season, couldn't help but make the local hockey fan sit up and take notice. Despite all the stories of what great former teammates Roy, and his boss — former Avalanche star Joe Sakic — were, the manner of Roy's departure made a hockey fan mull this over, and wonder if the extent of their great friendship hadn't been slightly exaggerated.

Roy did a Canadian version of slamming out the Pepsi Center's door, then mailing back his keys. That is, to say, he did it more politely and quietly, announcing his resignation through a Canadian public relations firm.

Quitting a job can be a lot like quitting a relationship that isn't working out. Remember the Paul Simon song, "50 Ways to Leave Your Lover"?

"You slip out the back, Jack  
Make a new plan, Stan  
You don't need to be coy, Roy.  
Just get yourself free.  
Just hop on the bus, Gus.  
You don't need to discuss much.

Just drop off the key, Lee  
And get yourself free."

Roy apparently didn't feel the need to discuss much, either, considering how he quit. Stating he'd not been given enough input into player-personnel decisions, Roy freed himself from his coaching job in August, with but a few weeks left before the start of training camp. The Avs had to scramble to come up with a replacement coach, on short notice.

With the Avalanche, currently and sadly, ensconced in last place in their division, it could be argued that Roy knew what he was doing, by refusing to return to Denver and coach this team. His manner of leaving, though, probably will be dissected in hockey circles for years to come.

It seemed a sad ending to a formerly magic relationship, but exiting jobs can be a tricky thing. Despite the fact that I changed jobs a lot — especially in my early struggling-writer years — I only ever had one job that I quit without notice. It was my usual philosophy that it isn't a good idea to spit in an employer's eye when walking out the door. You might run into them again, some day, and need a favor.

Surprisingly, on my only quit-without-notice job (I actually did mail back the keys), that employer looked me up, a few years later, and apologized. As it turned out, *she* needed a favor.

Probably my favorite "50 ways to leave your employer" story came from an excitable photographer I knew. He worked for the Denver *Catholic Register*, and took offense at a reprimand he received. While being called on the carpet, he conveniently was holding his lunch in his hand — a hot dog with mustard, sour kraut, all the fixings.

As his supervisor dressed him down, the photographer knew just what to do. He smeared his mustard-covered hot dog on his boss' wall, and stomped out.

A mustard farewell might be the most succinct letter of resignation imaginable. Firing your employer via a Quebec City public relations firm seems mild, by comparison.



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